

# Who We Serve

79 RUHS Operated Sites

140 Community Based  
Org Sites

100+ School Sites

60,000+ consumers  
cared for annually  
across our service array  
(MH, SAPT, Housing,  
Detention, Crisis)

# Mental Health

Lower Level of Care

Higher Level of Care

Outpatient

Inpatient



- CARES Line
- Prevention Areas:
  - Mental Health Awareness & Stigma Reduction
  - Parent Education & Family Support
  - Prevention for Families in School
  - Transition Aged Youth
  - First Onset for Older Adults
  - Trauma Exposed for All Ages
  - Underserved Cultural Populations
- Wellness Centers

- First Episode Psychosis Transition Age Youth (TAY)
  - ◆ Stress and Your Mood
  - ◆ Preschool 0-5
  - ◆ Therapeutic Behavioral Services
  - ◆ Parent-Child Interaction Therapy (PCIT)

- Older Adult Wellness
- Adult Outpatient Clinics
- TAY Centers
- Children's Outpatient Clinics
- Children's System of Care
- Youth Hospital Intervention Program
- Wraparound
- Managed Care Network
- Navigation Center
- CalWORKS
- Pathways to Success
- New Life Outpatient Clinics
  - DRC
  - AB109
- Federally Qualified Health

- Older Adult FSP/SMART
- Adult/Older Adult FSP Bridge
- Adult FSP ISRC
- TAY FSP
- FSP/MDFT
- FSP/PCIT
- FSP Kids
- New Life Outpatient Clinic (Forensic FSP)
- Prop 47 FSP

- Emergency Treatment Service (ETS)
- Mobile Crisis Services (Crest/Reach/Rocky/CCT)
- Crisis Stabilization Unit (CSU)
- Mental Health Urgent Care
- Mobile Psychiatric Service
- Community Behavioral Health Assessment Team (CBAT)

- Short-Term Residential Therapeutic Program (STRTP)
- Mental Health Rehabilitation Center (MHRC)
- Social Rehabilitation Programs
  - Crisis Residential Treatment Short and Long Term

- Psychiatric Health Facility (PHF)
- Telecare PHF
- Inpatient Treatment Facility (ITF)

- State Hospital
- Institutions for Mental Disease (IMDs)
- Skilled Nursing Facility (SNF)
- Public Guardian Conservatorships

# Substance Abuse Prevention and Treatment

Lower Level of Care

Higher Level of Care



- ◆ CARES
- ◆ Friday Night Live
- ◆ Motivational Interviewing
- ◆ CBT
- Impaired Driving Programs (IDP)
- PC 1000 Programs
- ◆ Indicated Prevention
- ◆ Environmental Prevention
- ◆ Youth Development
- ◆ BRIIM Interview
- ◆ Teen Intervene
- ◆ Marijuana Brief

- ◆ Motivational Interviewing
- ◆ CBT
- ◆ Relapse Prevention
- ◆ Psychosocial Education
- ◆ My Ongoing Recovery Experience (MORE)

- ◆ Motivational Interviewing
- ◆ CBT
- ◆ Relapse Prevention
- ◆ Psychosocial Education
- ◆ Living in Balance
- ◆ Matrix (adult and youth)
- ◆ CBT for PTSD
- ◆ Seeking Safety
- ◆ DBT
- ◆ Coping with Stress: Teens and Trauma
- ◆ Beyond Trauma
- Narcotic Treatment Plan (NTP)
- New Life
  - DRC
- FQHCs

- ◆ Motivational Interviewing
- ◆ CBT
- ◆ Relapse Prevention
- ◆ Psychosocial Education
- Provider Specific

- ◆ Motivational Interviewing
- ◆ CBT
- ◆ Relapse Prevention
- ◆ Psychosocial Education
- ◆ Living in Balance
- ◆ Matrix (adult and youth)
- ◆ CPT for PTSD
- ◆ Seeking Safety
- ◆ DBT
- ◆ Coping with Stress: Teens and Trauma
- ◆ Beyond Trauma

- ◆ Motivational Interviewing
- ◆ CBT
- ◆ Relapse Prevention
- ◆ Psychosocial Education

- ◆ Motivational Interviewing
- ◆ CBT
- ◆ Relapse Prevention
- ◆ Psychosocial Education

- ◆ Motivational Interviewing
- ◆ CBT
- ◆ Relapse Prevention
- ◆ Psychosocial Education

◆ Evidence Based Practice (can be at multiple levels)  
◆ Evidence Based Practice and Name of Program

- Medication Assisted Treatment
- Care Coordination/START

## Forensic Specialty Programs

### Adult Programs

- Misdemeanant Alternative Placement (MAP)
- Misdemeanor Incompetent to Stand Trial
- Felony Incompetent to Stand Trial

### Court Collaborations

- Mental Health Court (FSP)
- Veteran's Court (FSP)
- Family Preservation Court (FPC)
- Recovery Opportunity Center (ROC) Adult Drug Court
- Juvenile Success Team (JUST) - Juvenile Drug Court

