

**SUBMITTAL TO THE BOARD OF SUPERVISORS
COUNTY OF RIVERSIDE, STATE OF CALIFORNIA**

268A



FROM: Human Resources Department

SUBMITTAL DATE:
April 06, 2009

SUBJECT: Proclamation to support the American Heart Association and its division, the American Stroke Association for the 2009 Heart Walk.

RECOMMENDED MOTION: That the Board of Supervisors adopt the attached Proclamation to support the American Heart Association in its efforts to improve lives in the County of Riverside and across our Nation by promoting the 2009 'Start Walking Day' on April 15, 2009 and by supporting the 'Inland Empire Start! Heart Walk' on September 26, 2009.

BACKGROUND: The American Heart Association is the largest voluntary health organization working to prevent, treat and defeat heart disease, stroke and other cardiovascular diseases. These diseases devastate millions of people of all ages and kill more than 900,000 Americans each year.

To fight cardiovascular diseases, the Association supports research, education and advocacy, and helps heart disease and stroke patients. Funded research has led to such major advances as CPR, bypass surgery, artificial heart valves, pacemakers, clot-busting drugs and high blood pressure medications.

(Continued)

Ronald W. Komers
Asst. County Executive Officer/Human Resources Dir.

FINANCIAL DATA	Current F.Y. Total Cost:	\$ 0	In Current Year Budget:	\$ 0
	Current F.Y. Net County Cost:	\$ 0	Budget Adjustment:	\$ 0
	Annual Net County Cost:	\$ 0	For Fiscal Year:	2009/2010

SOURCE OF FUNDS: N/A	Positions To Be Deleted Per A-30	<input type="checkbox"/>
	Requires 4/5 Vote	<input type="checkbox"/>

C.E.O. RECOMMENDATION: APPROVE

County Executive Office Signature BY: Elizabeth J. Olson

- Policy
- Policy
- Consent
- Consent
- Consent
- Consent

APR 10 2009 10:31 AM
HUMAN RESOURCES DEPARTMENT

Prev. Agn. Ref.: | **District:** | **Agenda Number:** 2.15

The Honorable Board of Supervisors

Millions of volunteers and supporters all across America help the American Heart Association fight heart disease and stroke – and make it possible for all people to live longer, better lives and they start by wearing their sneakers or athletic shoes on April 15th, as part of the National Start! Walking Day. The majority of County of Riverside employees are precluded from wearing sneakers or athletic shoes to work; however, on April 15, 2009, the Board of Supervisors will allow and encourage all employees to wear their sneakers or athletic shoes during their participation in the 2009 National Start! Walking Day.

Surveys show that over 90 percent of employees feel proud when their organization supports an important outside cause. Volunteer work can help County employees hone skills that benefit them at home and on the job. These include leadership, decision-making, problem-solving, time management, negotiation, networking and goal-setting. Supporting the 2009 Heart Walk enhances community relations. Giving back to the community can also boost productivity, employee morale, job satisfaction and loyalty. The Heart Walk is a great way to promote health and wellness to County Employees.