

**SUBMITTAL TO THE BOARD OF SUPERVISORS
COUNTY OF RIVERSIDE, STATE OF CALIFORNIA**



ITEM
3.36
(ID # 2828)

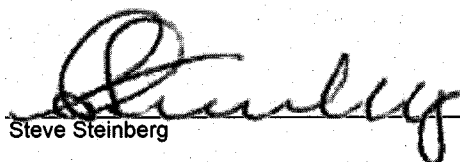
MEETING DATE:
Tuesday, December 13, 2016

FROM : RUHS-BEHAVIORAL HEALTH:

SUBJECT: RUHS-BEHAVIORAL HEALTH: Behavioral Health Commission Annual Report for FY15/16

RECOMMENDED MOTION: That the Board of Supervisors:

1. Receive and File the Behavioral Health Commission Annual Report for the FY15/16.


Steve Steinberg 12/1/2016

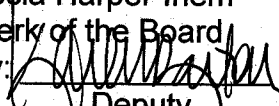
FINANCIAL DATA	Current Fiscal Year:	Next Fiscal Year:	Total Cost:	Ongoing Cost
COST	\$0	\$0	\$0	\$0
NET COUNTY COST	\$0	\$0	\$0	\$0
SOURCE OF FUNDS: N/A			Budget Adjustment: No	
			For Fiscal Year:	16/17

C.E.O. RECOMMENDATION: [CEO use]

MINUTES OF THE BOARD OF SUPERVISORS

On motion of Supervisor Washington, seconded by Supervisor Ashley and duly carried, IT WAS ORDERED that the above matter is received and filed as recommended.

Ayes: Jeffries, Tavaglione Washington and Ashley
 Nays: None
 Absent: Benoit
 Date: December 13, 2016
 xc: RUHS-Behavioral Health

Kezia Harper-Ihem
 Clerk of the Board
 By: 
 Deputy

3-36

**SUBMITTAL TO THE BOARD OF SUPERVISORS COUNTY OF RIVERSIDE,
STATE OF CALIFORNIA**

BACKGROUND:

Summary

The Behavioral Health Commission (BHC) is established pursuant to the provisions of California Welfare and Institutions (W&I) Code Sections 5604 et seq. and Health and Safety Code Sections 11800-11803 et seq. The BHC serves as a liaison between the community, the Riverside University Health System – Behavioral Health, and the Riverside County Board of Supervisors. It is the function of the BHC, under California Welfare and Institutions (W&I) Code 5604.2 and BHC Bylaws Article I, Section 3 to review the services of the local mental health and substance use system and assess programs to make sure they meet the needs of our residents and ensure that citizens of Riverside County are provided with prompt, effective, efficient, and culturally competent community-based services.

The BHC provides critical examination and review of services and proposes recommendations concerning delivery of services.

As required under the W&I Code, BHC Bylaws, and the Riverside County Board of Supervisors, Policy A-21, the Behavioral Health Commission respectively submits its annual report to the Board of Supervisors covering the needs and performance of the County's mental health and substance use system.

The BHC's commitment to their duties and responsibilities has always been met with cooperation and enthusiasm. The common goal of serving the mentally ill and those struggling with substance use, and always will be, the desire of the Riverside County Behavioral Health Commission.

The BHC would like to take this opportunity to thank the Board of Supervisors for their continuing support related to the needs of the Riverside University Health System – Behavioral Health, which in turn, allows them to provide effective and efficient mental health and substance use services to the citizens of Riverside County.

Impact on Citizens and Businesses

The services described in the Behavioral Health Commission Annual Report are a component of the Department's system of care aimed at improving the health and safety of consumers and the community.


Gregory V. Priapios, Director County Counsel

12/2/2016


Christopher Hans

12/7/2016

COUNTY OF RIVERSIDE

RIVERSIDE UNIVERSITY HEALTH SYSTEM - BEHAVIORAL HEALTH

BEHAVIORAL HEALTH COMMISSION

ANNUAL REPORT

7/1/2015 - 6/30/2016

BOARD OF SUPERVISORS

DISTRICT I - KEVIN JEFFRIES

DISTRICT II - JOHN TAVAGLIONE

DISTRICT III - CHUCK WASHINGTON

DISTRICT IV - JOHN BENOIT

DISTRICT V - MARION ASHLEY

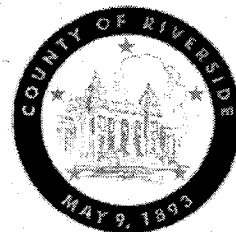
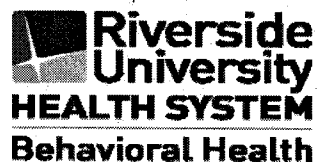


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BEHAVIORAL HEALTH COMMISSION INTRODUCTION

The Riverside County Mental Health Advisory Board was created on August 15, 1966 and transitioned to become the Mental Health Board on April 6, 1993. The purpose of the Mental Health Board was to review and evaluate the County's mental health needs, services, facilities and special matters; advise the Board of Supervisors and Director of Mental Health; review certain mental health related agreements; assess the impact of realignment of services from the state to the County; report to the State regarding the County's performance outcome data; and perform other enumerated tasks.

The Riverside County Substance Use Advisory Committee was formed on June 2, 1994 through the consolidation of the Riverside County Alcohol Advisory Committee and the Riverside County Advisory Committee on Drug Abuse. The purpose of the Substance Use Advisory Committee was to advise the Board of Supervisors and Director of Mental Health on the prevention, treatment, and recovery programs within the County; encourage and educate the public on the nature of drug and alcohol programs; and review the County's needs to address the ongoing problems associated with drug and alcohol abuse.

As these two issues are often so intertwined, the state legislature dissolved the State Department of Mental Health and the State Department of Alcohol and Drug Programs and merged them into the Department of Healthcare Services (DHCS) in 2013. Following suit, on November 24, 2014, Riverside County's Board of Supervisors approved the consolidation of the Mental Health Board and Substance Use Advisory Committee, establishing the Behavioral Health Commission (BHC).

The Behavioral Health Commission is committed to overseeing, evaluating, and reviewing Riverside University Health System – Behavioral Health's delivery of services to people struggling with mental illness and/or substance use residing within the county. It is the function of the BHC to ensure that citizens of Riverside County are provided with prompt, effective, efficient, and culturally competent community-based services. The BHC provides critical examination and review of services and provides recommendations concerning the delivery of services.

The BHC serves as a liaison between the community, Riverside University Health System – Behavioral Health, and the Riverside County Board of Supervisors. The Commission consists of consumers, family members of consumers, and public interest representatives from the medical, educational and other professional fields, and law enforcement, whose aim is to educate, advocate for ready access to services, and guide consumers through the mental health and substance use system.

The BHC is committed to ensuring that culturally competent services are provided to people of all ethnic, cultural, racial, and linguistic backgrounds through program review and appropriate recommendations.

MISSION STATEMENT

"The mission of the Riverside County Behavioral Health Commission is to provide public, consumer, and family member input into the planning process of mental health and substance use services and to assist the Riverside County Department of Mental Health in carrying out its mandated functions, to advocate as a united voice on substance use and mental health consumer issues, and to promote improvement in the quality, quantity, and cultural competency of mental health services delivered to the residents of Riverside County."

THE MISSION OF THE CALIFORNIA MENTAL HEALTH MASTER PLAN

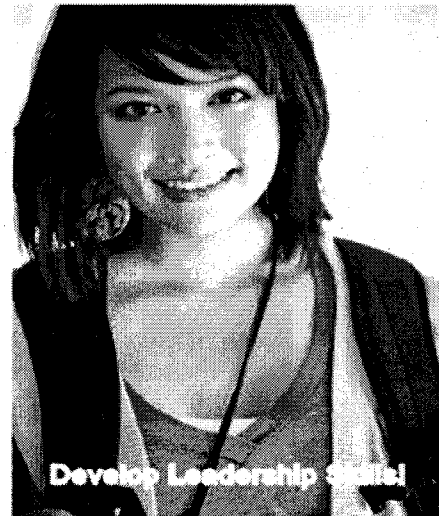
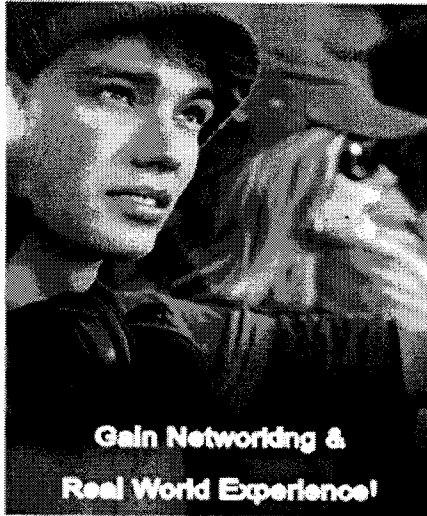
(Passed as part of the Bonzan-McCorquodale Act of 1991)

"The mission of California's mental health system shall be to enable persons experiencing severe and disabling mental illnesses and children with serious emotional disturbances to access services and programs that assist them in a manner tailored to each individual, to better control their illness, to achieve their personal goals, and to develop skills and supports leading to their living the most constructive and satisfying lives possible in the least restrictive available settings."

