

**SUBMITTAL TO THE BOARD OF SUPERVISORS  
COUNTY OF RIVERSIDE, STATE OF CALIFORNIA**

972



**FROM:** Department of Mental Health

**SUBMITTAL DATE:**  
December 10, 2012

**SUBJECT:** Memorandum of Understanding with the University of Washington Health Promotion Research Center (Dist: All/All)

**RECOMMENDED MOTION:** Move that the Board of Supervisors:

1. Ratify the Memorandum of Understanding with the University of Washington Health Promotion Research Center;
2. Authorize the Chairman of the Board to sign the Memorandum of Understanding; and
3. Authorize the Director of Mental Health to enter into Amendments for the duration of the Memorandum of Understanding.

**BACKGROUND:** The University of Washington Health Promotion Research Center (UW HPRC) is collaborating with the Center for Disease Control and Prevention's Prevention Research Centers to study the fidelity of the Program to Encourage Active and Rewarding Lives for Seniors (PEARLS). The PEARLS is a Prevention and Early Intervention (PEI) program of the Mental Health Services Act (MHSA), offered through the Department's Older Adult Services.

(continued pg. 2)

FORM APPROVED COUNTY COUNSEL  
BY: Elina Roeva DATE: 12-4-12 Departmental Concurrence

JW:LS

\_\_\_\_\_  
Jerry Wengard, Director  
Department of Mental Health

<b>FINANCIAL DATA</b>	Current F.Y. Total Cost:	\$ 0	In Current Year Budget:	Yes
	Current F.Y. Net County Cost:	\$ 0	Budget Adjustment:	No
	Annual Net County Cost:	\$ 0	For Fiscal Year:	2012/2013 & 2013/2014

<b>SOURCE OF FUNDS: 100% Federal</b>	<b>Positions To Be Deleted Per A-30</b>	<input type="checkbox"/>
	<b>Requires 4/5 Vote</b>	<input type="checkbox"/>

**C.E.O. RECOMMENDATION:**

APPROVE

**County Executive Office Signature**

BY:   
Debra Cournoyer

**MINUTES OF THE BOARD OF SUPERVISORS**

On motion of Supervisor Stone, seconded by Supervisor Tavaglione and duly carried by unanimous vote, IT WAS ORDERED that the above matter is approved as recommended.

Ayes: Buster, Tavaglione, Stone, Benoit and Ashley  
Nays: None  
Absent: None  
Date: December 18, 2012  
xc: Mental Health

Kecia Harper-Ihem  
Clerk of the Board  
By:   
Deputy

**Prev. Agn. Ref.:** \_\_\_\_\_ **District:** ALL/ALL **Agenda Number:** \_\_\_\_\_

**3.30**

Dep't Recomm.:  Consent  Policy  
Per Exec. Ofc.:  Consent  Policy

**SUBJECT:** Memorandum of Understanding with the University of Washington Health Promotion Research Center (Dist: All/All)

**BACKGROUND: (Cont'd)**

The UW HPRC is measuring the effectiveness of promoting healthy aging as incorporated into community practice and has asked the Riverside County Department of Mental Health (RCDMH) to participate in the study by providing information through a PEARLS fidelity instrument provided by UW HPRC. De-identified PEARLS client data will be provided to UW HPRC for this study. In return, the UW HPRC will pay the department \$3,000 to participate in this study. The study is being conducted from June 2012 through September 2014.

**FINANCIAL IMPACT:**

UW HPRC will pay \$3,000 to RCDMH for their participation in the research study. No County funds are required.

**PERIOD OF PERFORMANCE:**

This MOU is effective from June 1, 2012 through September 30, 2014.

**PEARLS Healthy Aging Dissemination Research Project (HADRP) Fidelity Validation Study**

**Memorandum of Understanding**  
**for**  
**University of Washington Health Promotion Research Center (UW HPRC)**  
**and**  
**Riverside County Department of Mental Health (RCDMH)**

This Memorandum of Understanding (MOU) outlines the purpose of the proposed research study and the specific responsibilities of the University of Washington Health Promotion Research Center (UW HPRC) and Riverside County Department of Mental Health (RCDMH).

**Purpose**

The UW HPRC is conducting a study to assess how faithfulness (or "fidelity") to the Program to Encourage Active and Rewarding Lives for Seniors (PEARLS) research model relates to PEARLS client outcomes. UW HPRC will partner with RCDMH to carry out this research. Study participation entails completing the PEARLS fidelity instrument and providing de-identified PEARLS client data. UW HPRC will compensate RCDMH for their participation.

