

**SUBMITTAL TO THE BOARD OF SUPERVISORS
COUNTY OF RIVERSIDE, STATE OF CALIFORNIA**

225A



FROM: Department of Mental Health

SUBMITTAL DATE:
July 3, 2013

SUBJECT: Mental Health Board Annual Report

RECOMMENDED MOTION: Move that the Board of Supervisors receive and file the Mental Health Board Annual Report for the Fiscal Year of July 01, 2012 – June 30, 2013.

BACKGROUND: The Mental Health Board (MHB) serves as a liaison between the community, the Department of Mental Health, and the Riverside County Board of Supervisors. It is the function of the MHB, under the California Welfare and Institution (W&I) Code 5604.2 to review the services of the local mental health system and assess programs to make sure they meet the needs of our residents and ensure that citizens of Riverside County are provided with prompt, effective, efficient, and culturally competent community-based services. The MHB provides critical examination and review of services and proposes recommendations concerning delivery of services. (Background continued on page 2)

Departmental Concurrence

JW:VA

Jerry Wengerd

Jerry Wengerd, Director
Department of Mental Health

FINANCIAL DATA	Current F.Y. Total Cost:	\$ 0	In Current Year Budget:	0
	Current F.Y. Net County Cost:	\$ 0	Budget Adjustment:	0
	Annual Net County Cost:	\$ 0	For Fiscal Year:	12-13
SOURCE OF FUNDS: N/A				Positions To Be Deleted Per A-30 <input type="checkbox"/>
				Requires 4/5 Vote <input type="checkbox"/>

C.E.O. RECOMMENDATION: APPROVE

County Executive Office Signature BY: *Elizabeth J. Olson*

Elizabeth J. Olson

- Consent
- Policy
- Consent
- Policy

SDIS 700 - 8 11/10/2013
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RECEIVED RIVERSIDE COUNTY

Prev. Agn. Ref: ATTACHMENTS FILED WITH THE CLERK OF THE BOARD | **District:** All | **Agenda Number:**

2-6

Dep't Recomm.:
Per Exec. Ofc.:

PAGE 2:

SUBJECT: Mental Health Board Annual Report

BACKGROUND: (Continued)

As required under the W&I Code and the Riverside County Board of Supervisors, Policy A-21, the Mental Health Board respectively submits its annual report to the Board of Supervisors covering the needs and performance of the County's mental health system.

The MHB's commitment to their duties and responsibilities has always been met with cooperation and enthusiasm. The common goal of serving the mentally ill is, and always will be, the desire of the Riverside County Mental Health Board.

The MHB would like to take this opportunity to thank the Board of Supervisors for their continuing support related to the needs of the Department of Mental Health which, in turn, allows them to provide effective and efficient mental health services to the citizens of Riverside County.

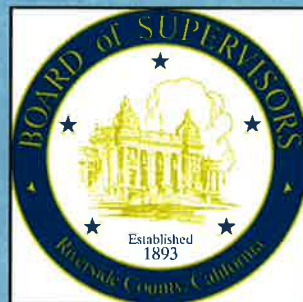
Riverside County

MENTAL HEALTH BOARD

**Annual Report to the
Board of Supervisors**

FY 07/01/2012 - 06/30/2013

Richard Divine, Chair



**DISTRICT I:
DISTRICT II:
DISTRICT III:
DISTRICT IV
DISTRICT V:**

**Kevin Jeffries
John Tavaglione
Jeff Stone
John Benoit
Marion Ashley**

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Riverside County

MENTAL HEALTH BOARD

INTRODUCTORY STATEMENT

The Riverside County Mental Health Board (MHB) is committed to overseeing, evaluating, and reviewing the Riverside County Department of Mental Health's (RCDMH) delivery of services to people with mental illness residing within the county. It is the function of the MHB to ensure that citizens of Riverside County are provided with prompt, effective, efficient, and culturally competent community-based services. The MHB provides critical examination and review of services and provides recommendations concerning the delivery of services. With this purpose in mind, they enable disabled adults, older adults, children at risk of mental disability, transition age youth, and people with substance use disorders to maintain an optimal level of personal and social functioning.

The MHB serves as a liaison between the community, the Department of Mental Health, and the Riverside County Board of Supervisors. The MHB consists solely of a group of consumer advocates whose aim is to educate, advocate for ready access to services, and guide consumers through the mental health system.

The MHB is committed to ensuring that culturally competent services are provided to people of all ethnic, cultural, racial and linguistic backgrounds through program review and appropriate recommendations.

Riverside County

MENTAL HEALTH BOARD

MISSION STATEMENT

(Adopted September 2002)

“The mission of the Riverside County Mental Health Board is to provide public, consumer, and family input into the planning process for mental health services and to assist the Riverside County Department of Mental Health in carrying out its mandated functions, to advocate as a united voice on mental health consumer issues, and to promote improvement in the quality, quantity, and cultural competency of mental health services delivered to the residents of Riverside County.”

THE MISSION OF THE CALIFORNIA MENTAL HEALTH MASTER PLAN

(Passed as part of the Bronzan-McCorquodale Act of 1991)

“The mission of California’s mental health system shall be to enable persons experiencing severe and disabling mental illnesses and children with serious emotional disturbances to access services and programs that assist them, in a manner tailored to each individual, to better control their illness, to achieve their personal goals, and to develop skills and supports leading to their living the most constructive and satisfying lives possible in the least restrictive available settings.”

MENTAL HEALTH BOARD

EXECUTIVE SUMMARY

Submitted By Richard Divine
Mental Health Board Chair 2007-2013

Jerry Wengerd, Department of Mental Health Director, keeps the MHB apprised of the State and County Budget discussions and the effects that they might have on the services rendered. The department provides monthly presentations on innovative programs and the services provided.

The MHB receives monthly updates on Proposition 63 "Mental Health Services Act" (MHSA) and on the services provided as a result of this act. The MHSA Manager, Mr. Bill Breneman L.C.S.W., keeps the Board informed of the implementation of the Act's five different components, and the status of those programs currently in place. The Board has placed great emphasis on the budgets and funding streams which support MHSA.

Under Proposition 63, the MHB is mandated to hold public hearings on any new program or annual update. Each program or update must be publicly posted for a minimum of thirty days before public hearings can be held.

The subject and date of the Public Hearing held this past year are as follows:

- ◆ FY13/14 Plan Update - May 1, 2013
The MHSA Plan Update is submitted in accordance with MHSA regulations which require each County Department of Mental Health to submit a three-year Program and Expenditure Plan and update it on an annual basis. For FY13/14 Riverside County enhanced, expanded, and continued existing, previously approved MHSA programs. The Plan Update provided an Implementation Report for the activities and programs conducted during FY11/12, and also provided a Forecast of Anticipated Programs and Goals for FY13/14. Public commentary and Mental

Health Board responses are outlined in the FY13/14 MHSA Plan Update which can be reviewed on the Mental Health website at: rcdmh.org.

As the W&I Code dictates, the MHB is responsible for reviewing contracts pursuant to W&I Code section 5650. Any contract falling under this code is discussed and then voted upon by the MHB, if a quorum is present.

Riverside County covers a large geographical area. Due to its size, the County has appointed three regional boards to ensure that the MHB is kept informed and connected with all Riverside County citizens. These regional boards are located in the Western, Mid-County, and Desert Regions of Riverside County. As MHB Chair, I would like to thank those members of the regional boards who make all aware of the community's needs by submitting monthly reports of their regions to the MHB.

The MHB anticipates that you will be pleased with the report to follow. Through the efforts of the MHB and DMH, the services provided to the mentally ill consumers of Riverside County are some of the best offered by any county mental health agency, as the MHB takes great pride in meeting its obligations and responsibilities to the citizens of Riverside County.

Respectfully,

Richard Divine
Mental Health Board Chair

Riverside County

Mental Health Board



**Richard Divine,
Mental Health Board and
Desert Regional Board Chair**



**Hal Adams,
Mental Health Board Member
and Veterans' Committee Chair**



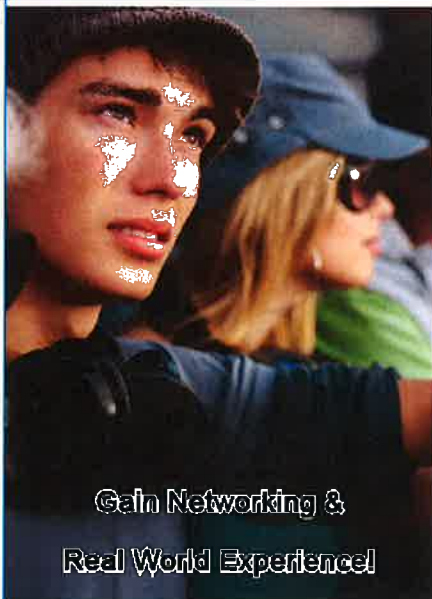
**May 2013 -
Jerry Wengerd, RCDMH Director, Georgia Smith, MHB Member, and
Richard Divine, MHB Chair, accept the May is Mental Health Month
proclamation from the Riverside County Board of Supervisors.**

Riverside County

MENTAL HEALTH BOARD

RECRUITMENT EFFORTS

Make a Difference in Your Community!
Join the Mental Health Board!



**Gain Networking &
Real World Experience!**



Develop Leadership Skills!



**Add Board Service Experience
to your Resume!**

The Department of Mental Health is currently seeking volunteers to serve on the Riverside County Mental Health Board, and is searching for motivated individuals who want to make an impact on how mental health services are delivered in the County of Riverside.



