

**SUBMITTAL TO THE BOARD OF SUPERVISORS
COUNTY OF RIVERSIDE, STATE OF CALIFORNIA**

122



FROM: Department of Mental Health

SUBMITTAL DATE:

July 10, 2014

SUBJECT: Mental Health Board Annual Report FY 13/14
(Dist: All/All) [\$0]

RECOMMENDED MOTION: That the Board of Supervisors receive and file the Mental Health Board Annual Report for the FY 13/14

BACKGROUND:

Summary

The Mental Health Board (MHB) serves as a liaison between the community, the Department of Mental Health, and the Riverside County Board of Supervisors. It is the function of the MHB, under the California Welfare and Institution (W&I) Code 5604.2 to review the services of the local mental health system and assess programs to make sure they meet the needs of our residents and ensure that citizens of Riverside County are provided with prompt, effective, efficient, and culturally competent community-based services. The MHB provides critical examination and review of services and proposes recommendations concerning delivery of services. (Background continued on page 2)

JW:LO

Jerry Wengerd

Jerry Wengerd, Director
Department of Mental Health

FINANCIAL DATA	Current Fiscal Year:	Next Fiscal Year:	Total Cost:	Ongoing Cost:	POLICY/CONSENT (per Exec. Office)
COST	\$ 0	\$ 0	\$ 0	\$ 0	Consent <input checked="" type="checkbox"/> Policy <input type="checkbox"/>
NET COUNTY COST	\$ 0	\$ 0	\$ 0	\$ 0	

SOURCE OF FUNDS: N/A

Budget Adjustment: No
For Fiscal Year: 13/14

C.E.O. RECOMMENDATION:

APPROVE

BY:

County Executive Office Signature

Jennifer L. Sargent

Jennifer L. Sargent

MINUTES OF THE BOARD OF SUPERVISORS

FORM APPROVED COUNTY COUNSEL
BY: *Leslie E. Murad II*
DATE: 7/9/14
Departmental Concurrence

Positions Added
 Change Order

A-30
 4/5 Vote

Prev. Agn. Ref.:

District: All/All

Agenda Number:

2-13

**SUBMITTAL TO THE BOARD OF SUPERVISORS, COUNTY OF RIVERSIDE, STATE OF CALIFORNIA
FORM 11: Mental Health Board Annual Report FY 13/14**

DATE: July 10, 2014

PAGE: 2 of 2

BACKGROUND:

Summary (continued)

As required under the W&I Code and the Riverside County Board of Supervisors, Policy A-21, the Mental Health Board respectively submits its annual report to the Board of Supervisors covering the needs and performance of the County's mental health system.

The MHB's commitment to their duties and responsibilities has always been met with cooperation and enthusiasm. The common goal of serving the mentally ill is, and always will be, the desire of the Riverside County Mental Health Board.

The MHB would like to take this opportunity to thank the Board of Supervisors for their continuing support related to the needs of the Department of Mental Health which, in turn, allows them to provide effective and efficient mental health services to the citizens of Riverside County.

Impact on Citizens and Businesses

The services described in the Mental Health Board Annual Report are a component of the Department's system of care aimed at improving the health and safety of consumers and the community.

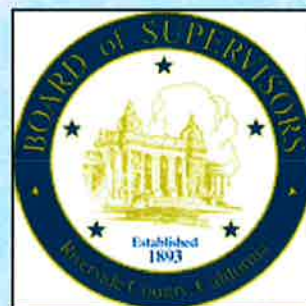
Riverside County

MENTAL HEALTH BOARD

Annual Report to the Board of Supervisors

07/01/2013 - 06/30/2014

Richard Divine, Chair



DISTRICT 1:	Kevin Jeffries
DISTRICT 2:	John Tavaglione
DISTRICT 3:	Jeff Stone
DISTRICT 4:	John Benoit
DISTRICT 5:	Marion Ashley

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INTRODUCTION

The Riverside County Mental Health Board (MHB) is committed to overseeing, evaluating, and reviewing the Riverside County Department of Mental Health's (RCDMH) delivery of services to people with mental illness residing within the county. It is the function of the MHB to ensure that citizens of Riverside County are provided with prompt, effective, efficient, and culturally competent community-based services. The MHB provides critical examination and review of services and provides recommendations concerning the delivery of services. With this purpose in mind, these examinations and reviews enable disabled adults, older adults, children at risk of mental disability, transition age youth, and people with substance use disorders to maintain an optimal level of personal and social functioning.

The MHB serves as a liaison between the community, the Department of Mental Health, and the Riverside County Board of Supervisors. The MHB consists solely of a group of consumer advocates whose aim is to educate, advocate for ready access to services, and guide consumers through the mental health system.

The MHB is committed to ensuring that culturally competent services are provided to people of all ethnic, cultural, racial, and linguistic backgrounds through program review and appropriate recommendations.

MISSION STATEMENT

(Adopted September 2002)

“The mission of the Riverside County Mental Health Board is to provide public, consumer, and family input into the planning process for mental health services and to assist the Riverside County Department of Mental Health in carrying out its mandated functions, to advocate as a united voice on mental health consumer issues, and to promote improvement in the quality, quantity, and cultural competency of mental health services delivered to the residents of Riverside County.”

**THE MISSION OF THE CALIFORNIA MENTAL
HEALTH MASTER PLAN**

(Passed as part of the Bronzan-McCorquodale Act of 1991)

“The mission of California’s mental health system shall be to enable persons experiencing severe and disabling mental illnesses and children with serious emotional disturbances to access services and programs that assist them, in a manner tailored to each individual, to better control their illness, to achieve their personal goals, and to develop skills and supports leading to their living the most constructive and satisfying lives possible in the least restrictive available settings.”

**Mental Health Board and
Desert Regional Board Chair**



Richard Divine



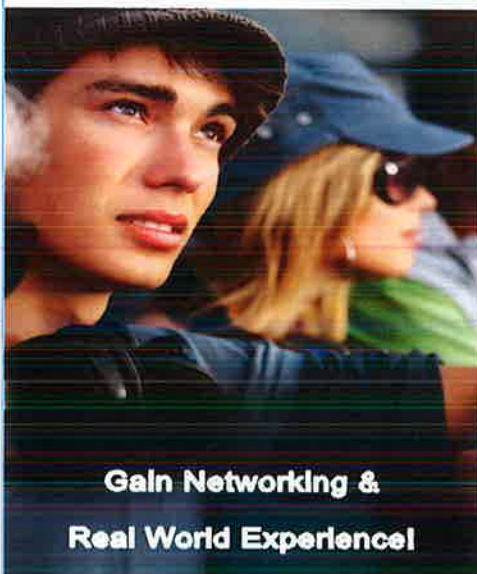
Phillip McKinnon, MHB Member, Georgia Smith, MHB Member, Jerry Wengerd, RCDMH Director, accepted the May is Mental Health Month proclamation from the Riverside County Board of Supervisors.

MENTAL HEALTH BOARD

RECRUITMENT EFFORTS

The Mental Health Board continually supports recruitment efforts and encourages new members to join the Board through a variety of methods that include community outreach and solicitation through a variety of venues. These include postings on the County Mental Health and Board of Supervisor’s websites, distribution of information at community events such as the annual May is Mental Health Month “Live Life Well” Fair and other community gatherings as well as through stakeholder groups such as the Consumer Wellness and Recovery Coalition.

Make a Difference in Your Community!
Join the Mental Health Board!



The Department of Mental Health is currently seeking volunteers to serve on the Riverside County Mental Health Board, and is searching for motivated individuals who want to make an impact on how mental health services are delivered in the County of Riverside.



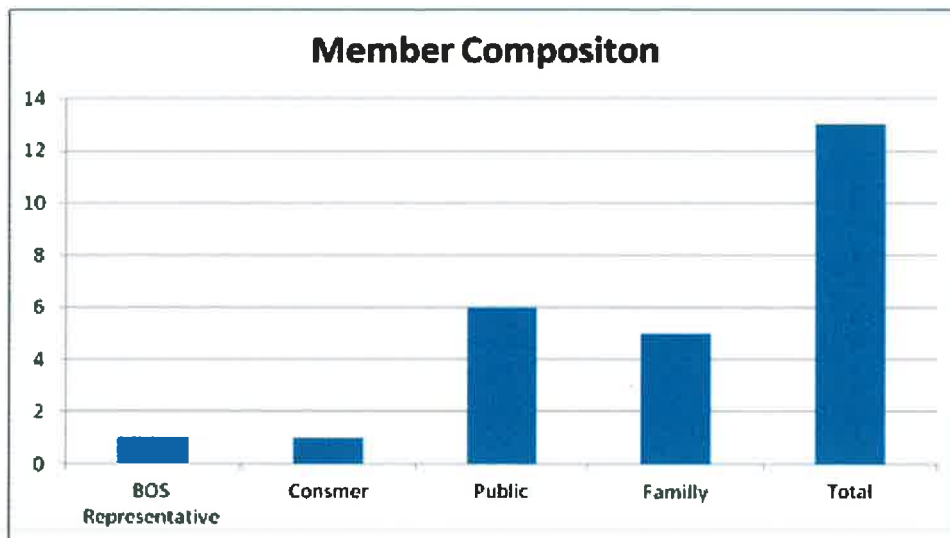
**For more information, contact:
Lisa Osipitan, Mental Health Board
Liaison (951) 955 - 7141**