RECRUITMENT EFFORTS

The Behavioral Health Commission continually supports recruitment efforts and encourages new members to join the Commission through a variety of methods that include community outreach and solicitation through diverse venues. These include postings on the Riverside University Health System – Behavioral Health and Board of Supervisors websites, distribution of information at community events such as the annual May is Mental Health Month Fair and other community gatherings.

**Make a Difference in Your Community
Join the Behavioral Health Commission**



The County of Riverside is currently seeking volunteers to serve on the Behavioral Health Commission, and is searching for motivated individuals who want to make an impact on how mental health services are delivered in the County of Riverside



For more information, contact:
Behavioral Health Commission Liaison
(951) 955-7141

Applications available at: www.rcdmh.org

COMPOSITION OF THE BOARD

in accordance with Welfare and Institutions Code, Sections 5604, as amended by Chapter 1374: The Behavioral Health Commission (BHC) for the County of Riverside shall consist of 15 members appointed by the Board of Supervisors. An additional member of the BHC shall be a member of the Board of Supervisors or his/her formal designee. Fifty percent (50%) of the board membership shall be consumers, or the parents, spouses, siblings, or adult children of consumers who are receiving or have received mental health services. At least twenty percent (20%) of the total membership shall be consumers, and at least twenty percent (20%) shall be families of consumers. Each member of the Board of Supervisors shall appoint three persons from their district to the BHC.

The BHC for the County of Riverside also consists of three Regional Behavioral Health Advisory Boards: Western, Mid-County, and Desert. The purpose of the Regional Behavioral Health Advisory Boards is to serve in an advisory capacity to the Regional Administrators and the BHC, and to ensure that all County mental health and substance abuse programs and services of the respective geographical areas are responsive to community needs. The Regional Boards convey the goals and programs of service to the community. They also represent and serve as a two-way communication link between the regional services and the general public, key segments of the community, and geographic areas within the county. Each Regional BHC focuses on specific Supervisorial Districts. The Western Regional Board addresses Supervisorial Districts 1, 2, and parts of 5. The Mid-County Regional Board concentrates on Districts 1, 3, and parts of 5, and the Desert Regional Board focuses on District 4 and parts of 5.

MEMBER COMPOSITION	
Public Interest	7
Family	5
Consumer	0
BOS Representative	1
Total:	13

2016 BEHAVIORAL HEALTH COMMISSION ROSTER

EXECUTIVE COMMITTEE

RICHARD DIVINE - <i>Chair</i> Family Member District 2 - John Tavaglione Term Expire: 6/30/19	RICK GENTILLALLI - <i>Vice Chair</i> Law Enforcement District 3 - Chuck Washington Term Expire: 6/30/18	JULIE CROUCH - <i>Secretary</i> Family Member District 1 - Kevin Jeffries Term Expire: 6/30/17
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AGOSTINO "RIC" RICCARDI Family Member/ Public Interest District 5 - Marion Ashley Term Expire: 6/30/18	BEATRIZ GONZALEZ Education District 4 - John Benoit Term Expire: 6/30/19	CAROLE SCHAUDT Public Interest District 4 - John Benoit Term Expire: 6/30/17
DARYL TERRELL Family Member District 5 - Marion Ashley Term Expire: 6/30/19	GEORGE MIDDLE Family Member District 2 - John Tavaglione (Re-districted from District 5) Term Expire: 12/31/18	GREG DAMEWOOD Family Member District 5 - Marion Ashley Term Expire: 6/30/18
JASON FARIN Board of Supervisor Representative District 2 - John Tavaglione Term Expire: 6/30/18	VICTORIA ST. JOHNS Education District 4 - John Benoit Term Expire: 6/30/18	WALTER T. HAESSLER, MD Public Interest District 1 - Kevin Jeffries Term Expire: 6/30/19

2016 DESERT REGION ADVISORY BOARD ROSTER

<p>RICHARD DIVINE - <i>MHB Chair</i> Family/ District 4 Term Expire: 12/31/19</p>	<p>JANICE L. QUINN, MD - <i>Vice Chair</i> Public Interest/ District 4 Term Expire: 12/31/19</p>	<p>MARK MILLER - <i>Secretary</i> Public Interest/ D (NA) Term Expire: 12/31/15</p>
<p>BEATRIZ GONZALEZ Education/ District 4 Term Expire: 12/31/19</p>	<p>CAROLE SCHAUDT Public Interest/ District 4 Term Expire: 12/31/16</p>	<p>DENISE DIAMOND Family/ District 4 Term Expire: 6/30/19</p>
<p>FLOYD RHOADES Public Interest/ District 4 Term Expire: 6/30/19</p>	<p>JIM JONES Public Interest/ District 4 Term Expire: 6/30/19</p>	<p>JOSEPH A. BUTTS Public Interest/ District 4 Term Expire: 12/31/16</p>
<p>MAURA FISHER Public Interest/ District 4 Term Expire: 12/31/16</p>	<p>SANDRA J. NEJA Family/ District 4 Term Expire: 12/31/16</p>	<p>SHARON HJERPE District 4 Term Expire: 12/31/19</p>
<p>TORI ST. JOHNS District 4 Term Expire: 12/31/18</p>		

2016 MID-COUNTY REGION ADVISORY BOARD ROSTER

KIMBERLY MCELROY - <i>Chair</i> Public Interest/ District 3 Term Expire: 10/30/17	Vacant	Vacant
BRENDA SCOTT Consumer, Family, Public/ District 3 Term Expire: 12/31/19	GEORGE MIDDLE Public Interest/ District 1 Term Expire: 12/31/17	GLORIA HERNANDEZ Consumer/ District 5 Term Expire: 12/31/16
GLORIA WILLIAMS Consumer/ District 3 Term Expire: 12/31/18	IAN AMAN Public Interest/ District 5 Term Expire: 6/30/2018	PEPE DEL RIO Public Interest/ District 1 Term Expire: 12/31/16
RITA BENDLIN Family/ Public/ District 1 Term to Expire: 12/31/19	WALTER T. HAESSLER, MD Public Interest/ District 1 Term Expire: 6/30/19	

2016 WESTERN REGION ADVISORY BOARD ROSTER

GREG DAMEWOOD - <i>Chair</i> Family/ District 5 Term Expire: 6/30/19	RIC RICCARDI - <i>Vice Chair</i> Public Interest/ District 5 Term Expire: 12/31/17	
CAROLINE MARTINEZ Consumer/ District 1 Term Expire: 12/31/17	JANE QIU Family/ District 1 Term Expire: 12/31/16	JAMES LUCERO Consumer/ District 2 Term Expire: 12/31/19
STEPHEN CROMWELL Consumer/ District 2 Term Expire: 12/31/19		

COMMITTEE REPORTS

The Behavioral Health Commission has a number of committees that are tasked with assessing programs, their functions, and effectiveness. Members of the BHC are elected as Committee Chairs. Below is a list of BHC committees.

- Adult System of Care Committee
- Children's Committee
- Criminal Justice Committee
- Executive Committee
- Housing Committee
- Legislative Committee
- Older Adults System of Care Committee
- Veterans Committee

An annual summary of each committee's activities, submitted by the Committee Chairs, is included on the following pages.

ADULT SYSTEM OF CARE COMMITTEE

MISSION STATEMENT

"To promote, support, and advocate for high quality and culturally appropriate services for severely and persistently mentally ill adults and their families residing in Riverside County through formal recommendations."

GOALS

"To provide Riverside University Health System – Behavioral Health (previously Department of Mental Health) and the BHC with feedback from community stakeholders, consumers, and family members about the mental health and substance abuse needs of adults and their families, to make recommendations about services to best meet the needs of adult consumers and their families, to provide input about policies and advise of necessary changes to existing policies to ensure the delivery of high quality and culturally competent services, to review performance outcomes of mental health programs to determine if they meet the goals of Riverside University Health System – Behavioral Health (RUHS-BH), to improve coordination of services to consumers who receive services from multiple agencies and enhance interagency collaboration."

The Adult System of Care (ASOC) Committee remained active and informed this past year. Through several presentations by Bill Brenneman, Mental Health Services Act (MHSA) Administrator, the Committee reviewed outcomes and provided feedback for the MHSA Three-Year Program and Expenditure Plan Annual Update and the MHSA Draft Capital Facilities Project.

The Committee hosted other presentations as well; which included Larry Hairston, Manager of the CARES (Community Access, Referral, Evaluation, and Support) Line who provided an overview of their services. Robert Youssef, Public Information Specialist for RUHS-BH described his duties to consolidate and make Department resource information available to the public; to establish a library of community resources; to serve as liaison to other resource organizations; to help problem-solve access issues; to update the Department's website; and to create a social media integration tool. Mr. Garbutt from Community Connect presented information about 211, which is a toll-free number that provides information and referrals for health and social services in Riverside County. Paul Baum, Mental Health Peer Specialist, described the new Peer Navigation Line which assists consumers in navigating through the system. Nat Tollefson, Supervising Substance Use Counselor, also provided written information reporting on Substance Use programs.