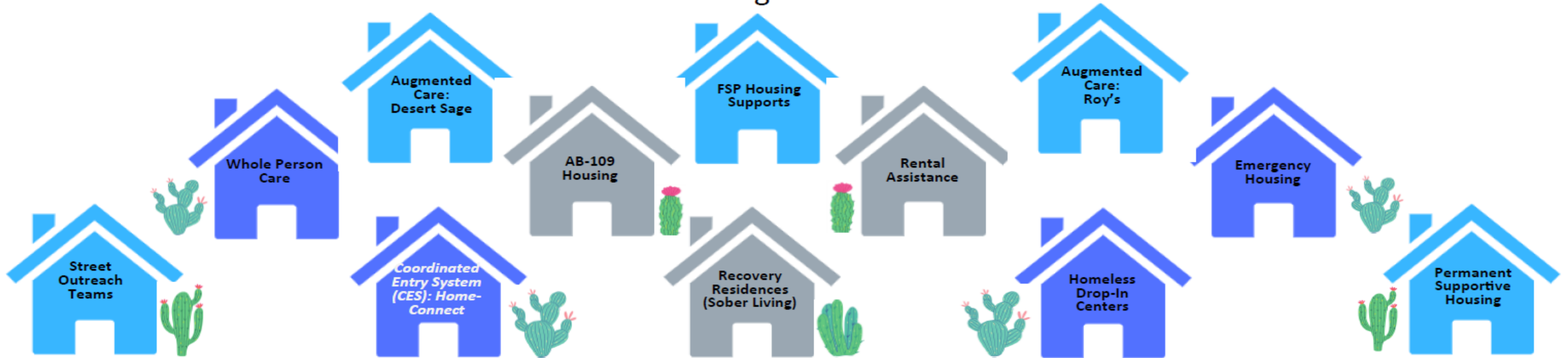
### Juvenile Services

- Crisis Intervention
- Mental Health Screenings
- Evaluation an Assessments
- Care Plan
- Medication Management
- Individual and Group Counseling
- Behavioral Health Education
- Groups:
  - Wellness Recovery Action Plan
  - Co-Occurring Life of Recovery
  - Residential Substance abuse Treatment\
  - Discharge Planning
  - Dialectical Behavior Therapy
  - Recreation Therapy
  - Life Skills
  - Social Skills
  - Effective Communication
  - Parenting
  - Dream Manager

### Services in Adult Detention

- Crisis Intervention
- Mental Health Screenings
- Evaluation an Assessments
- Care Plan
- Medication Management
- Individual and Group Counseling
- Behavioral Health Education
- Groups:
  - Wellness Recovery Action Plan
  - Co-Occurring Life of Recovery
  - Residential Substance abuse Treatment\
  - Discharge Planning
  - Dialectical Behavior Therapy
  - Recreation Therapy
  - Life Skills
  - Social Skills
  - Effective Communication
  - Parenting
  - Dream Manager