Applications available at: www.rcdmh.org

COMPOSITION OF THE BOARD

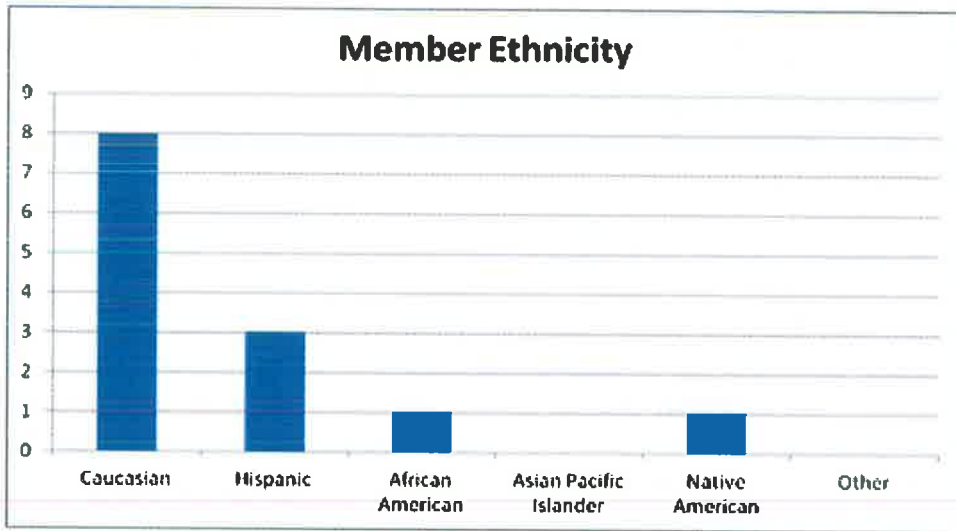
The Mental Health Board (MHB) for the County of Riverside shall consist of 15 members appointed by the Board of Supervisors in accordance with Welfare and Institutions Code, Section 5604, as amended by Chapter 1374. An additional member of the MHB will be a member of the Board of Supervisors or his/her formal designee. Fifty percent (50%) of the board membership shall be consumers, or the parents, spouses, siblings, or adult children of consumers who are receiving or have received mental health services. At least twenty percent (20%) of the total membership shall be consumers, and at least twenty percent (20%) shall be families of consumers. Each member of the Board of Supervisors shall appoint three persons from their district to the MHB.

The MHB for the County of Riverside also consists of three Regional Mental Health Boards: Western, Mid-County, and Desert. The purpose of the Regional Mental Health Boards is to serve in an advisory capacity to the Regional Managers and the MHB, and to ensure that all County mental health programs and services of the respective geographical areas are responsive to community needs. The Regional Boards convey the goals and programs of service to the community, and represent and serve as a two-way communication link between the regional service and the general public, key segments of the community, and geographic areas within the county. Each Regional MHB focuses on specific Supervisorial Districts. The Western Regional Board addresses Supervisorial Districts 1, 2 and parts of 5. The Mid-County Regional Board concentrates on Districts 1, 3, and parts of 5, and the Desert Regional Board focuses on District 4 and parts of 5.



MENTAL HEALTH BOARD

Meeting these requirements and increasing diversity are crucial objectives of the Riverside County MHB in order to best serve the community. The Riverside County MHB aims to appropriately represent the ethnic and cultural diversity of the County's client population.



2014 MENTAL HEALTH BOARD ROSTER

BOARD MEMBER	DATE APPOINTED	TERM EXPIRES	CATEGORY
Richard Divine, Chair	1997	2015	District 4, Family Member
Christina Salas, Vice-Chair	2007	2016	District 5, Public Member
Greg Damewood, Secretary	2011	2014	District 5, Family Member
Julie Crouch	2009	2016	District 1, Family Member
Walter T. Haessler, M.D.	2012	2015	District 1, Public Member
Patricia Carrillo	2013	2015	District 2, Family Member
Georgia Smith	2008	2015	District 2, Consumer Member
Phillip McKinnon	2014	2016	District 2, Public Member
Cynthia Clark	2014	2016	District 3, Public Member

MENTAL HEALTH BOARD

BOARD MEMBER	DATE APPOINTED	TERM EXPIRES	CATEGORY
Michael Harrington	2013	2015	District 3, Public Member
Carole Schaudt	2013	2016	District 4, Public Member
Jennifer Dunaway	2014	2016	District 5, Family Member
Opal Hellweg	N/A	N/A	District 3, BOS Representative

MENTAL HEALTH BOARD**2014 DESERT REGION MENTAL HEALTH BOARD
ROSTER**

BOARD MEMBER	DATE APPOINTED	TERM EXPIRES	CATEGORY
Richard Divine, Chair	1997	2016	Family Member
Janice Quinn, Vice Chair	1997	2015	Public Member
Mark Miller, Secretary	2002	2015	Public Member
Bonnie Gilgallon	2008	2015	Public Member
Sandra Neja	2010	2016	Family Member
Maura Fisher	2013	2016	Public Member
Marsha Drew	2010	2016	Consumer Member
Joseph Butts	2014	2016	Public Member
Katherine Heichel-Casas	2012	2015	Public Member
Michele Lawrence	2012	2015	Public Member
Carole Schaudt	2012	2016	Public Member
Jim Jones	2012	2015	Public Member
Floyd Rhoades	2012	2015	Public Member

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BOARD MEMBER	DATE APPOINTED	TERM EXPIRES	CATEGORY
Linda Wright	2012	2014	Public Member
Sharon Hjerpe	2013	2016	Family Member

**2014 MID-COUNTY REGIONAL MENTAL
HEALTH BOARD ROSTER**

BOARD MEMBER	DATE APPOINTED	TERM EXPIRES	CATEGORY
Gloria Hernandez, Chair	2005	2016	Consumer Member
Walter T. Haessler, M.D.	2012	2015	Public Member
George Middle	2008	2014	Public Member

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2014 WESTERN REGIONAL MENTAL HEALTH BOARD ROSTER

BOARD MEMBER	DATE APPOINTED	TERM EXPIRES	CATEGORY
Greg Damewood, Chair	1997	2015	Family Member
Agostino Riccardi, Vice Chair	2009	2014	Public Member
Patricia Carrillo , Secretary	2012	2015	Family Member
Caroline Martinez	2008	2014	Consumer Member
Jane Qui	2005	2016	Family Member

COMMITTEE REPORTS

The Mental Health Board (MHB) has developed many committees over the years that are tasked with assessing programs, their functions, and their effectiveness. Members of the MHB are elected as Committee Chairs. Below is a list of MHB committees.

- ◆ **Adult System of Care Committee**
- ◆ **Children's Committee**
- ◆ **Criminal Justice Committee**
- ◆ **Executive Committee**
- ◆ **Housing Committee**
- ◆ **Legislative Committee**
- ◆ **Older Adults System of Care Committee**
- ◆ **Veterans Committee**

An annual summary of each committees activities, submitted by the Committee Chairs, are included on the following pages.

Adult System of Care Committee

Mission Statement

“To promote, support, and advocate for high quality and culturally appropriate services for severely and persistently mentally ill adults and their families residing in Riverside County through formal recommendations.”

Goals

“To provide RCDMH and the MHB with feedback from community stakeholders, consumers, and family members about the mental health needs of adults and their families, to make recommendations about services to best meet the needs of adult consumers and their families, to provide input about policies and advise of necessary changes to existing policies to ensure the delivery of high quality and culturally competent services, to review performance outcomes of mental health programs to determine if they meet the goals of RCDMH, to improve coordination of services to consumers who receive services from multiple agencies and enhance interagency collaboration.”

The Adult System of Care (ASOC) Committee remained active and informed this past year. Through several presentations by Bill Brenneman, Mental Health Services Act (MHSA) Administrator, Janine Moore, Prevention and Early Intervention Administrative Services Manager, and Suzanna Juarez-Williamson, Research Supervisor, the ASOC Committee reviewed outcomes and provided feedback for the MHSA Three-Year Program and Expenditure Plan. Fortunately, all of RCDMH’s mental health programs have been meeting their respective goals. Accountability and timelines are appropriately being met.

A number of agencies continue to participate in and attend ASOC meetings, and report on their collaboration with MHSA efforts. However, despite ongoing efforts, the Committee continues to experience difficulty meeting the appropriate cultural and gender diversity composition, number of members, and consistent participation from existing members. As a result, recruitment efforts will be ongoing for the coming year.

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Georgia Smith, the ASOC Committee Chairperson, and Patricia Carrillo, Vice-Chair, regularly attend main MHB meetings and report all Committee information and suggestions to the MHB. Elaine Barron, Mental Health Services (MHS) Administrator and Liaison to the ASOC Committee, communicates all information, findings, and suggestions to RCDMH Administration. This ensures that all resolutions and recommendations are provided to both the MHB and RCDMH, and any necessary follow-up action can be taken, if needed. In turn, feedback is also provided to the ASOC Committee.

The Committee participated in monthly reviews of its Mission Statement, in an effort to invigorate its membership. This included discussions regarding roles and responsibilities and goal development. Workgroups for improving public transportation for persons carrying diagnoses and the provision of storage lockers for the homeless were formed. As a result, attendance at Committee meetings has increased. However, adequate formal membership on the Committee remains a challenge.

The Committee hosted presentations by Arlene Ferrer, from IEHP, on the State's Coordinated Care initiative; by Lynne Brockmeier, from HHOPE housing program; and by Rick Algarin from the Family Advocate Program. The Committee participated in NAMIWALKs, the May is Mental Health Month Fairmount Park event, the Desert Regional Art Show, the Perris Family Room Creativity Gallery/Family Fiesta, and the 2nd Annual Seams of Gold Event. May is Mental Health Month proclamations were received from the city councils of Jurupa Valley, Eastvale, and Corona and from the County Board of Supervisors. Three Committee members attended the "Mental Health Board 101" training, presented by the California Institute for Mental Health. In May various announcements were made, including NAMI's "Family to Family", "Peer to Peer", and "Provider Education" programs.

