

**SUBMITTAL TO THE BOARD OF SUPERVISORS
COUNTY OF RIVERSIDE, STATE OF CALIFORNIA**



**ITEM: 2.18
(ID # 19312)**

MEETING DATE:
Tuesday, June 21, 2022

FROM : Riverside County Youth Commission:

SUBJECT: YOUTH COMMISSION: Riverside County Youth Commission Annual Report


RECOMMENDED MOTION: That the Board of Supervisors receive and file the Riverside County Youth Commission Annual Report for the 2021-2022 term, as required by Resolutions 98-032 the Youth Commission By-Laws (Article XIII).

ACTION: Consent

MINUTES OF THE BOARD OF SUPERVISORS

On motion of Supervisor Perez, seconded by Supervisor Washington and duly carried by unanimous vote, IT WAS ORDERED that the above matter is received and filed as recommended.

Ayes: Jeffries, Spiegel, Washington, Perez and Hewitt
Nays: None
Absent: None
Date: June 21, 2022
xc: Youth Commission

Kecia R. Harper
Clerk of the Board
By: 
Deputy

**SUBMITTAL TO THE BOARD OF SUPERVISORS COUNTY OF RIVERSIDE,
STATE OF CALIFORNIA**

BACKGROUND:

Summary

In its role to initiate and support projects and services involving young people in Riverside County, the Youth Commission provides advice, assistance, and recommendations to the Board of Supervisors and County Department heads. The Youth Commission works to anticipate the educational, recreational and cultural needs of the youth of Riverside County, and it works to ensure the coordination of community resources to improve the quality of life for all its youth. One of the directives of the Board of Supervisors is the requirement to submit an annual report. This report is designed to be a compilation of the activities and the accomplishment of the Youth Commission and its comprising five Youth Advisory Councils.

The Commission and Youth Advisory Councils wish to thank the Boards of Supervisors for their continued support, insight, and commitment by appointing the Commission to continue to be a voice for the youth in Riverside County.

Impact on Residents and Businesses

Each of the five Riverside County Youth Advisory Councils works towards improving the community by volunteering their time and efforts with organizing members of the community. The Youth Commission also host several events aimed toward improving the lives of young people throughout Riverside County by providing them the resources to achieve their goals.

The Riverside County Youth Advisory Councils consists of high school students throughout the County. Cumulatively, they have volunteered 1,856 hours of community service during the past year. If those students were paid California's minimum wage of \$15.00/hour, they donated the equivalent of \$27,840 in free services to their communities. The website

"Independentsector.org" places a value of \$25.43 per hour of volunteer work and using this figure the Youth Commission donated nearly \$47,198.08 this year. While in reality, it is not possible to place a dollar value on the services they provide, it is important to understand that they are accomplishing real goals, learning incredibly valuable life lessons and making Riverside County a better place for all of us.

Attachments:

Annual Report 2021-2022

RUHS PH Community Health Assessment Riverside County Youth Commission Report 2022



RIVERSIDE COUNTY YOUTH COMMISSION

Annual Report
2021-2022



TODAYS YOUTH, TOMORROWS LEADERS

Riverside County Youth Commission
County-Wide Events and Collaborations
2020-2021 Council Year

The Youth Commission collaborates with many organizations to support community members throughout the county. By joining the efforts of all five Youth Advisory Councils, the Youth Commission can make a larger impact on the community and the organizations we work with. The Commissioners from each of the five Youth Advisory Councils sit on the Youth Commission Board to represent and make collaborative decisions on behalf of all the Councils. Below is a list of organizations that the Youth Commission decided to collaborate with for the 2021-2022 council year.

RUHS Public Health: Community Health Assessment

The Youth Commission was invited by the Riverside County University Health System - Public Health to participate in the Riverside County Community Health Assessment (CHA). The Community Health Assessment assists in the creation of the County's Community Health Improvement Plan (CHIP) which will be in place for the next five years. The RUHS—Public Health Community Health Assessment is an opportunity for community members to provide feedback regarding the health and wellbeing of all county residents to create a healthier, equitable, and more resilient Riverside County. In order for the Youth Commission to participate in this important project, the YC Coordinator and Legislative Interns were required to participate in five trainings with the other community partners participating in the CHA collaborative. This project was a big commitment from the Youth Commission staff and was ongoing from August 2021 through January 2022. The Youth Commission assisted with the engagement process by hosting focus groups, small group interviews, and community forums for data collection. The Youth Commission was pleased to allow our program's council members and Riverside County residents to use their voice to help make a difference in their communities. The full report that the Youth Commission compiled, which details our contribution of data collection and analysis for the CHA, is attached to this report in Attachment A.