## Housing Services

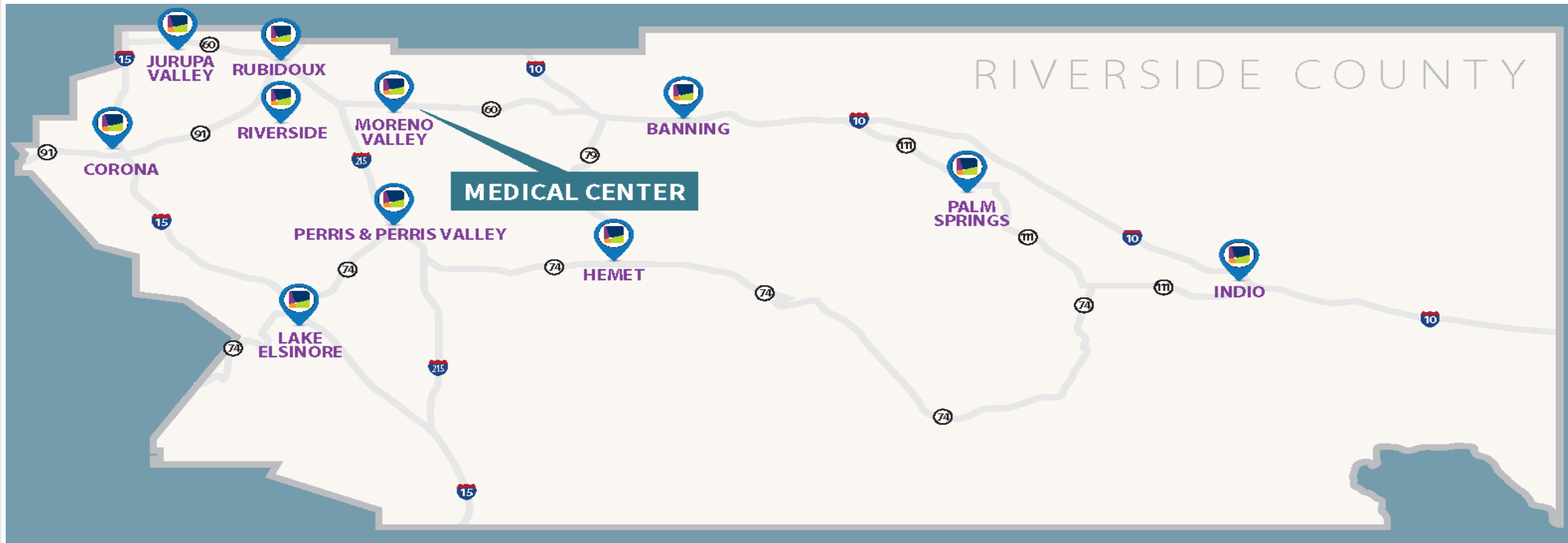


# RUHS Palm Springs CHC

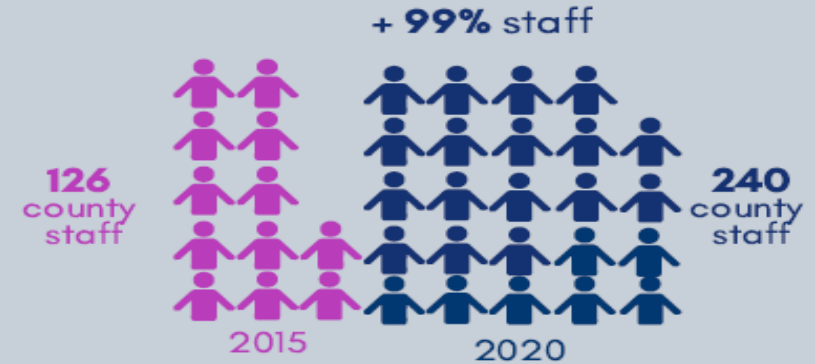
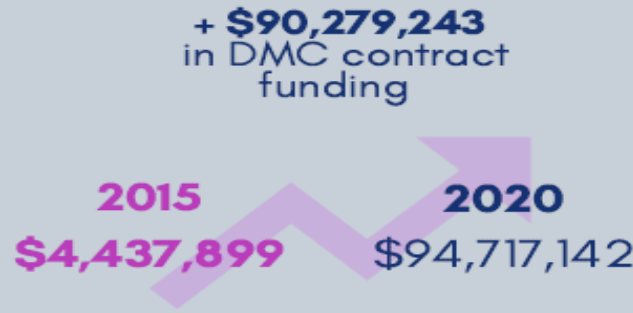
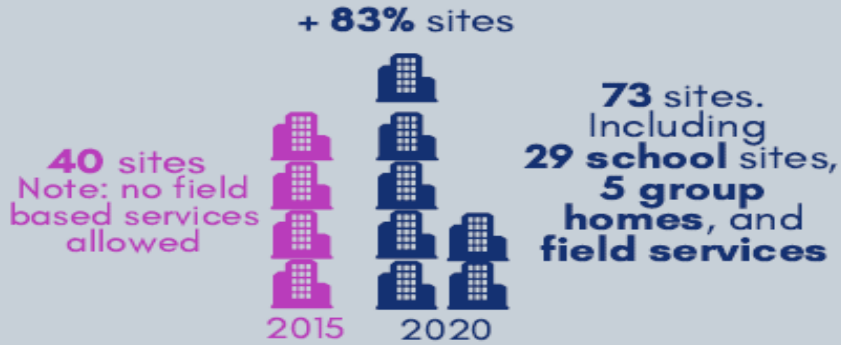


# RUHS Palm Springs CHC





# SUBSTANCE ABUSE PREVENTION AND TREATMENT: 2015 VS 2020



## Increase in Consumers 2015 vs 2020

	Ages 12-20	Ages 21+
<b>IOT</b>	<b>147%</b>	<b>151%</b>
<b>Outpatient</b>	<b>-3%</b>	<b>87%</b>
<b>Residential</b>	<b>198%</b>	<b>52%</b>
<b>OT WM 1.0 &amp; 2.0</b>	<b>113%</b>	<b>47%</b>

Adult services increased by a total of **813%** between 2015 and 2020

Youth services increased by a total of **179%** between 2015 and 2020.



## Increase in Services 2015 vs 2020

	Ages 12-20	Ages 21+
<b>IOT</b>	<b>405%</b>	<b>361%</b>
<b>Outpatient</b>	<b>80%</b>	<b>1220%</b>
<b>Residential</b>	<b>631%</b>	<b>416%</b>
<b>OT WM 1.0 &amp; 2.0</b>	<b>287%</b>	<b>198%</b>

## 8 Levels of Care Added



Individual Prevention	Early Intervention	Outpatient	OT WM 1.0 & 2.0	Intensive Outpatient (IOT) women and children only	Partial Hospitalization 2.5	Residential 3.1, 3.3, & 3.5	Inpatient WM 3.2 & 3.7
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**2015:** levels of care in place  
**2020:** added levels of care in place

# Leveraging/Grants

- NPLH (\$49.2M)
- CSI rounds 1 (\$4M) and 2 (\$18.9M)
- Crisis Care Mobile Unit Rounds 1-3 (\$15.2M\*)
- CHFFA Children/Youth Grant (\$395K)
- DSH IST (\$8.1M) and IST Housing
- BHCIP Planning (\$150K)
- Mentored Internship Program (\$885K)
- Behavioral Health Justice Intervention (\$700K)
- Sierra Health Telehealth (\$590K)

# No Place Like Home



## RUHS-BH Housing Development Pipeline Summary

Project name and location	Supervisory District	Age Group	Development partner and service provider	NPLH units	Total units	Grant Award	Award Date	Expected Opening Date
<b>Round 1</b>								
1 Cedar Glen II 9886 County Farm Road Riverside, CA	1	All	Palm Communities	24	50	3,311,952	June 14, 2019	July 7, 2021
2 St. Michael's 4070 Jackson Street Riverside, CA	1	All	Community Development Partners	24	50	4,331,808	June 14, 2019	Spring 2022
3 Oasis Senior Villas 2340 14 <sup>th</sup> Street Riverside, CA	1	62+	A Community of Friends	46	95	8,302,632	June 14, 2019	2022
4 Cathedral Palms 31-750 Landau Boulevard Cathedral City, CA	4	62+	National CORE	68	224	7,712,905	June 14, 2019	November 2020
<b>Round 1 TOTAL</b>				<b>162</b>	<b>419</b>	<b>\$23,659,297</b>		
<b>Round 3</b>								
1 Aloe Palm Canyon 1479 N. Palm Canyon Palm Springs, CA	4	All	West Hollywood Community Housing Corporation / Desert AIDS Project	25	71 Note 3	\$ 6,063,275	June 23,2021	January 2024
2 Rancho Family Housing Corner of Ynez Road and Rancho California Road Temecula, CA	3	All	Jamboree Housing / Housing with HEART	26	55	\$ 6,376,808	June 23,2021	May/June 2023
3 Vista de La Sierra Apartments 11253 Pierce Street Riverside, CA	1	All	National CORE / Mercy House	39	80	\$ 7,372,226	June 23,2021	May/June 2023
4 Vista Sunrise II 1695 Sunrise Way Palm Springs, CA	4	All	Coachella Valley Housing Coalition / Desert AIDS Project	29	61	\$5,769,577	June 23,2021	August 2023
<b>Round 3 TOTAL</b>				<b>119</b>	<b>267</b>	<b>\$ 25,581,886</b>		
<b>TOTAL</b>				<b>281</b>	<b>694</b>	<b>\$49,241,183</b>		