A number of RUHS-BH Regions and partner agencies continue to participate in and attend ASOC meetings and report on their collaboration with MHSA efforts. These include Recovery International (RII); Inland Empire Health Plan (IEHP); National Alliance for the Mentally Ill (NAMI), Western, Mt. San Jacinto, and Temecula Valley Chapters; and the Depression and Bipolar Support Alliance (DBSA).

Carole Schaudt, the ASOC Committee Chair, and Kathy Mauro, Vice-Chair through March of 2016, regularly attended Behavioral Health Commission (BHC) meetings and reported on Committee information and suggestions to the BHC. Elaine Barron, Mental Health Services Administrator and RUHS-BH Liaison to the ASOC Committee, communicates information, findings, and suggestions to RUHS-BH Administration. This

BEHAVIORAL HEALTH COMMISSION



ensures that resolutions and recommendations are provided to both the BHC and RUHS-BH, and any necessary follow-up actions are taken, if needed. In turn, feedback is also provided to the ASOC Committee.

The Committee discussed its roles and responsibilities and goal development throughout the year. A subcommittee, for improving public transportation for persons carrying diagnoses, continued its work. The results of the subcommittee's 2014 client survey on transportation needs were conveyed to RTA via a letter from the Economic Development Agency on behalf of the Department and at the request of the ASOC. The focus of the feedback to RTA centered on inadequate access to the Intensive Treatment Facility (ITF), Emergency Treatment Services (ETS), and other RUHS-BH facilities located on County Farm Road and Rustin Avenue. Several Committee members also attended three RTA Board of Directors Meetings to advocate for this cause. The result is a new bus stop at Rustin, accompanied by a bench and trash can. However, response from Supervisor Jeffries' office indicated that "the ridership numbers for RTA do not justify an increased frequency of stops at the County Farm location". Bus stop shelters at Rustin and County Farm Road are being considered.

The Access subcommittee continued with the responsibility of encouraging an organized methodology for information and referral regarding the totality of services provided by the Department, other County Departments, private or nonprofit providers, and the general public. In doing so, the subcommittee consulted with the CARES line, Mr. Youssef, 211, and the new Peer Navigation Line. They are currently in the process of gathering resources and identifying as many agencies and groups as possible who can participate on the subcommittee.

In FY15/16, the ASOC Committee actively participated in the following events:

- Mental Health Services Oversight and Accountability Commission (MHSOAC) Community Forum in August, 2015;
- NAMIWalk fundraiser on 11/7/15;
- A tour of the Hemet Adult and Mt. San Jacinto Children's facilities by Hemet Mayor Linda Krupa and Supervisor Chuck Washington, organized by Committee member Brenda Scott in an effort to increase political awareness of the need for increased facility space in those communities;
- Desert Regional Art Show on 5/10/16;
- May is Mental Health Month (MiMHM) Fair at Fairmount Park on 5/19/16;
- Second Annual MiMHM Fair in the Mid-County Region on 5/30/15.

Carole Schaudt was appointed by the Commission to be Chair of the ASOC Committee. Kathy Mauro served as Vice-Chair until her resignation from the Committee membership in March, due to obtaining an internship with the Department. James Lucero was elected Vice-Chair in her stead. Tim Brown also resigned as a Committee member, due to employment with the Department. New members include Elaine Wright, Stephen Cromwell, and James Lucero. Despite ongoing recruitment efforts, the Committee continues to experience difficulty meeting appropriate cultural and gender diversity composition, number of members, and consistent participation from existing members. As a result, recruitment efforts will be ongoing for the coming year.

Respectfully submitted,

James Lucero, Vice Chair
Elaine Barron, LCSW, RUHS-BH ASOC Liaison

CHILDREN'S COMMITTEE

The Children's Committee is a standing committee of the Riverside County Behavioral Health Commission (BHC). The committee is comprised of consumers, parents/caregivers of consumers, as well as public and private sector representation. The committee advocates for the needs of children who have been identified as, or at risk of, having emotional/behavioral challenges. Advocacy extends to their families and/or caregivers. The Children's Committee presents important issues to the BHC as well as involved agencies, encourages increased family/caregiver input, and networks with local community agencies.

Presentations for the past year included:

- July 2015 - SELPA (Special Education Local Plan Area) - Youth Advocates United to Succeed (Y.A.U.T.S.). Wonderful presentation made by youth from the Riverside County SELPA. Their motto is "Saving Lives to Succeed" and youth bravely shared their stories of recovery. They are a peer-run group, sponsored by Riverside County Office of Education, designed to help each other with recovery. They hope to garner more youth for their program. They meet the first Wednesday of the month from 4pm to 6pm at the Riverside County SELPA office. Contact info for the group is yautsprogram@gmail.com
- October 2015 - Nicole Story Petersen presented her program called "Kids Court". This program helps children prepare for court by explaining the court process and teaching them coping skills for anxiety. This support is for children who are either victims themselves or witnesses of crimes. It is a free program which serves dependents and other children who are not on probation. It is also open to children of adjoining counties.
- January 2016 - "Oso Negro" by Luz Negron. "Oso Negro" which means Black Bear is an employee committee, which seeks to provide culturally relevant presentations to the department staff. Some of the presentations to the staff included a Tribal Elder, "Juneteenth African American Celebration", and information on the LGBTQ culture.
- February 2016 - Lorie Fineman, Director of the Child Advocacy Center, gave a great presentation on the development of the Center, current activities and the future of their efforts. This center, located at the Riverside County Regional Medical Center, assesses children who have survived various types of abuse. Behavioral Health has a Clinical Therapist assigned to provide assessments and linkage to extended behavioral health treatment, when indicated.
- March 2016 - Erin Whitt from Safe Families of Olive Crest presented on a free, locally-based respite program for families. It started in Chicago several years ago and has been very successful. The program has now moved into our community. It works with faith-based efforts to recruit families willing to take children into their homes to provide respite to parents.
- April 2016 - Lisa Dryan from the Wylie Center presented on infant mental health and the perinatal collaborative.

BEHAVIORAL HEALTH COMMISSION



- May 2016 - "Directing Change" Angela Igrisan presented the videos that won at the Directing Change awards. This effort is part of the Mental Health Service Act anti-stigma and suicide prevention efforts. The videos were from high school and college students.

Committee members also participated in several philanthropic activities throughout the year. For the beginning of the school year, members helped mental health clinics with their "Fill a Backpack" drive. Backpacks were filled with the essentials that all children need when returning to school and were given to children who receive mental health services in the County so that they would be able to start the school year with necessary supplies. In total, 821 children received backpacks this year. During the Thanksgiving season, 105 food baskets were assembled and members assisted mental health clinics to provide food baskets and/or gift certificates for food purchases to families in need throughout the community. During the Christmas season, committee members participated in the annual "Snowflake Banner". Decorative snowflakes, displaying the names and gift wishes of children who receive mental health services in the County, were displayed on the banner. Members selected a snowflake and purchased the gift for the child. In total 1,200 "snowflake" gifts were distributed over the holiday season.

There were also 16 people who attended the CMHACY (California Mental Health Advocates for Children and Youth) Conference including one Transition Age Youth. This year's conference focused on "Creating Solutions: Integration, Innovation, and Intervention". Among those who attended was a member of the Riverside University Health System - Behavioral Health staff who also presented at one of the conference workshops. The workshop was called "Making our Communities Strong: MDFT in Three California Counties," and was well received by the audience.

Respectfully submitted,

Julie Crouch, BHC Children's Committee Chair
Angela Igrisan, Mental Health Services Administrator

CRIMINAL JUSTICE COMMITTEE

MISSION STATEMENT

"To facilitate recovery of people who have a serious mental illness, in the Criminal Justice System, by enhancing programs in our community through collaborative efforts with involved County agencies, the community, the family, and other support systems."

GOAL

"To address housing issues by increasing beds and augmenting Board and Care facilities, to provide Law Enforcement Personnel Training, to promote integration and collaborate with different agencies, to monitor competency programs, and improve safety in jails."

* * * * *

GOALS OF THE CRIMINAL JUSTICE COMMITTEE

1. Housing Issues: Increase Beds and Augment Board and Cares - To monitor and provide feedback regarding housing issues including detox, diversion beds such as short-term transitional residential program, and board and care beds with or without special programs such as dual diagnosis.
2. Training for Law Enforcement Personnel - To monitor training provided to all Riverside County law enforcement and other agencies on crisis intervention. Work toward providing the training to more staff and other law enforcement agencies and expanding the training curriculum.
3. Promote Integration and Collaboration with Different Agencies - To work with different agencies in order to promote communication and collaboration.
4. Liberty Healthcare Program - To monitor the current return to competency program administered by Liberty Health and the Sherriff's Department and bring forth any concerns for the benefit of mentally ill inmates.
5. Safety in Jails - To discuss safety issues occurring in the jails involving mentally ill inmates and Detention Mental Health consumers with the goal of providing feedback, identifying trends and issues, and providing information to the appropriate person(s) with the goal of a safer incarceration period for mentally ill persons.