Continuum of Care: Youth Point in Time Count

The Youth Commission voted yes to work in collaboration with Continuum of Care (CoC) Division to help with the annual Youth Point in Time Count. This event serves as a census to account for homeless youth living within Riverside County. During the Youth Commission meeting our commissioners agreed to participate in the Come and be Connected events that provided a direct connection for homeless youth to come be counted and connected to resources. These events took place at various locations within the county in February 2022. In preparation for the Come and be Connected Events our Youth Commission helped with the packing of the incentive bags in January 2022.

DPSS Foster Youth Graduation Basket Fundraiser

The Youth Commission has partnered with the Riverside County Department of Social Services by providing funds, materials, or gift baskets for the foster youth you have graduated this 2022 school year. Each district raised funds or donated items to create a gift basket filled with college or apartment room essentials. These baskets will be provided to the Foster Youth Graduates at the Annual Graduation Party that is thrown for them by DPSS.

Annual Youth Retreat

The 2021-2022 Youth Commission kicked off the school year in the fall with the Annual Youth Retreat. This event is intended to prepare, excite, and train the council members for the upcoming school year. The 23rd Annual Youth Retreat was a virtual pleasure. Youth Retreat was created to prepare the new and returning council members for the year to come. The day consisted of two different speakers including YAC 101 presented by the YAC coordinators and Brown Act/ Parliamentary Procedures presented by County Counsel's Sarah Moore. The students participated in a virtual scavenger hunt via Zoom which gave them a chance to interact with their fellow council members and the council members from other districts as well. Overall, it was a successful and fun event that prepared the YAC students for their upcoming year in YAC.

Annual Youth in Government Day

Youth in Government Day is an event where students are paired with County Employees based on their interests and career aspirations for a day of job shadowing. The students get to see firsthand what a day in the life of a county employee is like. This allows them to see if their career interests are right for them and open their eyes to other careers they may not have considered before. The 23rd Youth in Government Day was a success despite the limitations of the ongoing pandemic we were still experiencing. The event was held completely virtually and allowed students from all districts to meet with mentors from many county departments. This year's event focused on providing youth with small group online mentoring sessions via Zoom. These small groups held about 5 students who met with a county mentor to learn more about their career, education path, ask questions, get advice, and make connections. What made this year's event unique was the opportunity for students to be assigned to three separate mentoring sessions and the ability to join any mentoring session they were interested in during the 4 day event. This allowed students to hear from multiple county departments, various positions and learn about various paths mentors took to get to where they are now.

Annual Youth Summit

Youth Summit is a youth conference held annually that is sponsored, planned and executed by the Youth Commission. High schools from throughout the County are invited to attend the event where we have several speakers discuss topics that are important to today's youth. Every year, the Youth Commission votes on which topics they feel are affecting youth today and would like

to see discussed at our Youth Summit. This year, the Commissioners decided on Post-Pandemic Recovery, Mental Health for Young Adults, and Diversity, Equality, & Inclusion in Education. The event was located in the Third District at the Mt. San Jacinto College campus in San Jacinto. Students heard welcoming remarks from Supervisor Washington and enjoyed a day of inspiring messages and fun activities. The event also featured youth related resource exhibitor booths with community partners, county programs and local colleges. The Youth Commission Staff worked for months to secure our venue, speakers exhibitors and to register our high school student attendees from throughout the county. The speakers for the youth summit event did a phenomenal job and are listed below.

- B. Hunter CEO/Founder of Power Speaks Louder - Post-Pandemic Recovery
- Dr. Mario Rocha CEO of Project 57 IE - Mental Health for Young Adults
- Dr. Jose Lalas and Dr. Heidi Luv Strikwerda from University of Redlands Center of Educational Justice - Diversity, Equality, & Inclusion in Education

First District Youth Advisory Council **Annual Report 2020-2021**

The First District Youth Advisory Council (YAC) is a representative student body of members who attend high school within the First District of Riverside County represented by Supervisor Kevin Jeffries. The First District is comprised of various cities such as: Riverside, Lake Elsinore, Canyon Lake, and Wildomar, and unincorporated communities including Woodcrest, Lake Mathews, Mead Valley, Temescal Valley, Good Hope, Lakeland Village, El Cariso, Meadowbrook, La Cresta, and DeLuz. Our Youth Advisory Council is composed of students from over 20 high schools across the First District. As a team we strive to give back to our community by participating in outreach and community service projects within our district.

First District Youth Advisory Council Committees 2021-2022

In order to achieve our 2021-2022 goals, the Council formed three committees. Each committee worked to coordinate and volunteer at events which were related to their goals.