**EXAMPLES FROM CEDAR GLEN PROJECT**

2022 NACo ACHIEVEMENT AWARD WINNER

# Arlington Recovery Community & Sobering Center

RIVERSIDE COUNTY, CALIF.



**BEFORE**



**AFTER**

# Arlington Recovery Community (ARC) and Sobering Center





**BEFORE AND AFTER ARLINGTON RECOVERY  
COMMUNITY & SOBERING CENTER - RIVERSIDE**

# Crisis Campus

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# Recent Continuum Buildout

- Roy's Desert Springs: Augmented Board and Care
  - 92 beds
- Mental Health Rehabilitation Center
  - 59 beds
- NPLH
  - Cathedral Palms 68 beds for seniors, Cedar Glen 39 beds
- ARC/Sobering center
  - 54 beds for individuals with SUD

# Recovery Villages

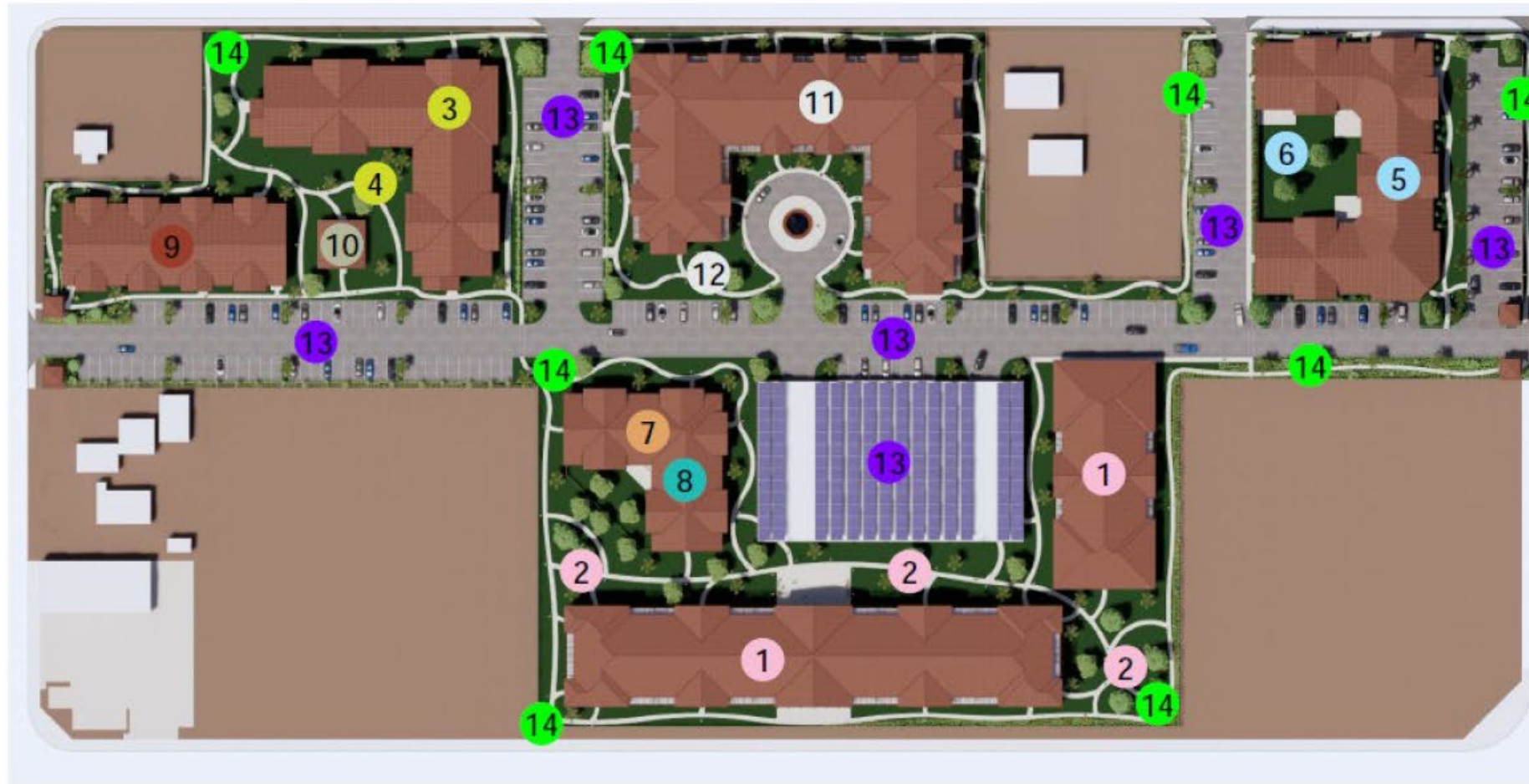


**HEMET**  
**BEHAVIORAL HEALTH CAMPUS**

Riverside University Health System







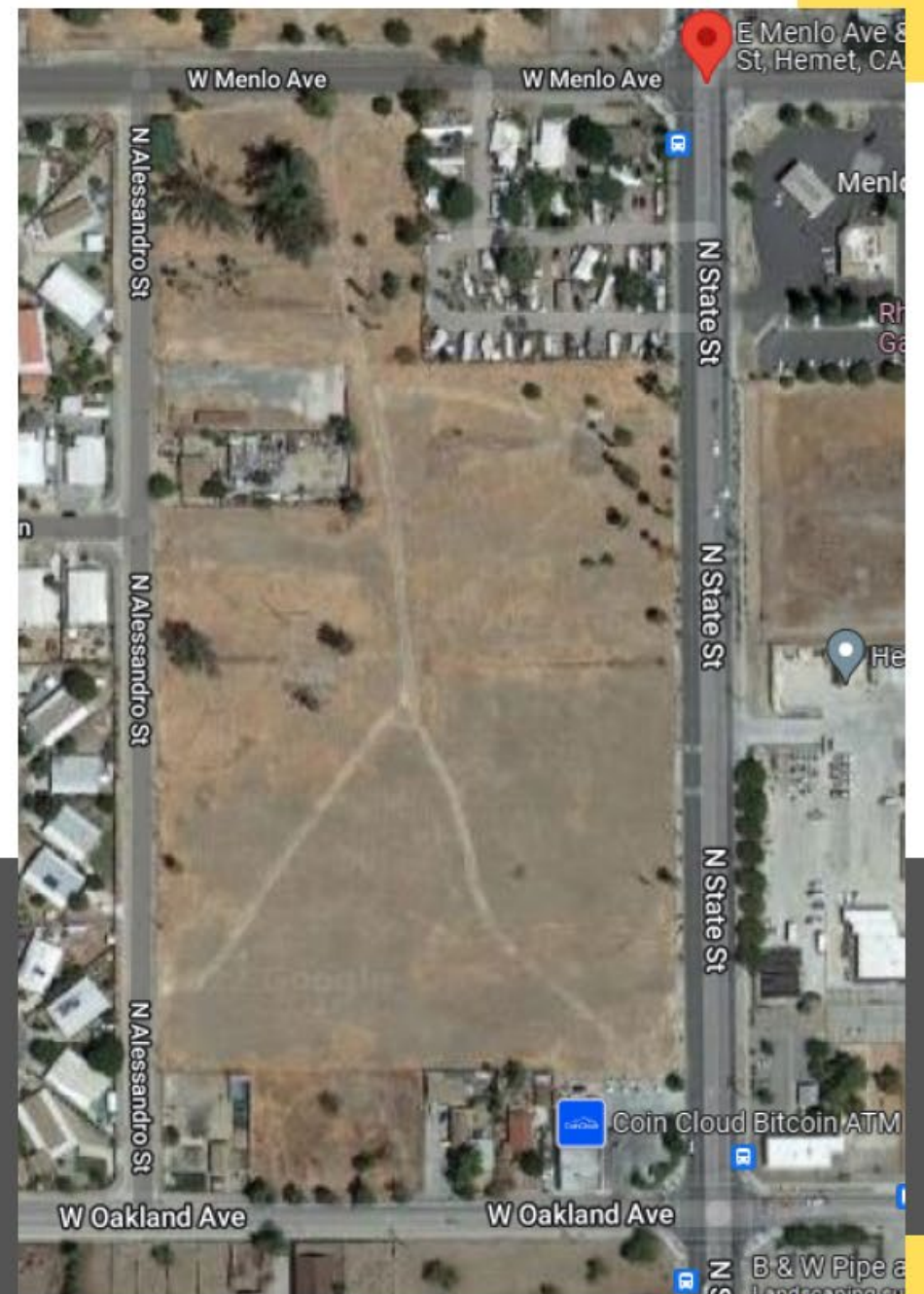
- ## program key
- 1** **Supportive Housing Apartments**  
Two story apartment style homes with their own kitchens. 32 family units (3-bedroom), 42 double units (2-bedroom), and 42 single units (1-bedroom)
  - 2** **Outdoor Area**  
Shared outdoor space with playground and seating
  - 3** **Recovery Residence**  
Two story apartment style homes with a shared kitchen and common spaces. 10 family units (3-bedroom), 20 double units (2-bedroom) and 10 single units (1-bedroom).
  - 4** **Outdoor Area**  
Shared outdoor space with playground and seating
  - 5** **Residential Substance Use Treatment**  
Single story household model residence with a shared kitchen and shared laundry facility, sobering center, and common amenities. 25 single occupancy rooms.
