

SUBMITTAL TO THE BOARD OF SUPERVISORS
COUNTY OF RIVERSIDE, STATE OF CALIFORNIA



ITEM
3.13
(ID # 5439)

MEETING DATE:

Tuesday, November 7, 2017


FROM : RUHS-BEHAVIORAL HEALTH:

SUBJECT: RIVERSIDE UNIVERSITY HEALTH SYSTEM - BEHAVIORAL HEALTH: Receive and File the Behavioral Health Commission Annual Report FY16/17. District: All. [\$0]

RECOMMENDED MOTION: That the Board of Supervisors:

1. Receive and file the Behavioral Health Commission Annual Report for FY16/17.


ACTION:


Steve Steinberg 10/26/2017

MINUTES OF THE BOARD OF SUPERVISORS

On motion of Supervisor Jeffries, seconded by Supervisor Washington and duly carried, IT WAS ORDERED that the above matter is received and filed as recommended.

Ayes: Jeffries, Tavaglione, Washington and Perez
Nays: None
Absent: Ashley
Date: November 7, 2017
xc: RUHS-Behavioral Health

Kecia Harper-Ihem
Clerk of the Board
By: 
Deputy

**SUBMITTAL TO THE BOARD OF SUPERVISORS COUNTY OF RIVERSIDE,
STATE OF CALIFORNIA**

FINANCIAL DATA	Current Fiscal Year:	Next Fiscal Year:	Total Cost:	Ongoing Cost
COST	\$0	\$0	\$0	\$0
NET COUNTY COST	\$0	\$0	\$0	\$0
SOURCE OF FUNDS: N/A			Budget Adjustment:	No
			For Fiscal Year:	16/17

C.E.O. RECOMMENDATION: [CEO use]

BACKGROUND:

Summary

The Behavioral Health Commission (BHC) is established pursuant to the provisions of California Welfare and Institutions (W&I) Code Sections 5604 et seq., and Health and Safety Code Sections 11800-11803 et seq. The BHC serves as a liaison between the community, the Riverside University Health System – Behavioral Health, and the Riverside County Board of Supervisors. It is the function of the BHC, under the W&I Code 5604.2 and BHC Bylaws, Article I, Section 3, to review the services of the local mental health and substance abuse system and assess programs to make sure they meet the needs of our residents and ensure the citizens of Riverside County are provided with prompt, effective, efficient, and culturally competent community-based services.

The BHC provides critical examination and review of services and proposes recommendations concerning delivery of services.

As required under the W&I Code, BHC Bylaws, and the Riverside County Board of Supervisors, Policy A-21, the BHC respectively submits its annual report to the Board of Supervisors covering the needs and performance of Riverside County's mental health and substance abuse system.

The BHC's commitment to their duties and responsibilities has always been met with cooperation and enthusiasm. Serving the mentally ill and those struggling with substance abuse is the ongoing goal of the BHC.

The BHC would like to take this opportunity to thank the Board of Supervisors for their continuing support related to the needs of the Riverside University Health System – Behavioral Health, which in turn, allows them to provide effective and efficient mental health and substance use services to the citizens of Riverside County.


Impact on Citizens and Businesses

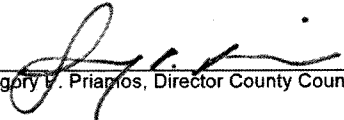
The BHC serves as an oversight committee of the Riverside University Health System – Behavioral Health to advocate as a united voice for consumers of substance abuse and mental

**SUBMITTAL TO THE BOARD OF SUPERVISORS COUNTY OF RIVERSIDE,
STATE OF CALIFORNIA**

health services and to promote improvement in the quality, quantity, and cultural competency of mental health services delivered to the residents of Riverside County.

The services described in the Behavioral Health Commission Annual Report are a component of the Department's System of Care aimed at improving the health and safety of consumers and the community.


Douglas Cady, Principal Management Analyst 10/30/2017


Gregory V. Priamos, Director County Counsel 10/26/2017

COUNTY OF RIVERSIDE

RIVERSIDE UNIVERSITY HEALTH SYSTEM - BEHAVIORAL HEALTH

BEHAVIORAL HEALTH COMMISSION

ANNUAL REPORT

7/1/2016 - 6/30/2017

BOARD OF SUPERVISORS

DISTRICT I - KEVIN JEFFRIES

DISTRICT II - JOHN TAVAGLIONE

DISTRICT III - CHUCK WASHINGTON

DISTRICT IV - MANUEL PEREZ

DISTRICT V - MARION ASHLEY



TABLE OF CONTENTS

BEHAVIORAL HEALTH COMMISSION INTRODUCTION	1
MISSION STATEMENT	2
THE MISSION OF THE CALIFORNIA MENTAL HEALTH MASTER PLAN	2
RECRUITMENT EFFORTS.....	3
COMPOSITION OF THE COMMISSION AND BOARDS	4
2017 BEHAVIORAL HEALTH COMMISSION ROSTER.....	4
2017 DESERT REGION ADVISORY BOARD ROSTER.....	6
2017 MID-COUNTY REGION ADVISORY BOARD ROSTER.....	7
2017 WESTERN REGION ADVISORY BOARD ROSTER.....	8
COMMITTEE REPORTS.....	9
ADULT SYSTEM OF CARE COMMITTEE.....	10
CHILDREN'S COMMITTEE	12
CRIMINAL JUSTICE COMMITTEE.....	15
EXECUTIVE COMMITTEE	20
HOUSING COMMITTEE	22
LEGISLATIVE COMMITTEE.....	26
OLDER ADULT SYSTEM OF CARE COMMITTEE.....	267
VETERANS COMMITTEE	29
REGIONAL BEHAVIORAL HEALTH ADVISORY BOARDS	31
DESERT REGIONAL BEHAVIORAL HEALTH ADVISORY BOARD	32
MID-COUNTY REGIONAL BEHAVIORAL HEALTH ADVISORY BOARD	34
WESTERN REGIONAL BEHAVIORAL HEALTH ADVISORY BOARD.....	37
SITE REVIEWS.....	39

BEHAVIORAL HEALTH COMMISSION INTRODUCTION

The Riverside County Mental Health Advisory Board was created on August 15, 1966 and transitioned to become the Mental Health Board on April 6, 1993. The purpose of the Mental Health Board was to review and evaluate the County's mental health needs, services, facilities and special matters; advise the Board of Supervisors and Director of Mental Health; review certain behavioral health related agreements; assess the impact of realignment of services from the state to the County; report to the State regarding the County's performance outcome data; and perform other enumerated tasks.

The Riverside County Substance Use Advisory Committee was formed on June 2, 1994 through the consolidation of the Riverside County Alcohol Advisory Committee and the Riverside County Advisory Committee on Drug Abuse. The purpose of the Substance Use Advisory Committee was to advise the Board of Supervisors and Director of Mental Health on the prevention, treatment, and recovery programs within the County; encourage and educate the public on the nature of drug and alcohol programs; and review the County's needs to address the ongoing problems associated with drug and alcohol abuse.

As these two issues are often so intertwined, the state legislature dissolved the State Department of Mental Health and the State Department of Alcohol and Drug Programs and merged them into the Department of Healthcare Services (DHCS) in 2013. Following suit, on November 24, 2014, Riverside County's Board of Supervisors approved the consolidation of the Mental Health Board and Substance Use Advisory Committee, establishing the Behavioral Health Commission (BHC).

The Behavioral Health Commission is committed to overseeing, evaluating, and reviewing Riverside University Health System – Behavioral Health's delivery of services to people struggling with mental illness and/or substance abuse residing within the county. It is the function of the BHC to ensure that citizens of Riverside County are provided with prompt, effective, efficient, and culturally competent community-based services. The BHC provides critical examination and review of services and provides recommendations concerning the delivery of services.

The BHC serves as a liaison between the community, Riverside University Health System – Behavioral Health, and the Riverside County Board of Supervisors. The Commission consists of consumers, family members of consumers, and public interest representatives from the medical, educational and other professional fields, as well as law enforcement, whose aim is to educate, advocate for ready access to services, and guide consumers through the mental health and substance abuse system.

The BHC is committed to ensuring that culturally competent services are provided to people of all ethnic, cultural, racial, and linguistic backgrounds through program review and appropriate recommendations.

MISSION STATEMENT

“The mission of the Riverside County Behavioral Health Commission is to provide public, consumer, and family member input into the planning process of mental health and substance abuse services and to assist the Riverside County Department of Behavioral Health in carrying out its mandated functions, to advocate as a united voice on substance use and mental health consumer issues, and to promote improvement in the quality, quantity, and cultural competency of behavioral health services delivered to the residents of Riverside County.”