For more information, contact:

**Valerie Arce, Mental Health
Board Liaison (951) 955 - 7141**

Applications available at: www.rcdmh.org

Riverside County

MENTAL HEALTH BOARD

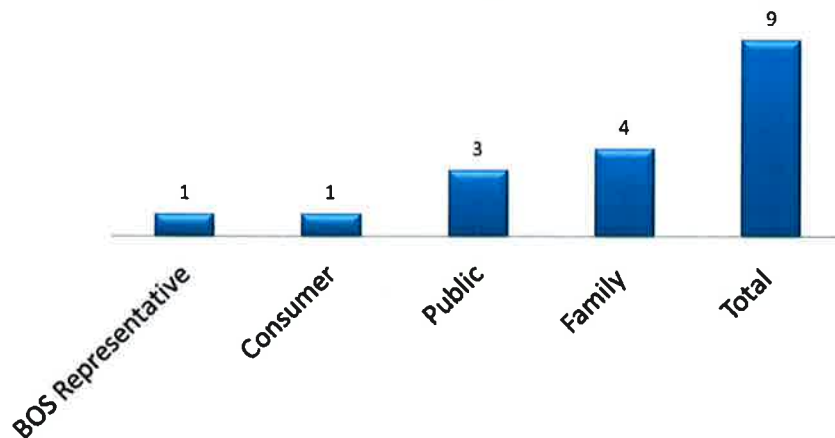
Composition of the Board

The Mental Health Board (MHB) for the County of Riverside shall consist of 15 members appointed by the Board of Supervisors in accordance with Welfare and Institutions Code, Section 5604, as amended by Chapter 1374. An additional member of the MHB will be a member of the Board of Supervisors or his/her formal designee. Fifty percent (50%) of the board membership shall be consumers, or the parents, spouses, siblings, or adult children of consumers who are receiving or have received mental health services. At least twenty percent (20%) of the total membership shall be consumers, and at least twenty percent (20%) shall be families of consumers. Each member of the Board of Supervisors shall appoint three persons from their district to the MHB.

The MHB for the County of Riverside also consists of three Regional Mental Health Boards: Western, Mid-County, and Desert. The purpose of the Regional Mental Health Boards is to serve in an advisory capacity to the Regional Managers and the MHB, and to ensure that all County mental health programs and services of the respective geographical areas are responsive to community needs. The Regional Boards convey the goals and programs of service to the community, and represent and serve as a two-way communication link between the regional service and the general public, key segments of the community, and geographic areas within the county. Each Regional MHB focuses on specific Supervisorial Districts. The Western Regional Board addresses Supervisorial Districts 1, 2 and parts of 5. The Mid-County Regional Board concentrates on Districts 1, 3, and parts of 5, and the Desert Regional Board focuses on District 4 and parts of 5.

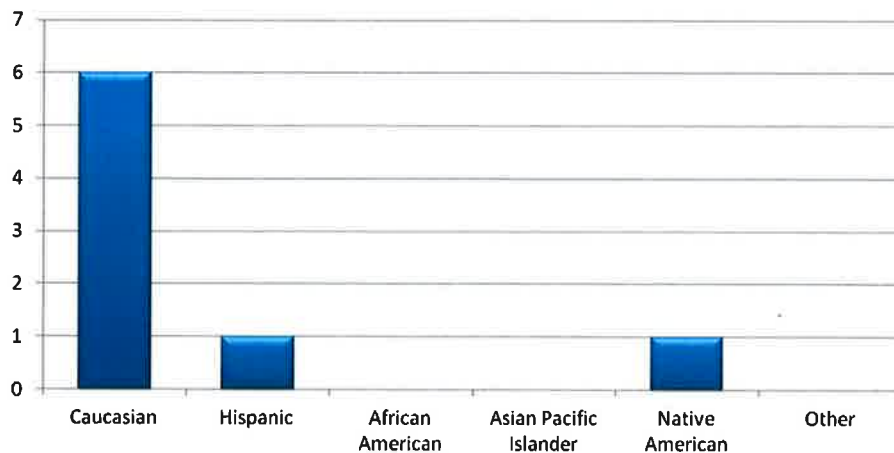
MENTAL HEALTH BOARD

Member Composition



Meeting these requirements and increasing diversity are crucial objectives of the Riverside County MHB in order to best serve the community. The Riverside County MHB aims to appropriately represent the ethnic and cultural diversity of the County's client population.

Member Ethnicity



Riverside County

Mental Health Board Roster 2013

BOARD MEMBER	DATE APPOINTED	TERM EXPIRES	CATEGORY
Richard Divine, Chair	1997	2015	District 4 Family Member
Christina Salas, Vice-Chair	2007	2013	District 5, Public Member
Greg Damewood, Secretary	2011	2014	District 5, Family Member
Hal Adams	2009	2013	District 5, Family Member
Walter T. Haessler, M.D.	2012	2015	District 1, Public Member
Rochelle Koch	2010	2013	District 4, Public Member
Julie Crouch	2009	2016	District 1, Family Member
Georgia Smith	2008	2015	District 2, Consumer Member
Donna Johnston	N/A	N/A	BOS Representative, District 2

Riverside County

WESTERN REGIONAL Mental Health Board Roster 2013

BOARD MEMBER	DATE APPOINTED	TERM EXPIRES	CATEGORY
Greg Damewood, Chair	1997	2015	Family Member
J Keith Oddson, Vice Chair	2008	2014	Family Member
Agostino Riccardi, Secretary	2009	2014	Public Member
Caroline Martinez	2008	2014	Consumer Member
Patricia Carrillo	2012	2015	Family Member
Jane Qui	2005	2013	Family Member

Riverside County

MID-COUNTY REGIONAL Mental Health Board Roster 2013

BOARD MEMBER	DATE APPOINTED	TERM EXPIRES	CATEGORY
Virginia Marshall, Chair	2006	2013	Family Member
Chris Halliday, Vice Chair	2014	2014	Family Member
Jay Sno-Fly, Secretary	2012	2015	Consumer Member
Walter T. Haessler, M.D.	2012	2015	Public Member
Sandra Gregston	2012	2015	Consumer Member
Gloria Hernandez	2005	2013	Consumer Member
George Middle	2008	2014	Public Member

Riverside County

DESERT REGIONAL Mental Health Board Roster 2013

MEMBER	DATE APPOINTED	TERM EXPIRES	CATEGORY
Richard Divine, Chair	1997	2013	Family Member
Janice Quinn, Vice Chair	1997	2015	Public Member
Mark Miller, Secretary	2002	2015	Public Member
Bonnie Gilgallon	2008	2015	Public Member
Sandra Neja	2010	2013	Family Member
Maura Fisher	2013	2016	Public Member
Marsha Drew	2010	2013	Consumer Member
Edward Wood	1999	2013	Consumer Member
Katherine Heichel-Casas	2012	2015	Public Member
Michele Lawrence	2012	2015	Public Member
Carole Schaudt	2012	2013	Public Member
Jim Jones	2012	2015	Public Member
Floyd Rhoades	2012	2015	Public Member
Linda Wright	2012	2014	Public Member
Sharon Hjerpe	2013	2016	Family Member

Riverside County

MENTAL HEALTH BOARD

COMMITTEE REPORTS

The Mental Health Board (MHB) has developed many committees over the years that are tasked with assessing programs, their functions, and their effectiveness. Members of the MHB are elected as Committee Chairs. Below is a list of MHB committees.

- ◆ **Housing Committee**
- ◆ **Children's Committee**
- ◆ **Criminal Justice Committee**
- ◆ **Older Adults System of Care Committee**
- ◆ **Adult System of Care Committee**
- ◆ **Legislative Committee**
- ◆ **Veterans' Committee**

Many of the committee Chairs have submitted an annual evaluation of the committee's activities. Included are several of these evaluations.

MENTAL HEALTH BOARD

Housing Committee Report

July 1, 2012 through June 30, 2013

RCDMH has adopted a successful model for implementing its permanent supportive housing program that is now operational in four apartment communities across Riverside County. All communities are staffed by a full time case manager employed by the RCDMH. The case manager has a separate, on-site office that allows for meetings and discussions to take place privately with mental health consumers. The community room and common area facilities are also available to mental health consumers for learning sessions and group wellness and recovery activities. The following communities are currently open, staffed by a full time case manager, and are fully occupied:

- ◆ **Rancho Dorado** - A 150 unit community located in the City of Moreno Valley which provides 15 MHSA units, scattered throughout the site, for all mental health consumers. Rancho Dorado opened in 2010.
- ◆ **Vintage at Snowberry** - A 224 unit senior community located in the City of Riverside which provides 15 MHSA units, scattered throughout the site, for older adult mental health consumers. Vintage at Snowberry opened in 2011.
- ◆ **Legacy** - Located in Thousand Palms, this is a 75 unit community providing 15 MHSA units, scattered throughout the site, for all mental health consumers. Legacy held its grand opening in October 2012.
- ◆ **The Vineyards at Menifee** - An 80 unit senior community located in the City of Menifee which provides 15 MHSA units, scattered throughout the site, for older adult mental health consumers. The Vineyards at Menifee opening in May 2012, and held its grand opening in October 2012.

RCDMH locates its MHSA permanent supportive housing units within existing and under-construction affordable apartment communities which provide a natural setting and partnership for consumers. The production of affordable housing units is a process that involves numerous construction, development, finance, and legal professionals and can span a period of years. The changes and instability in the financial community in recent years, accompanied by the elimination of redevelopment agencies as a source of gap funding for the development of affordable housing, have contributed to a slower pace in the production of new affordable housing and MHSA units. Activity has increased recently, resulting in applications for funding that were

processed during 2012 for the following MHSA units:

- ◆ **Verbena Crossing** - This is a 96 unit community located in the City of Desert Hot Springs which will provide 15 MHSA units, scattered throughout the site, for all mental health consumers. Verbena Crossing received final loan approval and was funded in early 2013. Construction of a new community building and the rehab of all 96 units is currently underway. Occupancy of MHSA units is expected in summer/fall 2013.
- ◆ **Cedar Glen** – A 2-phase community located in the City of Riverside, with 50 units in Phase 1 currently under construction. There will be 15 MHSA units scattered throughout the site for all mental health consumers. A groundbreaking ceremony was held on March 27, 2013. Occupancy is expected to begin in 2014.