The Criminal Justice (CJ) Committee currently has a total of twenty-one members and an average of eighteen members regularly attend meetings. The Committee contains representation from a number of agencies including Behavioral Health Detention Services, Riverside County Sheriff's Department, Probation Department, Public Defender's Office, National Alliance on Mental Illness (NAMI), Behavioral Health Peer Support Specialists, Western and Mid-County Regional Behavioral Health Commissioners, and Detention

BEHAVIORAL HEALTH COMMISSION



Health Services. Consumers and family members also attend CJ Committee meetings. Throughout the past year, the CJ Committee was involved in a variety of activities and had a number of accomplishments.

Members participated in various events in Riverside County including the Substance Abuse "Recovery Happens" event which occurred on Thursday, September 24, 2015 at Fairmount Park; the American Heart Association's 2015 Heart and Stroke Walk held on Saturday, September 19, 2015 at Jurupa Park; and the May is Mental Health "Live Life Well" event which took place on Thursday, May 19, 2016 also at Fairmount Park. Many Criminal Justice Committee members attended the 2015 NAMI Walk at Diamond Valley Lake in Hemet and also attended various NAMI meetings throughout the year.

HOUSING ISSUES: The objectives are to increase beds and housing options, and augment board and care facilities. Individuals with a mental health challenge and/or those with substance use issues who need residential placement are provided housing by the Riverside University Health System - Behavioral Health (RUHS-BH), (formerly Riverside County Department of Mental Health), as needed. The Department has expanded some housing programs to meet the needs of the AB109 population; additional housing options are concurrently under review, and new housing is pending the final approval processes. Individuals are able to receive emergency housing, transitional housing, and short-term rental assistance. A team of Behavioral Health Specialists, as well as Community Service Assistant staff also provide residential support with development of independent goals with mainstream benefits applications, bus passes, emergency food and hygiene packets, individual budgeting and menu planning including grocery shopping and food purchases, and developing a long term housing plan. More than 2,500 days of housing for an expected 150 AB109 participants and homeless on the streets, are projected to be expended in this fiscal year.

LAW ENFORCEMENT COLLABORATIVE: The Law Enforcement Collaborative is coordinated, led, and maintained by a Riverside University Health Systems - Behavioral Health licensed clinician who partners with law enforcement to continually review, revise, and present trainings specifically for sworn and non-sworn/civilian correctional and patrol employees of the Riverside County Sheriff and Riverside Police Department. In addition, trainings are also provided to outside agencies and law enforcement-related departments. The primary training offered is Crisis Intervention Training (CIT), a 16-24 hour training certified by the Commission on Peace Officer Standards and Training (POST). The goal of CIT is to provide education about mental illnesses, empower law enforcement personnel, and strengthen de-escalation skills in hopes of preventing a crisis from occurring. The CIT team consists of lead trainers and guest speakers from County Behavioral Health's Parent Partner, Family Advocate, and Consumer Affairs programs. These individuals provide panel discussions for the purpose of providing education and a perspective by sharing their lived experiences, offering community resources, and answering officers' questions. In addition, the newly implemented community Crisis Support System of Care services have also been added to the CIT program to provide information to law enforcement regarding the benefits of their programs, how and when to utilize the programs, and to gather feedback and input for ongoing change to maintain program efficiency.

Last year, approximately 900 employees from the Sheriff and Riverside Police Department attended CIT. As a result of the strengthened collaborative and positive reception, training requests continue to be received, reviewed, and added.

NEW LIFE PROGRAM (AB109): The New Life (AB109) Program has opened Day Reporting Centers in each of the three regions in Riverside County - Western, Mid-County, and Desert. Consumers are currently being

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provided services in Temecula (Mid-County), the Western Region of Riverside, and at the new Indio location that recently opened in the Desert Region in March of 2016. A "team" which consists of a Clinical Therapist II, Behavioral Health Specialist III, and a Peer Support Specialist is located at each of the Day Reporting Centers and provides both behavioral health and substance use services.

SMITH CORRECTIONAL FACILITY STEP DOWN PROGRAM: Yvonne Tran, Behavioral Health Services Supervisor, started with Detention Behavioral Health in June 2015 with one employee. Both began attending various trainings as well as performing research to determine the barriers to treatment in correctional facilities and establish recommendations. By October 2015, Ms. Tran had a total of five (5) staff members. All staff members received training to facilitate groups, as well as attended all county related trainings including Electronic Management of Records (ELMR). While in training, staff learned Detention's processes in conducting assessment, individual therapy, group facilitations, and crisis interventions.

During the initial program development, Ms. Tran developed the Aftercare Planning procedures. She coordinated with the Classification Sergeant to obtain a list of clients being released within the next seven (7) days. The clinicians then meet with each client to discuss post-release medications, their goals upon release, and to encourage each person to link with a clinic upon release. The clinicians order medications for clients, which are provided to the client prior to their release or sent to their housing, depending on the client's request. The clinician also coordinates with the outpatient clinics for an appointment. Some clinics do not accept appointments; however they do accommodate walk-in clients. Clinicians provide the step-by-step process for accessing clinics, including addresses and phone numbers, so that the client can contact the locations for continuity of care. Clinicians also provide resources such as the Department of Public Social Services (DPSS) number, homeless shelters, and/or food banks, and Narcotic Anonymous (NA) meetings and other resources that the client may need to re-enter into the community. Clinicians provide all information and resources to the clients to help them maintain stability and remain in the community to reduce the recidivism rate.

In addition to the Aftercare Planning, clinicians were trained to provide individual therapy to clients in the Mental Health housing unit, HU 16. Clinicians provide individual therapy without barriers in the program room with the Mental Health runner on standby.

Each clinician is assigned a dayroom in HU 16, which allows them to become familiar with the clients in order to assist with coordinating relocations to available bed space within the Smith Correctional Facility (SCF) or partnering jails, should there be a need. Clinicians interview clients to evaluate their behavioral health stability, their readiness for group therapy, and to discuss their interests. Those deemed suitable and ready for group therapy are enrolled in programs provided in their day room. These determinations are made prior to the start of each group cycle.

Effective January 2016, the Step Down Unit officially began providing group therapy. The groups are being offered based upon the needs of the clients in the Housing Unit. The groups that are currently being provided included Wellness Recovery Action Plan (WRAP), Dialectical Behavioral Therapy (DBT), Facing-Up, Life Skills, Coping with Voices, and Dream Manager. Clients receive a certificate of completion upon graduating their groups. The Sheriff's Department provides a sack lunch to reward the clients for attending and completing groups. The Department received positive feedback regarding the groups and clients asked for additional groups. There were concerns expressed by clients regarding the transition of clients out of

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mental health housing and staff responded by explaining the process and goal of the program to help them gain better understanding of the Step Down program's purpose.

MENTAL HEALTH COURT: Mental Health Court continues to expand the number of people it serves, with an ever increasing amount of referrals sent on behalf of the Riverside County Public Defender and private attorneys. In addition to a growing number of referrals to the Mental Health Court, there has also been an increase in Veterans Court referrals. As of July 1, 2015 through April 30, 2016 the Mental Health Court program received a total of one hundred sixty-six (166) new referrals and is presently on course to receive thirty-one additional referrals by the end of the fiscal year. With regard to the Veterans Court program a total of eighty-eight (88) referrals were received between July 1, 2016 and April 30, 2016; and it is anticipated that this program will be receiving an additional twenty-seven (27) referrals between May 1, 2016 and June 30, 2016, which is a slight increase over the one hundred and six (106) referrals received in the previous fiscal year.

In addition to the Veterans Court program Mental Health Court also supports the Misdemeanant Alternative Program (MAP). MAP provides treatment plans designed to link individuals determined by the court to be incompetent to stand trial. Mental health services are offered with the goal of assisting the individual to regain competency and move forward with their court case(s). During the period of July 1, 2015 - April 30, 2016 MAP received a total of forty-three (43) referrals and is expected to receive an additional eight (8) prior to June 30, 2016. Based on current trends, this is a slight decrease in the overall number of referrals received during fiscal year 14/15 where they received a total of fifty-six (56) referrals. Updates for Mental Health Court, the Realignment Presentencing Program, and MAP are provided at the Criminal Justice Committee Meetings.

PATTON STATE HOSPITAL WAITING LIST: The average wait time for a Patton State Hospital bed is approximately four weeks. The wait list has remained steady for most of the year at an average of 20 individuals. It declined in the latter part of 2015 with an average of 15 individuals on the wait list. The Liberty Healthcare Restoration of Competency (ROC) program that started in October 2013 has allowed clients to receive services upon sentencing, decreasing the wait list or eliminating the need for restoration for those individuals who successfully complete the program. Additionally, Detention Services continues to partner with Long Term Care staff to place consumers at the contracted Institution for Mental Disease (IMD) in Sylmar, CA. The committee is updated on the Patton State Hospital wait list at each committee meeting.

Respectfully submitted,

Greg Damewood, Criminal Justice Committee Chair, and
Deborah Johnson, Deputy Director, Forensics

EXECUTIVE COMMITTEE

During the 2015/2016 year the Riverside County Behavioral Health Commission has continued to make great strides in joining Substance Use and Mental Health Boards together. The Executive Committee continues to analyze topics and schedule speakers to provide a brief synopsis of their programs and afford the Commission members an opportunity to ask questions and voice concerns about those services. The Executive Committee has made sure that topics of substance use and mental health receive equal time before the commission.