THE MISSION OF THE CALIFORNIA MENTAL HEALTH MASTER PLAN

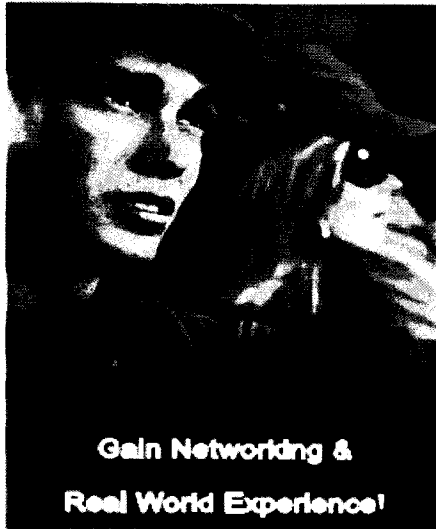
(Passed as part of the Bonzan-McCorquodale Act of 1991)

“The mission of California’s mental health system shall be to enable persons experiencing severe and disabling mental illnesses and children with serious emotional disturbances to access services and programs that assist them in a manner tailored to each individual, to better control their illness, to achieve their personal goals, and to develop skills and supports leading to their living the most constructive and satisfying lives possible in the least restrictive available settings.”

RECRUITMENT EFFORTS

The Behavioral Health Commission continually supports recruitment efforts and encourages new members to join the Commission through a variety of methods that include community outreach and solicitation through diverse venues. These include postings on the Riverside University Health System – Behavioral Health and Board of Supervisors websites and distribution of information at community events such as the annual May is Mental Health Month Fair and other community gatherings.

**Make a Difference in Your Community
Join the Behavioral Health Commission**



The County of Riverside is currently seeking volunteers to serve on the Behavioral Health Commission, and is searching for motivated individuals who want to make an impact on how mental health services are delivered in the County of Riverside



For more information, contact:
Behavioral Health Commission Liaison
(951) 955-7141

Applications available at: www.rcdmh.org

COMPOSITION OF THE COMMISSION AND BOARDS

In accordance with Welfare and Institutions Code, Sections 5604, as amended by Chapter 1374: The Behavioral Health Commission (BHC) for the County of Riverside shall consist of 15 members appointed by the Board of Supervisors. An additional member of the BHC shall be a member of the Board of Supervisors or his/her formal designee. Fifty percent (50%) of the board membership shall be consumers, or the parents, spouses, siblings, or adult children of consumers who are receiving or have received mental health services. At least twenty percent (20%) of the total membership shall be consumers, and at least twenty percent (20%) shall be families of consumers. Each member of the Board of Supervisors shall appoint three persons from their district to the BHC.

The BHC for the County of Riverside also consists of three Regional Behavioral Health Advisory Boards: Western, Mid-County, and Desert. The purpose of the Regional Behavioral Health Advisory Boards is to serve in an advisory capacity to the Regional Administrators and the BHC, and to ensure that all County mental health and substance abuse programs and services of the respective geographical areas are responsive to community needs. The Regional Boards convey the goals and programs of service to the community. They also represent and serve as a two-way communication link between the regional services and the general public, key segments of the community, and geographic areas within the county. Each Regional BHC focuses on specific Supervisorial Districts. The Western Regional Board addresses Supervisorial Districts 1, 2, and parts of 5; the Mid-County Regional Board concentrates on Districts 1, 3, and parts of 5; and the Desert Regional Board focuses on District 4 and parts of 5.

MEMBER COMPOSITION		
Public Interest	4	35%
Family	7	50%
Consumer	2	10%
BOS Representative	1	5%
Total:	14	

As of: 6/30/2017

2017 BEHAVIORAL HEALTH COMMISSION ROSTER

EXECUTIVE COMMITTEE

RICHARD DIVINE - <i>Chair</i> Family Member District 2 - John Tavaglione Term Expires: 6/30/19	RICK GENTILLALLI - <i>Vice Chair</i> Law Enforcement District 3 - Chuck Washington Term Expires: 6/30/18	RIC RICCARDI - <i>Secretary</i> Family Member/ Public Interest District 5 - Marion Ashley Term Expires: 6/30/18
APRIL JONES Consumer/ Education District 3 - Chuck Washington Term Expires: 6/30/19	BEATRIZ GONZALEZ Education District 4 - Manuel Perez Term Expires: 6/30/19	BRENDA SCOTT Consumer/ Public Interest District 3 - Chuck Washington Term Expires: 6/30/19
CAROLE SCHAUDT Public Interest District 4 - Manuel Perez Term Expires: 6/30/17	DARYL TERRELL Family Member District 5 - Marion Ashley Term Expires: 6/30/19	DILDAR AHMAD Public Interest District 1 - Kevin Jeffries Term Expires: 6/30/19
GEORGE MIDDLE Family Member District 2 - John Tavaglione (Re-districted from District 5) Term Expires: 12/31/18	GREG DAMEWOOD Family Member District 5 - Marion Ashley Term Expires: 6/30/18	JASON FARIN Board of Supervisor Representative District 2 - John Tavaglione Term Expires: 6/30/18
VICTORIA ST. JOHNS Family Member District 4 - Manuel Perez Term Expires: 6/30/18	WALTER T. HAESSLER, MD Public Interest District 1 - Kevin Jeffries Term Expires: 6/30/19	

2017 DESERT REGION ADVISORY BOARD ROSTER

<p>RICHARD DIVINE - <i>BHC Chair</i> Family Member District 4 Term Expires: 12/31/19</p>	<p>JANICE L. QUINN, MD - <i>Vice Chair</i> Public Interest District 4 Term Expires: 12/31/19</p>	<p>MARK MILLER - <i>Secretary</i> Public Interest District 4 Term Expires: 12/31/18</p>
<p>BEATRIZ GONZALEZ Education District 4 Term Expires: 12/31/19</p>	<p>CAROLE SCHAUDT Public Interest District 4 Term Expires: 12/31/19</p>	<p>DENISE DIAMOND Family Member District 4 Term Expires: 6/30/19</p>
<p>FLOYD RHOADES Public Interest District 4 Term Expires: 6/30/19</p>	<p>JIM JONES Public Interest District 4 Term Expires: 6/30/19</p>	<p>JOSEPH A. BUTTS Public Interest District 4 Term Expires: 12/31/19</p>
<p>MAURA FISHER Public Interest District 4 Term Expires: 12/31/19</p>	<p>SANDRA J. NEJA Family Member District 4 Term Expires: 12/31/19</p>	<p>SHARON HJERPE Public Interest District 4 Term Expires: 12/31/19</p>
<p>TORI ST. JOHNS Family Member District 4 Term Expires: 12/31/18</p>		

2017 MID-COUNTY REGION ADVISORY BOARD ROSTER

<p>KIMBERLY MCELROY – <i>Chair</i> Public Interest District 3 Term Expires: 10/30/17</p>	<p>GLORIA HERNANDEZ – <i>Vice Chair</i> Consumer District 5 Term Expires: 12/31/19</p>	<p>GLORIA WILLIAMS – <i>Secretary</i> Consumer District 3 Term Expires: 12/31/18</p>
<p>BRENDA SCOTT Consumer District 3 Term Expires: 12/31/19</p>	<p>GEORGE MIDDLE Public Interest District 1 Term Expires: 12/31/17</p>	<p>PEPE DEL RIO Public Interest District 1 Term Expires: 12/31/19</p>
<p>RITA BENDLIN Family/ Public District 1 Term Expires: 12/31/19</p>	<p>WALTER T. HAESSLER, MD Public Interest District 1 Term Expires: 6/30/19</p>	

2017 WESTERN REGION ADVISORY BOARD ROSTER

GREG DAMEWOOD - <i>Chair</i> Family Member District 5 Term Expires: 6/30/19	RIC RICCARDI - <i>Vice Chair</i> Public Interest District 5 Term Expires: 12/31/17	
CAROLINE MARTINEZ Consumer District 1 Term Expires: 12/31/17	JANE QIU Family Member District 1 Term Expires: 12/31/19	

COMMITTEE REPORTS

The Behavioral Health Commission has a number of committees that are tasked with assessing programs, their functions, and effectiveness. Members of the BHC are elected as Committee Chairs. Below is a list of BHC committees.

- Adult System of Care Committee
- Children's Committee
- Criminal Justice Committee
- Executive Committee
- Housing Committee
- Legislative Committee
- Older Adults System of Care Committee
- Veterans Committee

An annual summary of each committee's activities, submitted by the Committee Chairs, is included on the following pages.

ADULT SYSTEM OF CARE COMMITTEE

MISSION STATEMENT

“To promote, support, and advocate for high quality and culturally appropriate services for severely and persistently mentally ill adults and their families residing in Riverside County through formal recommendations.”

GOALS

“To provide Riverside University Health System – Behavioral Health and the Behavioral Health Commission with feedback from community stakeholders, consumers, and family members about the mental health and substance abuse needs of adults and their families, to make recommendations about services to best meet the needs of adult consumers and their families, to provide input about policies and advise of necessary changes to existing policies to ensure the delivery of high quality and culturally competent services, to review performance outcomes of mental health programs to determine if they meet the goals of Riverside University Health System – Behavioral Health, to improve coordination of services to consumers who receive services from multiple agencies and enhance interagency collaboration.”

* * * * *

The Adult System of Care (ASOC) Committee remained active and informed this past year. Through presentations by Bill Brenneman, Mental Health Services Act (MHSA) Administrator, the Committee reviewed outcomes and provided feedback for the MHSA Three-Year Program and Expenditure Plan for FY17/18 through FY19/20.

The Committee hosted other presentations as well, which included Mr. Jauregui from Inland Empire Health Plan (IEHP), who provided an overview of their services including the IEHP Dual Choice Cal MediConnect; Plan and the IEHP Community Based Adult Services (CBAS) adult day healthcare centers.