- **Mental Health**

The Mental Health committee created a goal to help address the reality of what it means to be a high school and stress that comes along with it. School takes a toll on many students' mental health to succeed academically. Members of the council attended an open forum hosted by Dr Adwoa Osei from University of Riverside Medical School. Council members were able to express their individual struggles with the transition of the pandemic and receive encouraging advice. Collectively this revealed to the council how common and normal the emotions and issues we face are. Along with Dr Osei, the council also hosted a talk with founder of Power Speaks Louder B. Hunter where the council was given motivation and tools to overcome the mental health struggles they face. This committee also posted social media fliers of various mental resources to their individual social media pages to spread awareness of the help available.

- **Youth Engagement**

Youth engagement committee members made a goal this year to help students and youth in Riverside County and ensure young students have appropriate resources to make a difference in their community. Members of the council coordinated the Department of Social Services Foster Youth Baskets by calling local business stores for donations as foster youth students attend college or move into an apartment.

- **Beautification**

The Beautification committee was dedicated to making our community cleaner and safer. Members of the council partnered with Keep Riverside Clean and Beautiful to host various cleans up within District One.

First District Service Events and Projects Completed

Listed below are the key projects the 2021-2022 First District Youth Advisory Council (YAC) accomplished throughout the year.

Youth Retreat – September 4th, 2021

The 23rd Annual Youth Retreat was a virtual blast. Youth Retreat was created to prepare the new and returning council members for the year to come. The day consisted of two different speakers including YAC 101 which was presented by YAC coordinators and Brown Act/ Parliamentary Procedures presented by County Counsel's Sarah Moore. The students participated in a virtual scavenger hunt via Zoom which gave them a chance to interact with their fellow council members and the council members from other districts as well. Overall, it was a successful and fun event that prepared the YAC students for their upcoming year in YAC.

Mead Valley Town Hall Meeting – September 17th, 2021

Several council members attended this Town Hall Meeting hosted by District 1 office staff. Collectively the council members were able to run the Board of Supervisors booth where they helped answer questions. They also help distribute different items including calendars, newsletters, and candy to attendees. This event allowed for the council members to interact with local members of our district one community and a better insight of how a town hall meeting is hosted.

Deleo Fall Festival – October 23rd, 2021

The council was able to continue their annual support and volunteering at the Deleo Sports Park by attending the annual Fall Festival. There were 13 council members who attended and ran the different activities at the event. These activities included helping with the arts and craft booth, assisting with the pumpkin decorating booth, and managing the haunted maze. This event was a hit for the council members as they really enjoyed getting in the fall spirit!

Mead Valley Trunk or Treat - October 27th, 2021

The community of Mead Valley was able to host a safe and family friend fall event where children were able to collect candy and enjoy various games and activities. Our council members helped manage line control and guided cars in and out of the neighborhood.

Good Hope Trunk or Treat – October 30th, 2021

Good Hope Trunk or treat was a success for our council as they were able to interact directly with family and children at this event. The council was able to host their own trunk at this event and pass out candy. Seeing the different costumes really made this event enjoyable for the members.

Chipotle Fundraiser - November 17th, 2021

In preparation for First District's collaboration with DPSS's annual foster youth baskets we hosted a fast-food fundraiser at Chipotle. At this fundraiser 33% of the proceeds from each order would go to our funds and we raised \$100!

UCR Medical School Guest Speaker Dr Adwoa Osei

To address our mental health council goal, we joined with Dr Adwoa Osei from UCR Medical School to help support our council member's mental health. There was an open forum so council members could speak about their struggles as being high school students. Given the climate of still being in a pandemic they were able to collectively relate to the same struggles. Dr Adwoa Osei was about to support their struggles and provide helpful advice as well as share her personal story about raising a high school student herself. The council enjoyed having the opportunities to hear from a medical professional directly about their struggles.

Youth in Government Day- November 8th to 12th, 2021

Youth in Government Day is an event where students are paired with County Employees based on their interests and career aspirations for a day of job shadowing. The students get to see firsthand what a day in the life of a county employee is like. This allows them to see if their career interests are right for them and open their eyes to other careers they may not have considered before. The 23rd Youth in Government Day was a success despite the limitations of the ongoing pandemic we were still experiencing. The event was held completely virtually and allowed students from all districts to meet with mentors from many county departments. This year's event focused on providing youth with small group online mentoring sessions via Zoom. These small groups held about 5 students who met with a county mentor to learn more about their career, education path, ask questions, get advice, and make connections. What made this year's event unique was the opportunity for students to be assigned to three separate mentoring sessions and the ability to join any mentoring session they were interested in during the 4 day event. This allowed students to hear from multiple county departments, various positions and learn about various paths mentors took to get to where they are now.

Deleo Winter Festival - December 17th, 2021

Council members volunteered at the annual Deleo Winter festival. We helped at the cookie decorating and arts and crafts booth as well as managed the line for the snow sled. At the cookie station we passed out sugar cookies to the families and maintained a clean station. At the art and crafts station we passed out craft kits so that the families could assemble the different crafts. At the snow sled station, we helped children get seated on their sled and then pushed them down the snow. We manage line control as well.