  - 6** **Outdoor Area**  
Shared outdoor space with playground and seating
  - 7** **Mental Health Rehabilitation Center (MHRC)**  
Single story household model residence with a shared kitchen, shared laundry facility, and recreation center. 16 single occupancy rooms.
  - 8** **Crisis Recovery Treatment (CRT)**  
Single story household model residence with a shared kitchen, shared laundry facility, and recreation center. 16 single occupancy rooms.
  - 9** **Childrens Mental Health Urgent Care (MHUC)/Respite/Welcome Center**  
Two story household model residence with a shared kitchen, shared laundry facility, shared recreation center, group rooms, interview rooms, and common space. 24 double occupancy rooms (separated girls and boys).
  - 10** **Small Single Family Residence**  
Three bedrooms, two bathroom single family residence with private kitchen, and living room.
  - 11** **Outpatient Mental Health, SUD, Primary Care, Vocational, Wraparound Services, Adult Mental Health Urgent Care**  
Care center for community including mental health and primary care. Large recreation center with library and resource center, common laundry facilities, animal kennel, grocery store, and vocational services.
  - 12** **Outdoor Area**  
Shared outdoor space with bar-b-ques, playground and seating
  - 13** **Parking**  
182 parking spaces located in enclosed parking structure, and 187 surface parking spaces throughout the site - total of 369 parking spaces
  - 14** **Walking Path**  
Site wall and 10 foot wide walking path with landscape encircling the entire site