Suzanna Juarez-Williamson, Supervising Research Specialist, provided a presentation on the Community Services and Support Component of the MHSA 3-Year Planning Process and solicited feedback.

Ms. De Jaynes, Peer Support Specialist provided information on the Rustin Gym and members were given a tour.

Nat Tollefson, Supervising Substance Abuse Behavioral Health Specialist also provided updates of the 1115 Waiver Implementation and Substance Abuse Programs.

A number of RUHS-BH Regions and partner agencies continue to participate and attend ASOC meetings and report on their collaboration with MHSA efforts. These include Recovery Innovations International (RII); Inland Empire Health (IEHP); National Alliance for the Mentally Ill (NAMI) Mt. San Jacinto; Consumer Affairs; and the Family Advocate Program. Members also participated in the Behavioral Health Commission Board Training and at the May is Mental Health Event in the Mid-County Region.

BEHAVIORAL HEALTH COMMISSION



James Lucero, Vice-Chair and Kathy Mauro, regularly attended the Behavioral Health Commission (BHC) meetings and reported on committee information and suggestions to the BHC. Elaine Barron, Behavioral Health Services Administrator and RUHS-BH Liaison to the ASOC Committee, retired from the Department in November 2016. Vicki Redding, Behavioral Health Services Administrator for Adult Services, was selected to be the new RUHS-BH Liaison for this Committee and will communicate information, findings, and suggestions to RUHS-BH Administration. This ensures that resolutions and recommendations are provided to both the BHC and RUHS-BH, and any necessary follow-up actions are taken, if needed. In turn, feedback is also provided to the ASOC Committee. Brenda Scott was appointed the new Chairperson for this Committee and is focusing on recruiting more members.

The Committee discussed its roles and responsibilities throughout the year. The Transportation Subcommittee continued advocating for improving public transportation for individuals carrying diagnoses and was able to accomplish a placement of a new bus stop at the Rustin campus, which features a bench and shelter. In addition to their efforts working with Riverside Transit Agency (RTA), they were also able to add six bus stops at County Farm Road and will continue advocating for weekend stops.

In FY16/17, the ASOC Committee actively participated in the following events:

- Tour of Rustin gym on September 29, 2016;
- Recovery Happens event on September 30, 2016;
- NAMI Walk fundraiser on October 29, 2016;
- Behavioral Health Commission and Regional Board Training on March 25, 2017;
- Public Hearing on Draft MHSA 3-Year Program and Expenditure Plan FY17/18 – FY19/20 on May 3, 2017; and
- Mid-County Region May is Mental Health Month (MiMHM) Fair at Foss Field Park in Perris on May 13, 2017.

Respectfully submitted,

Brenda Scott, BHC Adult System of Care Committee Chairperson
Vicki Redding, RUHS Behavioral Health Services Administrator

CHILDREN'S COMMITTEE

The Children's Committee is a standing committee of the Riverside University Health System - Behavioral Health Commission (BHC). The committee is comprised of consumers and parents/caregivers of consumers, as well as public and private sector representation. The committee advocates for the needs of children who have been identified as, or at risk of, having emotional/behavioral challenges. Advocacy extends to their families and/or caregivers. The Children's Committee presents important issues to the BHC as well as involved agencies, encourages increased family/caregiver input, and networks with local community agencies.

Presentations for the past year included:

- July 2016 – Lisa Everson, Clinical Therapist for RUHS – BH, presented on the Lehman Center which is a staff-supported student academy. There are two sites, one serving children and one serving adults. The program brings in second and third year graduate students studying marriage and family therapy or social work to provide mental health treatment during their internships.
- September 2016 – The Committee received a presentation by Elizabeth Manley, Director of the New Jersey Children's System of Care (NJ SOC). The NJ SOC is an integrated system including mental health, substance abuse and developmental services, which has a single point of entry for families throughout the state to access services. It is a state-run system and utilizes blended funding to ensure families receive the services they need. This is one of the most unique features of the system as it allows any family to access services. The Committee is very interested in ongoing conversations about first steps to start a similar system in Riverside County.
- October 2016 – Janine Moore presented on the Mental Health Services Act 3-Year Program and Expenditure Plan update for FY17/18 through FY19/20. An update was given on the Children's Programs included in the plan and were asked to provide feedback from the members about the mental health needs of children in Riverside County. There was also a presentation on the Directing Change student film contest. This contest engages youth and young adults in making 60 second videos about suicide prevention or stigma reduction. The goals are to have the youth start conversations about mental health and encourage them to be the voice for others to learn about mental health and where to access help when it is needed.
- December 2016 – Silvia Aguirre-Aguilar, Program Manager for the RUHS – BH Cultural Competency Program, provided a presentation on the multitude of activities that the Cultural Competency Outreach Coordinators in each region are involved in to spread awareness of mental health resources and supports. Significant efforts are being made to reach un-served and underserved populations and communities throughout the County.
- January 2017 – Diana Brown, RUHS – BH Prevention and Early Intervention Manager, and Suzanna Juarez-Williamson, RUHS – BH Research Supervisor presented an overview of the demographics of youth in Riverside County, rates of poverty for youth, risk factors related to mental health challenges, and the PEI programs that are available to youth and families.

- February 2017 – Michelle Wohl, DPSS Regional Manager, presented on Continuum of Care Reform and the significant efforts being made by their department as well as Probation and RUHS – BH to implement the legislation. Michelle provided an overview of the intent of the legislation which is to have children living in home-based environments vs. group home care and ensuring that youth have the services and supports they need.
- March 2017 – Lorie Lacey-Payne, RUHS – BH Parent Partner Manager presented on the housing needs for families in Riverside County. She asked for feedback from the members about unconventional ways of reaching homeless families and providing support.
- April 2017 - Michelle Wohl, DPSS Regional Manager presented on the needs of LGBTQ youth in foster care. She shared some national data and also planned efforts in collaboration with RUHS – BH to provide staff training, increasing support groups for LGBTQ youth, and bring in the Family Acceptance Project.
- May 2017 – Aaron Gardner, author of the Inland Empire Transgender Health and Wellness Report, presented on the information included in the report. A quote from the report highlights the presentation. “Our inaugural report on the health and wellness of the Lesbian, Gay, Bisexual, Transgender community sparked substantial productive discussion on how the health and welfare of these critically underserved populations can be improved and we hope that this needs assessment focusing on the transgender population will do so again. With the increasingly robust data this and future reports will bring to light, such conversations can start to lead towards meaningful solutions.”

Committee members also participated in several philanthropic activities throughout the year. For the beginning of the school year, members helped mental health clinics with the “Fill a Backpack” drive. Backpacks were filled with the essentials that all children need when returning to school and were given to children who receive mental health services in the County so that they would be able to start the school year with necessary supplies. In total, 403 children received backpacks this year. During the Thanksgiving season, 148 food baskets were assembled and members assisted mental health clinics to provide food baskets and/or gift certificates for food purchases to families in need throughout the community. During the Christmas season, committee members participated in the annual “Snowflake Banner”. Decorative snowflakes, displaying the names and gift wishes of children who receive mental health services in the County, were displayed on the banner. Members selected a snowflake and purchased the gift for the child. In total 1,462 “snowflake” gifts were distributed over the holiday season. In addition, the Desert Region Behavioral Health Commission “Adopted a Family” and provided food, clothing and gifts for the family.

(Continued on Page 14)

BEHAVIORAL HEALTH COMMISSION



There were also 16 people who attended the California Mental Health Advocates for Children and Youth (CMHACY) Conference, including three transition age youth. This year's conference focused on "From Issues to Solutions: Putting the Pieces Together". A member of the Riverside University Health System – Behavioral Health staff co-presented with a staff member from the Department of Public Social Services and Riverside University Health System – Public Health at one of the conference workshops. The workshop was called "Stronger Together," and was well received by the audience. The workshop provided information on the collaborative efforts and partnerships that have developed to improve outcomes for foster youth with the implementation of the California guidelines on psychotropic medications.

Respectfully submitted,

Tori St. Johns, BHC Children's Committee Chair
Paul Thompson, RUHS – BH Deputy Director, Children's Services

CRIMINAL JUSTICE COMMITTEE

MISSION STATEMENT

"To facilitate recovery of people in the Criminal Justice System, who have a serious mental illness, by enhancing programs in our community through collaboration with involved County agencies, the community, the family, and other support systems."

GOAL

"To address housing issues by increasing beds and augmenting Board and Care facilities, to provide Law Enforcement Personnel Training, to promote integration and collaborate with different agencies, to monitor competency programs, and improve safety in jails."

* * * * *

GOALS OF THE CRIMINAL JUSTICE COMMITTEE

1. Housing Issues: Increase Beds and Augment Board and Cares - To monitor and provide feedback regarding housing issues including detox; diversion beds such as short-term transitional residential program; and board and care beds with or without special programs such as dual diagnosis.
2. Training for Law Enforcement Personnel - To monitor training provided to all Riverside County law enforcement and other agencies on crisis intervention. Work toward getting the training to more staff and other Law Enforcement agencies and expanding the training curriculum.
3. Promote Integration and Collaboration with Different Agencies - To work with different agencies in order to promote communication and collaboration.
4. Liberty Healthcare Program - To monitor the current return to competency program administered by Liberty Health and the Sherriff's Department and bring forth any concerns for the benefit of mentally ill inmates.
5. Safety in Jails - To discuss safety issues occurring in the jails involving mentally ill inmates and Detention Mental Health consumers with the goal of providing feedback; identifying trends and issues; and providing information to the appropriate persons with the goal of a safer incarceration period for mentally ill persons.