Assembly Bag Making - January 7th, 2022

In preparation for the Come and Connected events hosted for the Youth Point in Time Count, we helped make incentive bags that are being distributed to homeless youth. At this event council members took inventory of the various supplies then made over 300 incentive bags.

Keep Riverside Clean & Beautiful - January to May 2022

In partnership, council members volunteered in community beautification projects within the City of Riverside. Throughout the year, the students participated in hands-on stewardship with litter prevention at local parks and neighborhoods.

Riverside University Health System (RUHS) “CHA” Community Health Assessment - January 2022

In collaboration with the RUHS CHA project, our council members completed a brief survey created by the Youth Commission that discusses the relevant topics report for the project.

RUHS CHA Focus Group Zoom - January 19th, 2022

To gather more information and data for the CHA project several council members attended the focus group hosted by the Youth Commission. This focus group allowed for the attendees and council members to have an opportunity to share their concerns about the survey that was given our prior and about the different topics involved in the survey. Collectivity allowed for the attendees to share personal experiences and input on the topics discussed.

Valentines Day’s Card Making - February 13, 2022

The Mental Health committee hosted a Valentine’s Day card making event at our YAC meeting. These cards were made to spread compassion and kindness on Valentine’s day. This committee recognized that the days leading up Valentine’s Day make many people feel lonely, and the committee wanted to help address that. The committee was able to make more than 35 cards that were later brought to a local senior center.

Mental Health Flier Making - February 14th, 2022

First District’s Mental Health Committee member, Alexis Pham made custom mental health fliers with various resources. These fliers were then posted on social media through District’s Ones Instagram page as well as council members posted the fliers on their personal Instagram pages.

CoC Youth Point In Time Count - Come and Be Connected Event - February 24th, 2022

As part of the Youth Point in Time Count. Our council members attended this resource fair hosted by Steppingstone. At this event we helped with setting up, cleaning up and running booths.

Black History Month Collab with Power Speaks Louder - March 3rd, 2022

At our YAC meeting we had a guest speaker B. Hunter the founder of Power Speaker Louder. B. Hunter showcased her nonprofit organization and shared a motivational presentation about becoming who you want to be.

Power Speaks Louder Street Outreach Prep - March 11th, 2022

After hearing the amazing work B. Hunter and Power Speaks Louder does, my council wanted to help support her organization by volunteering at their Outreach Prep. At the Outreach Prep our council members were able to make goodie bags and sandwiches.

Deleo Spring Festival - April 9th, 2022

Council members attended another event hosted at Deleo sports park. Members were able to help with the arts and craft booth and manage the line for pictures with the easter bunny.

Youth Summit – May 13, 2022

Youth Summit is a youth conference held annually that is sponsored, planned, and executed by the Youth Commission. High schools from throughout the County are invited to attend the event where we have several speakers discuss topics that are important to today's youth. Every year, the Youth Commission votes on which topics they feel are affecting youth today and would like to see discussed at our Youth Summit. This year, the Commissioners decided on Post-Pandemic Recovery, Mental Health for Young Adults, and Diversity, Equality, & Inclusion in Education. The event was held in the Third District at the Mt. San Jacinto College campus in San Jacinto. Students heard welcoming remarks from Supervisor Washington and enjoyed a day of inspiring messages and fun activities. The event also featured youth related resource exhibitor booths with community partners, county programs and local colleges. The Youth Commission Staff worked for months to secure our venue, speakers exhibitors and to register our high school student attendees from throughout the county.

DPSS Foster Youth Graduation Basket Fundraiser – May 31st, 2022

The Youth Engagement committee within the council led this project by drafting fundraising ideas and picked which idea/theme our council wanted for our basket. Council members selected essential items for college foster students that would be helpful for our district basket.

-----Summary of the Year-----

Goals for the 2021-2022 YAC Term:

Mental Health

Youth Engagement

Beautification

Total number of community service projects and hours:

Council members delivered 32 projects, webinars, workshops, and training as well as dedicated 371.5 hours of community service to the First District of Riverside County. YAC members felt that they excelled in accomplishing their expectations and goals for the year.

The First District Youth Advisory Council would like to thank the Board of Supervisors for their ongoing support throughout the year.

Second District Youth Advisory Council **Annual Report 2020-2021**

The Second District Youth Advisory Council (YAC) is a representative student body of members who attend high school within the Second District of Riverside County. Communities within the Second District include the unincorporated communities of Coronita, El Cerrito, Home Gardens and Highgrove, and the cities of Corona, Eastvale, Jurupa Valley, Norco, and the western half of the City of Riverside.