Respectfully submitted,

Georgia Smith, ASOC Chair, Patricia Carrillo, Vice-Chair, and
Elaine Barron, LCSW, Mid-County Mental Health Services (MHS) Administrator

Children's Committee

The Mental Health Board Children's Committee is a standing committee of the Riverside Mental Health Board. The committee is comprised of consumers, parents/caregivers of consumers, as well as public and private sector representation. The committee advocates for the needs of children who have been identified as or at risk of having emotional/behavioral challenges. Advocacy extends to their families and/or caregivers. Mental Health Children's Committee will present important issues to the Mental Health Board as well as involved agencies, encourage increased family/caregiver input, and network with local community agencies.

This year the Children's Committee spent a lot of time on the Mental Health Service Act (MHSA) plan and on the implementation of mandates from the Katie A vs. Bonta settlement for Riverside County which addresses the mental health needs for children who are dependents of Riverside County Child Welfare. We had numerous presentations, discussions, and agency reports. This year we also had a few MSW students who came to see our collaboration at work. We also had Angela Igrisan come on board as our new Western Regional Children's Administrator as Erllys Daily retired. We look forward to working with Angela for many years to come.

Presentations that we had for the last year were:

- ◆ Bill Brenneman & Janine Moore presented the 2nd of 3 parts regarding the 3 year plan for MHSA; Janine Moore gave overview on PEI Children's' programs;
- ◆ Suzanna Juarez-Williamson updated on current county demographics overview of CSS & PEI relevant to Children.
- ◆ Bill Brenneman did the 1st informational presentation on MHSA Expenditure Plan which would be implemented for the next 3 year re-evaluative plan; Suzanne Juarez-Williamson discussed MHSA annual plan on data for MHSA services which includes outcome measures and demographic information.
- ◆ Emma Girard (First Five) showed a slide presentation on TCIT (Teachers Child Interaction Training).

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- ◆ Dwayne George (Juvenile Justice) gave an overview of his program and shared the new processes they are involved with (Human Trafficking, PREA Act, etc).
- ◆ Erllys Daily reported on Katie A update – sub-committees have been formed for: Screening, Services, Fiscal, Data, and Training more information in September.
- ◆ RCDMH & RC Office of Education are discussing service issues regarding children held in Juvenile Hall with Individual Education Plans (IEPs) that need educationally related services and Lorie Lacey-Payne is contact for parents needing assistance and information on MH and Education services
- ◆ Angela Igrisan gave an update on Katie A: 5900 cases are open and phase 2 is ending and we are in phase 3 until the end of June when the 6 month report is due.
- ◆ RCDMH is looking at aspects of a Trauma Focused system of care which would include training for all staff, including support staff. It is in the discussion phase.
- ◆ Committee members were given a Public Health Survey – it was circulated for anyone to be able to have their voice heard.

Committee members also participated in several philanthropic activities throughout the year. For the beginning of the school year members helped mental health clinics with their “Fill a Backpack” drive. Backpacks were filled with the essentials that all children need when returning to school and they were given to the needy children who receive mental health services in the County so that they would be able to start the school year with all of the supplies that every child should have.

In total, 450 children received backpacks this year. 130 food baskets were assembled during the Thanksgiving season and members assisted mental health clinics to provide food baskets and/or gift certificates for food purchases to needy families throughout the community during the holiday.

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During the Christmas season committee members participated in the annual “Snowflake Banner”. Decorative snowflakes, displaying the names of the needy children who receive mental health services in the County, were displayed on the banner along with what gift they wanted for Christmas. Members selected a snowflake and purchased the gift for the child. In total 1231 “snowflake” gifts were distributed over the holiday season.

Respectfully submitted,

Julie Crouch, MHB Children’s Committee Chair, and
Angela Igrisan, Mental Health Services (MHS) Administrator

Criminal Justice Committee

Mission Statement

“To facilitate recovery of people who have a serious mental illness, in the Criminal Justice System, by enhancing programs in our community through collaborative efforts with involved County agencies, the community, the family, and other support systems”

Goals

“To address housing issues by increasing beds and augmenting Board and Care facilities, to provide Law Enforcement Personnel Training, to promote integration and collaborate with different agencies, to monitor competency programs, and improve safety in jails.”

Goals of the Criminal Justice Committee

1. Housing Issues: Increase Beds and Augment Board and Cares - To monitor and provide feedback regarding housing issues including detox, diversion beds such as short-term transitional residential program, board and care beds with or without special programs such as dual diagnosis.
2. Training for Law Enforcement Personnel - To monitor training provided to all Riverside County law enforcement and other agencies on crisis intervention. Work towards getting the training to more staff and other Law Enforcement agencies and expanding the training curriculum.
3. Promote Integration and Collaboration with Different Agencies – To work with different agencies in order to promote communication and collaboration.
4. Liberty Healthcare Program - To monitor the current return to competency program administered by Liberty Health and the Sherriff’s Department and bring forth any concerns for the benefit of the mentally ill inmates.
5. Safety in Jails – To discuss safety issues occurring in the jails involving mentally ill inmates and Detention Mental Health consumers with the goal of providing feedback, identifying trends and issues, and providing information to the appropriate persons with the goal of a safer incarceration period for mentally ill persons.

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The Criminal Justice (CJ) Committee currently has a total of twenty-six members and an average of twenty-one members regularly attend meetings. The Committee contains representation from a number of agencies including Mental Health Detention Services, Riverside County Sheriff's Department, the Probation Department, Public Defender's Office, National Alliance on Mental Illness (NAMI), Mental Health Peer Support Specialists, Western and Mid-County Mental Health Boards, and Detention Health Services. Consumers and family members also attend CJ Committee meetings. Throughout the past year, the CJ Committee was involved in a variety of activities and had a number of accomplishments.

Members participated in various events in Riverside County including the Substance Abuse "Recovery Happens" event which occurred on Saturday, September 27, 2014 at Fairmount Park, the American Heart Association's 2014 Heart and Stroke Walk at Jurupa Park, and the May is Mental Health "Live Life Well" event which took place on Thursday, May 22, 2014 also at Fairmount Park. Several Mental Health Court and Detention Services presentations were made to NAMI groups, and Committee members attended various NAMI events and meetings. Many Committee members attended the 2014 NAMI walk at Diamond Valley Lake in Hemet.

Housing Issues - The goal is to increase beds and augment board and care facilities. Individuals with mental illness and/or those with substance abuse issues who need residential placement are provided housing by the Riverside County Department of Mental Health (RCDMH), as needed. The Department has expanded some housing programs to meet the needs of the AB 109 population, additional housing options have recently been under review, and new housing is pending the final approval processes. Individuals are able to receive emergency housing, transitional housing, as well as short term rental assistance. Community Service Assistant staff are also providing supports in the residence with food stamp applications, bus passes, emergency food and hygiene packets as well as individual budgeting and menu planning included with grocery shopping and food purchases. More than 2,500 days of housing for an expected 150 AB 109 participants, homeless on the streets, are projected to be expended in this fiscal year.

Law Enforcement Collaborative - A committee of Mental Health/Riverside County Regional Medical Center professionals was created to continually review, revise, and present training to correctional and patrol employees of the Riverside County Sheriff and Police Departments. The main focus is to train all staff that may come into contact with mental health consumers, including dispatch and other law enforcement agencies throughout California. Currently, County, State, and Federal Police agency representatives have been trained. This training has been well received, and a permanent schedule for the Law Enforcement Personnel Training is in place. Deputy Sheriff and Police Officers from other counties and agencies have also attended the training. These include Fullerton, Brea, and Orange Counties, the Los Angeles Department of Defense, and Los Angeles Police and Sheriff Departments. Police and Sheriff sub-stations from the cities of Moreno Valley, Perris, Palm Desert, Indio, Blythe, Palm Springs, and Desert Hot Springs have also attended. The training includes panel discussions

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from the Mental Health Family Advocate Program and a presentation from NAMI. Furthermore, the training is certified by the Commission on Peace Officer Standards and Training (POST). Family Advocate representatives actively attended the training in the past and are now part of the Training Committee, which provides the training.

All committee representatives have reported that the Law Enforcement Personnel Training has been beneficial to both the community and to the law enforcement agencies. To date, approximately 1,000 individuals from the Sheriff's Department and 700 others from Police Departments have been trained.

Information System -The Electronic Management of Records (ELMR) Clinical Workstation was launched in July of 2012. Detention Services is a unique program and attempting to adjust to the new information system was difficult. However, over the last two years, the program has adjusted to the new ELMR system, and updates are provided at CJ Committee meeting.

AB 109 - The RCDMH recognizes that many of the individuals incarcerated in our county jails suffer from mental illness and substance-related conditions. We are committed to identify those individuals through comprehensive assessment, which includes investigation and review of individual and family history of mental illness, inpatient and outpatient treatment history, alcohol and other drug history, placement history, criminal history, including incarceration, parole, and probation. To insure that the client's symptoms are being addressed and to encourage adherence with treatment recommendations, in addition to the comprehensive assessment and follow-up by clinical staff, group activities such as (Anger Management, Seeking Safety, and Substance Abuse) are also offered.

In Detention, AB 109 individuals are currently housed in the five jails in Riverside County: Robert Presley Detention Center, Southwest Detention Center, Smith Correctional Facility, Indio Jail, and Blythe Jail. Robert Presley Detention Center in Riverside and Smith Correction Facility in Banning both have mental health staff available 24/7. There are currently thirteen AB 109 clinical therapist positions in Detention Services and Detention Mental Health Services are available at each of the five jails for all AB 109 inmates.