The Criminal Justice Committee (CJC) currently has a total of six members with an average of eighteen members regularly attending meetings. The Committee contains representation from a number of agencies including Behavioral Health Detention Services, Riverside County Sheriff's Department, Probation Department, Public Defender's Office, National Alliance on Mental Illness (NAMI), Behavioral Health Peer Support Specialists, Western and Mid-County Regional Behavioral Health Advisory Boards, and Detention Health Services. Consumers and family members also attend CJC meetings. Throughout the past year, the CJC was involved in a variety of activities and had a number of accomplishments.

Members participated in various events in Riverside County including the Substance Abuse “Recovery Happens” event, which occurred on Thursday, September 30, 2016 at the Rustin Campus and the May is Mental Health “Live Life Well” event, which took place on Thursday, May 25, 2017 at Fairmount Park. Many Criminal Justice Committee members attended the 2017 NAMI Walk at Diamond Valley Lake in Hemet and various NAMI meetings throughout the year.

Deputy Director of Forensics Deborah Johnson was recently selected by NAMI to receive the “Outstanding Criminal Justice Professional Award.” Ms. Johnson has continuously advocated for the mentally ill in the criminal justice system and has been an integral part in implementing accepted best practices, resulting in the decriminalization of persons with serious mental illness. The award will be presented to Ms. Johnson at the NAMI California Annual Conference Awards on Friday, August 25, 2017.

Housing

The objectives are to increase beds, housing options, and augment board and care facilities. Individuals with a mental health challenge and/or those with substance use issues who need residential placement are provided housing by the Riverside University Health System – Behavioral Health (RUHS-BH) as needed. The Department has expanded the opportunities for housing to meet the needs of the AB109 population, which include connections to outreach and engagement teams for those living on the streets. New housing was approved and the Department continues to explore additional housing options, such as Rapid Re-Housing and longer term rental assistance. RUHS-BH is in the architectural design and early Request for Proposal (RFP) phase to develop a new Augmented Board and Care location to serve the individuals leaving incarceration. This much-needed facility will be located in East County or Desert Region at North Palm Springs. Individuals are now able to receive emergency housing, transitional housing, and short-term rental assistance. RUHS-BH was also selected to be the HUD Continuum of Care and Coordinated Entry Lead for Riverside County. The Coordinated Entry System provides vulnerability assessments to those living on the streets, then links them to community housing options that accommodate those with significant disabilities and barriers. The RUHS-BH Housing Crisis Response Teams and AB109 staff conducts the vulnerability assessments to participants, which help provide broader access to housing options. A team of Behavioral Health Specialists and Community Service Assistants is providing other supports in the residences. They assist with developing independent goals with mainstream benefits applications; bus passes; emergency food and hygiene packets; individual budgeting and menu planning, which include grocery shopping and food purchases; and developing a long-term housing plan.

It is projected that in this fiscal year, more than 2,500 days worth of housing will be provided to an estimated 200 homeless AB109 participants.

Law Enforcement Collaborative

The Law Enforcement Collaborative is coordinated and maintained by a RUHS-BH licensed clinician. The clinician partners with the Riverside Sheriff's Office (RSO) and Riverside Police Department (RPD) to continually review, revise, and facilitate Crisis Intervention Trainings (CIT) specifically for correctional and patrol officers, as well as dispatchers, school resource and community service officers. Although our main collaboration is with RSO and RPD, enrollment and/or requests for specific mental health education courses from outside law enforcement agencies and law enforcement related departments, have increased

(including law enforcement agencies throughout Southern and Northern California, California Highway Patrol, Palm Springs PD, Hemet PD, Chaplains Association, Department of Social Services Welfare Fraud Investigator Association, Pechanga Rangers, and American Medical Response). CIT is a 16-24 hour training certified by the Commission on Peace Officer Standards and Training (POST). The goal of CIT is to provide mental health education and awareness, empower law enforcement personnel and strengthen de-escalation skills in hopes of preventing a crisis from occurring. The CIT team consists of lead trainers and guest speakers from County Behavioral Health programs. Speakers provide resource information and panel discussions for the purpose of engagement, resource identification and strengthening collaboration and community services. Last year, over 600 employees attended CIT.

RUHS BH New Life (AB109) Program

The New Life (AB109) Program operates three Day Reporting Center (DRC) locations in each of the three regions of Riverside County – Western, Mid-County, and Desert. Consumers are currently provided services in Riverside in the Western Region, Temecula in the Mid-County Region, and at the new Indio location in the Desert Region. Each location provides mental health and substance abuse treatment and services. Educational classes are available for any consumer in need or as ordered by the Probation Department. Each DRC location has a team that include a Clinical Therapist II, Behavioral Health Specialist III, Community Service Assistant, and a Peer Support Specialist that work in collaboration with the Probation Department to provide behavioral health services. Along with the DRC locations, Behavioral Health also operates three New Life Outpatient Clinics and one Forensic Full Service Partnership program, which are located in Riverside, San Jacinto, and Cathedral City. These outpatient clinics also have a team of Behavioral Health Specialist, Clinical Therapists, Peer Support Specialists, and Community Service Assistants. Both the DRC and Outpatient New Life Clinics are staffed by these teams to serve as a collaborative conduit to provide treatment, transportation, linkage, and recovery by example for all consumers.

RUHS BH Substance Abuse Prevention and Treatment Program Drug Courts and Family Preservation Court

Substance Abuse Prevention and Treatment Program (SAPT) operates four adult Drug Courts in the County located in Riverside, San Jacinto, Indio, and Blythe. These long standing adult collaborative courts boast high outcomes and work in close proximity with the judicial courts for the best guidance and treatment possible for consumers. In the last year and a half, SAPT has also been working with the Riverside Court to set up the Juvenile Drug Court. This endeavor is now coming to life with the first consumer being referred to Juvenile Drug Court in April 2017. Family Preservation Court has been operated by a contractor for the County since 2007 and as of April 2017 the Department has the taken back over all treatment services for this population. These Family Preservation Court services are now located in RUHS-BH SAPT Clinics in Riverside, San Jacinto, and Desert Hot Springs.

Smith Correctional Facility Step Down Program

Due to a lawsuit and the high number of inmate deaths in 2014-15, the Step Down Program was created to provide intensive behavioral health services to inmates/clients with a severe and persistent mental illness and have poor coping skills that result in destructive behaviors. The Step Down Program was developed in June 2015. The first therapeutic group session was held in January 2016. Clients were taught how to recognize the symptoms of their mental illnesses; what they looked like when they were well; identify coping skills and support systems; and inform what to do in case of crisis situations. After successfully launching

the first group session to one dayroom in the Behavioral Health Housing Unit, skill building groups and group therapy were developed and conducted in all six dayrooms within the unit. The feedback from the clients was quite positive. They shared that the group sessions helped them learn about themselves and how to get along better with other inmates. Clients reported that they learned how to better communicate and make appropriate requests to the Deputies. They also expressed that it helped improve their relationships with the Deputies. Also, the consistent feedback from clients after each group graduation included requests for more group sessions. After one year of implementation, the Step Down Program now has an average of 20 group sessions per week.

In addition to the skills building groups, the clients were also seen by Behavioral Health Specialists and Clinical Therapists on a regular basis to monitor treatment progresses and clients' well-being. As the results of the intensive treatment, the clients improved as evidenced by the increase in attendance for treatment visits as well as medication compliance. The Behavioral Health staff did not have the tools to measure specific data, however the Sheriff Department keeps track of the number of fights, use of force, and grievances for the unit. Results show that the number of fights, use of force, and grievances have all dropped by approximately half after one year of the program.

The remaining challenges that the program continues to encounter include the frequent transfers of inmates due to bed spaces for behavioral health clients/inmates. At times, the clients started to make progress and then Behavioral Health staff had to make the recommendation to move the clients in order to make room for new book has or transfers from other jails.

Mental Health Court

The Mental Health Court program continues to have a positive impact for those in the criminal justice system that are struggling with behavioral health challenges. During the period of July 1, 2016 through April 30, 2017, the Mental Health Court program received a total of one hundred and thirty-one (131) new referrals from our collaborators in the Public Defender's office and community private attorneys. The Mental Health Court program is presently on course to be receiving an additional twenty-six (26) more referrals by the end of the fiscal year. This is a decrease by 11% as compared to the one hundred and seventy-seven (177) referrals received during the same time period last year.

The Veterans' Court is another program that continues to remain a positive influence in the lives of veterans who served our country so nobly, along with the lives of those closest to them and the communities in which they live. From July 1, 2016 through April 30, 2017 the Veterans' Court program received a total of eighty-six (86) referrals and based on current trends, it is anticipated to receive an additional eighteen (18) referrals between May 1, 2017 and June 30, 2017. This is a slight decrease in the overall number of referrals received between July 1, 2015 - June 30, 2016; which was one-hundred and thirteen (113).