Second District Youth Advisory Council Committees 2021-2022

In order to achieve our 2021-2022 goals, the Council formed three committees. Each committee worked to coordinate and volunteer at events which were related to their goals.

- **Outreach**

Outreach committee members made a goal this year to coordinate events in-person and social media campaigns to ensure the youth in Riverside County have the appropriate resources to make a difference in their community. Members of the council partnered with county departments and other local organizations to better assist Riverside County by volunteering at resource fairs, fundraising events, and much more.

- **Homelessness**

The Homelessness committee has primarily focused on helping and providing resources/services to the homeless youth. Each member has contributed by improving the lives of the homeless by donating in-kind goods. The students have contributed in practical ways to promote nearby shelters and volunteering with homeless-serving agencies. Students have attended workshops to increase understanding and respond appropriately to sensitive matters and spread knowledge to their peers.

- **Environmental**

The Environmental committee members aim to clean up, maintain and improve the environmental well-being of their communities. The students are dedicated to providing assistance with community clean-ups, promoting environmentally friendly practices, and creating infographics on social platforms.

Second District Service Events and Projects Completed

Listed below are the key projects the 2021-2022 First District Youth Advisory Council (YAC) accomplished throughout the year.

Youth Retreat – September 4th, 2021

The 23rd Annual Youth Retreat was a virtual blast. Youth Retreat was created to prepare the new and returning council members for the year to come. The day consisted of two different speakers including YAC 101 which was presented by YAC coordinators and Brown Act/ Parliamentary Procedures presented by County Counsel's Sarah Moore. The students participated in a virtual scavenger hunt via Zoom which gave them a chance to interact with their fellow council members and the council members from other districts as well. Overall, it was a successful and fun event that prepared the YAC students for their upcoming year in YAC.

National Night Out - August 3, 2021

In partnership with the Jurupa Area Recreation & Park District, city departments from the Cities of Eastvale, Jurupa Valley, and Norco, local businesses & community organizations, and the Riverside County Sheriff's Department; the YAC students participated in the National Night Out event that promotes police awareness in the community. The students received service hours by setting up a district booth to help constituents and inform them about the district newsletter. This event helped YAC enhance the relationship between local neighbors and law enforcement to bring a sense of community.

Back to School - August 7, 2021

In partnership with the Kiwanis Club of Norco, YAC assisted in giving back to youth by handing out in-kind donations such as backpacks and school supplies. The students were able to better serve children as young adults which helps them build character and leadership skills. In addition, the community event provided YAC with information about state and local resources such as the programs that cater to those in need.

Fake & Fatal - September 16, 30-October 14, 2021

Council members attended a series of three presentations regarding a prominent issue of fentanyl in the community. The students held a booth for our district office to inform constituents of our newsletter and provide more information on updates and happenings within our jurisdiction. YAC became more educated on the sensitive topic of rising deaths with fentanyl and gathered resources to promote awareness on this issue among youth.

Run for the Ridge - September 19, 2021

The YAC students partnered with local businesses and the community to come together in spirit for exercise and support of men and women who live at Peppermint Ridge. The YAC students held a booth for our district for participants who pass by and want to receive more information about our office. The students understood the significance of the event as a way to give back to the community by promoting health and fun with courses for the runners.

EEK! VALE - OCTOBER 23, 2021

The City of Eastvale hosted a special Halloween event for the public which included great food, music, games, and much more. The council members decorated a booth and dressed up to make it fun for the community. For this outreach event, constituents enjoyed the entertainment and took photos as the students interacted and engaged with the children.

Youth in Government Day- November 8th to 12th, 2021

Youth in Government Day is an event where students are paired with County Employees based on their interests and career aspirations for a day of job shadowing. The students get to see firsthand what a day in the life of a county employee is like. This allows them to see if their career interests are right for them and open their eyes to other careers they may not have considered before. The 23rd Youth in Government Day was a success despite the limitations of the ongoing pandemic we were still experiencing. The event was held completely virtually and allowed students from all districts to meet with mentors from many county departments. This year's event focused on providing youth with small group online mentoring sessions via Zoom. These small groups held about 5 students who met with a county mentor to learn more about their career, education path, ask questions, get advice, and make connections. What made this year's event unique was the opportunity for students to be assigned to three separate mentoring sessions and the ability to join any mentoring session they were interested in during the 4 day event. This allowed students to hear from multiple county departments, various positions and learn about various paths mentors took to get to where they are now.

Keep Riverside Clean & Beautiful - December 7, 2021

The students volunteered to assist in a community clean up at local neighborhoods and parks. YAC members continue to stay informed on good stewardship and how to cultivate groups together in order to improve public spaces. Such actions included cleaning off vandalized property with graffiti, promoting waste reduction, and preserving nature by picking up trash.