Early development activity is underway on an additional housing community that would represent the first MHSA units for all mental health consumers in the Mid-County Region. Currently, there is a great need for permanent supportive housing in this area. Information about the development was presented to consumers and stakeholders through public meetings held in April 2012 about the following project:

- ◆ **Perris Family Apartments** - A 75 unit community located in the City of Perris which will provide 15 MHSA units, scattered throughout the site, for all mental health consumers. An application for MHSA funds was submitted in December 2012; a funding commitment was issued in February 2013. The project is expected to begin construction in 2014 and open in 2015.

RCDMH is fortunate to be associated with a variety of development partners, including the Riverside County Economic Development Agency, a number of cities across Riverside County, and the County of Riverside (representing developments located in unincorporated areas). In addition, the developers of the affordable apartment communities in which the MHSA units are located represent a diverse group of not-for-profit and for-profit developers from Riverside County and northern California. All have extensive experience in the development of affordable housing and in the operation and management of apartment communities that serve special needs populations.

RCDMH continues to operate two Safe Haven sites, which are housing programs that focus on engaging chronically homeless adults that suffer from severe mental illness and assisting them in accepting housing and support that will end the cycle of homelessness. Known as "The Place", located in Riverside and "The Path", which is on the campus of Roy's Resource Center in North Palm Springs, both facilities effectively use peer counselors to engage the most difficult to reach individuals to

accept housing and, eventually, the other mental health supports that can help facilitate their recovery and wellness.

Each location offers a 24/7 Drop-In Center where drop-in guests can shower, receive food, do laundry, and escape severe weather conditions. While there, the peer staff can establish contact to offer emergency housing, provide assistance in accessing benefits, and offer referrals to other resources.

In addition, The Place and The Path each provide permanent supportive housing for twenty five single adults. The onsite mental health staff, together with peer counselors, assist residents in more effectively managing their illness(es) and developing the life skills needed to secure transitional housing and be successful in maintaining long term housing.

During the past year, The Place provided housing for 37 chronically homeless individuals. Of these individuals, 79% achieved housing stability; 11,100 individuals were served in the 24/7 Drop-In Center. The Path provided housing for 43 chronically homeless individuals. Of these individuals, 78% achieved housing stability; 3,200 individuals were served in the 24/7 Drop-In Center.

The Mental Health Board (MHB) Housing Committee holds monthly meetings to review program activities, provide guidance on housing matters and new projects, and direct staff on emergent issues and concerns that impact RCDMH consumers. The Housing Committee members serve as key stakeholders in reviewing MHSA housing development projects. DMH staff provide monthly updates about grant-funded housing programs, including the HUD Shelter Plus Care program, the Permanent Supportive Housing and Safe Haven program grants, and the Emergency Food and Shelter Program grants. RCDMH staff reported the following outcomes to the Housing Committee in 2012 – 2013:

- ◆ More than 2,800 street outreach contacts were made to homeless individuals on the streets across the County, resulting in linkages and referrals being provided based on initial field assessments.
- ◆ More than 400 individuals and family members were placed and maintained in supportive housing and were provided with evidence-based supportive housing services to help maintain their housing stability.
- ◆ More than 8,000 nights of emergency housing were provided, with 21% of those nights being provided to children and 9% of those nights being provided to individuals over 50 years of age.

- ◆ Rental assistance was provided to more than 100 families, with 26% of the assistance benefiting children and 7% benefiting individuals over 50 years of age.

The pace of activity has been brisk in providing housing services to individuals impacted by AB 109 under the Governor's realignment program. A number of those being released into local communities have serious and continuing mental health care needs and often face homelessness at the time of their release. RCDMH has coordinated its activities with local authorities to intercept these individuals and integrate them into the County's system of care to the greatest extent possible. RCDMH has provided more than 1,400 nights of emergency housing to this population during 2012 – 2013.

RCDMH has an ongoing outreach effort to Veterans. This effort is staffed by two people who are Veterans and who have been trained to make contact with homeless veterans and link them with community services and resources at the Veterans Administration. RCDMH recently assisted four Veterans who had been homeless for several years in securing Veterans Affairs Supportive Housing (VASH) - funded housing.

Respectfully submitted,

Maria Marquez
Deputy Director of Housing



Riverside County Department of Mental Health



MHSA Permanent Supportive Housing Program
Housing Projects Completed

2012 PROJECTS



Quality for Generations

Legacy, Thousand Palms, CA



- 75 unit Family Apartment Community in Thousand Palms (first phase) with 15 supportive housing units
- Opened in 2012





Riverside County Department of Mental Health



MHSA Permanent Supportive Housing Program
Housing Projects Completed

2012 PROJECTS



Quality for Generations

**The Vineyards at Menifee,
Menifee, CA**



- 80 unit Senior Apartment Community in the City of Menifee with 15 supportive housing units
- Grand Opened in October 2012



Riverside County Department of Mental Health



MHSA Permanent Supportive Housing Program Housing Projects in Development

CURRENT PROJECTS

Verbena Crossing, Desert Hot Springs, CA

- 96 unit Family Apartment Community in Desert Hot Springs with 15 supportive housing units
- Scheduled to open in the summer/fall of 2013



Cedar Glen, Riverside, CA



- 50 unit Family Apartment Community in the City of Riverside with 15 supportive housing units
- Scheduled to open in 2014





Riverside County Department of Mental Health



MHSA Permanent Supportive Housing Program Housing Projects in Development

FUTURE PROJECTS



Perris Family Apartments, Perris, CA

- 75 unit Family Apartment Community in the City of Perris with 15 supportive housing units
- Scheduled to open in 2015



MENTAL HEALTH BOARD

Children's Committee Report

July 1, 2012 through June 30, 2013

The Children's Committee of the Mental Health Board has been active, meeting on a monthly basis. The Committee identified high priority topics and informative presentations on these topics have been provided to the Children's Committee throughout the year:

- ◆ A medication declaration presentation was provided by Dr Bowlus, RCDMH Quality Improvement Psychiatrist. Medication declarations are required by the court in order to provide psychotropic medications to children who are wards or dependants. Also discussed was the need for more child psychiatrists, and the issue of overmedication of foster youth.
- ◆ Bill Brenneman provided presentations on the MHSA FY13/14 Plan Update. The Children's Committee was asked for specific feedback on children's initiatives. The FY13/14 Plan Update included a progress report of program activities for FY11/12 and upcoming attractions for FY13/14; and provided a projection of the budget.
- ◆ Bill Brenneman and Janine Moore, Prevention and Early Intervention (PEI) Coordinator, circulated the Mental Health Services Oversight and Accountability Commission FY13/14 MHSA Annual Update Instructions and a list of programs that are being funded through MHSA. The new PEI Directory of Services resource guide was also distributed. Ms. Moore explained how the statewide PEI Joint Powers Authority is conducting a statewide effort that will dedicate funding back to California Mental Health Services Authority (CalMHSA). The focus will be in 4 major areas: 1. Reducing Disparities; 2. Suicide Prevention; 3. Student MH Initiative; and 4. Stigma Reduction. The Children's Committee completed surveys, and Ms. Moore provided copies of the new PEI Directory of Services to the Committee.
- ◆ Friday Night Live Town Hall Planning Presentation
- ◆ WET Program Presentation provided by David Schoelen
- ◆ Parent Partner Training Curriculum and Crisis Intervention Training for the Sherriff's Department Presentation by Lorie-Lacey Payne
- ◆ CARES Line and the Healthy Families Transition to Medi-Cal Presentations

- ◆ NAMI Signature Programs Presentation by Brenda Scott
- ◆ Riverside County Mental Health's overview of organizational structure by Erlys Daily

The Children's Committee also participated in discussions which included concerns about the Sandy Hook incident, reducing stigma, and the coordination of better services and care for families and youth.

Committee members also participated in several philanthropic activities throughout the year. Committee members assisted mental health clinics with the "Fill a Backpack" project. Backpacks were filled with essential supplies that children would need for the upcoming year. Backpacks were given to the needy children who received mental health services in the County. It was the hope that the backpacks would allow the children to start the school year well-equipped and ready to learn. In total, 250 children received backpacks during the past year.

The Committee also participated in creating food baskets during the Thanksgiving season. Committee members assisted mental health clinics to provide food baskets and/or gift certificates for food purchases to needy families throughout the community during the holiday. During the Christmas season committee members participated in the annual "Snowflake Banner". Decorative snowflakes, displaying the names of the needy children who receive mental health services in the County, were displayed on the banner which displayed a gift wish. Members selected a snowflake and purchased the gift for the child. Approximately 1,200 "snowflake" gifts were distributed over the holiday season.

Respectfully submitted,

Julie Crouch, MHB Children's Committee Chair, and
Erlys Daily, Mental Health Services (MHS) Administrator

MENTAL HEALTH BOARD

Legislative Committee Report

July 1, 2012 through June 30, 2013

Mission Statement

“To bring the Mental Health Board abreast of all pertinent issues or topics currently being discussed in State and Government legislation”

The main goal of the Legislative Committee is to foster awareness, review current proposed bills, and make recommendations as to the position Riverside County takes in these issues. By keeping the Mental Health Board (MHB) informed about topics that are being discussed in legislation, members are more readily equipped to advocate for the consumers of Riverside County.

Goals

“To keep the Mental Health Board informed of legislative activities whether Federal, State, or County”

“To advocate for legislation that would be beneficial to our clients”

Although the Legislative Committee has not been holding meetings regularly throughout the past year, and additional members need to be recruited, the goal of Committee members is to report on any legislative activity found that might concern Riverside County Mental Health. The Legislative Committee currently has a Chair who is actively recruiting for additional members so that it can continue to monitor the internet’s various legal websites for proposed legislation that affects the Department of Mental Health’s (DMH) ability to deliver services to the clients of Riverside County. The Committee asks board members to search national and local periodicals for any legislation or change of legislation that would affect services rendered to clients.