In addition to the Veterans' Court program, Mental Health Court also supports the Misdemeanant Alternative Program (MAP), which provides the court with treatment plans designed to link those individuals who have been found by the court to be incompetent to stand trial, with mental health services. The overall goal of this program is to assist the individual in regaining competency so that they move forward with their criminal proceedings. Between July 1, 2016 - April 30, 2017, MAP received a total of twenty-eight (28) referrals. Based upon current trends, MAP is expected to receive an additional five (5) referrals prior to June 30, 2017. This is a 27% decrease in the overall number of referrals received during the same time period in

FY 15/16 where there were a total of forty-five (45) referrals received. Updates for Mental Health Court, the new Realignment Presentencing Program, and MAP are given at the Criminal Justice Committee Meeting.

In addition, RUHS-BH received the NAMI California Veteran's Award for Outstanding Service. This is an outstanding acknowledgment of a program that is greatly benefiting the Veterans of Riverside County.

Patton State Hospital Waiting List

The average wait time for a Patton State Hospital bed is approximately 80.79 days (11.5 weeks). The wait list has remained steady for most of the year with an average of 15 individuals. The Liberty Healthcare Restoration of Competency (ROC) Program that started in October 2013 has allowed clients to receive services upon sentencing, decreasing the wait list or eliminating the need for restoration for those individuals who successfully complete the program. Additionally, Detention Services continue to partner with Long Term Care staff to place consumers at the contracted Institution for Mental Disease (IMD) in Sylmar, CA. The committee is updated on the Patton State Hospital wait list each committee meeting. In 2016, there were a total of 94 inmates that were referred to Liberty Health for restoration of competency. Of those referred, 35 were successfully restored to competency by the RPDC-based Liberty Health Program.

Respectfully submitted,

Greg Damewood, Criminal Justice Committee Chair, and
Deborah Johnson, Deputy Director, Forensics

EXECUTIVE COMMITTEE

During fiscal year 2016/ 2017, the Riverside County Behavioral Health Commission has become a fully integrated commission bringing both mental health and substance abuse equally together. Our Executive Committee continues to discuss topics and schedule speakers to provide a brief synopsis of their programs and gives the Commission members an opportunity to ask questions and voice concerns. The Executive Committee has made sure that topics regarding substance abuse and mental health are equally covered during Commission meetings.

The Behavioral Health Department has done an excellent job in keeping the Commission informed on staff changes and structure with organizational charts, staff introductions and the Director's report, which is provided to the Commission at every meeting. This year marks the one year anniversary of Steve Steinberg's promotion from Assistant Director to Director. Mr. Steinberg has done an amazing job keeping the Commission informed of the Department's various events, projects, achievements, and challenges. Topics include grand openings, staffing, budget, legislative, and other matters that might affect the Department, the Commission, and/or our consumers.

During the year, each Commission member is asked to conduct one or more site visits to our various behavioral health clinics/programs to review their services and provide feedback and recommendations. The data accumulated through these visits are then brought back before the Commission where members are afforded the chance to ask questions. The Commission has hopes of visiting each clinic/program every three years based on the help of regional boards and their membership.

During each commission meeting, one to three presenters are invited to speak about their programs, clinics and most importantly the people we serve. The Commission continues to research the problem of unserved and underserved consumers. The Department's Research and Technology Division drafts an annual report entitled "Who We Serve," which outlines the County's progress and how we compare to other counties throughout California. The Mental Health Services Act (MHSA) Program and Substance Abuse Prevention and Treatment (SAPT) Programs provide a 3-5 minute update on current projects and any issues concerning them.

In accordance with Proposition 63 directives, the Behavioral Health Commission was required to conduct a Public Hearings on the MHSA 3-Year Program and Expenditure Plan FY17/18 – FY19/20. The Plan was posted for public review 30 days prior to the Public Hearing. The Commission held two Public Hearings to accommodate members and citizens living in the Western and Desert Regions. The first Public Hearing was held immediately after the Commission Meeting on May 3, 2017 at the Rustin campus and the second was held at the Indio Mental Health Clinic on May 16, 2017. Both Public Hearings were well attended and all feedback and recommendations were recorded. Public comments were compiled and three members of the Commission reviewed the comments and made recommendations as appropriate.

The Behavioral Health Commission has been able to add new members this year, which has brought membership up to 14 including the Board of Supervisors representative, Jason Farin. I would respectfully

BEHAVIORAL HEALTH COMMISSION



ask each Board of Supervisor that oversees the Western and Mid-County regions, to forward applications of prospective members to the Commission for consideration and processing.

Riverside County has the only California Behavioral Health Commission that has appointed three regional behavioral boards to ensure that all areas of our county are represented. The regional boards ensure that those with a behavioral health diagnosis have local representation and do not have to travel to Riverside to have their information heard. The three regional boards cover the Western, Mid-County and Desert Regions. I would like to thank the members of our regional boards for the work they do and the information they provide.

I take great pride in the Riverside University Health System – Behavioral Health Department, its staff and the programs and services provided to the consumers of Riverside County. The Commission thanks the Board of Supervisors for providing the guidance and funding to make our programs and Department the finest in California.

Respectfully Submitted,

Richard A Divine
Riverside County Behavioral Health Commission Chair

HOUSING COMMITTEE

GOALS

The Housing Committee had remained without assigned Commission leadership until April 2017. The committee had held ongoing meetings since January of 2017 at the desire of many stakeholders. The Behavioral Health Commission has recently recruited additional members to participate on this important standing committee and with new Commission leadership, the committee will continue on a monthly meeting schedule.

The goals of the Housing Committee of the Riverside County Behavioral Health Commission are to review program activities; provide input on housing crisis strategies, housing activities and new projects; as well as provide input to staff on emergent issues and concerns that impact consumers of the Riverside University Health System - Behavioral Health (RUHS-BH). The Housing Committee members also serve as key stakeholders in reviewing MHSa housing development projects. Many of the projects they have guided RUHS-BH through the Homeless Housing Opportunities and Education (HHOPE) program that guides the continuum of housing and housing crisis services.

OVERVIEW

The Mental Health Services Act (MHSA) provides funding specifically for the development of permanent supportive housing for people who are living on the street in a housing crisis, or those who remain at risk of homelessness and also have a chronic, persistent, and disabling mental health challenge. RUHS-BH, with input from our stakeholders and the committee, has implemented a balanced county-wide strategy to ensure that continuums of housing and street engagement services are available for those in a housing crisis. These services are provided across the balance of the County service delivery regions and ensure that the housing and outreach response opportunities address the housing crisis needs of adults, older adults, and transition age youth (TAY) and their families.

CONTINUUM OF HOUSING

Using the available combined funding, the staff of the HHOPE Program, provide to multiple opportunities for housing. The Housing Committee has been part of guiding those opportunities and provided valuable input in the new direction the program seeks.

During FY16/17, a Continuum of Housing was provided through the MHSA and other community grants:

- Temporary emergency housing
- Short term rental assistance
- Rapid Re-Housing programs
- Permanent Supportive Housing
- Licensed Residential Care

Additionally, utilizing a Housing First Approach, RUHS-BH and the HHOPE Program supports those chronically homeless individuals with awarded HUD funding for longer and more permanent housing in two primary programs – low demand safe haven models and scattered site independent supportive housing.

Permanent supportive housing for people with mental health challenges is an integral part of the solution to homelessness in Riverside County and is a cornerstone of our Consumers' long term wellness and recovery.

LOW DEMAND SAFE HAVEN MODEL PERMANENT HOUSING LOCATIONS

RUHS-BH continues to operate the two permanent housing facilities, The Place and The Path, which follow a low-demand, drop-in Safe-Haven model for providing homeless outreach and permanent supportive housing to individuals in a housing crisis with serious mental health conditions. Both facilities are operated using a contracted nonprofit provider, Recovery Innovations, whose program model emphasizes peer-to-peer engagement and support. Recovery Innovations operates both facilities under the contract with RUHS-BH and both continue to operate at or near full capacity. Those seeking permanent housing at either location must have a diagnosed mental health challenge and be considered chronically homeless and eligible through referrals from the HUD Continuum of Care and the Coordinated Entry process. The majority of the provider staff have received mental health services themselves and many have also experienced prolonged periods of homelessness. The Path and The Place are partially funded by HUD permanent supportive housing grants. The RUHS-BH HUD grants have successfully been renewed in order to support these programs through FY17/18.

SCATTERED SITE PERMANENT SUPPORTIVE HOUSING – For the Chronically Homeless

In addition to providing support to MHSA residents in these communities, the HHOPE Housing Resource Specialist position is funded through MHSA and provides ongoing supports and advocacy to scattered site housing managers and residents. With a 24-hour hotline, apartment and property managers can reach their Housing Resource Specialists for support when difficulties arise with the housing of the individuals we serve. This allows an opportunity for RUHS-BH and the FSP clinic wellness partners to intervene early and attempt to avert a housing crisis.