First Congressional Church Drive: Socks and Blankets - December 21, 2021

Students raised socks and blankets from local schools to donate to our local church for people in need. This charitable act established the notion of extreme importance of giving back to the community to support churches and making a positive effect on their own lives by contributing.

Riverside University Health System (RUHS) "CHA" Community Health Assessment - January 2022

Students participated in a discussion which included different kinds of questions developed by a community survey regarding racism. The goal was to get feedback from youth on racism and how it affects members of this community. Students reflected on how racism impacts (or has impacted) their health and well-being and the health and wellbeing of family and/or friends.

Come and Be Connected - February 24, 2022

In partnership, council members volunteered and partnered with the Rubidoux Youth Opportunity Center for the come and be connected event which was a resource fair to help homeless youth by providing services and resources. The YAC students walked around surrounding neighborhoods to canvas and assist youth in need who lack life skills, education, and a household.

College Prep - March 9, 2022

The students attended a UCSB presentation by an admissions officer to get some insight on life after high school and the next steps in college. The UCSB admissions officer held a presentation which talked about college applications, coursework, financial aid, extracurricular activities, and clubs on campus. The YAC council voiced that the college presentation was useful because it helped them become aware of requirements and expectations from the admissions department.

Youth Summit – May 13, 2022

Youth Summit is a youth conference held annually that is sponsored, planned, and executed by the Youth Commission. High schools from throughout the County are invited to attend the event where we have several speakers discuss topics that are important to today's youth. Every year, the Youth Commission votes on which topics they feel are affecting youth today and would like to see discussed at our Youth Summit. This year, the Commissioners decided on Post-Pandemic Recovery, Mental Health for Young Adults, and Diversity, Equality, & Inclusion in Education. The event was held in the Third District at the Mt. San Jacinto College campus in San Jacinto. Students heard welcoming remarks from Supervisor Washington and enjoyed a day of inspiring messages and fun activities. The event also featured youth related resource exhibitor booths with community partners, county programs and local colleges. The Youth Commission Staff worked for months to secure our venue, speakers exhibitors and to register our high school student attendees from throughout the county.

Relay for Life - May 14, 2022

The students attended the Relay For Life of Corona event by the American Cancer Society and assisted at the food court for the fundraising event. Additionally, YAC council members understood the sympathetic symbolic meaning of luminaries to acknowledge the lost loved ones of constituents— which they didn't know about.

Riverside Area Rape Crisis Center (RARCC) - May 31, 2022

Council members attended a workshop that included the topic of Healthy Relationships for Youth. The presentation touched upon Sexual Harassment, Social Media, Stress/Anxiety/Coping, Trauma in Teen Dating Violence. The students became informed on the appropriate actions and responses to take with a physical and emotionally abusive partner.

-----Summary of the Year-----

Goals for the 2021-2022 YAC Term:

- The Second District YAC would like to focus on the concern of outreach, homelessness, and environmental matters within its jurisdiction.
- The council would like to plan more events and projects in regards to improving the quality of life of the youth in Riverside County.

Total number of community service projects and hours:

The council members delivered 58 projects and dedicated an incredible amount of 674 hours of community service to the Second District of Riverside County. The YAC members felt that they excelled in accomplishing their expectations and goals for the year.

The Second District Youth Advisory Council would like to thank the Board of Supervisors for their ongoing support throughout the year.

Third District Youth Advisory Council **Annual Report 2021-2022**

The Third District Youth Advisory Council (YAC) is a representative student body of members who attend high school within the Third District of Riverside County. Communities within the Third District include the unincorporated communities of Aguanga, Anza Valley, Cahuilla, East Hemet, Gilman Hot Springs, Homeland, Idyllwild, Lake Riverside, Mountain Center, Murrieta Hot Springs, Pine Cove, Pine Meadow, the Pinyon Communities, Poppet Flats, Rancho California, Soboba Hot Springs, Valle Vista and Winchester, and the cities of Hemet, Murrieta, San Jacinto and Temecula.

Third District Youth Advisory Council Committees 2021-2022

In order to achieve our 2021-2022 goals, the Council formed three committees. Each committee worked to coordinate and volunteer at events which were related to their goals.

- **Minority Outreach**

Outreach committee members made a goal this year to coordinate events in-person and social media campaigns to ensure minorities in Riverside County have the appropriate resources to feel included and assisted in their community. Members of the council partnered with county departments and other local organizations to better assist Riverside County by volunteering at resource fairs, attending outreach events, hosting social media campaigns, and participating in community research.