Variations from proposed plan include a 50-bed MHRC and a 90-bed Adult Residential Facility



# LOCATION

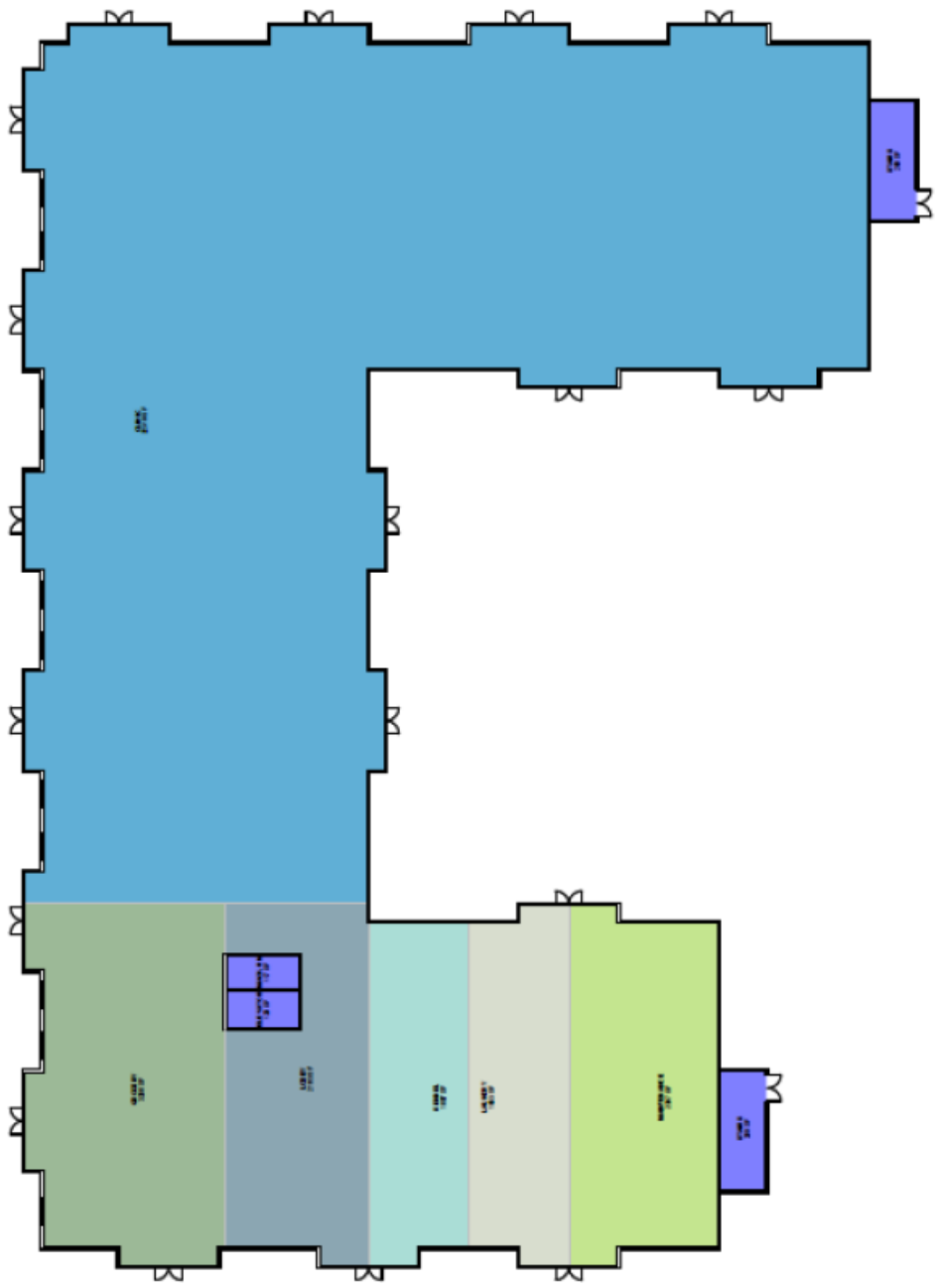
12.1 acres of vacant land (several parcels) in the northeast area of the City of Hemet bound by W. Menlo Avenue to the north, N. State Street to the east, W. Oakland Avenue to the south and N. Alessandro St. to the west





## EXISTING PROPERTY - VIEW FROM MENLO AVE & OAKLAND AVE

12.1 acres of vacant land (several parcels) in the northeast area of the City of Hemet bound by W. Menlo Avenue to the north, N. State Street to the east, W. Oakland Avenue to the south and N. Alessandro St. to the west



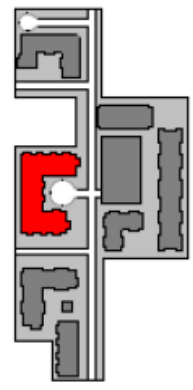
# Outpatient MH, SUD, Primary Care, Adult Mental Health Urgent Care, Etc.