MHSA FUNDED PERMANENT SUPPORTIVE HOUSING

RUHS-BH leveraged more than \$19 million in MHSA funds for permanent supportive housing to support the development efforts associated with the creation and planning of more than 850 units of affordable housing throughout Riverside County. Integrated within each of these unique MHSA-funded projects, were 15 units of affordable housing for those at risk individuals served by the Department Full Service Partnerships. RUHS-BH now has expended all available MHSA housing development funds held in trust by the California Housing Finance Agency (CalHFA). Consistent with the service delivery model of all other MHSA-funded RUHS-BH locations it includes 15 integrated supportive housing units within the complexes. The communities all include a full-time on-site support staff member who has an on-site private dedicated office for our at-risk individuals. The MHSA units within each of these communities operate at near 100% occupancy and experience very little turnover. There continues to be a waiting list of more than 100 eligible consumers for housing of this kind. Existing units of MHSA permanent supportive housing will remain available to eligible residents for a minimum period of 20 years from the date of initial occupancy.

AGENTS OF CHANGE

RUHS-BH continues to actively engage community stakeholders and partners in order to facilitate in active dialogue and community conversations, which allow us opportunities to be positive Agents of Change in our community.

- RUHS-BH continues close partnerships with local community agency partners such as the Riverside County HUD Continuum of Care (COC) to increase the ways in which to meet the housing needs for those living on the streets or at risk and served by our programs and educate on the special needs of an individual with a behavioral health challenge.
- The HHOPE Program has been actively engaging with community partners to develop a Coordinated Entry System (CES) in the community. This strategy utilizes a vulnerability assessment to identify and link individuals living on the streets who, once assessed, demonstrate to have the highest vulnerability and needs, to available housing as a priority. These individuals often are the individuals with a significant behavioral health challenge. HHOPE provided a presentation to the Housing Committee in March 2017 around the Coordinated Entry and its structure.
- HHOPE continues to support and facilitate weekly meetings with all the community outreach and engagement teams, as well as housing staff, employed by many other private and non-profit supportive service agencies to engage in active, collaborative and positive dialogue regarding those living on the streets and linking them to appropriate housing and services, including our mental health services. This has been an exciting opportunity to be Agents of Change to our community partners on the needs and priority for housing for our individuals.

In November of 2016, this group of our community partners, including the Veterans Administration and Services programs, as well as HHOPE was recognized by the Board of Supervisors, HUD and Veterans program leaders in Washington D.C. for reaching Functional Zero in veterans' homelessness. As the first large community in the nation to do so, we now strive forward to ensure the sustainability of that achievement!

LOOKING AHEAD TO FY17/18

There continues to be a large gap in funding for new MHSA permanent supportive housing that severely constrains the capacity of RUHS-BH to expand this innovative and proven program. Affordable housing communities provide a natural setting and partnership for the development and co-location of MHSA supportive housing units within those communities. RUHS-BH continues to support affordable housing development and development projects as funding becomes available and advocacy for special needs housing for very low-income residents, particularly those who are in a housing crisis living on the streets or at risk, who have severe and persistent mental health challenges.

Looking forward, RUHS-BH and the HHOPE program are currently in preparations with applications for new grant programs. Many of the Committee members are part of the Advisory Boards for these new funding opportunities

- No Place Like Home, a state grant funding opportunity application will be out in early 2018.
- Whole Person Care (WPC) – RUHS-BH has also submitted a collaborative application for providing supports, including housing supports, to individuals who are leaving incarceration experiencing behavioral health challenges, as well as multiple health challenges,
- Proposition 47 grant cycle for Mental Health Services, Substance Use Disorder Treatment and Diversion Programs for People in the Criminal Justice System. This grant application includes funding around Full Service Partnership programs to serve the individuals, as well as housing supports.

"WELLNESS BEGINS WITH A HOME"

RUHS-BH recognizes the integral part that housing plays in the recovery and wellness of those we serve and with the Housing Committee to guide us, we are committed to continuing our efforts to be a leader and innovator in serving those housing needs, as we strive to hold open that door to healing and recovery.

Respectfully submitted,

Brenda Scott, Housing Committee Chair
Lynne Brockmeier, RUHS-BH HHOPE Manager

LEGISLATIVE COMMITTEE

MISSION STATEMENT

To bring the Behavioral Health Commission abreast of all pertinent issues or topics currently being discussed in State and Federal Government Legislation.

GOALS

To keep the Behavioral Health Commission informed of legislative activities whether Federal, State, or County. To advocate for legislation that would be beneficial to our community.

The Legislative Committee had not held regular meetings for several years, until resuming in May 2016. In that interim period, the Commissioners had been asked to keep track of current legislation that could affect behavioral health issues and programs, but not in any organized manner.

The main stated goal has been to inform the Behavioral Health Commission (BHC) of current proposed legislation and to make recommendations as to the position the BHC should consider and/or support on these issues. This goal became more meaningful after the Board of Supervisors approved the change in the BHC Bylaws on May 2017. This change allows the Commission to advocate for, or against pending, legislation regarding behavioral health issues. This is a new opportunity and the Commission still needs to discuss and determine how to proceed once legislation has been identified and a position is taken.

One interesting matter deemed to be of great importance to Riverside County, involves the imbalance in State funding for community-based behavioral health programs resulting from a formula established in 1991. That formula has not been reviewed or adjusted to take into account the rapid population growth of Riverside County. As a result, it has been estimated that Riverside County is being shorted more than \$30 million per year for these services. The County has provided funding to help the situation, but does not have the resources to fully meet the need created by the shortfall. The Committee is talking about a legislative remedy for this situation, but are not aware of any pending bills. A former state assemblyman has been invited to attend the Legislative Committee to educate members about possible legislative approaches.

Although the Committee roster has expanded somewhat, membership and attendance are still not where we would like them to be. We seek input from the Commissioners and from the public. We encourage interested parties to present us with perceived needs, information, and opinion on legislative matters.

Respectfully submitted,

Walter T. Haessler, M.D., Legislative Committee Chair

OLDER ADULT SYSTEM OF CARE COMMITTEE

VISION

The Older Adult System of Care Committee Vision is to value self-determination and independence of our older adult and culturally diverse consumers. We value the pursuit of quality of life.

MISSION STATEMENT

The Older Adult System of Care Committee Mission is to enable older adult consumers, who are significantly impaired from a mental illness, to access the services that will promote empowerment and recovery.

Older Adult Services seeks to assist consumers in their recovery by maintaining a physically and emotionally healthy lifestyle so they are able to remain in their home or community-based housing for as long as possible. Services are provided by a multi-disciplinary staff with specialized training in evaluating and addressing both mental illness and issues of aging.

GOALS

1. Reduce stigma and increase utilization of services through education and awareness.
2. Support the mission of Riverside University Health System – Behavioral Health to provide high quality care to residents of the Western Region.

COMMITTEE REPORT

The Older Adult System of Care Committee meets on a monthly basis with consumers, other local agencies, and staff to increase understanding, educate, and inform members of available services, to share common concerns, and to advocate and promote quality services to all consumers.

Guest speakers from different agencies provide a 30-40 minute presentation on their area of expertise. During the past year, speakers from Family Advocate, Office on Aging, Department of Public Social Services, Community Access Center, and other partnering agencies, provided consumers, staff and others, education and awareness in an effort to improve the quality of life for older adults. Meetings are held at Riverside University Health System – Behavioral Health’s Conference Center on Rustin Avenue in Riverside, CA.

Staff in all regions participate in, and promote, many local events and health fairs to increase awareness of treatment and services and reduce stigma, these events include the May is Mental Health Month Wellness Fair, Substance Abuse “Recovery Happens” event, and the Annual Elder Abuse Symposium. In addition, embedded RUHS-BH Older Adult Liaisons, located at the Office on Aging in Western and Desert Regions, promote education, services and treatment throughout the County.

Over the past year, the following Older Adults clinics now have on-site Substance Abuse programs: Lake Elsinore, Temecula, Desert Hot Springs, and Rustin.

PETS ASSISTING IN RECOVERY PROGRAM (PAIR)

The Older Adults program utilizes the PAIR program for individual therapy and groups.

EVIDENCE-BASED PRACTICES AND OTHER GROUPS

Over the past year, both SMART and Wellness & Recovery programs have increased services, including the number of evidence-based treatments offered, testing services, and individual and group therapies.

- WRAP (Wellness Recovery Action Plan), operated by Peers
- WRAP and Wellness Groups for Spanish speakers, operated by Peers
- Women's Wellness Groups
- Men's Wellness Groups
- Grief and Loss Groups
- Psychotherapy/Process Groups
- Bridges [life skills and recovery management, operated by an Occupational Therapist (OT) and a Behavioral Health Specialist (BHS) II]
- Recovery Management (life skills, operated by OT and BHS II)
- Co-Occurring Disorder Group (for consumers diagnosed with major mental illness and substance abuse issues)
- CBT Groups for Depression [Cognitive Behavior Therapy-using the Beck Depression Inventory (BDI) to measure effectiveness]
- CBT Groups for Psychotic Symptoms
- Dialectical Behavioral Therapy (DBT)
- Physical Health and Nutrition Groups
- Exercise Groups
- Quarterly Family Conferences: significant others are invited to come together for support, mental health education, and referral to resources
- Psychological Testing and Evaluations

Respectfully submitted,

Ric Riccardi, Committee Chair
Tony Ortego, Mental Health Administrator
Older Adult System of Care Committee

VETERANS COMMITTEE

VISION

We look forward to a day when a grateful nation will fully recognize and meet the needs of its veterans and their families.