It is the intent that the Committee be vigilant, and advise the MHB about any changes to the laws which can affect the homeless programs or the current Individual Education Plan (IEP) Program. The Committee is aware of the ongoing changes to legislation regarding balancing the State's budget. The Committee's intent is to re-energizing its activities and become more proactive to the needs of our clients in Riverside County. Currently, the committee is attempting to acquire at least one additional standing member and establish a definite time for the monthly meetings. Once a definite time is established, the Legislative Committee hopes to obtain more members who will contribute in its efforts.

Respectfully submitted,

Richard Divine
Legislative Committee Chair

MENTAL HEALTH BOARD

Veterans' Committee Report

July 1, 2012 through June 30, 2013

Mission Statement

“To advise and foster a collaboration of veterans’ families’ and mental health support organizations to address and alleviate the mental health needs of veterans and their families, as well as, recommend and propose related services.”

Goals

“To establish procedures for the distribution of a resource brochure, to identify service centers where information about benefits and services available to veterans and their families can be provided.”

The Veterans' Committee has remained very active, as presentations, hosted by regional boards and committees, RCDMH departments, outside agencies, and work groups were presented to the Committee throughout the reporting year.

The Committee also participated in numerous activities, events, trainings, and conferences. The Veterans' Committee, in conjunction with the Department of Veterans' Services, participated in several "Legislative Breakfasts" which brought local elected officials, veterans, community leaders, and other individuals together in an effort to exchange concerns and ideas. Guests of Honor included Congressman Ken Calvert, Sheriff Stan Sniff, Assemblyman Paul Cook, Supervisor John Tavaglione, State Senator Richard Roth, and several others.

On October 27, 2012, Committee members attended the Veterans' Expo which was held at the Indio Fair Grounds. The goal was to bring attention to veterans' issues and to connect veterans with the benefits they have earned.

On November 7, 2012, the Committee continued their work with Riverside County Veterans' Office to publicize "Operation Recognition." This was a joint effort between the Riverside County Office of Education and the Department of Veterans' Services to grant high school diplomas to WWII, Korean, and Vietnam War veterans who did not have the opportunity to obtain a high school diploma due to enlisting in the Armed Forces. A ceremony was held at the Moreno Valley Convention Center.

On November 8, 2012, the Committee attended the annual "Stand Down for the Homeless" at the Perris Fairgrounds. The event was sponsored by the Riverside County Homeless Coalition and the County of Riverside. Individuals who were at risk of becoming homeless were present, and were able to speak with agencies who provide assistance to the homeless and obtain information on services including those on housing, healthcare, legal assistance to clear warrants, and employment. In addition to job training and placement services from public and private non-profit agencies, a job fair which offered applications and on-site interviews from major employers was also featured.

On November 11, 2012, Veterans' Committee members attended the Veterans Day Memorial Event at the Riverside National Cemetery in Riverside. Veterans Day also marked the anniversary of the Riverside National Cemetery, which opened in 1978. A dedication ceremony and the re-interment of Ysmael Villegas, Riverside native and Medal of Honor recipient, was held.

On January 2, 2013, Committee members collaborated with Inland Empire Health Plan (IEHP) and Riverside County to provide services to veterans and their families.

On January 26, 2013, members attended "A Salute to the Greatest Generations" which honored WWII and Korean War veterans at the Veterans' Expo which was held at the Beaumont Civic Center. The Department of Veterans' Services was present and enrolled veterans in order for them to receive benefits.

On February 14, 2013, Veterans' Committee members participated in the California Foreign Affairs Training Conference at the Marriott Hotel in Riverside.

On February 23, 2013, members attended Loma Linda Medical Center's "Muster/Welcome Home Event" at Veterans Administration. Same day registration and physical examinations were offered, Veterans Benefits Administration was accepting claims, and services were provided by My HealthVet, Women's Clinic, Veterans Readjustment Center, Social Work Services, Army Wounded Warrior Advocate, Vocational Rehab Representative, and other community and family veteran groups.

Committee members attended "Life Beyond War: Overcoming the Trauma of War" which was held on March 5, 2013 at the University of California, Riverside. The Inland Empire Veterans Education and Mental Health Collaborative is a network of public and private organizations that share ideas, knowledge, and resources to improve access to quality education, and mental health services for veterans, military personnel, and their families, and increase public awareness of the unique needs of the population.

Veterans' Committee members attended the Inland Empire Veterans Collaborative on Homelessness Quarterly Summit on March 7, 2013 at March Air Reserve Base. Presentations by the Woman Veterans Program, Roy's Desert Resource Center, Coachella Valley Rescue Mission, Veterans Easy Access Program, and Governor's Interagency Council on Veterans were provided.

On April 19, 2013 members attended the "Spring 2013 Support Military Families Symposium - Military Service: A Family Commitment." This was a program for all professionals who interface with military families and children. Learning objectives included understanding changes in military structure and deployment, raising awareness of losses experienced by military families, developing methods of providing effective support, and increasing the knowledge of resources for military families.

On May 16, 2013, Committee members participated in May is Mental Health Month "Live Life Well" fair which took place at Fairmount Park in Riverside. The event, sponsored by the Mental Health Board and the Department of Mental Health, provided information on services available in Riverside County to the community.

After much effort, the Veterans' Committee finalized the "War is Hell" brochure which contains information on veterans services and benefits. It has been printed and is now available for distribution. Each member of the Committee was given brochures to distribute at various community events. The brochures were also distributed to all the mental health clinics and service facilities and/or programs.

Respectfully submitted,

Hal Adams, Veterans Committee Chair, and
David Schoelen, Mental Health Services (MHS) Administrator/
Workforce Education and Training (WET) Coordinator

MENTAL HEALTH BOARD

Older Adult System of Care Committee Report

July 1, 2012 through June 30, 2013

Vision

“Our vision is to value self-determination and independence of the older adult and culturally diverse consumers. We value the pursuit of quality of life.”

Mission Statement

“To enable older adult consumers, who are significantly impaired from a mental illness, to access the services that will promote empowerment and recovery.”

Goals

“To reduce stigma and increase utilization of services through education and awareness, and to support the mission of RCMHD to provide high quality care to residents of the Western Region.”

Older Adults Services seeks to assist consumers in their recovery and to facilitate their maintaining a physically and emotionally healthy lifestyle, so they are able to remain in their home or community-based housing for as long as possible. Services are provided by a multi-disciplinary staff with specialized training in evaluating and addressing both mental illness and issues of aging.

During the past year, the OASOC Committee met on a monthly basis with Board & Care facilities, local agencies, consumers, and staff to increase understanding, educate and inform members of available services, discuss common concerns, and advocate and promote quality services for all consumers.

Guest speakers from various agencies provided 30 - 40 minute presentations on their area of expertise. Family Advocate Program speakers, the Deputy Director of Housing, and partnering agencies provided committee members, consumers, staff, and others with education and informed about efforts to improve the quality of life for the older adult population.

Committee members and program staff participated in and promoted local events and health fairs to increase awareness of services and reduce stigma, including the "Flying Doctors" and the May is Mental Health Month "Live Life Well" events.

In the last fiscal year a quarterly Board and Care Committee meeting was re-initiated with Board and Care operators which manage Board and Cares for the elderly. The committee was created to improve the relationship between operators and consumers, to support and improve care of consumers, and to meet licensing requirements. Meetings are held at Mental Health Administration and are well attended by operators and Case Managers who visit consumers on a regular basis.

An integral part of the Board and Care meeting is the presence of a guest speaker. Speakers have included the Ombudsman, Riverside Police, American Medical Response Supervisor, Public Guardian representative, and the Riverside Payee Office. Attendance has grown with staff, Board and Care operators, and consumers who have stated that it has improved relationships and consumers' care.

Over the past year, both the Specialty Multidisciplinary Aggressive Response Team (SMART) and the Wellness and Recovery Program has increased their number of evidenced-based groups. Currently, the Bridges and Recovery Management Groups are as follows:

- ◆ Wellness Recovery Action Plan (WRAP) - operated by peers
- ◆ "Bridges" - Life and recovery management skills provided by an Occupational Therapist and a Behavioral Health Specialist II
- ◆ Recovery Management - Life skills provided by an Occupational Therapist and Behavioral Health Specialist II
- ◆ Innovations Healthy Living Partnership (HeLP)

- ◆ Co-occurring Disorder Group - for consumers diagnosed with major mental illness and substance abuse issues
- ◆ Cognitive Behavior Therapy (CBT) Group - addresses depression utilizing the Becks Depression Inventory (BDI), a thorough evaluation which measures effectiveness
- ◆ Exercise Group - Consumers are taken by a Peer Support Specialist and Behavioral Health Specialist II to a swimming program, and PHQ 9, a nine question tool designed to assess the level of depression, is used to measure effectiveness.
- ◆ Men's Group - for the treatment of depression and anxiety
- ◆ *New* Spanish-speaking Cognitive Behavior Therapy (CBT) Group - for the treatment of depression
- ◆ Recovery Management - summer sessions which utilize evidence-based practices to address healthy living, nutrition, and exercise

Respectfully submitted,

Agostino "Ric" Riccardi, Older Adult System of Care Committee Chair, and
James Ortego, Mental Health Services (MHS) Manager, Older Adult Services

MENTAL HEALTH BOARD

Adult System of Care Committee Report

July 1, 2012 through June 30, 2013

Mission Statement

“To promote, support, and advocate for high quality and culturally appropriate services for severely and persistently mentally ill adults and their families residing in Riverside County through formal recommendations.”