- **Homelessness**

The Homelessness committee has primarily focused on helping and providing resources/services to the homeless within our communities. Each member has contributed by improving the lives of the homeless by donating in-kind goods to collection drives. The students have contributed in practical ways to promote nearby shelters and volunteering with homeless-serving agencies. Students have attended workshops to increase understanding and respond appropriately to sensitive matters and spread knowledge to their peers.

- **Foster Youth Outreach**

The Foster Youth Outreach committee members aim to reach out to the foster youth of the community by including them in community research . The students are dedicated to providing assistance with promoting community resources, assisting with fundraisers, and inviting youth an opportunity to attend Youth Commission annual events.

Third District Service Events and Projects Completed

Listed below are the key projects the 2021-2022 First District Youth Advisory Council (YAC) accomplished throughout the year.

Youth Retreat – September 4th, 2021

The 23rd Annual Youth Retreat was a virtual blast. Youth Retreat was created to prepare the new and returning council members for the year to come. The day consisted of two different speakers including YAC 101 which was presented by YAC coordinators and Brown Act/ Parliamentary Procedures presented by County Counsel's Sarah Moore. The students participated in a virtual scavenger hunt via Zoom which gave them a chance to interact with their fellow council members and the council members from other districts as well. Overall, it was a successful and fun event that prepared the YAC students for their upcoming year in YAC.

National Clean-Up Day - September 18, 2021

Partnership with the Lake Skinner Area Recreation & Park

In honor of National Clean-Up Day, Lake Skinner Area Recreation & Park hosted a park wide clean-up. Residents of the Third District have frequented this beautiful lake, park, and camping area. All that visit should be welcomed to a clean and beautiful park and RivCo parks is dedicated to maintaining its' beauty. What a better way to celebrate Mother Earth but helping with a park wide clean-up that will benefit all park goers, land, and animals for decades to come.

Blood Drive - September 21, 2021

Riverside County is in dire need of blood donations. LifeStream Blood Bank has served the Inland Empire since 1951 with lifesaving blood products and services to more than 80 Southern California hospitals and medical facilities. One donation can save up to three lives. Members of the council visited the LifeStream Blood Bank mobile vehicles and provided a donation, each.

Temecula “Madigan Park Fall Festival” - October 16, 2021

The Temecula Office of Economic Development (OED) hosted the Madigan Park Fall Festival. It is a Halloween Event centered on activities for families in the community. Students rotated between activity stations like pumpkin carving and decorating, games, and the Haunted House. It was a perfect opportunity for students to meet one another and assist the city of Temecula with an evening of fun.

Lake Skinner Trail Clean-Up - October 24, 2021 & February 20, 2022

Lake Skinner is a frequented park in the Temecula area. The Third District Youth Advisory Council has an adopted trail that is visited and cleaned multiple times a year. Students pick-up debris, trash, and fishing lines that would otherwise pollute the park and lake areas. By continuing to keep these trails clean, we can help maintain the beauty of this treasured park.

California Family Life Center (CFLC) Kin Care Halloween Bash - October 28, 2021

The California Family Life Center's Kin Care program is a non-profit agency in the Third District dedicated to serving families raising relative children. CFLC Kin Care hosts a Halloween event for the families to attend filled with activities, games, and contests. The council members assisted with booths and worse costumes to make it fun for the children who also dressed up. For this festive event, families of this program enjoyed a safe alternative to trick-or-treating with the help from our YAC students.

Youth in Government Day- November 8th to 12th, 2021

Youth in Government Day is an event where students are paired with County Employees based on their interests and career aspirations for a day of job shadowing. The students get to see firsthand what a day in the life of a county employee is like. This allows them to see if their career interests are right for them and open their eyes to other careers they may not have considered before. The 23rd Youth in Government Day was a success despite the limitations of the ongoing pandemic we were still experiencing. The event was held completely virtually and allowed students from all districts to meet with mentors from many county departments. This year's event focused on providing youth with small group online mentoring sessions via Zoom. These small groups held about 5 students who met with a county mentor to learn more about their career, education path, ask questions, get advice, and make connections. What made this year's event unique was the opportunity for students to be assigned to three separate mentoring sessions and the ability to join any mentoring session they were interested in during the 4 day event. This allowed students to hear from multiple county departments, various positions and learn about various paths mentors took to get to where they are now.

City of San Jacinto "Unstuff The Bus" - November 29, 2021

The Soboba Tribe annually donates a bus full of toys to the communities of San Jacinto and Hemet for the holidays. This year, volunteers helped unstuff and sort more than 1,000 gifts for 400 families.

California Family Life Center (CFLC) Christmas Party - December 4, 2021

The California Family Life Center hosted a Christmas party for all of the Kin Care families. Students assisted with the set-up, during the event, and the clean-up. Students made it a party by serving snacks and dinner, helping with holiday activities, photos with Santa, and distributing toy filled stockings.