MISSION STATEMENT

To advise and foster a collaboration of veterans' families and mental health and substance abuse disorder support organizations; to address and alleviate the mental health and substance abuse disorder needs of veterans and their families; and to recommend and propose related services.

GOALS

To monitor and assure that all veterans requesting Riverside University Health System – Behavioral Health (RUHS-BH) services receive those services pursuant to department policy and veteran needs. To continue our expansion of the committee and welcoming members from diverse backgrounds and positions to participate in meeting our goals.

Committee members are aware and have discussed the importance of hiring a Veterans Services Liaison (VSL) by RUHS-BH. An intern in the process of completing his masters in Social Work (MSW) degree has served in this role. The VSL will interview, diagnose, develop care plans, and provide therapeutic and case management services for veterans who elect to receive services from the Department. The VSL is also expected to represent the Department at relevant committees, events, and community programs, and help develop recommendations to better serve veterans and their families. It should be noted that the Riverside County Department of Veteran Services is not directly under the Behavioral Health Department organizational chart; however, we collaborate our efforts and have a genuine goal to help veterans.

Another important issue has been the Department's commitment to provide services to veterans who elect to receive assistance from the Department, instead of Veterans Affairs (VA). In the past, problems have arisen where veterans have been turned away from mental health or substance abuse disorder clinics because they qualify for treatment and services under the VA. Despite the Department's stated policy on this matter, there have been cases involving veterans referred to the VA, rather than receiving their preferred services through the Department. Presentations were made to Regional Boards on this subject as well as addressed directly to our Behavioral Health Director and Assistant Director. This very important issue has been addressed and implemented working in favor of the veteran and their families.

The Veterans Committee continues to collaborate with the Veterans Court. The mission of Riverside County Veterans Court is to provide an inter-agency, collaborative treatment strategy for veterans in the criminal justice system suffering from mental health and/or substance abuse disorder problems. The committee

BEHAVIORAL HEALTH COMMISSION



receives regular input on this matter from a Behavioral Health Department Family Advocate, who is a regular attendee at committee meetings.

The Committee regularly discusses Crisis Intervention Training (CIT), and had a comprehensive presentation and discussion with Tiffany Ross. Ms. Ross conducts these trainings for the Riverside County Sheriff's Department, Riverside City Police Department, and other law enforcement agencies.

The Committee has grown significantly and the energy level and camaraderie remain strong. The Riverside County Department of Veteran Services Director Grant Gautsche or his Deputy attends the meetings regularly.

In November 2016, a phenomenal breakthrough was achieved in veterans' homelessness using the combined efforts of the Riverside County VALOR Taskforce and Riverside University Health System - Behavioral Health's Housing Unit. The effort was spearheaded by Lynne Brockmeier, the Administrative Services Manager of the HHOPE Program and Housing Crisis Response Team. Riverside County reached the milestone of Functional Zero on Veteran Homelessness. Records show in previous years, Riverside County had an estimated 200 homeless veterans living in the streets. Today, this number has been reduced to approximately 20. It was announced that Riverside County is the first large community in America to measurably end homelessness for veterans.

In conclusion, there are several Department employees, from different divisions within Riverside County, who also participate in our meetings. The Behavioral Health Commission is regularly represented by the public, members from the Loma Linda Veteran Affairs, and also the San Bernardino Behavioral Health Veteran Awareness Sub-Committee.

Respectfully submitted,

Rick Gentillalli, M.Ed., Th.D (c), Veterans Committee Chair
Behavioral Health Commission Vice-Chair

REGIONAL BEHAVIORAL HEALTH ADVISORY BOARDS

DESERT REGIONAL BOARD

Richard Divine, Desert Region Board Chair

MID-COUNTY REGIONAL BOARD

Kimberly McElroy, Mid-County Region Board Chair

WESTERN REGIONAL BOARD

Greg Damewood, Western Region Board Chair



DESERT REGIONAL BEHAVIORAL HEALTH ADVISORY BOARD

RICHARD DIVINE
Desert Regional Board Chair

JAMES GRISHAM
Desert Region Mental Health Services Administrator

MISSION STATEMENT

To continue to build upon the success of the “May is Mental Health Month” Creative Writing and Art Show, establish full Board capacity and make sure recruited members represent the populace of the Desert Region, make the community aware of the services offered in the Desert Region, ensure that these programs meet the community’s needs, and educate the public about and reduce the stigma attached to mental illness.

The Desert Regional Behavioral Health Advisory Board is one of three Regional Boards located throughout Riverside County. Due to the County’s geographical size, the Behavioral Health Commission has formed the regional boards to act as a liaison for the citizens of each region, the Behavioral Health Commission, and Riverside University Health System – Behavioral Health. The Desert Region covers from Calimesa, through Banning and Beaumont, the Coachella Valley continuing east to Blythe and the Arizona border.

The Desert Regional Board continues to be very active throughout our region, attending various public functions, participating in the Behavioral Health Commission committees and having four members who are also on the main Commission.

The Regional Board has maintained a constant level of membership with 15 members throughout the year. Our members come from various fields, which include legal, medical, education, and business communities. Members continue to be committed to bringing the best services possible to our Desert Region consumers.

Every year during May is Mental Health Month the Desert Regional Board hosts the Annual Creative Writing and Art Show. This year was our fifteenth annual event and because it outgrew the Coachella Valley Rescue Mission’s Gymnasium the Board looked for a larger facility. As one of his last official acts, Supervisor John J. Benoit helped to arrange this year’s event at the Riverside County Fairground’s Taj Mahal building. Once again, there were over 450 attendees, 340 pieces of art, and over 45 creative writing entries. During the show, Mrs. Benoit was presented with a glass vase in memory of her husband’s multiple achievements. Another significant gesture made in memory of the late Supervisor Benoit, the Desert Region’s Annual Creative Writing and Arts Festival, has been renamed “John J. Benoit Annual Arts Festival.” A great big thank you goes out to Dr. Janice Quinn, Mark Miller, James Grisham, and all RUHS-BH employees and Peer Support Specialists for their tireless efforts.

BEHAVIORAL HEALTH COMMISSION



This year the event also garnered media attention – four television stations covered the event and interviewed various artists, Commission members, and staff. Judging of entries was conducted by local politicians, police chiefs, and an art instructor from the College of the Desert. Participating judges have always enjoyed the event and expressed great interest in continuing their personal involvement in future shows.

The Desert Behavioral Health Advisory Board members continued to visit the various cities in our region to accept the “May is Mental Health Month” proclamations. During the acceptance of proclamations, board members are given the opportunity to announce the various events honoring May is Mental Health Month and discuss behavioral health issues and the stigma associated with it.

The Desert Behavioral Health Advisory Board became more informed and involved with substance abuse programs and the issues associated with them. Thank you to Rhyan Miller and his staff for keeping the board apprised on the Department’s Substance Abuse Prevention and Treatment Programs.

The Desert Board recently hosted a Public Hearing for the MHSA 3-Year Program and Expenditure Plan. This Public Hearing was held to accommodate citizens of the desert to review and provide feedback on the proposed plan.

The Desert members also attended the Behavioral Health Commission’s Annual Training which gave essential information on Health Insurance Portability Accountability Act (HIPAA) and the roles and duties of Local Behavioral Health Boards and Commissions. The training also allowed all of the attending members to talk about their regions and issues associated with those areas.

The Desert Regional Board wishes to thank the Riverside County RUHS-BH, especially the regional staff, for the quality and range of services provided to the Desert Region community.

Respectfully submitted,

Richard Divine, Desert Regional Chair and
James Grisham, Desert Region Behavioral Health Services Administrator

MID-COUNTY REGIONAL BEHAVIORAL HEALTH ADVISORY BOARD

KIM McELROY

Mid-County Regional Board Chair

VICKIE REDDING

Mid-County Region Mental Health Services Administrator

MISSION STATEMENT

To support the Behavioral Health Commission's mission with our input, voice, advocacy, and promotion of quality services for the culturally diverse communities of the Mid-County Region.

GOALS

To reduce stigma and increase utilization of services through education and awareness; to support the mission of Riverside County's Riverside University Health System – Behavioral Health (RUHS-BH) to provide recovery-oriented services; to empower consumers of the Mid-County Region to achieve greater independence; to advise the Mid-County Region and the Behavioral Health Commission; and to promote Board membership.

* * * * *

Mid-County Regional Advisory Board has had a busy year and has become increasingly active in the area. Another of its members has been appointed to the Behavioral Health Commission bringing the total number of Board members also serving on the main Commission to three. In addition to Commission membership, each Board member is assigned to one of the Commission's standing committees as representatives from the Mid-County Board. Members have consistently attended the monthly meetings held by those committees. The Chairperson, Kim McElroy, attends all the Commission meetings to provide the Commission with updates regarding the Regional Board and to share Commission information with the Regional Board. Beyond these meetings, several board members have made an effort to attend other community events in support of Behavioral Health and to share their experiences with their fellow board members. For example, one member sponsored a booth for Recovery Innovations, Inc. at Canyon Lake's "Fiesta Days" event where stigma reduction literature and other mental health resource information were distributed.