Goals

“To provide RCDMH and the MHB with feedback from community stakeholders, consumers, and family members about the mental health needs of adults and their families, to make recommendations about services to best meet the needs of adult consumers and their families, to provide input about policies and advise of necessary changes to existing policies to ensure the delivery of high quality and culturally competent services, to review performance outcomes of mental health programs to determine if they meet the goals of RCDMH, to improve coordination of services to consumers who receive services from multiple agencies and enhance interagency collaboration.”

The Adult System of Care (ASOC) Committee remained active and informed this past year. Through several presentations by Bill Brenneman, Mental Health Services Act (MHSA) Manager, the ASOC Committee reviewed the FY13/14 Plan Update, reviewed the accountability of adult services provided under MHSA, and reported no accountability problems to the Mental Health Board (MHB) and Riverside County Department of Mental Health (RCDMH), as committee members felt the accountability was good. In addition, all other nonprofits who reviewed the FY13/14 Plan Update were also pleased with all accountability findings.

The ASOC Committee reviewed the outcomes of efforts to reduce the number of consumers in Institute of Mental Disease (IMD) facilities and reported their findings, which included positive outcomes and reductions in bed utilization, to the MHB. The result was a successful transition of consumers into less restrictive levels of care.

Throughout the past year, the ASOC Committee conducted outreach to the community, recruited volunteers to the Board, and promoted the hiring of consumers. In fact, the hiring of consumers has been a successful effort, and the Department is benefiting by an increased amount of Peer and Family Specialists.

A number of agencies continue to participate in and attend ASOC meetings, and report on their collaboration with MHSA efforts. However, despite ongoing efforts, the Committee continues to experience difficulty meeting the appropriate cultural and gender diversity composition, number of members, and consistent participation from existing members. As a result, recruitment efforts will be ongoing for the coming year.

Fortunately, all of RCDMH's mental health programs have been meeting their respective goals, particularly with respect to the Community Supports and Services and the Workforce, Education, and Training (WET) phases of the MHSA Plan Update, and the ASOC Committee has remained informed through updates provided by Bill Brenneman, MHSA Manager. In addition, accountability and timelines are also appropriately being met.

Georgia Smith, the ASOC Committee Chairperson, regularly attends main MHB meetings and reports all Committee information and suggestions to the MHB. Elaine Barron, Mental Health Services (MHS) Administrator and Liaison to the ASOC Committee, communicates all information, findings, and suggestions to RCDMH Administration. This ensures that all resolutions and recommendations are provided to both the MHB and RCDMH, and any necessary follow-up action can be taken, if needed. In turn, feedback is also provided to the ASOC Committee.

Channel Wark, Transitional Age Youth Coordinator at Recovery Innovations, provided information and flyers on homeless resources to the members of the ASOC Committee. Committee members were instructed to bring in other homeless resources in

an effort to development a new, more comprehensive updated resource list. However, due to lack of member attendance, this resource guide project was started but did come to fruition.

The ASOC Committee attended a number of conferences and events throughout the year. Information about Reconnect Inland Empire Health Care Enrollment Resource Fair was distributed to both ASOC Committee and community members and a large number of individuals participated. The MHSA Oversight and Accountability Conference at the Wong Kerlee International Conference Center at Loma Linda University was also well-attended by both Committee and community members. Committee members also received announcements on the NAMI, Peer-to-Peer, and substance abuse trainings at RCDMH's Administration.

Denise Walker, Senior Peer Support Specialist for Mid-County, provided a presentation to the ASOC Committee, and discussed the need for better medication trainings and Wellness Recovery Action Plan (WRAP) programs and more availability of each at Institute of Mental Disease (IMD) facilities. Ms. Walker also advocated for changes in the Peer Specialist mission statements and announced the availability of the "Seeking Safety" evidence-based practice.

Brenda Scott, Recovery Innovations, reported on Art Works and the Arts Walk event, announced the classes on "In Our Own Voice", "Parents and Teachers as Allies", "Breaking the Silence", and informed about other presentations which discuss warnings signs of individuals who may be in need of assistance.

The closing of the Rapid Psychiatric Evaluation facility was also discussed, along with the heavy impact on the Department's regions.

Respectfully submitted,

Georgia Smith, ASOC Chair, and
Elaine Barron, LCSW, Mid-County Mental Health Services (MHS) Administrator

MENTAL HEALTH BOARD

Criminal Justice Committee Report

Mission Statement

“To facilitate the recovery of people who have a serious mental illness in the Criminal Justice System by enhancing programs in our community through collaborative efforts involving all county agencies, the community and the family.”

Goals

“To address housing issues by increasing beds and augmenting Board and Care facilities, to provide Law Enforcement Personnel Training, to organize the information system, to appropriately serve AB 109 and Mental Health Court clients, and to decrease those clients on the Patton State Hospital Waiting List.”

The Criminal Justice (CJ) Committee currently has a total of twenty-three members and an average of fifteen members regularly attend meetings. The Committee contains representation from a number of agencies including Mental Health Detention Services, Riverside County Sheriff's Department, the Probation Department, Public Defender's Office, National Alliance on Mental Illness (NAMI), Mental Health Peer Support Specialists, Western and Mid-County Mental Health Boards, and Detention Health Services. Consumers and family members also attend CJ Committee meetings.

Throughout the past year, the CJ Committee was involved in a variety of activities and had a number of accomplishments. Members participated in two Riverside events, the Substance Abuse “Recovery Happens” event which occurred on September

17, 2012 at Jurupa Park, and the May is Mental Health “Live Life Well” event which took place on Thursday, May 16, 2013 at Fairmount Park. Several Mental Health Court and Detention Services presentations were made to NAMI groups, and Committee members attended various NAMI events and meetings. Many Committee members attended the 2012 NAMI walk at Diamond Valley Lake in Hemet.

During the 2012 - 2013 year, the CJ Committee focused on the following goals:

- ◆ **Housing Issues - Increase beds and augment board and care facilities** - Individuals with mental illness and/or those with substance abuse who need residential placement are provided housing by the Riverside County Department of Mental Health, as needed. Although housing is very limited, the Department of Mental Health has expanded some housing programs to meet the needs of the AB 109 population. Ideas on how to acquire housing options for those released from the County jail has been discussed.
- ◆ **Training for Law Enforcement Personnel** - A committee of Mental Health/Riverside County Regional Medical Center professionals was created to continually review, revise, and present training to correctional and patrol employees of the Riverside County Sheriff and Police Departments. The main focus is to train all staff that may come into contact with mental health consumers, including dispatch and other law enforcement agencies throughout California. Currently, County, State, and Federal Police agency representatives have been trained. This training has been well received, and a permanent schedule for the Law Enforcement Personnel Training is in place. Deputy Sheriff and Police Officers from other counties and agencies have also attended the training. These include Fullerton, Brea, and Orange Counties, the Los Angeles Department of Defense, and Los Angeles Police and Sheriff Departments. Police and Sheriff sub-stations from the cities of Moreno Valley, Perris, Palm Desert, Indio, Blythe, Palm Springs, and Desert Hot Springs have also attended. The training includes panel discussions from the Mental Health Family Advocate Program and a presentation from NAMI, which both have representatives present at the CJ Committee meetings. Furthermore, the training is certified by the Commission on Peace Officer Standards and Training (POST).

Family Advocate and Detention Health representatives attended the Law Enforcement Training. Family Advocate provided a report to the CJ Committee and was then added as a panel to the official Law Enforcement Training agenda.

All committee representatives have reported that the Law Enforcement Personnel Training has been beneficial to both the community and to law enforcement agencies. To date, approximately 1,000 individuals from the Sheriff's Department and 700 others from the Police Department have been trained.

- ◆ **Information System** - The Electronic Management of Records (ELMR) Clinical Workstation was launched in July of 2012. Detention Services is a unique program and attempting to adjust to the new information system was difficult. However, over the past year, the program has been adjusted to the new ELMR system, and updates are given at each CJ Committee meeting.
- ◆ **AB 109** - The Riverside County Department of Mental Health staff will provide assessments, crisis intervention, group services (mental health and substance abuse), and medications to individuals who are incarcerated. Departmental staff continues to work with Sheriff Personnel to ensure AB 109 individuals get assigned to one or two specific jail locations to improve mental health treatment/services. Staff has been hired and additional staff members are currently in the process of joining the team. Staff at the Smith Correctional Facility is being increased significantly, and there are plans underway to develop a unit for AB 109 mental health clients where both mental health and substance abuse services will be provided. At this time, there are a total of nineteen AB 109 clinical therapist positions in Detention Services. Forensic Mental Health Services are now provided at clinics in Riverside, Hemet, Blythe, and Cathedral City, and updates are provided at each CJ Committee meeting.
- ◆ **MH Court** - Mental Health Court has grown considerably, and there has been an expansion of staff in all regional offices due to an increase in the number of referrals received from the Riverside County Public Defender and private attorneys. This past year the program added one (1) Mental Health Services Supervisor and two (2) Clinical Therapist positions to the Riverside Mental Health Court. Furthermore, a Veterans' Court was added to the Mental Health Courtroom. Dedicated staff now attend the Veterans' Court, and updates are provided at each CJ Committee meeting.
- ◆ **Patton State Hospital Waiting List** - The average wait time for a Patton State Hospital bed is approximately five weeks. Our waiting list has decreased from an average of 30 to an average 15 - 20 individuals. We continue to partner with Long Term Care staff to place consumers at our contracted Institution for Mental Disease (IMD) in Sylmar, CA. The committee is updated on the Patton State Hospital waiting list at each committee meeting.