The Riverside University Health System – Behavioral Health (RUHS-BH), previously Department of Mental Health, continues to keep the Commission well informed of the inner workings of the Department with topics such as budget and legislative matters that might affect the Department, Commission, or consumers.

A significant change that took place this year was the resignation of RUHS-BH Director, Jerry Wengerd. The Commission thanks the Board of Supervisors for including their input in the selection of a new RUHS-BH Director. The Commission and the Executive Committee congratulate former Assistant Director, Steve Steinberg, for being selected and promoted to RUHS-BH Director.

During the year, each Commission member is asked to conduct one or more site visits to various behavioral health clinics/programs to review their services and provide feedback and recommendations. The data accumulated through these site visits is then reported back to the Commission and members are given the opportunity to ask questions or give feedback. The Commission has hopes of visiting each clinic/program every three years with the assistance of Regional Boards and their membership.

One of the Commission's mandates under Proposition 63 is to hold Public Hearings for the MHSA Annual Plan Update. Each Update must be posted for a minimum of 30-days for public review and comment before a Public Hearing can be held. This year, the Commission held two Public Hearings, one in Riverside and one in Indio to accommodate the Desert Region. The first Public Hearing occurred immediately after a Commission meeting at the Rustin facility in Riverside and the second Public Hearing was held at the Indio RUHS-BH Office on Oasis Street. There was a large turnout at both Public Hearings and all comments and recommendations were recorded. After the public comments were compiled, three members of the Commission reviewed the comments and made recommendations as appropriate.

Riverside County is the only Behavioral Health Commission in California that has appointed three Regional Behavioral Health Advisory Boards to ensure that all areas of the county are represented. The Regional Boards ensure that those with a mental health diagnosis or substance use challenge have local representation and do not feel obligated to travel to Riverside simply to express their concerns. The three Regional Boards cover the Western, Mid-County, and Desert Regions. I would like to thank the members of our Regional Boards for the work they do and the information they provide.

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I take great pride in the Riverside University Health System – Behavioral Health, its staff, programs, and services offered to the consumers of Riverside County. The Commission thanks the Board of Supervisors for providing the guidance and funding to make our programs and Department the finest in California.

Respectfully Submitted,

Richard A. Divine
Riverside County Behavioral Health Commission Chair

HOUSING COMMITTEE

GOALS

The goals of the Housing Committee of the Riverside County Behavioral Health Commission are to review program activities; provide input on Housing Crisis strategies, housing activities and new projects; as well as provide input to staff on emergent issues and concerns that impact consumers of the Riverside University Health System – Behavioral Health (RUHS-BH), formerly Riverside County Department of Mental Health. The Housing Committee members also serve as key stakeholders in reviewing MHSA housing development projects.

Due to lack of active members and difficulty with recruitment and without assigned Commission leadership, the Housing Committee no longer holds regularly scheduled monthly meetings. The Behavioral Health Commission has recently recruited additional members to participate on this important standing committee and will soon return to a monthly meeting schedule.

OVERVIEW

The Mental Health Services Act (MHSA) provides funding specifically for the development of permanent supportive housing for people who are living on the street in a housing crisis or at risk of homelessness and also have a chronic, persistent, and disabling mental health challenge.

RUHS-BH has implemented a balanced county-wide strategy to ensure that a continuum of housing and street engagement services are available for those in a housing crisis. These services are provided across its three county service delivery regions and ensure that the housing and outreach response opportunities address the housing crisis needs of adults, older adults, and transition age youth (TAY) and their families.

LOW DEMAND SAFE HAVEN MODEL PERMANENT HOUSING LOCATIONS

RUHS-BH continues to operate the two permanent housing facilities, The Place and The Path, which follow a low-demand, drop-in Safe-Haven model for providing homeless outreach and permanent supportive housing to individuals in a housing crisis with serious mental health conditions. Both facilities are operated using a contracted nonprofit provider, Recovery Innovations, whose program model emphasizes peer-to-peer engagement and support. Recovery Innovations operates both facilities under the contract with RUHS-BH and both continue to operate at or near full capacity. Those seeking permanent housing at either location must have a diagnosed mental health challenge and be considered chronically homeless. Ninety-nine percent of provider staff has received mental health services themselves and many have also experienced prolonged periods of homelessness.

The Place, located in Riverside, was opened in 2007 and provides permanent housing for 25 adults, along with peer-to-peer supportive services, laundry and shower facilities, meals, referrals, and fellowship for drop-in center guests. The drop-in center operates 24/7/365 and serves as a portal of entry for hard to engage homeless individuals with a serious mental health disorder. RUHS-BH provides two onsite service

providers in an office at the location to provide onsite behavioral health services. Nearly 87% of the individuals who have resided in The Place maintain stable housing for one year or longer

The Path, located in Palm Springs, was opened in 2009, and provides permanent supportive housing for 25 adults on the campus of Roy's Resource Center. It is located immediately adjacent to a Full Service Partnership clinic that is operated by RUHS-BH. Nearly 91% of the individuals who have resided in The Path maintain stable housing for one year or longer. RUHS-BH provides two onsite service providers in an office at the location to provide onsite behavioral health services

The Path and The Place are partially funded by HUD permanent supportive housing grants. The RUHS-BH HUD grants have successfully been renewed in order to support these programs through FY17/18. The success of The Path and The Place, together with the prominent role they play in the continuum of housing for RUHS-BH individuals in a significant housing crisis, positions these programs for continued success as a valuable contact point for individuals living on the streets with severe mental health challenges.

TEMPORARY HOUSING

During FY15/16, MHSA funding for temporary emergency housing and rental assistance was continued. These funds were combined with other grant funds (Emergency Food Shelter Grant) in order to provide access to emergency motel housing and/or rental assistance. Using the available combined funding, the staff of the Homeless Housing Partnerships and Education (HHOPE) program at RUHS-BH provided a total of 89,000 emergency bed nights to individuals or families with children across all age groups during 2015. 32% of those served were children and 21% were those over age 55. The requests for this type of assistance have increased significantly during FY15/16.

Since the beginning of July 2014, when the HHOPE Program established Housing Crisis Response Teams to develop and implement innovative strategies for targeting individuals in a housing crisis, the program has grown and developed strategies and practices that have been recognized as an emerging best practice model throughout our community. This effort surfaced through an ongoing review of the continuum of services and housing supports provided by the HHOPE Program, to have all four existing teams under one program for a more unified approach to reach individuals living on the streets and quickly link them to services and housing. The teams have now grown to six and are currently utilizing state of the art reporting and electronic assessment processes on electronic tablets, accessed directly in the field for rapid response and data collection. Data is utilized for analyzing the community and program needs, strategy effectiveness, and service gaps.

There are five key domains of the Housing Crisis Response approach:

1. Housing Crisis Initial Response
2. Street Outreach Engagement
3. Housing Crisis "Plan" Development
4. Housing Crisis Plan Support
5. Housing Crisis Community Response

The Housing Crisis Response approach was adopted specifically in response to an emergent need to more rapidly engage a person who is in a housing crisis and address the components of the mental health

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challenges concurrently with addressing that person's housing needs. The innovative practices of this program have resulted in local communities seeking additional supports from the RUHS-BH HHOPE program for Housing Crisis Response. In July 2015 the city of Riverside, and then in October 2015, the city of Palms Springs began contract proceedings to embed RUHS-BH Housing Crisis Response team members within their law enforcement and outreach teams. This allowed them to bring the tenants of Housing Crisis Response and support of those with mental health and substance challenges with dedicated response in their cities. Both teams are now in place and actively engaging individuals on the streets in those communities. Additional key partnerships continue with the law enforcement agencies across the county, as well as other partners such as the VA, Probation, non-profit providers, and Housing Authority.

PERMANENT HOUSING

RUHS-BH leveraged more than \$19 million in MHSAs funds for permanent supportive housing to support the development efforts associated with the creation and planning of more than 850 units of affordable housing throughout Riverside County. Integrated within each of these unique MHSAs-funded projects, were 15 units of permanent supportive housing scattered throughout the apartment community. The affordable housing communities that received MHSAs funding from the RUHS-BH for permanent supportive housing are identified below.

MHSA FUNDED PERMANENT SUPPORTIVE HOUSING

REGION	PROJECT NAME & POPULATION SERVED	NUMBER OF AFFORDABLE UNITS IN THE COMMUNITY	NUMBER OF MHSA UNITS EMBEDDED IN THE COMMUNITY
Desert	LEGACY All consumers	80	15
Desert	VERBANA CROSSING All consumers	96	15
Mid-County	PERRIS FAMILY APARTMENTS All consumers	75	15
Mid-County	THE VINEYARDS AT MENIFEE Older Adults	80	15
Western	CEDAR GLEN All consumers	Phase 1 - 78 (<i>open</i>) Phase 2 - 75 (<i>in planning</i>)	15
Western	RANCHO DORADO All consumers	Phase 1 - 70 Phase 2 - 75	15

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REGION	PROJECT NAME & POPULATION SERVED	NUMBER OF AFFORDABLE UNITS IN THE COMMUNITY	NUMBER OF MHSA UNITS EMBEDDED IN THE COMMUNITY
Western	VINTAGE AT SNOWBERRY Older Adults	224	15
TOTAL <i>(including those in planning and under construction)</i>		853	105

The MHSA permanent supportive housing program continued to advance its efforts during FY15/16. The Perris Family Apartments which began construction in FY13/14 was able to begin occupancy in the summer of 2015. Consistent with the service delivery model of all other MHSA funded RUHS-BH locations; it includes 15 integrated supportive housing units within the 75 unit complex. The community includes a full-time onsite support staff member who has an on-site private dedicated office. This multi-family affordable housing project is located in the City of Perris.