In March 2017, there was a Behavioral Health Commission and Regional Board Training provided to all members. The Mid-County Regional Advisory Board members were all in attendance that day. This was a great learning experience for the Board and a wonderful opportunity to network with the other Board and Commission members.

The Mid-County Regional Advisory Board meets regularly on the first Thursday of each month except August and December when it goes dark. It continues its tradition of meeting at different sites each month with

agency personnel invited to share information about the services and programs at each site. It was decided that they will continue to arrange meetings this way into next year and will be requesting each site to invite a consumer willing to share their experiences at the site. This has increased the Board's ability to provide input to the MHSA Plan with ideas for the future.

The Board has enjoyed the addition of Mark Thuve, Supervisor of Substance Abuse and Treatment Services in Mid-County, to its meetings and benefit from hearing his monthly report on the services and changes within his unit. More recently the new Administrator of Children's Services in Mid-County, Beverly McKeddie, has joined the meetings and provides the board with a report on the Children's programs. Their presence, along with the continued involvement of the Adult Services Administrator, Vicki Redding, brings insight and information to the board about the programs and agency strengths and challenges. With the restructuring of programs in the county, the Board is discussing how to involve Transitional Age Youth (TAY) and Older Adults in order to benefit from each of the Regional Administrators and supervisors in these areas. This issue is currently under discussion and more ideas will be considered as the issue is reviewed.

In addition to learning about the services and agencies in Mid-County, the Board is reviewing the Bylaws governing the board's role and responsibility to the Commission. The Board formed an ad hoc work group to review the Bylaws with the following goals in mind:

- 1) To learn more about what the Board's role and responsibilities are to the Commission;
- 2) To review the Board's processes and activities to determine, based upon the Bylaws, if any changes or clarifications were needed regarding its protocols or processes;
- 3) To use the Bylaws as a guide when reviewing its goals and objectives; and
- 4) To recommend to the Mid-County Regional Advisory Board an internal orientation process for new Board members.

This ad hoc committee has been meeting prior to the regular Board meetings over the past year to accomplish these goals. They report to the Regional Board regularly as they continue their review. Any Regional Board recommendations regarding changes in the Bylaws resulting from this activity will be forwarded to the Commission for its review and approval.

During the holiday season, the Board participated in several charitable programs within the county and donated gift cards and food items for holiday baskets to provide to consumers.

Another accomplishment this year was the coordination of the Third Annual May is Mental Health Month Resource Fair held in Perris on May 13, 2017. Several board members played an active role in organizing the ad hoc committee to work on this event and several members attended the event to promote board membership as well as provided information about the board to the individuals attending the fair. Each of the Board members volunteered to attend City Council meetings in Hemet, Perris, Wildomar, Lake Elsinore, Canyon Lake, Temecula, and Murrieta to accept the May is Mental Health Month proclamations. Proclamations were presented throughout April and May prior to the fair. The members involved in the coordination of the fair met bi-monthly, then weekly, with a growing group of agency staff. Finally, on the day of the fair over 100 staff, board members, and area volunteers were involved in donating their time and their efforts to the success of the event. This year students from Mt. San Jacinto College, Perris High School

BEHAVIORAL HEALTH COMMISSION



ROTC and the local Explorers from the Sheriff's Department volunteered their time to help organize the event, as did many consumers and family members. The Fair had over 40 exhibitors from agencies throughout the county as well as representatives from the Fire Department, AMR, and the Mexican Consulate. Speakers included a representative from the Board of Supervisor's Office, Perris Mayor Michael Vargas, the Mexican Consul, and Director Steve Steinberg of RUHS-BH. The entertainment was multicultural and included young singers from area agencies, Mariachi dancers and singers, Aztec dancers, a soloist who lost her son to suicide, as well as speakers who shared their stories of recovery. For the first time, the TAY Program provided a unique environment for transition aged youth including their own entertainment. The fair was attended by over 700 people and the feedback has been overwhelmingly positive.

Three site reviews were completed over the past year by one of the board members – one for the San Jacinto Children's Clinic, one for the AB109 Program in Hemet, and one for Temecula Adult

One of these site reviews occupied the Board's attention over the course of the year. The review of the San Jacinto Children's Clinic identified several concerns that the board felt needed addressed as soon as possible. With the support of the board, the Regional Administrator addressed the agency's concerns and resolved the majority of them with the assistance of her staff and various department personnel responsible for the work needed. It was decided to re-evaluate the site to verify corrections had been completed prior to submitting the review and the follow-up confirmed that aside from the space and location, the majority of concerns had been addressed. The Board created an ad hoc committee that met three times to review the site location and space needs. The Board was informed that the County has a plan to increase the size of the space within its current location; and to, one day, move the program to a more suitable location. The Board was satisfied that this would address the remaining concerns.

Board membership decreased this year with the resignations of Matt Compos and Ian Aman. In November new officers were elected to begin their terms in January, 2017. Kimberly G. McElroy was re-elected Chair; Gloria Hernandez, Vice Chair; and Gloria Williams, Secretary.

Respectfully submitted,

Kimberly G. McElroy, Mid-County Board Chair
Vicki Redding, Mid-County Adult Services Administrator
Beverly McKeddie, Mid-County Children Services Administrator
Mark Thuve, Supervisor, Substance Abuse and Treatment Services

WESTERN REGIONAL BEHAVIORAL HEALTH ADVISORY BOARD

GREG DAMEWOOD
Western Regional Board Chair

BERNADETTE REGAN
Western Region Mental Health Services Administrator

MISSION STATEMENT

To support the Behavioral Health Commission's mission with our input, voice, advocacy, and promotion of quality services for the culturally diverse communities of Western Region.

GOALS

To reduce stigma and increase utilization of services through education and awareness, and to support the mission of Riverside University Health System – Behavioral Health (RUHS-BH) to provide high quality care to residents of the Western Region.

* * * * *

The Western Regional Board (WRB) members supported the efforts of the Behavioral Health Commission to the best of its abilities. The Western Region experienced change this year more than past years due to staff turnover and relocation of programs.

Support of community events included:

- Welcomed Bernadette Regan and Novanh Xayarath as new Administrators of Western Region;
- Two members of this Board also serve as Chairperson to two committees: Criminal Justice Committee and Older Adults System of Care Committee;
- The National Alliance on Mental Illness (NAMI) Walk held in October 2016;
- Dare to Be Aware Youth Conference on October 2016;
- Served holiday meal for seniors at the Elks Club in Riverside on December 2016;
- Behavioral Health Commission and Regional Board Training on March 2017;
- Ribbon Cutting Ceremony of the Mental Health Crisis Center at County Farm Road on May 2017;
- May is Mental Health Month Resource Fair at Fairmont Park held on May 2017;
- Accepted May is Mental Health Month proclamations on behalf of the Department from Moreno Valley and other cities within the Western Region;
- Directing Change Event held at the Fox Performing Arts Center on May 2017; and
- Outreach efforts regarding behavioral health challenges to Inland Empire Disabilities Collaborative, Inland Regional Center, and the Regional Coalition Office on Aging.

BEHAVIORAL HEALTH COMMISSION



There are over 50 service points in the Western Region. Substance Abuse Prevention and Treatment Program is also under the purview of the Commission, therefore, the Western Region also provides feedback on these programs.

At least two members of the Western Regional Board serve as Commissioners on the Behavioral Health Commission. Participating Commissioners provide updates to the Western Region Board regarding events, projects, achievements, and challenges.

The Administrators, Supervisors, and Leads, of the County attending our meetings have been very supportive of this Board.

The Western Region Board members conducts monthly meetings and adjust times and dates of meetings as needed for Public Hearings and other events. Transportation is a big challenge for some attending meetings. The Western Region Board is still learning and supporting the issues of substance abuse disorders, as this need was added to our list of concerns this past reporting period.

We continue to have a high percentage of consumers serving with diverse backgrounds and gender. Within the next year, it is hoped to have more Peer Support Specialists and consumers on this board. Welfare and Institutions Code 5604 was recently modified to allow county employees to serve on a behavioral health board or commission as long as they are consumers. This last year members have also been called away due to: moving, resuming education, and health. Any assistance for additional qualified members to join the Western Region Board is most appreciated.

The Western Regional Board has appreciated the guidance of Director Steve Steinberg. We have appreciated the new insights and support of the Western Region management. The Board looks forward to another year of service and means to provide the Western Region our volunteerism to the best of our abilities.

Respectfully submitted,

Greg Damewood, Western Regional Board Chair
Bernadette Regan, Novanh Xayarath,
Western Region Mental Health Services (MHS) Administrators

SITE REVIEWS

The goal of the Behavioral Health Commission and its Regional Advisory Boards is to visit all service locations within a three year time period to assess the community's mental health and substance use needs, to evaluate the extent to which these needs are being met, and to make any necessary recommendations in regard to policy and procedural matters.

Site Name & Address: ABC Recovery Center
44-359 Palm Street, Indio, CA 92201

Completed by: Tori St. Johns & Scott Stockhamer

Date Completed: September 20, 2016