Respectfully submitted,

Greg Damewood, Criminal Justice Committee Chair and
Deborah Johnson, Deputy Director, Forensics

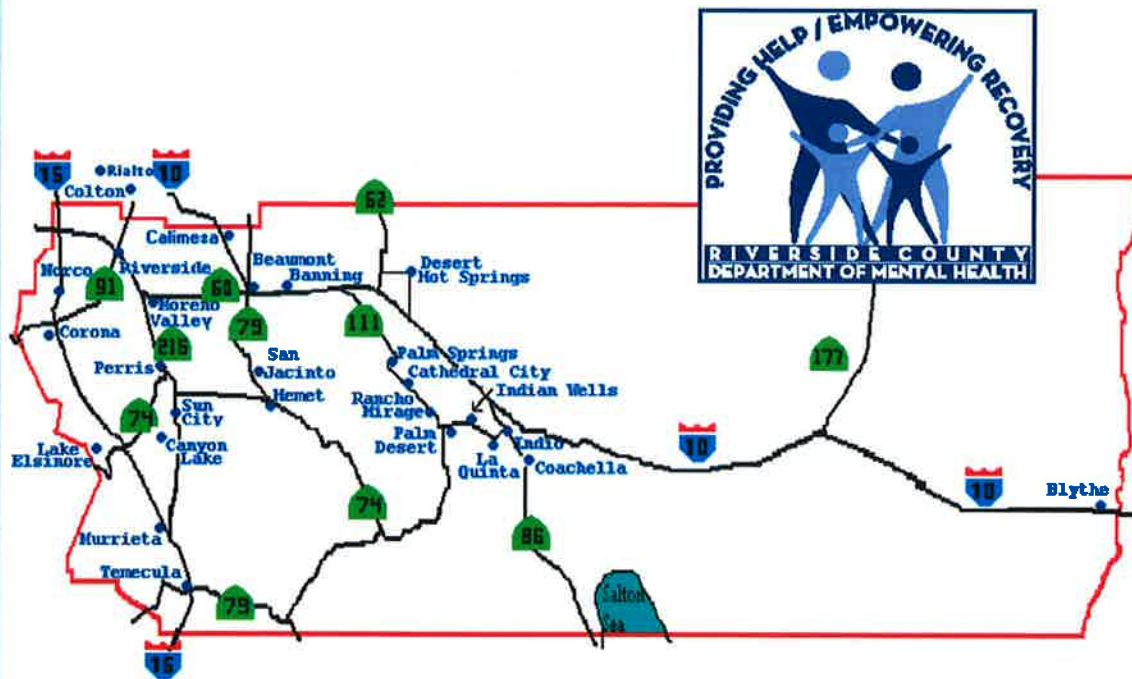
Riverside County

REGIONAL MENTAL HEALTH ADVISORY BOARDS

Western Regional Mental Health Board
Greg Damewood, Western Regional Board Chair

Mid-County Regional Board
Virginia Marshall, Mid - County Regional Board Chair

Desert Regional Board
Richard Divine, Desert Regional Board Chair



Riverside County

**WESTERN REGIONAL MENTAL
HEALTH ADVISORY BOARD**

**Greg Damewood,
Western Regional Board Chair**

**Paul Thompson, LCSW
Interim Western Region Mental Health Services (MHS) Administrator**

Mission Statement

“To support the Mental Health Board Mission with our input, voice, advocacy, and promotion of quality services for the culturally diverse communities of Western Region.”

Goals

The goals of the Western Regional Board (WRB) established during the year include the following:

“To reduce stigma and increase utilization of services through education and awareness, and to support the Mission of Riverside County Department of Mental to provide high quality care to residents of Western Region.”

Riverside County

WESTERN REGIONAL MENTAL HEALTH ADVISORY BOARD

WRB members participated in the National Alliance on Mental Illness (NAMI) Walk and in a number of other community activities throughout the year. Members supported the event by fund-raising, walking, and volunteering on the day of the event. In addition, a WRB member has been a facilitator for NAMI Family-to-Family groups in the Riverside area.

Board members volunteered at the Local Elks Lodge serving Holiday meals to seniors, and participated in the May Is Mental Health Month "Live Life Well" event at Fairmont Park.

WRB insures that the regional board's perspective and concerns are presented by participation in various department committees. Participants report back to the WRB to keep members current as to activities within the various committees.

WRB members conducted site visits to better understand program services and needs. Members were assigned to complete site visits, prepare reports on their findings/suggestions, and submit them to the main MHB. Site visits completed by WRB members include Long Term Care, HHOPE Program, CalWORKS-GAIN, Rubidoux Family Care Center Collaborative, Art Works, and Jefferson Transitional Program (JTP) Peer Support and Resources Center.

Respectfully Submitted,

Greg Damewood, Western Regional Board Chair, and
Paul Thompson, Interim Mental Health Services (MHS) Administrator

Riverside County

**MID-COUNTY REGIONAL MENTAL
HEALTH ADVISORY BOARD**

**Virginia Marshall,
Mid-County Regional Board Chair**

**Elaine Barron, LCSW
Mid-County Mental Health Services (MHS) Administrator**

Mission Statement

“To support the Mental Health Board mission with input, voice, advocacy, and promotion of quality services for the culturally diverse communities of the Mid-County Region.”

Goals

“To reduce stigma and increase utilization of services through education and awareness, support the mission of RCDMH to provide recovery oriented services to empower members of the Mid-County Region to achieve greater independence, to advise the Mid-County Region and the Main Mental Health Advisory Board, and to promote Board Membership.”

Riverside County

MID-COUNTY REGIONAL MENTAL HEALTH ADVISORY BOARD

Throughout the past year, the Mid-County Regional Board (McRB) has been active through monthly board meetings and numerous activities. The Board holds meetings each month at various clinics and mental health programs throughout the region to enhance members' understanding of the locations and services in the various communities within the Mid-County Region. Each McRB member is also a member of a subcommittee to the main MHB, including the Membership, Children's, Adult System of Care, Criminal Justice, and Housing Committees, and attends meetings monthly.

Several members of the McRB participated in the National Alliance on Mental Illness (NAMI) Walk which was held on October 27, 2012 at Diamond Valley Lake in Hemet.

McRB members also participated in the May is Mental Health Month "Live Life Well" event, sponsored by the Riverside County Department of Mental Health (RCDMH) and the Mental Health Board (MHB), which was held on Thursday, May 16, 2013 at Fairmount Park in Riverside. Board members promoted the event and attended various city council meetings during the months of April and May 2013 to accept proclamations from various cities, including Temecula, Murrieta, Wildomar, Lake Elsinore, Canyon Lake, Menifee, Perris, Hemet, and San Jacinto, who supported "May is Mental Health Month". All proclamations were displayed to the community at the May is Mental Health Month "Live Life Well" event.

Several McRB members participated in the Perris Clinic "Creativity Gallery/Family Fiesta" event held on Thursday, May 2, 2013. In addition, a McRB member sponsored a booth at Canyon Lake's "Fiesta Days" event, held on Saturday, May 25, 2013 for Recovery Innovations, Inc., where stigma reduction literature and other mental health resource information was distributed.

McRB members arranged an annual NAMI presentation on a mental health topic for the Lions' Club of Canyon Lake and provided regular mental health presentations to various local Chambers of Commerce.

McRB members were also very active during the holiday season and provided gift card donations for several holiday projects. Once collected, these donations were presented to consumers of the Perris Family Room, Hemet Mental Health Clinic, and Temecula Mental Health Clinic locations.

Riverside County

MID-COUNTY REGIONAL MENTAL HEALTH ADVISORY BOARD

Each month, a McRB representative is present at the main MHB meetings, to obtain information and to provide Mid-County information. The Board also reviewed and provided feedback on the Mental Health Services Act (MHSA) Fiscal Year 13/14 Plan Update.

Throughout the year, the Board recruitment efforts included hosting booths at the “Creativity Galleries/Family Fiesta”, May is Mental Health Month “Live Life Well”, and Canyon Lake “Fiesta Days” events, as well as at all Temecula NAMI meetings and various other community activities. While accepting May is Mental Health Month proclamations from various city councils meetings, McRB members also solicited members, and one McRB member worked directly with District 1 Board of Supervisor Kevin Jeffries’ office to recruit through his newsletter.

All McRB members have completed the required AB1234 Ethics Training, and have updated certificates on file, and all members also attended the “Mental Health Board 101” Training that was held on Saturday, April 6, 2013, which was hosted by the California Institute for Mental Health (CIMH).

The McRB became informed about numerous mental health related topics and heard numerous presentations including those about the “Family to Family” programs, the NAMI Connection and NAMI Conexion groups, the Parent Support groups, the Educate, Equip, and Supports classes, the Positive Parenting Program (“Triple P”) classes, the “Persona-a-Persona” class, and the “In Our Own Voice”, “Parents and Teachers as Allies”, and “Breaking the Silence” programs.

A McRB member worked with the Art Works Program to present “Jubilee” to the Canyon Lake Lions Club. The Board heard a presentation about the new Loma Linda University Behavioral Medicine Center in Murrieta. Several members were active participants in the planning of the new Family Room Project in Perris. One Board member attended the opening of the new housing project, “Vineyards at Menifee”, on Tuesday, October 2, 2012.

Unfortunately, the McRB greatly needs additional members, as membership has gradually diminished. Over the past six months, the Board has focused its attention on problem solving and recruitment efforts, and this is ongoing.

Riverside County

**MID-COUNTY REGIONAL MENTAL
HEALTH ADVISORY BOARD**

The McRB has completed a number of site visits during the past year. These include visits to the Lake Elsinore Family Services, the Mental Health Unit at the Southwest Detention Center, Perris Family Room, Hemet Mental Health Clinic, San Jacinto Wellness & Recovery Clinic for Mature Adults, Temecula Mental Health Clinic, and several other site visits are planned for the remainder of the fiscal year.

Respectfully submitted,

Virginia Marshall, Mid-County Board Chair, and
Elaine Barron, LCSW, Mid-County Mental Health Services (MHS) Administrator

Riverside County

DESERT REGIONAL MENTAL HEALTH ADVISORY BOARD

Richard Divine,
Desert Regional Board Chair

David L. Lundquist, Ph.D.
Desert Region Mental Health Services (MHS) Administrator

Mission Statement

“To continue to build upon the success of the “May is Mental Health Month” Creative Writing and Art Show, establish full Board capacity and make sure recruited board members represents the populace of the Desert Region, make the community aware of the services offered in the Desert Region, ensure that these programs meet the community’s needs, and educate the public about and reduce the stigma attached to mental illness.”