Out-of-custody AB 109 individuals are receiving outpatient treatment, referrals for placement and housing which includes detoxification, diversion, short-term transitional residential, board and care, and room and board thru the newly named "New Life" AB 109 clinics. The current "New Life" AB 109 Clinics are located in Riverside, Banning, Hemet, Cathedral City, and Blythe.

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The AB 109 Presentencing Realignment Exit Plan and Recommendation Program was started in May of 2013. This new program helps in the presentencing phase of the AB109 clients. Clients are referred by the court, and they are assessed and a treatment recommendation is given to the court for approval. To date this program has received a total of one hundred and six referrals from the court. Currently there are five clinical therapist positions dedicated to this program.

Mental Health Court - Mental Health Court has grown considerably, and there has been an expansion of staff in the Riverside office due to an increase in the number of referrals received from the Riverside County Public Defender and private attorneys. This past year the program added three Realignment-funded Clinical Therapist positions and two Realignment-funded Behavioral Health Specialist positions to the Riverside Mental Health Court to support a new Realignment (AB 109) Presentencing Program. Veterans' Court referrals have also increased and this past year and we have added one Clinical Therapist dedicated to the Veterans' Mental Health Court also supports the Misdemeanor Alternative Program (M.A.P.). Updates for MH Court, the new Realignment Presentencing Program, and M.A.P. are given at the CJ Committee Meeting.

Patton State Hospital Waiting List - The average wait time for a Patton State Hospital bed is approximately five weeks. Our waiting list has decreased from an average of 20 to an average of 18 individuals. The Liberty Healthcare Restoration of Competency (ROC) program that started in October 2013 has allowed clients to receive services upon sentencing, decreasing the waitlist or eliminating the need for restoration for those individuals who successfully complete the program. Additionally, we continue to partner with Long Term Care staff to place consumers at our contracted Institution for Mental Disease (IMD) in Sylmar, CA. The committee is updated on the Patton State Hospital waiting list at each committee meeting.

Respectfully submitted,
Greg Damewood, Criminal Justice Committee Chair, and
Deborah Johnson, Deputy Director, Forensics

Executive Committee

The Executive Committee of the Mental Health Board maintains the operations, establishes the agenda and meeting schedule for the Board. During the 2013/2014 year the Riverside County Mental Health Department has been outstanding in keeping the Mental Health Board informed of the inner-workings of the Department. During our scheduled meetings, we have many featured speakers which keep the Board apprised of the Departments programs and services.

The first speaker on our monthly Board agenda is customarily a participant or graduate from one of the Mental Health programs. They explain how they accessed the program, what went on during the training or program activities, and how it has affected their life. Almost all of the graduates and program participants are true success stories and it is a great opportunity to be allowed to interview them and hear their stories of recovery.

The next speaker on the Board agenda is typically a program or clinic manager that has been asked to explain their program. They explain how the program works, where it is located and answer any questions from the Board members. This time is spent giving the Board a chance to learn details about the programs and services available. The great feature of this time is that all Board members hear the report at the same time and can ask the many different questions that each individual members wants to know about the process and activities.

During the year, each Board member is asked to conduct one or more site visits at the various Mental Health service locations to review their activities and provide feedback and recommendations. The Regional Boards are also asked to conduct site visits and provide reports that are distinctive to their region. The Board tries to cover each clinic and or program at least once every two years. These reports give the Board an opportunity to receive a report on almost every clinic and/or service on a regular basis.

During our meetings, the MHSA Administrator, Mr. Bill Brenneman keeps the Board informed of the Mental Health Services Act (MHSA), and the programs and services provided under this funding source. MHSA, also referred to as Prop. 63, is a very important piece of legislature which has provided a great funding stream and given the Department the ability to add programs and services, additional clinics, as well as prevention and innovative programs.

Another report presented at the monthly Board meetings is from the Mental Health Director, Mr. Jerry Wengerd, on the state of the Department along with budget updates. This gives the Board a chance to hear of new programs, clinics, and services while they are still in the planning stages. It also affords the Board to learn the hierarchy of the Department and the comings and goings of key members of the Department staff. During this report, Board

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members get a chance to ask the Director questions and gain insight into the workings of the Department.

Under Prop 63, the MHB is mandated to hold Public Hearings on new programs or Annual Updates. Each program or update must be posted for public review for a minimum of thirty days before a public hearing can be held. The subject of this year's Public Hearing was the MHSA 3-Year Program and Expenditure Plan, and the hearing was hosted directly after our Mental Health Board meeting on May 7, 2014. This was the first Public Hearing that the Board has hosted where the entire meeting room was filled to capacity and the public exercised their right to make their thoughts, opinions, and recommendations known. After the public commentary and written suggestions, the Board had three volunteer Board members review the comments and make recommendations where necessary. Final approval for the plan was voted on and accepted at the Mental Health Board meeting held on June 4, 2014.

Riverside County covers a large geographical area and due to the County's size, three Regional Boards have been appointed to ensure that the MHB is kept informed and connected with all Riverside County citizens. The Regional Boards are located in the Western, Mid-County, and Desert Regions of our county. As Mental Health Board Chair, I would like to thank those members of the Regional Boards who make the Board aware of the community's needs by submitting monthly reports from their regions to the MHB.

As Chair, I am very pleased with the programs, services and the quality of information that we are provided. I take great pride in comparing Riverside County's Mental Health Department and the quality of the employees against any other California County Mental Health Department.

Respectfully submitted,

Richard A. Divine
Mental Health Board Chair

Housing Committee

The Mental Health Services Act (MHSA) provides specific funds for the purpose of creating permanent supportive housing for people that are homeless or at risk of homelessness and have a chronic, persistent, and disabling mental health condition. The Riverside County Department of Mental Health (RCDMH) has implemented a balanced county-wide strategy to ensure that housing opportunities for this population are provided across its three service delivery regions and that the housing opportunities address the specific housing needs of adults, older adults, and transition age youth (TAY). A total of 105 units of permanent supportive housing have been approved and funded under this program since funds were awarded in 2007, with 90 units being completed and occupied and 15 units currently under construction. MHSA units are generally occupied within thirty days of their availability, often much sooner, and maintain a near 100% occupancy rate.

The RCDMH has adopted a mixed tenancy model for implementing its permanent supportive housing program that is now operational in six different apartment communities across Riverside County. Locating MHSA permanent supportive housing units within existing affordable apartment communities provides a natural setting and partnership for RCDMH consumers. MHSA units are embedded within an affordable housing community and are scattered across the complex to avoid identification of MHSA units and consumers. All communities are staffed by a full-time case manager employed by the RCDMH. The case manager has a separate, on-site office that allows for meetings and discussions to take place privately with mental health consumers. The community room and common area facilities are also available to mental health consumers for learning sessions and group wellness and recovery activities. The following communities are currently open, staffed by a full-time case manager, and the embedded MHSA units are fully occupied:

- ◆ Rancho Dorado - A 150 unit community located in the City of Moreno Valley providing 15 MHSA units for all mental health consumers. Rancho Dorado opened in 2010.
- ◆ Vintage at Snowberry - A 224 unit senior community located in the City of Riverside providing 15 MHSA units for older adult mental health consumers. Vintage at Snowberry opened in 2011.
- ◆ Legacy - Located in Thousand Palms, this is a 75 unit community providing 15 MHSA units for all mental health consumers. Legacy held its grand opening in October 2012.
- ◆ The Vineyards at Menifee - An 80 unit senior community located in the City of Menifee providing 15 MHSA units for older adult mental health consumers. The Vineyards at Menifee held its grand opening in October 2012

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- ◆ Verbena Crossing – A 96 unit community located in the City of Desert Hot Springs providing 15 MHSA units for all mental health consumers. Verbena Crossing is a renovation of an existing apartment community that took place in 2012 – 2013 with units coming on line as they were renovated and completed. Renovation also included renovation and construction of new common areas and other amenities. All 15 MHSA units are currently occupied.
- ◆ Cedar Glen – A 78 unit community located in the City of Riverside providing 15 MHSA units for all mental health consumers. The community was opened in spring 2014. All 15 MHSA units are currently occupied.

The production of affordable housing units is a process that involves an extensive team of construction, development, finance, and legal professionals. This process often extends for a number of years and is accompanied by challenges, setbacks, and reversals along the way. External factors also play an important and decisive role in this effort. The changes and instability in the financial community in recent years, for example, accompanied by the elimination of redevelopment agencies as a source of gap funding for the development of affordable housing, have contributed to a slower pace in the production of new affordable housing and MHSA units. RCDMH has fully committed and expended its allocation of MHSA funds allocated for this purpose, bringing to an end the creation of new MHSA permanent supportive housing units despite a demonstrated and growing need for additional units and the success of this model of care. The following community containing 15 MHSA units is under construction and is the last effort being funded through MHSA permanent supportive housing funds:

- ◆ Perris Family Apartments - A 75 unit community located in the City of Perris providing 15 MHSA units for all mental health consumers. Occupancy is expected to begin in early 2015.

RCDMH is fortunate to be associated with a variety of development partners, including the Riverside County Economic Development Agency, a number of cities across Riverside County, and the County of Riverside itself (representing developments located in unincorporated areas). In addition, the developers of the affordable apartment communities in which the MHSA units are located represent a diverse group of not-for-profit and for-profit developers from Riverside County and northern California. All have extensive experience in the development of affordable housing and in the operation and management of apartment communities that serve special needs populations. These partnerships have been instrumental in the success of the MHSA permanent supportive housing program.