The completion of the Perris Family Apartments utilized the last of the committed funding available through MHSA. RUHS-BH now has expended all available MHSA housing development funds held in trust by the California Housing Finance Agency (CalHFA).

The MHSA units within each of these communities operate at near 100% occupancy and experience very little turnover. There continues to be a waiting list of more than 100 eligible consumers for housing of this kind. Existing units of MHSA permanent supportive housing will remain available to eligible residents for a minimum period of 20 years from the date of initial occupancy.

SCATTERED SITE HOUSING

In addition to providing support to MHSA residents in these communities, the Homeless Housing Opportunities, Partnership & Education (HHOPE) Housing Resource Specialist position is funded through MHSA and provides ongoing supports and advocacy to scattered site housing managers and residents.

During FY15/16, the staff of the HHOPE Program provided property management and resident supportive services to consumers residing in 204 various grant-funded supportive housing apartments across Riverside County.

AGENTS OF CHANGE

RUHS-BH continues to actively engage our community stakeholders and partners in order to engage in active dialogue and community conversations, which allow us opportunities to be positive Agents of Change in our community. In November 2015, and then again in March of 2016, HHOPE provided training to more than 100 service providers across communities on the best practices for providing supportive housing services. RUHS-BH also provided Mental Health 101 training in October 2015 to MHSA housing partners, landlords and apartment managers.

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RUHS-BH has a Memorandum of Understanding with the Riverside Fair Housing Council. This MOU allows the Fair Housing expert staff and RUHS-BH HHOPE staff to consult on difficult housing situations and complaints against, or on behalf of, those we serve. This collaborative effort aids in reducing evictions and as a result, a housing crisis, to our individuals. In March 2016, the Riverside Fair Housing Council conducted a tenant workshop for our individuals on leases and lease agreements to educate them on their housing rights and responsibilities. In April 2016, RUHS-BH provided Mental Health 101 training to Riverside Fair Housing program staff and then in late April 2016, HHOPE Management staff provided training on Special Needs Housing at the Fair Housing Conference to local workshop participants.

LOOKING AHEAD TO FY16/17

The impact of the elimination of Redevelopment Agencies statewide over the past several years has been dramatically felt across the state. This loss has affected a source of funding that has traditionally been a powerful driver for the creation of new units of low-income and special needs housing. Affordable housing communities provide a natural setting and partnership for the development and co-location of MHSA supportive housing units within those communities. There continues to be a large gap in funding for new MHSA permanent supportive housing that severely constrains the capacity of RUHS-BH to expand this innovative and proven program.

RUHS-BH continues to support affordable housing development and development projects as funding becomes available and advocacy for special needs housing for very low-income residents, particularly those who are in a housing crisis living on the streets or at risk, who have severe and persistent mental health challenges.

RUHS-BH works closely with community partners such as the Riverside County HUD Continuum of Care (COC) to increase the ways in which to meet the housing needs for those living on the streets or at risk and served by our programs. For example, we continue to collaborate with the COC and various Veteran Service Partners to explore funding available through Proposition 41 (the 2014 California Veterans Housing and Homeless Prevention Bond Act). This proposal would provide supportive housing units for veterans as part of Phase 2 of Cedar Glen in Riverside.

Additionally, the HHOPE program has been actively engaging with community partners to develop a Coordinated Entry System (CES) in the community. This strategy utilizes a vulnerability assessment to identify and link individuals living on the streets who, once assessed, identify to have the highest vulnerability and needs, to available housing as a priority. As a result of this collaboration and committed effort through the HHOPE program, RUHS-BH was recently selected to be the CES lead for Riverside County by the COC. In May 2016, RUHS-BH was awarded a HUD grant to begin implementation of this valuable CES process. Currently HHOPE is holding weekly meetings with all the outreach and engagement, as well as housing staff, from across the county who are employed by many other private and non-profit supportive service agencies to engage in active and positive dialogue regarding those living on the streets and linking them to appropriate housing and services, including our mental health services. This has been an exciting opportunity to be Agents of Change to our community partners on the needs and priority for housing for our individuals.

"WELLNESS BEGINS WITH A HOME"

RUHS-BH recognizes the integral part that housing plays in the recovery and wellness of those we serve and continues efforts to collaborate and join with developers and community partners to capture any funding opportunity that will support the production of affordable housing; this includes developments which include units of permanent supportive housing for MHA-eligible consumers.

Currently there remain over 100 MHA-eligible consumers on a waiting list for permanent supportive housing in Riverside County. The need for permanent supportive housing for our consumers who are living on the streets or at-risk of a housing crisis, who are struggling with severe and persistent mental illness, continues to far outpace the supply available in Riverside County.

Permanent supportive housing for people with mental health challenges is an integral part of the solution to homelessness in Riverside County and is a cornerstone of our consumers' long term wellness and recovery.

Respectfully submitted,

Lynne Brockmeier,
HHOPE Manager / Housing Crisis Response Manager
Housing Unit

LEGISLATIVE COMMITTEE

MISSION STATEMENT

To bring the Behavioral Health Commission abreast of all pertinent issues or topics currently being discussed in State and Federal Government Legislation.

GOALS

To keep the Behavioral Health Commission informed of legislative activities whether Federal, State, or County. To advocate for legislation that would be beneficial to our community.

The Legislative Committee had not held regular meetings for several years, until resuming in May, 2016. Rather than meeting formally, the Commissioners had been asked to keep track of current legislation and issues that might affect behavioral health or services.

The main stated goal has been to inform the Behavioral Health Commission of current proposed legislation, and to make recommendations as to the position the BHC should consider and/or support on these issues.

The initial meeting was attended by three members, and a clerical support person provided by the Department. Although time was spent getting acquainted, three separate pieces of legislation were briefly discussed. Further, there was a discussion on the importance of boards and commissions, whose decisions can have wide-ranging effects on behavioral health issues, yet whose actions are outside the legislative process, and whose members are appointed rather than elected.

The committee identified the following two priorities:

1. That the committee should be a much larger and more inclusive group, and
2. That the committee needs input from the Commissioners and the public.

The Committee Chair announced these needs at the BHC meeting immediately following the scheduled meeting, and provided the name, telephone number, and email address of the committee clerical support person, for those who were interested in joining the committee or for additional information.

Respectfully submitted,

Walter T. Haessler, M.D.
Legislative Committee Chair

OLDER ADULT SYSTEM OF CARE COMMITTEE

VISION

The Older Adult System of Care Committee Vision is to value self-determination and independence of our older adult and culturally diverse consumers. We value the pursuit of quality of life.

MISSION STATEMENT

The Older Adult system of Care Committee Mission is to enable older adult consumers, who are significantly impaired from a mental illness, to access the services that will promote empowerment and recovery.

Older Adult Services seeks to assist consumers in their recovery by maintaining a physically and emotionally healthy lifestyle so they are able to remain in their home or community-based housing for as long as possible. Services are provided by a multi-disciplinary staff with specialized training in evaluating and addressing both mental illness and issues of aging.

GOALS

1. Reduce stigma and increase utilization of services through education and awareness.
2. Support the mission of Riverside University Health System – Behavioral Health to provide high quality care to residents of the Western Region.

COMMITTEE REPORT

The Older Adult System of Care Committee meets on a monthly basis with consumers, other local agencies, and staff to increase understanding, educate, and inform members of available services, to share common concerns, and to advocate and promote quality services of all consumers.

Guest speakers from different agencies provide a 30-40 minute presentation on their area of expertise. During the past year, speakers from Family Advocate, Office on Aging, Community Access Center, and other partnering agencies, provided consumers, staff and others, education and awareness in an effort to improve the quality of life for older adults.

Meetings are held at Riverside University Health System – Behavioral Health's new Conference Center on Rustin Avenue in Riverside.

Staff in all regions participate in and promote local events and health fairs to increase awareness of treatment and services and reduce stigma, including the May is Mental Health Month's Wellness Fair and Annual Elder Abuse Symposium.

Over the past year, the following Older Adults clinics now have on-site Substance Use programs: Lake Elsinore, Desert Hot Springs, and Rustin.

PETS ASSISTING IN RECOVERY PROGRAM (PAIR)

The Older Adults program utilizes the PAIR program for individual therapy and groups.