The Desert Regional Board (DRB) continues to expand its goals, working from those set the previous year.

Goals

“To continue to build upon the success of the “May is Mental Health Month Creative Writing and Art Show,” to fill the Board to full capacity with members who represents the populace of the Desert Region, to make the community aware of the services offered in the Desert Region, to make sure that these programs meet the community’s needs, to educate the public about stigma attached to mental illness.”

Riverside County

DESERT REGIONAL MENTAL HEALTH ADVISORY BOARD

The DRB is comprised of members with a desire to help the community in any way possible. With great thanks to Supervisor John Benoit, the Board is currently filled to full capacity and has a total of its maximum number of members allowed, fifteen. The membership is comprised of 8 public, 4 family and 3 consumer members. As membership changes, the DRB's future focus will be to create a more ethnically diverse board.

In the months of April and May each year, the DRB members accept "May is Mental Health Month" proclamations from various cities throughout the Desert Region. Many city councils afford the DRB members time to briefly discuss mental illness, the goal to reduce stigma, and inform of the various programs and services RCDMH provides. This is always a great opportunity to increase the community's awareness of mental illness.

DRB Members also participate in site reviews throughout the County of Riverside. Members travel to various service locations and review the programs and services provided by RCDMH. This allows board members to familiarize themselves with the inner workings of the Department. It also allows the board a chance to view and become familiar with the various physical locations where consumers go for services. Board members are able to determine the ease of access to the property, consider transportation factors consumers may encounter, and gain a firsthand experience of the sites. During these visits, board members review the programs offered, analyze staffing, and often arrange a "one-on-one" meeting with the program/location manager. The fact that the DRB is at full capacity has greatly assisted with the completion of this year's site reviews.

One of the DRB's favorite annual activities is the Art Show and Creative Writing Contest. This year was the 10th annual event, and it was hosted by the Coachella Valley Arts Center. Special thanks should be given to the gallery's director Bill Schinsky, DRB members Janice Quinn and Mark Miller, and Regional Administrator Dr. David Lundquist for the efforts in making this year's event a huge success. Mr. Schinsky hangs every piece of art work himself, and gave the participants a true gallery experience. This year's event contained over 110 pieces of art which utilized a variety of mediums and included thirty seven creative writing entries. The quality of the entries was truly outstanding and continues to improve year after year.

Riverside County

DESERT REGIONAL MENTAL HEALTH ADVISORY BOARD

The DRB wishes to thank RCDMH, especially the regional staff, for the quality of programs and services provided to the large Desert area. As a board member and DRB Chair, I can proudly say that both the DRB and RCDMH are providing the services necessary to help keep our loved ones well cared for in the community.

The Board aims to focus attention on and enhance its work on the “not in my back yard” (NIMBY) syndrome which seems to be increasing in the county and in the Desert region to some extent. Specifically, the Sky Valley Residential Treatment Program was not approved to process and is a prime example of this sentiment. This was an attempt for RCDMH to establish a 15 bed residential treatment program in the community of Sky Valley. Because the location did not receive approval for the project to proceed, the following question is posed, “If not in Sky Valley, then where can RCDMH place a facility like this?” It is essential for the citizens in all regions of Riverside County to realize that the mentally ill are citizens also and should be afforded the same rights and privileges that all others receive.

Respectfully submitted,

Richard Divine, Desert Regional Board Chair and
David Lundquist, Ph. D., Desert Region Mental Health Services (MHS) Administrator

Riverside County

MAIN MENTAL HEALTH BOARD & WESTERN REGIONAL MENTAL HEALTH ADVISORY BOARD

Site Reviews

Completed by the Riverside County Main Mental Health
& Western Regional Mental Health Advisory Boards
2012- 2013

The goal of the Mental Health Board and its regional advisory boards is to visit all service locations within a two year time period to assess the community's mental health needs, to evaluate the extent to which these needs are being met, and to make any necessary recommendations in regard to policy and procedural matters.

BLAINE STREET ADULT CLINIC

769 Blaine Street, Suite B, Riverside, CA 92507
Reviewed by J. Keith Oddson on 02/09/12

MAIN STREET ADULT SERVICES

629 N. Main Street, Suite C-3, Corona, CA 92880
Completion pending by Patricia Carrillo in 2013

RECOVERY LEARNING CENTER (RLC)

9990 County Farm Road, Suite 5, Riverside, CA 92503
Reviewed by Caroline Martinez 11/03/11, pending completion in 2013

"THE PLACE" SAFEHAVEN PROGRAM - RECOVERY INNOVATIONS

2800 Hulen Place, Riverside, CA 92507
Pending completion by Caroline Martinez in 2013

Riverside County

MAIN MENTAL HEALTH BOARD & WESTERN REGIONAL MENTAL HEALTH ADVISORY BOARD

RECOVERY INNOVATIONS PEER SUPPORT & RESOURCE CENTER

3839 Brockton Avenue, Riverside, CA 92501

Reviewed by Patricia Carrillo on 10/02/12

ART WORKS

3741 Sixth Street, Riverside, CA 92501

Reviewed by Patricia Carrillo 10/10/12

JEFFERSON WELLNESS CENTER

1827 Atlanta Avenue, Suite D3, Riverside, CA 92507

Pending completion in 2013

JEFFERSON WELLNESS CENTER - TAY (FSP) THE SPOT

1827 Atlanta Avenue, Suite D2, Riverside, CA 92507

Pending completion in 2013

HOMELESS HOUSING PARTNERSHIP & EDUCATION (HHOPE)

769 Blaine Street, Suite A, Riverside, CA 92507

Reviewed by Keith Oddson on 09/25/12

CHILDREN'S TREATMENT SERVICES (CTS)

3125 Myers Street, Riverside, CA 92503

Reviewed by Patricia Carrillo on 05/14/13

FAMILY, ADOLESCENT, & CHILDREN'S TREATMENT OF CORONA (FACT)

1195 Magnolia Avenue, Corona, CA 92879

Pending completion by Patricia Carrillo in 2013

WESTERN REGION MULTI-DIMENSIONAL FAMILY THERAPY (MDFT)

3125 Myers Street, Riverside, CA 92503

Reviewed by Christina Torres on 02/05/13

Riverside County

MAIN MENTAL HEALTH BOARD & WESTERN REGIONAL MENTAL HEALTH ADVISORY BOARD

MULTIDIMENSIONAL TREATMENT FOSTER CARE (MTFC)

3125 Myers Street, Riverside, CA 92503

Reviewed by Patricia Carrillo on 05/14/13

WESTERN WRAPAROUND PROGRAM

3125 Myers Street, Riverside, CA 92503

Completion pending in 2013

THERAPEUTIC & RESIDENTIAL ASSESSMENT & CONSULTATION (TRAC) TEAM

3125 Myers Street, Riverside, CA 92503

Completion pending by Greg Damewood in 2013

ASSESSMENT AND CONSULATATION TEAM (ACT)

3125 Myers Street, Riverside, CA 92503

Completion pending by in 2013

PRE-SCHOOL 0-5 PROGRAM INCREDIBLE KIDS (IK)

9990 County Farm Road, Riverside, CA 92503

Reviewed by Caroline Martinez 2013

PRE-SCHOOL 0-5 PROGRAM - PARENT CHILD INTERACTION THERAPY (PCIT)

3075 Myers Street, 1st Floor, Riverside, CA 92503

Completion pending by in 2013

MORENO VALLEY PARENT CHILD INTERACTION THERAPY (PCIT)

23119 Cottonwood Avenue, Bldg A, Suite 110, Moreno Valley, CA 92553

Completion pending by Ric Riccardi in 2013

CORONA PARENT CHILD INTERACTION THERAPY (PCIT)

1195 Magnolia Avenue, Corona, CA 92879

Completion pending by Julie Crouch in 2013

Riverside County

MAIN MENTAL HEALTH BOARD & WESTERN REGIONAL MENTAL HEALTH ADVISORY BOARD

RIVERSIDE COUNTY REGIONAL MEDICAL CENTER INPATIENT TREATMENT FACILITY (ITF)

3075 Myers Street, 1st Floor, Riverside, CA 92503
Completion pending by Jane Qui in 2013

CRISIS SERVICES: RIVERSIDE COUNTY REGIONAL MEDICAL CENTER EMERGENCY TREATMENT SERVICES (ETS)

9990 County Farm Road, Suite 2, Riverside, CA 92503
Completion pending by Christina Salas & Hal Adams in 2013

LONG TERM CARE (LTC) PLACEMENT

9890 County Farm Road, Suite A, Riverside, CA 92503
Reviewed by Jane Qui on 10/03/12

CALWORKS/GAIN - JURUPA

5391 Mission Blvd, Riverside, CA 92509
Reviewed by Greg Damewood on 09/12/12 (Jurupa CALWORKS/GAIN)
Note: Reviews alternate between locations providing the same programs.
One CALWORKS/GAIN location in the region will be reviewed every 2 years.

CALWORKS/GAIN - NORCO

3178 Hammer Avenue, Norco, CA 92860
Reviewed by Greg Damewood on 09/12/12 (Jurupa CALWORKS/GAIN)
Note: Reviews alternate between locations providing the same programs.
One CALWORKS/GAIN location in the region will be reviewed every 2 years.

CALWORKS/GAIN - LA SIERRA

11060 Magnolia Avenue, Riverside, CA 92505
Reviewed by Greg Damewood on 09/12/12 (Jurupa CALWORKS/GAIN)
Note: Reviews alternate between locations providing the same programs.
One CALWORKS/GAIN location in the region will be reviewed every 2 years.