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RCDMH continues to operate two Safe Haven sites, which are housing programs that focus on engaging chronically homeless adults that suffer from severe mental illness and assisting them in accepting housing and support that will end the cycle of homelessness. Known as "The Place", located in Riverside and "The Path", which is on the campus of Roy's Resource Center in North Palm Springs, both facilities effectively use peer counselors to engage the most difficult to reach individuals to accept housing and, eventually, the other mental health supports that can help facilitate their recovery and wellness and maintain them in stable housing.

Each location offers a 24/7 Drop-In Center where drop-in guests can shower, receive food, do laundry and escape severe weather conditions. While there, the peer staff can establish contact to offer emergency housing, provide assistance in accessing benefits and offer referrals to other resources.

In addition, The Place and The Path each provide permanent supportive housing for twenty-five single adults. The onsite mental health staff, together with peer counselors, assist residents in more effectively managing their illness(es) and developing the life skills needed to secure transitional housing and be successful in maintaining long term housing.

During 2013 – 2014, The Place is projected to provide housing for 36 chronically homeless individuals. Of these individuals, 85% achieved housing stability (stable in housing for longer than 7 months) and 10,000 individuals are projected to be served in the 24/7 Drop-In Center. The Path is projected to provide housing for 38 chronically homeless individuals. Of these individuals, 82% achieved housing stability and 4,320 individuals are projected to be served in the 24/7 Drop-In Center.

The Mental Health Board (MHB) Housing Committee holds monthly meetings to review program activities, provide guidance on housing matters and new projects, and direct staff on emergent issues and concerns that impact RCDMH consumers. The Housing Committee members serve as key stakeholders in reviewing MHSA housing development projects. RCDMH staff provides monthly updates about grant-funded housing programs, including the HUD Shelter Plus Care program, the Permanent Supportive Housing and Safe Haven program grants, and the Emergency Food and Shelter Program grants.

RCDMH staff reported the following outcomes to the Housing Committee in 2013 – 2014:

- ◆ More than 2500 street outreach contacts are projected to be made to homeless individuals on the streets across the County, resulting in linkages and referrals being provided based on initial field assessments;
- ◆ More than 400 individuals and family members are projected to be placed and maintained in supportive housing and be provided with evidence-based supportive housing services to help maintain their housing stability;

MENTAL HEALTH BOARD

- ◆ More than 11,000 nights of emergency housing are projected to be provided, with 32% of those nights being provided to children and 12% of those nights being provided to individuals over 50 years of age; and
- ◆ Rental assistance is projected to be provided to more than 145 families, with 22% of the assistance benefiting children and 11% benefiting individuals over 50 years of age.

The pace of activity has been brisk in providing housing services to individuals impacted by AB 109 under the Governor's realignment program. A number of those released into local communities have serious and continuing mental health care needs and often face homelessness at the time of their release. The RCDMH has coordinated its activities with local authorities to intercept these individuals and integrate them into the County's system of care to the greatest extent possible. The DMH is projected to provide more than 7,700 nights of emergency housing to this population during 2013 – 2014.

RCDMH has an ongoing outreach effort to Veterans. This effort is staffed by 2 people who are Veterans and who have been trained to make contact with homeless veterans and link them with community services and resources at the Veterans Administration. The RCDMH recently assisted 32 Veterans, who had been homeless for several years, in securing VASH-funded and other types of stable housing.

Respectfully submitted,

Maria Marquez,
Deputy Director of Housing

MENTAL HEALTH BOARD

MHSA Permanent Supportive Housing Program Housing Projects in Development

CURRENT PROJECTS

Verbena Crossing Desert Hot Springs, CA

- ◆ 96 unit Family Apartment Community in Desert Hot Springs with 15 supportive housing units
- ◆ Scheduled to open in the summer/fall of 2013



Cedar Glen Riverside, CA



- ◆ 50 unit Family Apartment Community in the City of Riverside with 15 supportive housing units
- ◆ Scheduled to open in 2014



MENTAL HEALTH BOARD

MHSA Permanent Supportive Housing Program
Housing Projects in Development

FUTURE PROJECTS



**Perris Family Apartments,
Perris, CA**



MENTAL HEALTH BOARD

Legislative Committee

Mission Statement

“To bring the Mental Health Board abreast of all pertinent issues or topics currently being discussed in State and Government legislation”

Goals

“To keep the Mental Health Board informed of legislative activities whether Federal, State, or County”

“To advocate for legislation that would be beneficial to our clients”

The main goal of the Legislative Committee is to apprise the Mental Health Board of current proposed legislation, and make recommendations as to the position the Riverside County Mental Health Board should take on these issues. It is imperative that the Legislative Committee reports on legislation under review as early as possible so the Board is in the best position to advocate for our consumers.

Although the Legislative Committee does not hold regularly scheduled meetings, we ask that all Board members keep track of current legislation and issues that might affect mental health funding or mental health services.

This year, the Mental Health Board looked at issues concerning the 55+ communities and grandparents having to raise grandchildren in these neighborhoods. Currently, a significant number of these communities do not give the grandparents enough time to adequately find suitable alternative housing. There are time constraints that limit the amount of time they have to sell and close on their current homes and relocate. There have also been additional legislative issues brought before the Board for information and review throughout the year.

The Legislative Committee is actively recruiting additional members to monitor proposed legislation that affects the Department’s ability to deliver services to the clients of Riverside County. It is the Committee’s intent to be vigilant and advise the MHB of any changes to laws which can affect any of our existing programs, budgets, or proposed clinics.

Respectfully submitted,

Richard A Divine
Mental Health Board Chair

Older Adult System of Care Committee

Vision

“Our vision is to value self-determination and independence of the older adult and culturally diverse consumers. We value the pursuit of quality of life.”

Mission Statement

“To enable older adult consumers, who are significantly impaired by a mental illness, to access the services that will promote empowerment and recovery.”

Goals

“To reduce stigma and increase utilization of services through education and awareness, and to support the mission of RCMHD to provide high quality care to residents of the Western Region.”

Older Adults Services seeks to assist consumers in their recovery and to facilitate their maintaining a physically and emotionally healthy lifestyle, so they are able to remain in their home or community-based housing for as long as possible. Services are provided by a multi-disciplinary staff with specialized training in evaluating and addressing both mental illness and issues of aging.

The Older Adult System of Care (OASOC) Committee meets on a monthly basis with Board & Cares, other local agencies, consumers and staff to increase understanding, educate, and inform members of available services, to share common concerns, and to advocate and promote quality services for all consumers.

Guest speakers from different agencies give a 30-40 minute presentation on their area of expertise. Speakers from the Family Advocate, to the Deputy Director of Housing, and other partnering agencies, provide consumers, staff and others education and awareness in an effort to improve the quality of life for the older adult.

Staff in all regions participates in and promotes local events and health fairs to increase awareness of services and reduce stigma, including the Flying Doctors and the Live Life Well health fair.

Board and Care Committee: In the last fiscal year a quarterly meeting was re-initiated with Board and Care operators that manage Board and Cares for the elderly. The committee was created to improve the relationship between operators and consumers, to support and improve care of consumers and to meet licensing requirements.

Meetings are held at MH Administration and are well attended by operators and Case Managers who visit consumers on a regular basis.

An integral part of the Board and Care meeting is a guest speaker. Speakers have included the Ombudsman, Riverside Police, the supervisor for AMR and representatives from the Public Guardian and Riverside Payee Offices. Attendance has grown, with staff and Board and Care operators and consumers stating that it has improved relationships as well as care of consumers.

Evidence-Based Groups: Over the past year, both SMART and Wellness & Recovery have increased their number of evidence-based groups. Bridges and Recovery Management Groups today include:

- ◆ WRAP (Wellness Recovery Action Plan, run by Peers)
- ◆ Bridges (Life skills and recovery management, run by an OT and a BHS II)
- ◆ Recovery Management (Life skills, run by OT and BHS II)
- ◆ Innovations HeLP (Healthy Living Partnership)
- ◆ Co-occurring Disorder group (for consumers diagnosed with major mental illness and substance abuse issues)
- ◆ CBT group for depression (Cognitive Behavior Therapy, using the BDI to measure effectiveness)
- ◆ Exercise Group (PSS and BHS II take consumers to a swimming program, instituting PHQ 9 to measure effectiveness)
- ◆ Men's group for treatment of depression and anxiety
- ◆ In the early phases of a new Spanish Speaking CBT group for the treatment of depression

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- ◆ Summer sessions for Recovery Management (to utilize evidence-based practices to address healthy living, nutrition and exercise)

Respectfully submitted,

Agostino “Ric” Riccardi, Older Adult System of Care Committee Chair, and
James Ortego, Mental Health Services (MHS) Manager, Older Adult Services

Veterans Committee

Mission Statement

“To advise and foster a collaboration of veterans’ families’ and mental health support organizations to address and alleviate the mental health needs of veterans and their families, as well as, recommend and propose related services.”

Goals

“To To distribute a resource brochure, identifying service centers where information about benefits and services available to veterans and their families can be provided, and supplementing the existing pamphlet with a guide to local resources.

The Veterans’ Committee participates in VALOR’s “No Veteran Left Behind” Subcommittee with Riverside County. The Veterans Assistance Leadership of Riverside County (VALOR) initiative was approved by the Board of Supervisors in May, 2013. The goal is to “formulate a strategy that will ensure that all veterans who wish to help themselves will receive the appropriate services to receive attention to medical, mental health issues, workforce development training, job placement assistance, and affordable housing.” Priority is to end homelessness among the veteran population of Riverside County.