Area - 64,150 SF

Parking - 257 spaces

## Program

- Lobby / Reception
- Clinic
  - Exam Rooms
  - Triage / Nurse Station
  - Med Room
  - Doctor's Offices
  - Laboratory / X-Ray Room
  - Staff Break room
  - Restrooms
- Recreation Center
  - Basketball Court
  - Weight/Exercise Room
  - Game Room
  - Yoga / Dance Studio
- Small Grocery Store
- Facility/Maintenance
- Laundry
- Animal Kennel
- Library/Resource
- Vocational Classrooms



# Children's MHUC/Respite

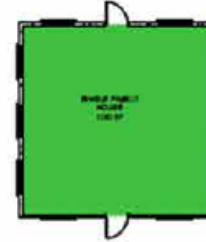
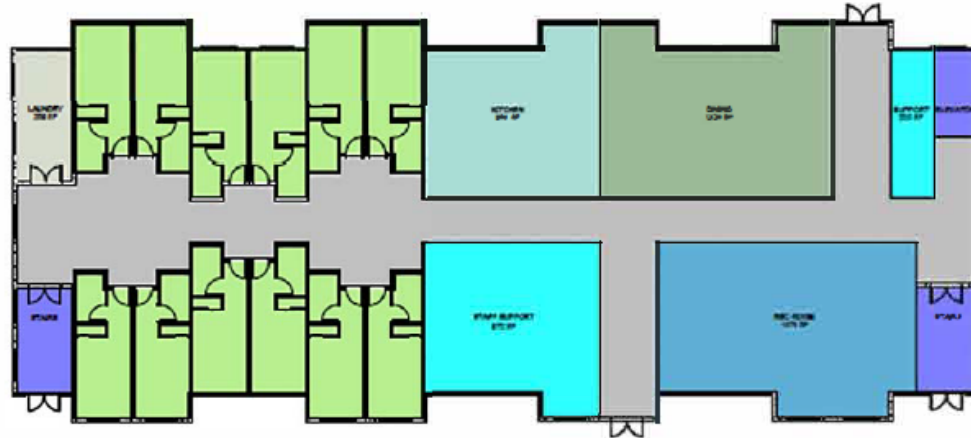
Two story household model residence

Area - 25,400 SF

Parking - 36 spaces

Program

- 12 Single Units (Girls)
- 12 Single Units (Boys)
- Single Family Residence (3 Bedroom)
- Common Amenities  
Living room area  
Casual seating area  
Restrooms
- Recreation Area  
Game Room  
Exercise Area
- Staff Area  
Nurse Station  
Med Room  
Exam Room  
Consultation Room  
Offices
- Commercial Kitchen
- Shared Dining Room
- Laundry (each floor)
- .





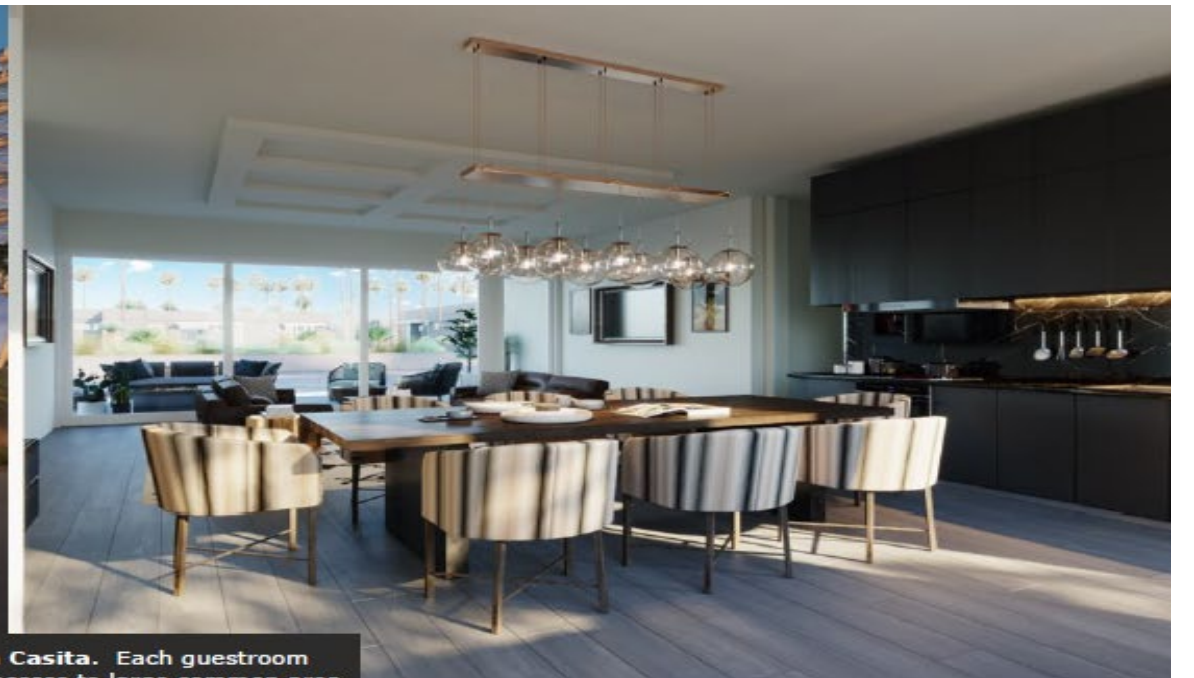
**PROPOSED COACHELLA  
BEHAVIORAL HEALTH CAMPUS**  
Riverside University Health System