- *"Fidelity"* will be measured using a brief PEARLS fidelity instrument that is completed by PEARLS counselors and clinical supervisors. The survey can be completed online or on paper. There are 20 multiple choice questions and the survey takes approximately 20 minutes to complete. The survey asks about program design (e.g., how often does clinical supervision take place?) and delivery (e.g., how many PEARLS sessions on average include pleasant events scheduling?). The first wave will be in 2012 and the second wave will be in 2013. PEARLS counselors should have been delivering PEARLS for at least 6 months to participate in the survey.
- *"Client outcomes"* will include Patient Health Questionnaire – 9 (PHQ-9) scores as well as other outcomes depending on what your agency collects (e.g. PEARLS baseline and follow-up survey items, client satisfaction, and health services use). We will ask each participating agency to provide an electronic data file with individual client outcome data with any unique identifiers (e.g., name, SSN) removed. The datafile will be requested at two time points: 6 months following the first fidelity instrument wave and 6 months following the second fidelity instrument wave.

The study will also examine which fidelity elements (e.g., staff training, clinical supervision, PEARLS session components) correlate most strongly with client outcomes. No data will be reported on individual clients or individual staff persons. The study will take place from June 2012 - September 2014.

This study is part of UW HPRC's mission to partner with communities to conduct prevention research that promotes healthy aging and is incorporated into community practice. Funding is provided by the Centers for Disease Control and Prevention's Prevention Research Centers program.

Each party ("Indemnitor") shall indemnify and hold harmless the other party ("Indemnitee"), including their Agencies, Districts and Departments, their respective directors, officers, Board of Supervisors, elected and appointed officials, employees, agents and representatives from any liability whatsoever, including property damage, bodily injury, or death or any other element of damage of any kind or nature, based or asserted upon any acts or omission to act by Indemnitor, its officers, employees, agents or representatives arising out of or in any way relating to this MOU. Indemnitor shall defend, at its sole expense, including but not limited to attorney fees against any legal claim or action based upon such alleged acts, failure to act or omissions.

### **Specific Responsibilities**

#### **UW HPRC**

- Coordinate study recruitment and data collection.
- Provide study materials: recruitment flyer/email, consent forms, fidelity instrument (online and pen/paper).
- Coordinate client data set creation with the RCDMH. Provide data cleaning services as needed of de-identified data only.
- Provide a secure, locked space and password protected server for storing all study data.
- Provide \$500 to RCDMH at two time points after completion of the PEARLS fidelity instrument by the PEARLS counselor and clinical supervisor.
- Provide \$1000 to RCDMH at two time points for creation of the de-identified client dataset.
- Share study findings with RCDMH at the end of the study.

#### **RCDMH**

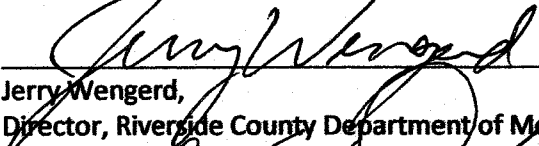
- Identify an agency lead to work with UW HPRC.
- Recruit PEARLS counselors and clinical supervisor to participate in the study.
  - PEARLS counselors will complete the PEARLS fidelity instrument at two time points over the course of the study.
  - The PEARLS clinical supervisor will complete the PEARLS fidelity instrument at one time point only (first wave).
- Create a de-identified PEARLS client data set for clients of participating PEARLS counselors

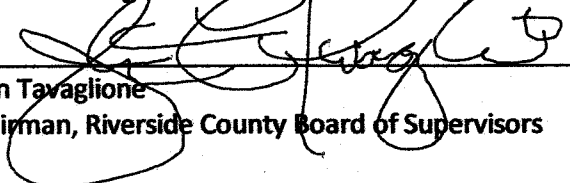
**Signatures**


By signing below, the parties listed enter into this memorandum of understanding for the duration of this research study (June 2012 – September 2014).

\_\_\_\_\_  
Mark Snowden  
Principal Investigator, PEARLS HADRP Fidelity Validation Study  
Date \_\_\_\_\_

\_\_\_\_\_  
Lesley Steinman  
Research Scientist, PEARLS HADRP Fidelity Validation Study  
Date \_\_\_\_\_

  
\_\_\_\_\_  
Jerry Wengerd,  
Director, Riverside County Department of Mental Health  
Date 11-27-2012

  
\_\_\_\_\_  
John Tavaglione  
Chairman, Riverside County Board of Supervisors  
Date 12-18-12

ATTEST:  
KECIA HARPER-IHEM, Clerk  
By   
DEPUTY

FORM APPROVED COUNTY COUNSEL  
BY:  12-4-12  
ELENA M. BOEVA DATE