EVIDENCE-BASED PRACTICES AND OTHER GROUPS

Over the past year, both SMART and Wellness & Recovery have increased the number of evidence-based groups. Bridges and Recovery Management Groups have included:

- WRAP (Wellness Recovery Action Plan) run by Peers
- Grief and Loss Group
- Psychotherapy Group
- Bridges (life skills and recovery management, run by an Occupational Therapist (OT) and a Behavioral Health Specialist (BHS II))
- Recovery Management (life skills, run by OT and BHS II)
- Innovations HeLP (Healthy Living Partnership)
- Co-Occurring Disorder Group (for consumers diagnosed with major mental illness and substance abuse issues)
- CBT Group for Depression (Cognitive Behavior Therapy-using the BDI to measure effectiveness)
- Exercise Group
- Quarterly Family Conferences: significant others are invited to come together for support, mental health education and referral to resources
- Dialectical Behavioral Therapy (DBT)
- WRAP and Wellness Groups for Spanish speakers

Respectfully submitted,

Older Adult System of Care Committee
Tony Ortego, Mental Health Administrator
Ric Riccardi, Committee Chair

VETERANS COMMITTEE

VISION

We look forward to a day when a grateful nation will fully recognize and meet the needs of its veterans.

MISSION STATEMENT

To advise and foster a collaboration of veterans' families and mental health and substance use support organizations, to address and alleviate the mental health and substance use needs of veterans and their families; and to recommend and propose related services.

GOALS

To monitor and assure that all veterans requesting Riverside University Health System - Behavioral Health (RUHS-BH) services receive those services, per department policy. To welcome and support the incoming Veterans Services Liaison, and help in developing an intake and referral form. To continue to expand the committee, welcoming members from diverse backgrounds and positions.

Committee members are aware of, and have discussed, the importance of hiring a Veterans Services Liaison by RUHS-BH. Unfortunately, there have been unavoidable delays in the hiring process. However, it is the Committee's understanding that a very strong applicant, known to many of us, has accepted the position and will begin work in August 2016. It is expected that he will interview, diagnose, develop care plans for, and provide therapeutic and case management services for veterans who elect to receive services from the department. He is also expected to represent the department at relevant committees, events, and community programs, and help develop recommendations to better serve veterans and their families.

This individual will also be a key player in developing a new intake form, which is a key factor in the referral process, both within and outside the department, which has had the Committee's interest and attention.

Another important issue has been the Department's commitment to provide services to veterans who elect to receive help from the Department, even though qualified to receive services through the VA. There have been anecdotes involving veterans referred out, rather than receiving desired services through the Department, despite the Department's stated policy on this matter. Presentations were made to Regional Boards on this subject, to help ensure veterans receive their choice of treatment.

The Veterans Committee continues to collaborate with Veterans Court. The mission of Riverside County Veterans Court is to provide an inter-agency, collaborative treatment strategy for veterans in the criminal justice system who suffer from mental health and/or substance use problems. The committee receives regular input on this subject from a Behavioral Health Department Family Advocate, who is a regular

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attendee at committee meetings. One recent suggestion involved Mental Health Court, which has a 12-month program - suggesting that it could work better with the 18-month time frame of Veterans Court.

The Committee regularly discusses Crisis Intervention Training (CIT), and had a comprehensive presentation and discussion with Tiffany Ross, who conducts these trainings for the Riverside County Sheriff's Department and the Riverside City Police Department. Peter Caro, USMC Veteran, Veterans Committee member, and Workforce Education and Training Intern, will be part of the CIT trainings and present information regarding PTSD.

The Committee also had a presentation and discussion with Edward Armas from Loma Linda VA, who conducts CIT for San Bernardino County. San Bernardino County's program has more hours, and they are able to include information specific to veterans' issues, such as: recovery issues, lived experience stories, videos, trauma, PTSD, substance use, and the availability of a crisis line. Of specific importance here is that Mr. Caro and Mr. Armas plan to connect to discuss a possible collaboration regarding their presentations.

The Committee also hosted other guests and presentations involving the Corona Veterans Center and the San Bernardino Veterans Subcommittee. The former was presented by Edward Martinez and informed about services they provide, as an alternative for those who prefer those over VA services. They help veterans with individual and family therapy and help them navigate the VA system. They also help veterans regardless of their type of discharge. The latter was presented by Mr. Caro, who emphasized the subcommittee's information on helpful non-profit organizations.

The Committee has grown significantly. The energy level and camaraderie are strong. The Veterans Affairs Director or his Deputy attend the meetings regularly. There are several Department employees, from different divisions, who also participate. The Behavioral Health Commission is regularly represented, and there are members from the Loma Linda VA. Chairmanship changed with the May, 2016 meeting.

Respectfully submitted,

Walter T. Haessler, M.D.
Veterans Committee Chair (Outgoing)

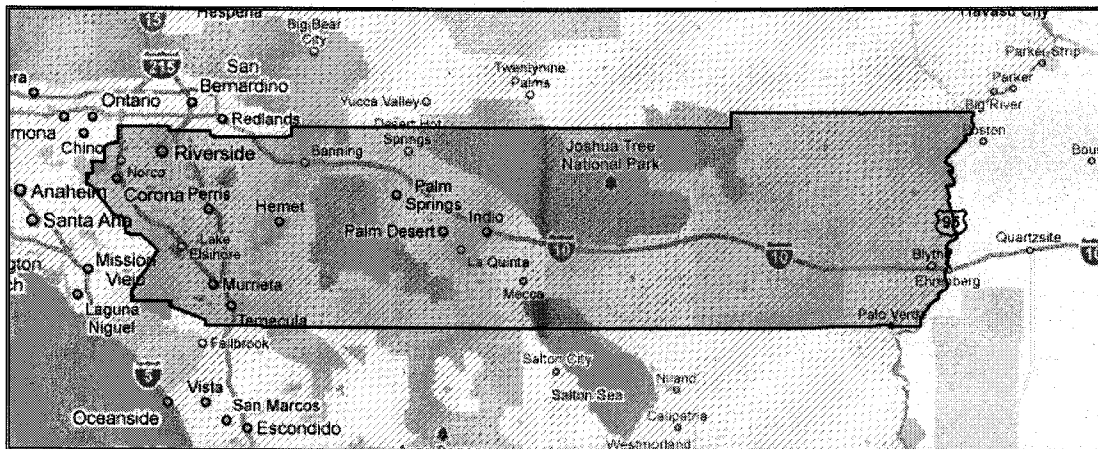
Rick Gentillalli, M.Ed., Th.D. (c)
Veterans Committee Chair

REGIONAL BEHAVIORAL HEALTH ADVISORY BOARDS

DESERT REGIONAL BOARD
Richard Divine, Desert Region Board Chair

MID-COUNTY REGIONAL BOARD
Kimberly McElroy, Mid-County Region Board Chair

WESTERN REGIONAL BOARD
Greg Damewood, Western Region Board Chair



DESERT REGIONAL BEHAVIORAL HEALTH ADVISORY BOARD

Richard Divine
Desert Regional Board Chair

James Grisham
Desert Region Mental Health Services (MHS) Administrator.

MISSION STATEMENT

To continue to build upon the success of the "May is Mental Health Month" Creative Writing and Art Show; establish full Board capacity; ensure recruited members represent the populace of the Desert Region; inform the community of services offered in the Desert Region; ensure that these programs meet the community's needs; and educate the public to reduce the stigma attached to mental illness.

The Desert Regional Behavioral Health Advisory Board is one of three Regional Boards located throughout Riverside County. Riverside County covers such a large geographical area that the Behavioral Health Commission formed the regional boards to act as a liaison between the citizens of each region, the Behavioral Health Commission and the Riverside University Health System - Behavioral Health (RUHS-BH). The Desert Region includes Calimesa, Banning, Beaumont, the Coachella Valley continuing east to Blythe and the Arizona border.

The Desert Regional Board continues to keep apprised of current events and programs within the Behavioral Health Department and ensures that the Desert Region receives those programs necessary for our clients. Riverside University Health System - Behavioral Health has been very good at making sure that most programs cover the entire County, or at least some variation of them.

The Regional Board has maintained a constant level of membership with 12 members throughout the year. Members represent law enforcement, medical, education and the business community and are very committed to bringing the best services possible to our Desert Regional consumers.

Every May, the Desert Regional Board hosts a Creative Writing and Art Show. This year was the fourteenth annual event and was once again hosted at the Coachella Valley Rescue Mission. As Chairperson, I would like to thank Dr. Janice Quinn, Mark Miller, and RUHS-BH staff for making this year such an outstanding success. Over 75 entries were submitted for creative writing and over 275 pieces of art were submitted for the art show. This year, the event was opened to youth between the ages of 10 through 16. Attendance this year increased to approximately 350 people and was such a huge success that a larger venue may be necessary for next year's event.

Once again this year, judging was conducted by local politicians and police chiefs who expressed a great interest in continuing their personal involvement in future shows.

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The Desert Regional Board members continued to visit various cities throughout the region to accept the "May is Mental Health Month" proclamations and Board members were afforded a few minutes to discuss mental illness and the stigma associated with it.

The Desert Regional Board wishes to thank Riverside County and RUHS-BH, especially the regional staff, for the quality and range of services provided to the Desert Region community.