The Veterans’ Committee, in conjunction with the Department of Veterans’ Services, participated in several Legislative Breakfasts which brought local elected officials, veterans, community leaders, and other individuals together in an effort to exchange concerns and ideas. Guests of Honor included Supervisor Kevin Jeffries, Sheriff Stan Sniff, and others.

Veterans’ Committee member Douglas Tavira is on the Valor Health Care Subcommittee and is working on addressing the barriers vets have in terms of accessing health care such as transportation, especially for handicapped; verification of income; residence and citizenship; drug/substance abuse; mental health issues; etc.

On Nov. 6, 2013, Harold (Hal) Adams announced he was stepping down as Chairman of the Veterans’ Committee. He has been our Chairman for the past 4 years. He has dedicated his time and expertise to help improve and advance the lives of the mentally ill of Riverside County while volunteering as a member of the Riverside County Mental Health Board and standing Committees.

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On March 5, 2014, the Riverside County Department of Mental Health and the Riverside County Mental Health Board proudly presented Harold Adams with an “Award for Outstanding Service” in recognition of his years of dedication and commitment working with the mentally ill of Riverside County with an emphasis on helping veterans and their families receive the services/information they need and deserve.

On January 8, 2014, the Veterans’ Committee welcomed our new Chairman Walter T. Haessler, retired Psychiatrist, member of the Mid-County Regional Mental Health Advisory Board and Riverside County Mental Health Board.

On January 25, 2014, Veterans’ Committee members attended the Free Veterans Expo at the Beaumont Civic Center in Beaumont, open to all military, veterans, family, and friends. Information and resources were available about current benefits available to veterans and their family members.

The Veterans’ Committee participated in Riverside County’s 2014 Point-in-Time (PIT) Count of Homeless Veterans on January 29, 2014. This PIT Count will enable the VA, U.S. Department of Housing and Urban Development (HUD) and the County of Riverside to assess the current size and characteristics of our homeless veteran population in order to seek the additional resources needed to achieve the goal of preventing and ending homelessness among veterans in Riverside County by the end of 2015.

The Committee attended and participated in “RAVE” (Riverside Area Veterans Expo) sponsored by the Salvation Army Moreno Valley Corps on May 10, 2014 at California National Guard Armory on March Air Reserve Base. The purposes of this event are to inform veterans on the educational, medical, recreational and other benefits for which they qualify; to bring veterans together with regional stakeholders and agencies that specialize in the delivery of veterans services; and to allow veterans the opportunity to meet with elected officials at the State, County, and Local levels.

The Veterans’ Committee not only participated as an exhibitor but also helped in the preparation of “May is Mental Health Month.” It is a yearly Live Life Well Mental Health Fair that draws a crowd of over 500 community members each year. It has enjoyed increasing success and visibility over the past several years due to the creativity and dedication of Department of Mental Health Employees, volunteers, and exhibitors. Since 1949 Riverside County has joined with Mental Health professionals and advocates nationwide to proclaim: “May is Mental Health Month.” Scheduled for Thursday, May 22, 2014 at Fairmount Park in Riverside, there was free health screening, children’s activities, community information booths, and free food and entertainment.

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The Veterans' Committee continues to collaborate with the Veterans' Court. The mission of the Riverside County Veterans' Court is to provide an inter-agency, collaborative, treatment strategy for Veterans in the criminal justice systems who suffer from Post-Traumatic Stress Disorder (PTSD), Traumatic Brain Injury (TBI), psychological issues, sexual trauma, mental health, or substance abuse problems as a result of having served in the armed forces.

Douglas Tavira representing the Veterans' Committee participated as a presenter at the Riverside County Mental Health Board Public Hearing on the Mental Health Services Act 3-Year Program and Expenditure Plan for FY 14/15 held on May 7, 2014 at the Metro Training Room in Riverside. The seven points of concern were as follows:

1. Making available funding for rapid re-housing for veterans in danger of being homeless.
2. Funding for obtaining California State ID's, birth certificates, Social Security cards, and bus passes.
3. Riverside County Department of Mental Health (RCDMH) drafting a policy on what discharge category and other circumstances would qualify a Veteran for services within RCDMH.
4. Development of a Veterans' benefits training for RCDMH staff.
5. Making resource literature available to all clinics (e.g. War is Hell pamphlet and Pocket Resource guides).
6. The addition of a Veterans' Behavioral Health Specialist and Peer Support Specialist working within the outpatient clinic system.
7. Additionally a floating Veterans' clinical therapist position to add to the outpatient multidisciplinary services team (BHS II & PSS).

Respectfully submitted,

Dr. Walter T. Haessler, and
David Schoelen, Mental Health Services (MHS) Administrator/
Workforce Education and Training (WET) Coordinator

MENTAL HEALTH BOARD

WESTERN REGIONAL MENTAL HEALTH BOARD

Greg Damewood,
Western Regional Board Chair

Angela Igrisan
Western Region Mental Health Services (MHS) Administrator

Mission Statement

“To support the Mental Health Board Mission with our input, voice, advocacy, and promotion of quality services for the culturally diverse communities of Western Region.”

Goals

“To reduce stigma and increase utilization of services through education and awareness, and to support the Mission of Riverside County Department of Mental to provide high quality care to residents of Western Region.”

The Western Regional Board (WRB) members participated in the National Alliance on Mental Illness (NAMI) Walk and in a number of other community activities throughout the year. Members supported the event by fund-raising, walking, and volunteering on the day of the event. In addition, a WRB member has been a facilitator for NAMI Family-to-Family groups in the Riverside area.

Board members also volunteered at the Local Elks Lodge serving Holiday meals to seniors, and participated in the May Is Mental Health Month “Live Life Well” event at Fairmont Park.

The WRB insures that the regional board’s perspective and concerns are presented by participation in various department committees. Participants report back to the WRB to keep members current as to activities within the various committees.

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WRB members conducted site visits to better understand program services and needs. Members were assigned to complete site visits, prepare reports on their findings/suggestions, and submit them to the main MHB. Site visits completed by WRB members include Art Works, Blaine Street Clinic, CalWORKS-GAIN, Children Treatment Services (CTS), Corona Parent Child Interaction Therapy (PCIT), Crisis Services: Riverside County Regional Medical Center, Detention/Forensic Administration, Family Adolescent and Children's Treatment of Corona (FACT), Jefferson Wellness Center, Main Street Adult Services, Mental Health Court, Moreno Valley Parent Child Interaction Therapy (PCIT), Multi-Dimensional Treatment Foster Care (MTFC), Pre-School 0-5 Program, Recovery Innovations-Peer Support and Resource Center, Riverside County Regional Medical Center Inpatient Treatment Facility (ITF), Recovery Learning Center, Specialty Multi-Disciplinary Aggressive Response Team (SMART), The Journey Transition Age Youth (TAY) Full Service Partnership Program, Therapeutic & Residential Assessment & Consultation, Tyler Village Wellness & Recovery Clinic for Mature Adults, and the Western Region Multi-Dimensional Family Therapy (MDFT).

Respectfully submitted,

Greg Damewood, Western Regional Board Chair, and
Angela Igrisan, Mental Health Services (MHS) Administrator

MENTAL HEALTH BOARD

MID-COUNTY REGIONAL MENTAL HEALTH BOARD

Gloria Hernandez
Mid-County Regional Board Chair

Elaine Barron, LCSW
Mid-County Mental Health Services (MHS) Administrator

Mission Statement

“To support the Mental Health Board Mission with our input, voice, advocacy, and promotion of quality services for the culturally diverse communities of Western Region.”

Goals

“To reduce stigma and increase utilization of services through education and awareness, to support the mission of RCDMH to provide recovery oriented services to empower members of the Mid-County Region to achieve greater independence, to advise the Mid-County Region and the Main Mental Health Advisory Board, and to promote Board Membership.”

Throughout the past year, the Mid-County Regional Board (McRB) has been active through monthly board meetings and numerous activities. The Board holds meetings each month at various clinics and mental health programs throughout the Region to enhance members’ understanding of the locations and services in the various communities within the Mid-County Region. McRB members also participated on subcommittees of the main Mental Health Board (MHB), including the Membership, Criminal Justice, Housing, Adult System of Care, Legislative, and Veteran’s subcommittees and attended monthly meetings.

Several members of the McRB participated in the National Alliance on Mental Illness (NAMI) Walk which was held on November 2, 2013, at Diamond Valley Lake in Hemet.

McRB members also participated in the May is Mental Health Month “Live Life Well” event, sponsored by the Riverside County Department of Mental Health (RCDMH) and the Mental Health Board (MHB), which was held on Thursday, May 22, 2014, at Fairmount Park in

MENTAL HEALTH BOARD

Riverside. Board members promoted the event and attended various city council meetings during the months of April and May, 2014, to accept proclamations from various cities, including Canyon Lake, Lake Elsinore, Hemet, Menifee, Murrieta, Perris, San Jacinto, Temecula, and Wildomar. All proclamations were displayed to the community at the May is Mental Health Month “Live Life Well” event.

Several McRB members participated in the Perris Family Room Clinic’s “Creativity Gallery/Family Fiesta” event held on Tuesday, November 5, 2013. In addition, a McRB member sponsored a booth at Canyon Lake’s “Fiesta Days” event, held on Saturday, May 24, 2014, for Recovery Innovations, Inc., where stigma reduction literature and other mental health resource information were distributed.

McRB members were also very active during the holiday season and provided gift card donations for several holiday projects. Once collected, these donations were presented to consumers of the Perris Family Room, Hemet Mental Health Clinic, and Temecula Mental Health Clinic locations.

Each month, a McRB representative is present at the main MHB meetings, to obtain information and to provide Mid-County information. The Board also reviewed and provided feedback for the Mental Health Services Act Three-Year Program and Expenditure Plan.

