## SUBMITTAL TO THE BOARD OF SUPERVISORS COUNTY OF RIVERSIDE, STATE OF CALIFORNIA



FROM: Department of Public Health, Community Health Agency

April 6, 2011

**SUBJECT:** Healthy Riverside County

FORM ARPROVED OPENITY COUNSEL 31

Per Exec. Ofc.

Prev. Agn. Ref.:

 $\boxtimes$ 

Jep't Recomm.:

**RECOMMENDED MOTION:** Move that the Board adopt the attached Resolution 2011-025 – Healthy Riverside County.

**BACKGROUND:** The Community Health Agency (CHA) actively works to improve the health and wellness of all Riverside County residents and visitors. Riverside County is ranked 35<sup>th</sup> out of 58 California counties in its rate of adult obesity, and ranks 52<sup>nd</sup> for its physical environment conducive to health. Our health is affected by where we live, work and play. To this end, the CHA is working closely with Transportation and Land Management Agency (TLMA)/Planning Department to develop a Community Health Element for the next General Plan update which will help ensure that future development provides for healthy eating and active living. The CHA-sponsored Riverside County Joint Health Coalition includes community partners, county departments and schools working together to find ways to reduce the rates of obesity and chronic disease in our county.

The Resolution will support these efforts by encouraging county departments to work together to support active transportation, physical activity and help to provide access to healthy and affordable foods.

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Eric Frykman, MD		Carolyn Syms Luna					
Director Community Health Agency		Planning Director					
	Current F.Y. Total Cost:	\$ (	0		ear Budget:		N/
FINANCIAL	Current F.Y. Net County Cost:	<b>\$ 0</b>		Budget Adjustment:		N/	
DATA	Annual Net County Cost:	\$ (	0	For Fiscal Y	ear:	10	)-1
SOURCE OF FUNDS: N/A			<u>-</u>		Positions To Be Deleted Per A-30		J
					Requires 4/5 Vote		Ī
C.E.O. RECOM	MENDATION:	APPROVE BY: LLULLC	i Cou	smoyel		<u> </u>	
<b>County Execut</b>	ive Office Signature	Debra Co	ournoy	er U			

District:

**Agenda Number:** 

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RESOLUTION NO. 2011-025

## A RESOLUTION OF THE BOARD OF SUPERVISORS OF THE COUNTY OF RIVERSIDE SUPPORTING HEALTHY RIVERSIDE COUNTY

WHEREAS, the County supports policies that focus on health and wellness and healthier lifestyles in all communities: and

WHEREAS, many agencies have adopted policies and programs that promote healthy lifestyles by making their communities walk-able, promoting physical activity, eliminating the sale of high calorie, low nutrition food in city, county, or school facilities, and providing incentives for stores that sell fresh produce to locate in underserved neighborhoods; and

WHEREAS, there are important, long-term community benefits to be gained by encouraging healthy lifestyles, including a decrease in the rate of obesity and its negative health-related impacts and cost; and

WHEREAS, the County and other community partners can work together to understand the relationship between obesity, land-use policies, development, and community planning; and

WHEREAS, the County and other community partners can work together to ensure that there are safe places for residents to be active such as parks, ball fields, pools, gyms, and recreation centers; and

WHEREAS, the County supports the development of healthy neighborhoods that provide: places where walking and bicycling are safe and convenient for all residents; locally grown, affordable, accessible and nutritious food; and a place where residents live in a clean, optimal environment free of hazards or pollutants; and

WHEREAS, our health is affected by where we live, work and play; and in order for our communities to be healthy, we need to live in healthy communities; and

WHEREAS, Riverside County is ranked 35<sup>th</sup> out of 58 California counties for its rate of adult obesity and ranked 52<sup>nd</sup> for its physical environment conducive to health, and

NOW, THEREFORE, BE IT RESOLVED by the Board of Supervisors of the County of Riverside that all County departments and agencies are encouraged to: (A) Promote and support active transportation and physical activity; (B) Support joint use of facilities throughout communities in Riverside County which enhance physical activity; and (C) Develop policies to provide access to healthy and affordable foods; and

BE IT FURTHER RESOLVED THAT the Community Health Agency/Department of Public Health work with other County Departments and community partners to adopt preventive measures and develop initiatives and programs to fight obesity and chronic diseases, and create and/or work with existing coalitions which further community health and wellness.