EXISTING PROPERTY



EXISTING PROPERTY

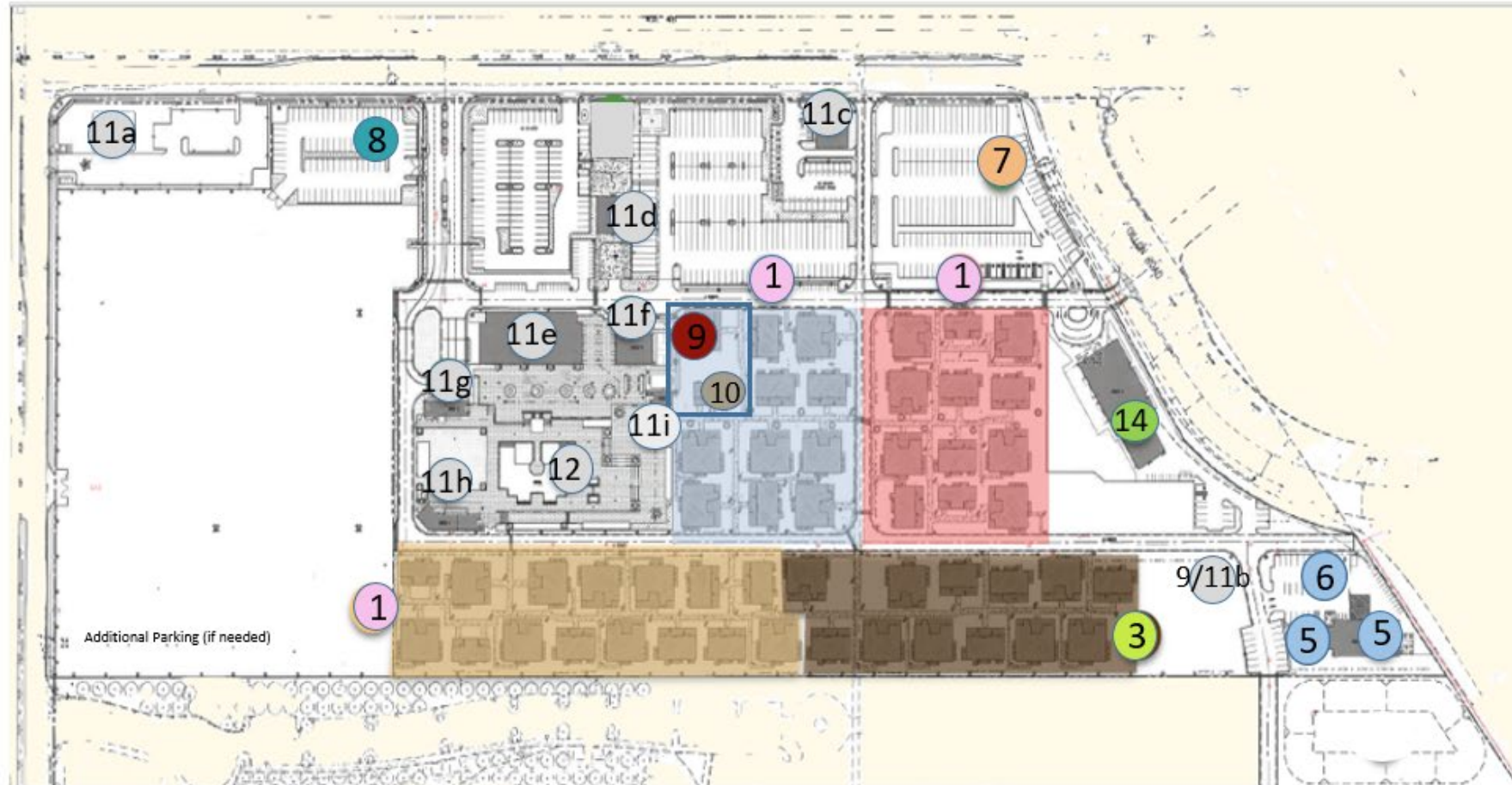


Rendering of a **4-Bedroom Casita**. Each guestroom has exterior entrance plus access to large common area and kitchen. Large bathrooms and exterior living space.



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Care center for community including mental health and primary care, Large recreation center with library and resource center, common laundry facilities, aerial forest, grocery store, and vocational services.
- 12** **Outdoor Area**  
Shared outdoor space with bar-b-que, playground and seating
- 13** **Parking**  
162 parking spaces located in enclosed parking structures, and 187 surface parking spaces throughout the site - total of 369 parking spaces
- 14** **Adult Residential Facility**  
40-bed augmented board and care



11a. Grocery Store  
11b. Adult/Children's MHUC  
11c. Primary Care Outpatient  
11d. Pet Hotel

11e. MH & SUD Outpatient  
11f. Housing Administration  
11g. Recreation (movie theater)  
11h. Recreation Center/Administration

11i. Laundromat  
12. Garden, playground, splash pad, half court, etc.

# Recovery Villages Update

# Additional NCC Request

Recovery Village Continued Planning and Design	\$1,000,000
Public Guardian Caseload, Rising Labor & ISF Costs	<u>\$ 713,590</u>
<b>Total NCC Request</b>	<b>\$1,713,590</b>

• \$400,000,000



[www.ruhealth.org](http://www.ruhealth.org)