Respectfully submitted,

Richard Divine, Desert Regional Chair and
James Grisham, Desert Region Mental Health Services Administrator

MID-COUNTY REGIONAL BEHAVIORAL HEALTH ADVISORY BOARD

KIM McELROY

Mid-County Regional Board Chair

ELAINE BARRON

Mid-County Region Mental Health Services Administrator

MISSION STATEMENT

To support the Behavioral Health Commission's mission with our input, voice, advocacy, and promotion of quality services for the culturally diverse communities of the Mid-County Region.

GOALS

To reduce stigma and increase utilization of services through education and awareness; to support the mission of Riverside County's Riverside University Health System – Behavioral Health (RUHS-BH) to provide recovery-oriented services; to empower members of the Mid-County Region to achieve greater independence; to advise the Mid-County Region and the Behavioral Health Commission; and to promote Board membership.

Throughout the past year, the Mid-County Regional Board (McRB) has been active through monthly board meetings and numerous activities. The Board holds meetings each month at various clinics and mental health programs throughout the Region to enhance members' understanding of the locations and services in the various communities within the Mid-County Region. It also serves to improve the community's understanding of, and communication with, the Board and its members. McRB members also participated on committees of the Behavioral Health Commission (BHC), including the Criminal Justice, Adult System of Care, Legislative, Veterans, and Children's Committees and attended monthly meetings of the Behavioral Health Commission.

McRB members also participated in the very successful, Second Annual May is Mental Health Month (MiMHM)—Mid-County "Live Life Well" event, sponsored by the McRB and held on Saturday, May 21, 2016, at the Perris City Hall front lawn and the Perris City Council Chambers. Two Board members co-chaired the event. Board members also attended various city council meetings during the months of April and May, 2016, to accept proclamations from various cities, including Hemet, Perris, Temecula, and Wildomar. These proclamations were displayed to the community at the MiMHM "Live Life Well" event in Riverside, at Fairmont Park, on May 19, 2016. In addition, one McRB member sponsored a booth at Canyon Lake's "Fiesta Days" event, for Recovery Innovations, Inc., where stigma reduction literature and other mental health resource information were distributed.

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McRB members were also active during the holiday season and provided gift card donations for consumers of the Hemet Adult Clinic, the Lake Elsinore Family Room, the Perris Family Room, and the Temecula Adult Clinic.

Each month, a McRB Chair is present at the BHC meetings, to obtain department-wide information and to provide Mid-County information. Currently, two of the McRB members also serve on the Behavioral Health Commission. The McRB also reviewed and provided feedback for the Department's Mental Health Services Act Three-Year Annual Plan Update.

In addition, Board members participated in the National Alliance on Mental Illness (NAMI) Walk fundraiser, held on November 7, 2015, at Diamond Valley Lake in Hemet and in the Mt. San Jacinto NAMI Annual Christmas Party.

At each meeting, the McRB invites speakers and program supervisors to talk about numerous mental health-related topics and provide presentations about their programs and services. These included presentations from the Temecula Children's Clinic, Victor Community Support Services, the Temecula Adult Clinic, the Lake Elsinore Family Room, the Mid-County Multidimensional Family Therapy (MDFT) Program, the Perris Family Room, Recovery Innovations International, the Mt. San Jacinto Children's Program, the Mid-County Wraparound Program, and ANKA Full Service Partnership (FSP). Over the past year, there were lively discussions about the needs of our communities and ways the McRB can assist, especially in regard to the Hemet and Mt. San Jacinto facilities. It also addressed the mission and function of the Regional Board itself, the purpose of site reviews, the need for updating our area clinics' promotional materials, and the integration of Mental Health, Physical Health and Substance Use. One Regional Board member, who also serves on the Commission and actively participated on the Commission's Veterans Committee, helped in the interview process for the Department's Veterans Liaison position. Another Board member was instrumental in arranging for BOS Supervisor Chuck Washington and Hemet Mayor Linda Krupa to tour the Hemet Adult Clinic and the Mt. San Jacinto Children's Program.

The McRB members completed a number of site reviews, including the Lake Elsinore Family Room, the Temecula Children's Clinic, the Temecula Adult Clinic, and the Mid-County Regional MDFT Program.

Board membership increased this year, with the additions of Brenda Scott, Rita Bendlin, and Matt Compos. New officers, elected in January, are Kimberly G. McElroy, Chair; Gloria Hernandez, Vice Chair; and Ian Aman, Secretary.

Respectfully submitted,

Kimberly G. McElroy, Mid-County Board Chair
Elaine Barron, LCSW, Mid-County Mental Health Services Administrator

WESTERN REGIONAL BEHAVIORAL HEALTH ADVISORY BOARD

GREG DAMEWOOD
Western Regional Board Chair

VICKI REDDING, PAUL THOMPSON,
Western Region Mental Health Services Administrators

MISSION STATEMENT

To support the Behavioral Health Commission's mission with our input, voice, advocacy, and promotion of quality services for the culturally diverse communities of Western Region.

GOALS

To reduce stigma and increase utilization of services through education and awareness, and to support the mission of Riverside University Health System – Behavioral Health (RUHS-BH) to provide high quality care to residents of the Western Region.

* * * * *

The Western Regional Board (WRB) members supported the efforts of the Behavioral Health Commission to the best of their abilities although membership has been challenged by the passing away of two members and the hiring of one by the county, therefore, not eligible to continue as a voting member on this board. Support of community events included:

- Dare to Be Aware Youth Conference in October 2015;
- The retirement reception of Mr. Jerry Wengerd, Behavioral Health Director on December 8, 2015;
- Serving holiday meal for seniors living at county facilities held at the Elks Club in Riverside on December 8, 2015, with several members serving food;
- The National Alliance on Mental Illness (NAMI) Walk held in October 2015;
- May is Mental Health Month 2016, at Fairmont Park;
- The dedication of the County Hospital in its new direction as Riverside University Health System on January 22, 2016;
- The Fox Performing Arts Center in support of the public service announcements authored by local school students in May 2016; and
- Reached out via the Inland Empire Disabilities Collaborative regarding health challenges, Inland Regional Center, and other community activities throughout the year such as members attending training on elder abuse prevention hosted by the RUHS-BH.

It should be noted the RUHS-BH, including Western Region's staff provided its resources and dedicated professionals to aid those affected by the December 2, 2015, attack at the Inland Regional Center (IRC)

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where many died or were wounded. The RUHS-BH also stepped up to house the Inland Empire Disability Collaborative, as this organization lost its meeting place at the IRC.

At least two members of the WRB serve as Commissioners on the Behavioral Health Commission. Participants report back to the WRB to keep members current as to activities within the various committees.

The Administrators, Supervisors, and Leads, of the County attending our meetings have been very supportive of this Board.

WRB members conducted site visits to better understand Western Region program services and needs. The WRB members also decided to conduct meetings every other month at this time due to schedules and meeting the needs of members. Transportation is a big challenge for many to attend meetings and perform site reviews. The WRB is also learning about and supporting the issues of substance use, as this need was added to our list of concerns this past reporting period.

As Ms. Patricia Carrillo and Mr. Keith Oddson passed away in the last two years along with other members leaving for full time jobs, this Regional Board is dealing with a challenge to recruit membership. We continue to have a high percentage of consumers serving along with diverse backgrounds and gender. Any assistance for additional qualified members to join the WRB is most appreciated.

The WRB anticipates the new Director, Mr. Steve Steinberg, will inspire us with his guidance and support. The Board looks forward to another year of service and means to provide the Western Region our volunteerism to the best of our abilities.

Respectfully submitted,

Greg Damewood, Western Board Chair
Vicki Redding, Paul Thompson,
Western Region Mental Health Services (MHS) Administrators

SITE REVIEWS

The goal of the Behavioral Health Commission and its Regional Advisory Boards is to visit all service locations within a three year time period to assess the community's mental health and substance use needs, to evaluate the extent to which these needs are being met, and to make any necessary recommendations in regard to policy and procedural matters.

Site Name & Address: Desert AIDS Program
1695 North Sunrise Way
Palm Springs, CA 92262

Completed by: Tori St. Johns

Date Completed: December 3, 2015

Site Name & Address: Lake Elsinore Family Clinic
31764 Casino Drive, Suite 300
Lake Elsinore, CA 92530

Completed by: Kimberly McElroy

Date Completed: October 13, 2015

Site Name & Address: Metcalf Recovery Ranch/ VARP, Inc.
9826 18th Avenue
Blythe, CA 92225

Completed by: Tori St. Johns
Carole Schaudt

Date Completed: July 24, 2015

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Site Name & Address: Southwest Detention Center (Jail)
30755 B Auld Road
Murrieta, CA 92563

Completed by: Dr. Walter Haessler

Date Completed: September 14, 2015

Site Name & Address: Temecula Adult Outpatient Program
40925 County Center Drive, Suite 200
Temecula, CA 92591

Completed by: Dr. Walter Haessler

Date Completed: December 17, 2015

Site Name & Address: Temecula Children's Program
41002 County Center Drive, Suite 320
Temecula, CA 92591

Completed by: Kimberly McElroy

Date Completed: October 14, 2015