

**SUBMITTAL TO THE BOARD OF SUPERVISORS  
COUNTY OF RIVERSIDE, STATE OF CALIFORNIA**

959



**FROM:** Department of Mental Health

**SUBMITTAL DATE:**

**SUBJECT:** Approval of Mental Health Services Act (MHSA) Professional Service Agreements

**RECOMMENDED MOTION:** Move that the Board of Supervisors:

1. Ratify the Sole Source Agreement with the California Institute for Mental Health for an aggregate annual amount of \$400,000 (FY 06/07 through FY 08/09) to provide technical assistance and training in support of the Mental Health Services Act and other mental health initiatives.
2. Authorize the Chairman to sign the Agreement.
3. Authorize the Purchasing Agent to renew the agreement with California Institute for Mental Health annually through FY 08/09.
4. Exempt the Purchasing Agent from the requirement of sole source contracts when adding Mental Health Services Act related training vendors to the existing list of vendors within the maximum aggregate amount through FY 08/09.

**BACKGROUND:** The Mental Health Services Act (MHSA) Community Services and Support (CSS) Plan approved by the Board on 1/10/06, Agenda Item 3.71 for submittal to the State Department of Mental Health calls for a transformation of the mental health system. Substantial MHSA resources have been earmarked to bring about the transformation of our mental health system into the recovery based, consumer and family centered system visualized in the requirements of the Act. This transformation will involve training of all Riverside County Department of Mental Health (DMH) staff in the evidence-based practices and concepts outlined in the MHSA CSS Plan. These evidence- (Continued on page two.)

JW:clh

*Jerry Wengerd*  
Jerry Wengerd, Director  
Department of Mental Health

**FINANCIAL DATA**

Current F.Y. Total Cost:	\$ 750,000	In Current Year Budget:	Yes
Current F.Y. Net County Cost:	\$ 0	Budget Adjustment:	No
Annual Net County Cost:	\$ 0	For Fiscal Year:	06/07-08/09

**SOURCE OF FUNDS:** 100% State

Positions To Be Deleted Per A-30	<input type="checkbox"/>
Requires 4/5 Vote	<input type="checkbox"/>

**C.E.O. RECOMMENDATION:**

**APPROVE**

*Lisa Brandt*

County Executive Office Signature

- Consent
- Policy
- Consent
- Policy

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CLERK COUNTY OF RIVERSIDE  
RECEIVED RIVERSIDE COUNTY

Prev. Agn. Ref.: 3.71 of 1/10/06 | District: All | Agenda Number:

ATTACHMENTS FILED  
WITH THE CLERK OF THE BOARD

3 . 31

FORM APPROVED  
COUNTY COUNSEL

JAN 02 2007

Departmental Concurrence

Director

Purchasing: *Billy Barnett*

Dept Recomm.:

Per Exec. Ofc.:

**SUBJECT:** Approval of Mental Health Services Act (MHSA) Professional Service Agreements

**BACKGROUND (Continued):** based practices support the concepts of Wellness, Recovery, Resilience, Consumer-focus, Cultural Competence, and Integrated Services. Direct service and clinical staff will also be trained on the specific models and methodologies that are considered to be evidence-based practices in the treatment of mental illness. These trainings fall under two broad categories:

1. **Mental Health System Transformation:** The concepts of wellness and recovery that are an integral part of the MHSA will transform the way mental health services are delivered. This system transformation requires training of staff from upper management to front line staff in the wellness and recovery model and the principles that are inherent within it such as resilience, empowerment, hope, consumer choice, self-responsibility, community focus, the ethics of client/staff relationships, etc. These trainings will be delivered by well-renowned subject-matter experts in the field of mental health that have been involved in the development and delivery of programs that are used as models to demonstrate the practices and principles that are a vital part of the MHSA. Vendors that have been currently identified are META Services, the National Mental Health Association of Greater Los Angeles (MHALA) and Community Activators. The National MHALA has had over 15 years of success in operating the MHA Village, pioneering a recovery-focused, integrated services model in California. Trainers supporting subject areas associated with utilizing the Recovery Model to provide and support the provision of vocational services within the Mental Health Services Act will be chosen from those that have been awarded contracts by the State Department of Mental Health through RFP #06-76002-000, Mental Health Cooperative Programs Statewide Training and/or Technical Assistance for FY 2006/2007 through FY 2008/2009. Purchase agreements will be entered into for the delivery of training, technical assistance and any related costs such as training venues and materials in an aggregate amount not to exceed \$40,000.00.
2. **Evidence Based Practices:** The MHSA CSS Plan contains a variety of evidence-based practices that hold promise for improving outcomes for our consumers and their families. Two providers that have been identified are:
  - a. **Incredible Years.** Evidence based parenting practice to strengthen social and academic competence, reduce behavior problems, and increase positive interactions with child peers, teachers and parents. A purchase agreement not to exceed \$60,000.00, which includes, but may not be limited to consultation, technical assistance, training and materials, certification of trainers, etc.
  - b. **California Institute for Mental Health (CIMH).** CIMH has been identified as a sponsor of a majority of training within the MHSA Children's Services Work Plan. CIMH is engaged in a number of efforts to promote the adoption of evidence-based practices that hold promise for improving outcomes for children and families. CIMH sponsored trainings will be centered on such evidence based practices as Multidimensional Treatment Foster Care, Multidimensional Family Therapy, Aggression Replacement Training, Cognitive Behavioral Therapy and Cultural Competency. CIMH is a research, policy development and training organization affiliated with the California Mental Health Directors Association. It was the specific intent of the local mental health directors who founded CIMH that CIMH would work collaboratively with all mental health system stakeholders. A purchase agreement is to be established in the amount of \$400,000.00 to allow DMH to participate in CIMH sponsored trainings that support both MHSA-related and ongoing Mental Health initiatives.

In addition, agreements will be entered into with the specific entities that are the subject matter experts and single-vendors of technical assistance, training and materials that will support the adoption of these evidence based practices outlined in the MHSA CSS Plan. These agreements are not to exceed \$750,000.00 in aggregate.

**JUSTIFICATION FOR DELAY:** The Agreement with CIMH was delayed due to negotiations with the State Department of Mental Health for the one time funds requested in the MHSA CSS Plan which is the funding source for these agreements.

**PERIOD OF PERFORMANCE:** DMH requests this authority effective November 1, 2006 through June 30, 2009. The purchase orders may be renewed each year up to two (2) years, subject to availability of funds.

**PRICE REASONABLENESS:** Training will be delivered under agreements with subject-matter experts that have direct experience either as developers and/or providers of evidence-based practices or through a broker such as CIMH that has contracted with subject-matter experts to provide a statewide team approach to various evidence-based approaches that were outlined in the MHSA CSS Plan. This statewide collaborative approach results in discounted rates for the Counties.

**FINANCIAL IMPACT:** There are sufficient funds in the Department's budget for the purchase agreements with training vendors, and no additional County funds are required.