Throughout the year, the Board recruitment efforts included making announcements at the Temecula NAMI meetings, reviewing the mission statement at most monthly meetings, participating in the Hemet NAMI Annual Christmas Party, enlisting community involvement as various community members expressed comments and/or concerns about mental health services, and accepting May is Mental Health Month proclamations from various Mid-County City Councils.

Two members attended the “Mental Health Board 101” training held on Saturday, April 26, 2014, hosted by California Institute for Mental Health (CiMH).

The McRB became informed about numerous mental health related topics and heard presentations, including the County’s AB109 (a.k.a., “New Life”) program, the Department’s “Pathways to Success” (vocational) program and the Department’s “Pets Assisting in Recovery” (PAIRS) program. At meetings, announcements were made about upcoming “Family-to-Family” (including in Spanish), “Educate, Equip, and Support” (EES), and “Triple P” (parenting, including in Spanish) classes.

The McRB also distributed the “Guide to (Mental Health) Services” and “Prevention and Early Intervention” brochures to the public and participated in the summer “Fill a Backpack” project, in the Perris Family Room Open House, and in the “Seams of Gold” conference. One Board member received an award for his community contributions, by the Menifee Chamber of Commerce.

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The McRB has completed a number of site visits during the past year. These include visits to the San Jacinto Children's Mental Health Clinic, Mid-County Multi-Dimensional Family Therapy (MDFT) program, ANKA Full Service Partnership (FSP) program, Mental Health Court, CalWORKs/GAIN-Lake Elsinore program and the Perris Family Room Clinic. Several other site visits are planned for the remainder of the fiscal year.

Respectfully submitted,

Gloria Hernandez, Mid-County Board Chair, and
Elaine Barron, LCSW, Mid-County Mental Health Services Administrator

MENTAL HEALTH BOARD

DESERT REGIONAL MENTAL HEALTH BOARD

Richard Divine,
Desert Regional Board Chair

James Grisham
Desert Region Mental Health Services (MHS) Administrator

Mission Statement

“To continue to build upon the success of the “May is Mental Health Month” Creative Writing and Art Show, establish full Board capacity and make sure recruited board members represents the populace of the Desert Region, make the community aware of the services offered in the Desert Region, ensure that these programs meet the community’s needs, and educate the public about and reduce the stigma attached to mental illness.”

Goals

“To continue to build upon the success of the “May is Mental Health Month Creative Writing and Art Show,” to fill the Board to full capacity with members who represents the populace of the Desert Region, to make the community aware of the services offered in the Desert Region, to make sure that these programs meet the community’s needs, to educate the public about stigma attached to mental illness.”

The Desert Regional Board (DRB) is one of three Regional Boards located throughout Riverside County. Because the County of Riverside is such a large geographical area, the Mental Health Board established the three Regional Boards to act a liaison between the citizens of each region and the main Mental Health Board. The Desert Region covers from Calimesa, through Banning and Beaumont, the Coachella Valley and east as far as Blythe.

This year the Mental Health Department Desert Regional Manager, David Lundquist, retired after 26 years of service to our community. He will be missed by all the Board members and we wish him all the best in his retirement. The new Regional Manager, Jim Grisham, has taken over the operations and is running at full speed within just a few months. The Board welcomes Jim and will do everything in its power to make his transition as seamless as possible.

MENTAL HEALTH BOARD

Membership of the Desert Board has stayed constant, with a few members leaving and replacements quickly brought on board. This is a very active board, with members from all walks of life. The Board is striving to establish a more culturally diverse membership and is supporting outreach to various communities and organizations.

During the months of April and May, the DRB members attended our various city council meetings to accept "May is Mental Health Month" proclamations. Most city councils have afforded time for the Board member to discuss mental illness with the goal to reduce stigma and inform the audience of the various programs and services the Mental Health Department provides.

"May is Mental Health Month" is celebrated across the Country and certainly throughout our Desert Region. The DRB has chosen to sponsor a Creative Writing and Art Show; and in 2014 we celebrated our 11th year for this event. Once again, the Art Show was hosted by the Coachella Valley Art Center. We give a special thanks to Mr. Bill Schinsky from the Art Center, as this year he professionally hung 72 pieces of art and each of the placements were exceptional. Special thanks are also given to Dr. Janice Quinn, Mark Miller, and Regional Director Jim Grisham for their continuing efforts in making this show a huge success. In attendance this year were Board of Supervisor John Benoit as well as local city council members.

The Board members pride themselves in attending many community meetings and functions to keep up with what is happening in our region and in turn we have begun to have more citizens attend our meetings. This Board believes it is very important to open dialogues with as many community boards and services organizations to truly keep informed about what is happening in our region.

The Desert Regional Board wishes to thank the Riverside County Mental Health Department, especially the regional staff, for the quality and range of services provided to the Desert Region.

Respectfully submitted,

Richard Divine, Desert Regional Board Chair and
James Grisham, Desert Region Mental Health Services (MHS) Administrator

MENTAL HEALTH BOARD

MAIN MENTAL HEALTH BOARD & WESTERN REGIONAL MENTAL HEALTH BOARD

SITE REVIEWS

The following Site Reviews were completed by the Riverside County
Main Mental Health & Western Regional Mental Health Boards.
2013- 2014

The goal of the Mental Health Board and its regional advisory boards is to visit all service locations within a two year time period to assess the community's mental health needs, to evaluate the extent to which these needs are being met, and to make any necessary recommendations in regard to policy and procedural matters.

BLAINE STREET ADULT CLINIC

769 Blaine Street, Suite B, Riverside, CA 92507

Reviewed by Greg Damewood on 03/25/14

MAIN STREET ADULT SERVICES

629 N. Main Street, Suite C-3, Corona, CA 92880

Reviewed by Patricia Carrillo on 06/17/13

RECOVERY LEARNING CENTER (RLC)

9990 County Farm Road, Suite 5, Riverside, CA 92503

Reviewed by Patricia Carrillo on 02/10/14

"THE PLACE" SAFEHAVEN PROGRAM - RECOVERY INNOVATIONS

2800 Hulen Place, Riverside, CA 92507

Completion pending by Caroline Martinez in 2014

RECOVERY INNOVATIONS PEER SUPPORT & RESOURCE CENTER

3839 Brockton Avenue, Riverside, CA 92501

Reviewed by Patricia Carrillo on 02/17/14

ART WORKS

3741 Sixth Street, Riverside, CA 92501

Reviewed by Greg Damewood on 03/25/14

JEFFERSON WELLNESS CENTER

1827 Atlanta Avenue, Suite D3, Riverside, CA 92507

Reviewed by Julie Crouch on 12/11/13

THE JOURNEY TRANSITION AGE YOUTH (TAY) FSP PROGRAM

771 Blaine Street, Suite D, Riverside, CA 92501

Reviewed by Dr. Haessler on 10/08/13

HOMELESS HOUSING PARTNERSHIP & EDUCATION (HHOPE)

769 Blaine Street, Suite A, Riverside, CA 92507

Completion pending by Caroline Martinez in 2014

CHILDREN'S TREATMENT SERVICES (CTS)

3125 Myers Street, Riverside, CA 92503

Reviewed by Patricia Carrillo on 05/14/13

FAMILY, ADOLESCENT, & CHILDREN'S TREATMENT OF CORONA (FACT)

1195 Magnolia Avenue, Corona, CA 92879

Reviewed by Patricia Carrillo on 06/17/13

WESTERN REGION MULTI-DIMENSIONAL FAMILY THERAPY (MDFT)

3125 Myers Street, Riverside, CA 92503

Reviewed by Christina Torres on 02/05/13

MULTIDIMENSIONAL TREATMENT FOSTER CARE (MTFC)

3125 Myers Street, Riverside, CA 92503

Reviewed by Patricia Carrillo on 05/14/13

WESTERN WRAPAROUND PROGRAM

3125 Myers Street, Riverside, CA 92503

Completion pending by Christina Torres in 2014

MENTAL HEALTH BOARD

THERAPEUTIC & RESIDENTIAL ASSESSMENT & CONSULTATION (TRAC) TEAM

3125 Myers Street, Riverside, CA 92503

Completion pending in 2015

ASSESSMENT AND CONSULTATION TEAM (ACT)

3125 Myers Street, Riverside, CA 92503

Completion pending by Christina Torres in 2014

PRE-SCHOOL 0-5 PROGRAM INCREDIBLE KIDS (IK)

9990 County Farm Road, Riverside, CA 92503

Completion pending by Caroline Martinez in 2014

PRE-SCHOOL 0-5 PROGRAM - PARENT CHILD INTERACTION THERAPY (PCIT)

3075 Myers Street, 1st Floor, Riverside, CA 92503

Completion pending by Caroline Martinez in 2014

MORENO VALLEY PARENT CHILD INTERACTION THERAPY (PCIT)

23119 Cottonwood Avenue, Bldg A, Suite 110, Moreno Valley, CA 92553

Reviewed by Ric Riccardi in 2013

CORONA PARENT CHILD INTERACTION THERAPY (PCIT)

1195 Magnolia Avenue, Corona, CA 92879

Reviewed by Julie Crouch in 2013

TREATMENT FACILITY (ITF)

3075 Myers Street, 1st Floor, Riverside, CA 92503

Reviewed by Jane Qui in 2013

**CRISIS SERVICES: RIVERSIDE COUNTY REGIONAL MEDICAL CENTER
EMERGENCY TREATMENT SERVICES (ETS)**

9990 County Farm Road, Suite 2, Riverside, CA 92503

Reviewed by Christina Salas & Hal Adams in 2013

LONG TERM CARE (LTC) PLACEMENT

9890 County Farm Road, Suite A, Riverside, CA 92503

Completion pending by Julie Crouch in 2014

CALWORKS/GAIN - JURUPA

5391 Mission Blvd, Riverside, CA 92509

Reviewed by Patricia Carrillo on 03/03/14 (Norco CALWORKS/GAIN)

Note: Reviews alternate between locations providing the same programs.