Riverside County

MAIN MENTAL HEALTH BOARD & WESTERN REGIONAL MENTAL HEALTH ADVISORY BOARD

TYLER VILLAGE WELLNESS & RECOVERY CLINIC FOR MATURE ADULTS

10182 Indiana Avenue, Riverside, CA 92503
Reviewed by Georgia Smith on 01/01/12

SPECIALTY MULTIDICIPLINARY AGGRESSIVE RESPONSE TEAM (SMART)

10182 Indiana Avenue, Riverside, CA 92503
Reviewed by Georgia Smith on 01/01/12

PUBLIC GUARDIAN

3190 Chicago Avenue, Riverside, CA 92507
Reviewed by Rochelle Koch on 12/18/12

DETENTION SERVICES ADMINISTRATION

3833 10th Street, Riverside, CA 92501
Completion pending by Jane Qui in 2013

ROBERT PRESLEY DETENTION CENTER - JAIL SERVICES

4000 Orange Street, Riverside, CA 92501
Reviewed by Christina Salas on 01/01/12

MENTAL HEALTH COURT

3833 10th Street, Riverside, CA 92501
Completion pending by Jane Qui in 2013

Riverside County

MID-COUNTY REGIONAL MENTAL HEALTH ADVISORY BOARD

Site Reviews

Completed by the Riverside County
Mid-County Regional Mental Health Advisory Board
2012- 2013

The goal of the Mental Health Board and its regional advisory boards is to visit all service locations within a two year time period to assess the community's mental health needs, to evaluate the extent to which these needs are being met, and to make any necessary recommendations in regard to policy and procedural matters.

SAN JACINTO CHILDREN'S MENTAL HEALTH CLINIC

950 Ramona Blvd., Suite #2, San Jacinto, CA 92582
Completion pending by Sandra Gregston in 2013

TEMECULA CHILDREN'S MENTAL HEALTH

41002 County Circle Drive, Suite #320, Temecula, CA 92591
Reviewed by Rita Bendlin on 06/06/12, completion pending by
Sandra Gregston in 2013

MORENO VALLEY CHILDREN'S INTERAGENCY PROGRAM (MVCIP)

23119 Cottonwood Ave., Bldg. A, Suite #110, Moreno Valley, CA 92553
Reviewed by Virginia Marshall on 03/08/12

Riverside County

MID-COUNTY REGIONAL MENTAL HEALTH ADVISORY BOARD

HEMET MENTAL HEALTH CLINIC

650 N. State Street, Hemet, CA 92543

Reviewed by Walter Haessler on 06/25/12

LAKE ELSINORE CHILDREN'S MENTAL HEALTH CLINIC

31946 Mission Trails, Suite B, Lake Elsinore, CA 92530

Reviewed by Chris Halliday on 07/27/12

MULTI-DIMENSIONAL FAMILY THERAPY (MDFT) PROGRAM

1688 N. Perris Blvd., Suite #L1, Perris, CA 92571

Completion pending in 2013

LAKE ELSINORE MULTI-DIMENSIONAL FAMILY THERAPY (MDFT) PROGRAM

31946 Mission Trails, Suite B, Lake Elsinore, CA 92530

Reviewed by Chris Halliday on 07/27/12

LAKE ELSINORE PARENT CHILD INTERACTION THERAPY (PCIT) PROGRAM

31946 Mission Trails, Suite B, Lake Elsinore, CA 92530

Reviewed by Chris Halliday on 07/27/12

ANKA - FULL SERVICE PARTNERSHIP (FSP) PROGRAM

31946 Mission Trails, Suite B, Lake Elsinore, CA 92530

Completion pending by Chris Halliday in 2013

RECOVERY INNOVATIONS PEER SUPPORT & RESOURCE CENTER

351 Wilkerson Ave., Suite W, Perris, CA 92570

Reviewed by Jodie Padgett on 03/01/12

Riverside County

MID-COUNTY REGIONAL MENTAL HEALTH ADVISORY BOARD

VICTOR COMMUNITY SUPPORT SERVICES/TRANSITIONAL AGE YOUTH (TAY) PROGRAM

555 North Perris Blvd., Building A, Perris, CA 92571

Reviewed by Virginia Marshall 04/22/13

MISSION TRAIL WELLNESS & RECOVERY CLINIC FOR MATURE ADULTS

31946 Mission Trail, Suite B, San Jacinto, CA 92530

Reviewed by Rita Bendlin on 03/30/12

SAN JACINTO WELLNESS & RECOVERY CLINIC FOR MATURE ADULTS

1370 S. State Street, Suite B, San Jacinto, CA 92583

Reviewed by Rita Bendlin on 06/07/12

SOUTHWEST DETENTION CENTER - JAIL SERVICES

30755 - B Auld Road, Murrieta, CA 92563

Reviewed by Walter Haessler on 01/08/13

MENTAL HEALTH COURT

30755 - B Auld Road, Murrieta, CA 92563

Completion pending in 2013

PERRIS ADULT MENTAL HEALTH CLINIC

1688 N. Perris Blvd. Suite L7-L11, Perris, CA 92571

Completion pending by George Middle in 2013

CALWORKS/GAIN - HEMET

541 North San Jacinto Avenue, Hemet, CA 92543

Completion pending by Chris Halliday in 2013 (Perris CALWORKS/GAIN)

Note: Reviews alternate between locations providing the same programs.
One CALWORKS/GAIN location in the region will be reviewed every 2 years.

Riverside County

MID-COUNTY REGIONAL MENTAL HEALTH ADVISORY BOARD

CALWORKS/GAIN - LAKE ELSINORE

1400 W. Minthorne Avenue, Lake Elsinore, CA 92530

Completion pending by Chris Halliday in 2013 (Perris CALWORKS/GAIN)

Note: Reviews alternate between locations providing the same programs.

One CALWORKS/GAIN location in the region will be reviewed every 2 years.

CALWORKS/GAIN - MORENO VALLEY

23119 Cottonwood Avenue, Bldg B, Moreno Valley, CA 92553

Completion pending by Chris Halliday in 2013 (Perris CALWORKS/GAIN)

Note: Reviews alternate between locations providing the same programs.

One CALWORKS/GAIN location in the region will be reviewed every 2 years.

CALWORKS/GAIN - PERRIS

351 Wilkerson Avenue, Suite D, Perris, CA 92570

Completion pending by Chris Halliday in 2013 (Perris CALWORKS/GAIN)

Note: Reviews alternate between locations providing the same programs.

One CALWORKS/GAIN location in the region will be reviewed every 2 years.

Riverside County

DESERT REGIONAL MENTAL HEALTH ADVISORY BOARD

Site Reviews

Completed by the Riverside County
Desert Regional Mental Health Advisory Board
2012 - 2013

The goal of the Mental Health Board and its regional advisory boards is to visit all service locations within a two year time period to assess the community's mental health needs, to evaluate the extent to which these needs are being met, and to make any necessary recommendations in regard to policy and procedural matters.

BANNING MENTAL HEALTH CLINIC

1330 West Ramsey St, Ste. 100, Banning, CA 92220
Completion pending by Katherine Heichel-Casas in 2013

BLYTHE MENTAL HEALTH CLINIC

1297 West Hobsonway, Blythe, CA 92225
Reviewed by Ed Wood on 03/01/12

INDIO MENTAL HEALTH CLINIC - CHILDREN

47-825 Oasis Street, Indio, CA 92201
Reviewed by Jim Jones on 05/21/12

Riverside County

MID-COUNTY REGIONAL MENTAL HEALTH ADVISORY BOARD

INDIO MENTAL HEALTH CLINIC - ADULTS

47-825 Oasis Street, Indio, CA 92201

Reviewed by Bonnie Gilgallon on 06/19/12

INDIO MULTI-DIMENSIONAL FAMILY THERAPY (MDFT)

47-825 Oasis Street, Indio, CA 92201

Reviewed by Linda Wright on 07/03/12

INDIO WRAPAROUND PROGRAM

47-825 Oasis Street, Indio, CA 92201

Reviewed by Mark Miller on 05/31/12

OASIS CRISIS SERVICE (OCS) OASIS REHABILITATION CENTER

47-915 Oasis Street, Indio, CA 92201

Reviewed by Michelle Lawrence 09/08/12

OASIS REHABILITATION CENTER/HARMONY CENTER

81-840 Avenue 46, Suite 106-107, Indio, CA 92201

Reviewed by Floyd Rhodes in 01/03/13

OASIS REHABILITATION CENTER/TAY

81-840 Avenue 46, Suite 106-107, Indio, CA 92201

Completion pending by Katherine Heichel-Casas in 2013

THE PATH" SAFEHAVEN PROGRAM

19351 McLane St., Palm Springs, CA 92262

Reviewed by Richard Divine 11/05/12

DESERT ADULT FULL SERVICE PARTNERSHIP (FSP)

19531 McLane St., Suite B, Palm Springs, CA 92262

Reviewed by Carole Schaudt in 03/11/13

Riverside County

MID-COUNTY REGIONAL MENTAL HEALTH ADVISORY BOARD

MILESTONES ADULT RESIDENTIAL BOARD & CARE FACILITY

82485 Miles Avenue, Indio, CA 92201

Reviewed by Sandra Neja on 10/23/12

CATHEDRAL CANYON WELLNESS & RECOVERY CLINIC FOR MATURE ADULTS/ SMART PROGRAM

68-625 Perez Rd., Suite 11, Cathedral City, CA 92234

Reviewed by Marsha Drew 10/01/12

SMITH CORRECTIONAL FACILITY - JAIL SERVICES CORRECTIONAL FACILITY- BANNING

1627 S. Hargrave, Banning, CA 92220

Completion pending in 2013

INDIO JAIL - JAIL SERVICES

46-057 Oasis Street, Indio, CA 92201

Completion pending by Maura Fisher in 2013