One CALWORKS/GAIN location in the region will be reviewed every 2 years.

MENTAL HEALTH BOARD

CALWORKS/GAIN - NORCO

3178 Hammer Avenue, Norco, CA 92860

Reviewed by Patricia Carrillo on 03/03/14 (Norco CALWORKS/GAIN)

Note: Reviews alternate between locations providing the same programs.
One CALWORKS/GAIN location in the region will be reviewed every 2 years.

CALWORKS/GAIN - LA SIERRA

11060 Magnolia Avenue, Riverside, CA 92505

Reviewed by Patricia Carrillo on 03/03/14 (Norco CALWORKS/GAIN)

Note: Reviews alternate between locations providing the same programs.
One CALWORKS/GAIN location in the region will be reviewed every 2 years.

TYLER VILLAGE WELLNESS & RECOVERY CLINIC FOR MATURE ADULTS

10182 Indiana Avenue, Riverside, CA 92503

Reviewed by Georgia Smith on 03/28/14

SPECIALTY MULTIDISCIPLINARY AGGRESSIVE RESPONSE TEAM (SMART)

10182 Indiana Avenue, Riverside, CA 92503

Reviewed by Georgia Smith on 03/28/14

PUBLIC GUARDIAN

3190 Chicago Avenue, Riverside, CA 92507

Completion pending by Richard Divine in 2014

DETENTION SERVICES ADMINISTRATION

3833 10th Street, Riverside, CA 92501

Reviewed by Jane Qui on 04/22/13

ROBERT PRESLEY DETENTION CENTER - JAIL SERVICES

4000 Orange Street, Riverside, CA 92501

Completion pending in 2014

MENTAL HEALTH COURT

3833 10th Street, Riverside, CA 92501

Reviewed by Jane Qui on 04/22/13

MENTAL HEALTH BOARD

Site Reviews

Completed by the Riverside County Mid-County Regional Mental Health Board 2013- 2014

SAN JACINTO CHILDREN'S MENTAL HEALTH CLINIC

950 Ramona Blvd., Suite #2, San Jacinto, CA 92582

Reviewed by Sandra Gregston on 06/21/13

TEMECULA CHILDREN'S MENTAL HEALTH

41002 County Circle Drive, Suite #320, Temecula, CA 92591

Completion pending by Michael Harrington in 2014

MORENO VALLEY CHILDREN'S INTERAGENCY PROGRAM (MVCIP)

23119 Cottonwood Ave., Bldg. A, Suite #110, Moreno Valley, CA 92553 Reviewed by Julie Crouch and Ric Riccardi in 2013

HEMET MENTAL HEALTH CLINIC

650 N. State Street, Hemet, CA 92543

Completion pending by Dr. Haessler in 2014

LAKE ELSINORE CHILDREN'S MENTAL HEALTH CLINIC

31946 Mission Trails, Suite B, Lake Elsinore, CA 92530

Completion pending by Christina Torres in 2014

MULTI-DIMENSIONAL FAMILY THERAPY (MDFT) PROGRAM

1688 N. Perris Blvd., Suite #L1, Perris, CA 92571

Reviewed by Virginia Marshall on 08/08/13

LAKE ELSINORE MULTI-DIMENSIONAL FAMILY THERAPY (MDFT) PROGRAM

31946 Mission Trails, Suite B, Lake Elsinore, CA 92530

Reviewed by Virginia Marshall on 08/08/13

LAKE ELSINORE PARENT CHILD INTERACTION THERAPY (PCIT) PROGRAM

31946 Mission Trails, Suite B, Lake Elsinore, CA 92530

Completion pending by Christina Torres in 2014

ANKA - FULL SERVICE PARTNERSHIP (FSP) PROGRAM

31946 Mission Trails, Suite B, Lake Elsinore, CA 92530

Reviewed by Chris Halliday in 2013

RECOVERY INNOVATIONS PEER SUPPORT & RESOURCE CENTER

351 Wilkerson Ave., Suite W, Perris, CA 92570

Completion pending in 2014

VICTOR COMMUNITY SUPPORT SERVICES/TRANSITIONAL AGE YOUTH (TAY) PROGRAM

555 North Perris Blvd., Building A, Perris, CA 92571

Reviewed by Virginia Marshall on 04/22/13

MISSION TRAIL WELLNESS & RECOVERY CLINIC FOR MATURE ADULTS

31946 Mission Trail, Suite B, San Jacinto, CA 92530

Completion pending by George Middle in 2014

SAN JACINTO WELLNESS & RECOVERY CLINIC FOR MATURE ADULTS

1370 S. State Street, Suite B, San Jacinto, CA 92583

Completion pending in 2014

SOUTHWEST DETENTION CENTER - JAIL SERVICES

30755 - B Auld Road, Murrieta, CA 92563

Reviewed by Dr. Haessler on 01/08/13

MENTAL HEALTH COURT

30755 - B Auld Road, Murrieta, CA 92563

Reviewed by Dr. Haessler on 10/25/13

PERRIS ADULT MENTAL HEALTH CLINIC

1688 N. Perris Blvd. Suite L7-L11, Perris, CA 92571

Reviewed by Sandra Gregston on 02/03/14

CALWORKS/GAIN - HEMET

541 North San Jacinto Avenue, Hemet, CA 92543

Reviewed by Chris Halliday on 09/03/13 (Hemet CALWORKS/GAIN)

Note: Reviews alternate between locations providing the same programs.

One CALWORKS/GAIN location in the region will be reviewed every 2 years.

MENTAL HEALTH BOARD

CALWORKS/GAIN - LAKE ELSINORE

1400 W. Minthorne Avenue, Lake Elsinore, CA 92530

Reviewed by Chris Halliday on 09/03/13 (Hemet CALWORKS/GAIN)

Note: Reviews alternate between locations providing the same programs.

One CALWORKS/GAIN location in the region will be reviewed every 2 years.

CALWORKS/GAIN - MORENO VALLEY

23119 Cottonwood Avenue, Bldg B, Moreno Valley, CA 92553

Reviewed by Chris Halliday on 09/03/13 (Hemet CALWORKS/GAIN)

Note: Reviews alternate between locations providing the same programs.

One CALWORKS/GAIN location in the region will be reviewed every 2 years.

CALWORKS/GAIN - PERRIS

351 Wilkerson Avenue, Suite D, Perris, CA 92570

Reviewed by Chris Halliday on 09/03/13 (Hemet CALWORKS/GAIN)

Note: Reviews alternate between locations providing the same programs.

One CALWORKS/GAIN location in the region will be reviewed every 2 years.

Site Reviews
Completed by the Riverside County
Desert Regional Mental Health Board
2013 - 2014

BANNING MENTAL HEALTH CLINIC

1330 West Ramsey St, Ste. 100, Banning, CA 92220
Reviewed by Floyd Rhodes on 01/24/14

BLYTHE MENTAL HEALTH CLINIC

1297 West Hobsonway, Blythe, CA 92225
Completion pending in 2014

INDIO MENTAL HEALTH CLINIC - CHILDREN

47-825 Oasis Street, Indio, CA 92201
Completion pending by Maura Fisher in 2014

INDIO MENTAL HEALTH CLINIC - ADULTS

47-825 Oasis Street, Indio, CA 92201
Reviewed by Jim Jones on 02/17/14

INDIO MULTI-DIMENSIONAL FAMILY THERAPY (MDFT)

47-825 Oasis Street, Indio, CA 92201
Completion pending in 2014

INDIO WRAPAROUND PROGRAM

47-825 Oasis Street, Indio, CA 92201
Completion pending in 2014

OASIS CRISIS SERVICE (OCS) OASIS REHABILITATION CENTER

47-915 Oasis Street, Indio, CA 92201
Completion pending in 2014

OASIS REHABILITATION CENTER/HARMONY CENTER

81-840 Avenue 46, Suite 106-107, Indio, CA 92201
Reviewed by Floyd Rhodes on 01/03/13

MENTAL HEALTH BOARD

OASIS REHABILITATION CENTER/TAY

81-840 Avenue 46, Suite 106-107, Indio, CA 92201
Reviewed by Katherine Heichel-Casas on 01/31/14

THE PATH" SAFEHAVEN PROGRAM

19351 McLane St., Palm Springs, CA 92262
Completion pending in 2014

DESERT ADULT FULL SERVICE PARTNERSHIP (FSP)

19351 McLane St., Suite B, Palm Springs, CA 92262
Reviewed by Carole Schaudt on 03/11/13

MILESTONES ADULT RESIDENTIAL BOARD & CARE FACILITY

82485 Miles Avenue, Indio, CA 92201
Completion pending in 2014

CATHEDRAL CANYON WELLNESS & RECOVERY CLINIC FOR MATURE ADULTS/ SMART PROGRAM

68-625 Perez Rd., Suite 11, Cathedral City, CA 92234
Completion pending in 2014

SMITH CORRECTIONAL FACILITY - JAIL SERVICES CORRECTIONAL FACILITY- BANNING

1627 S. Hargrave, Banning, CA 92220
Completion pending in 2014

INDIO JAIL - JAIL SERVICES

46-057 Oasis Street, Indio, CA 92201
Completion pending in 2014