California Family Life Center (CFLC) Christmas Wrapping Party - December 21, 2021

Hundreds of gifts were donated to the California Family Life Center. Council members sorted and wrapped each gift while listening to Christmas music and enjoying cookies with hot chocolate. These gifts were distributed to families of multiple CFLC programs from all over Riverside County.

Third District YAC Christmas Wrapping Party - December 22, 2021

The council adopted a large CLFC Kin Care family for Christmas and chose gifts from a list of the families requests. The students held a party to wrap the gifts and to meet the family after. The children were delighted to see gifts picked especially for them and it was a great experience for the council members.

Riverside University Health System (RUHS) “CHA” Community Health Assessment - January 2022

The Youth Commission was invited by the Riverside County University Health System - Public Health to participate in the Riverside County Community Health Assessment (CHA). The Community Health Assessment assists in the creation of the County’s Community Health Improvement Plan (CHIP) which will be in place for the next five years. The YAC students participated in this project by completing online surveys and attending a virtual community forum to discuss the community’s health needs, the pandemic and racism. Students reflected on how racism impacts (or has impacted) their health and well-being and the health and wellbeing of family and/or friends. Students shared a survey with their peers and attended a virtual discussion with youth/young adults aged 24 and under from throughout Riverside County.

Habitat for Humanity “Homes for Hounds” - January 29, 2022

Homes for Hounds is a collaboration between *Animal Friends of the Valleys* and The Inland Empire: Habitat for Humanity to build, stain, and paint dog bowls and dog bowl stands. Students also built tables to display the bowls and other products for the Habitat for Humanity *ReStore* Store.

CoC Youth Point In Time Count - Come and Be Connected Event - February 23, 2022

In partnership with the Continuum of Care Youth Point in Time Count, council members volunteered at the Come and be Connected Event which was a resource fair to help homeless youth by providing services and resources. The YAC students walked around surrounding neighborhoods to canvas and assist youth in need who lack life skills, education, and a household.

Women’s HERstory Social Media Campaign - March 2022

In honor of Women’s History Month, students decided to participate in a social media campaign that shared the life stories of important figures to Women’s History. The figures that students found important to highlight included Malala Yousafzai, Kartini, Patsy Mink, Maya Angelou, Ketanji Brown Jackson, Dolores Huerta, Alyson Mackenzie Stroker, and Anne Frank.

Great Oak High School Special Games - March 9, 2022

Over 100 families attended the Special Games hosted by Temecula Community Events at Great Oak High School. Temecula's special needs families gather together to celebrate their loved ones with developmental disabilities. Council members and other volunteers hosted twenty-one games and sports activities.

Lake Skinner Fishing Clinics - March 19, 2022

Lake Skinner and RivCo Parks hosts quarterly fishing clinics. The fishing workshops allow children of the community to be outdoors by teaching them how to fish, about water ecology, and the importance of maintaining our environment. Council members assisted with teaching, set-up, breakdown, and cleaning-up our adopted trail.

Lake Skinner “We Can Fish” Event - March 26, 2022

We Can Fish is a non-profit agency that hosts events for special needs youth and adults within Riverside County. This event took place at Lake Skinner. Students assisted with face painting, slime making, and fishing. There was lunch and prizes. Children got to interact with other special needs children and their parents got to meet other families who share the experiences of a special needs family.

Third District Booth, Valley-Wide 50th Anniversary Event - April 2, 2022

The Third District office attended the Valley-Wide *50th Anniversary Event*. The council members assisted by working an exhibitor table for Supervisor Washington, passing out resource flyers, and spoke to youth about joining YAC to serve the community.

Temecula Easter Egg Hunt Collection - April 16, 2022

The Temecula Parks and Recreation department hosts an Annual Easter Egg Hunt at multiple parks in the Temecula area. Council members reported to the Harveston Park Egg Hunt to disperse toys, candies, and eggs. Students were in charge of facilitating the five egg hunts to ensure the safety of all participants. It was a fun event to end the year.

Youth Summit – May 13, 2022

Youth Summit is a youth conference held annually that is sponsored, planned, and executed by the Youth Commission. High schools from throughout the County are invited to attend the event where we have several speakers discuss topics that are important to today's youth. Every year, the Youth Commission votes on which topics they feel are affecting youth today and would like to see discussed at our Youth Summit. This year, the Commissioners decided on Post-Pandemic Recovery, Mental Health for Young Adults, and Diversity, Equality, & Inclusion in Education. The event was held in the Third District at the Mt. San Jacinto College campus in San Jacinto. Students heard welcoming remarks from Supervisor Washington and enjoyed a day of inspiring messages and fun activities. The event also featured youth related resource exhibitor booths with

community partners, county programs and local colleges. The Youth Commission Staff worked for months to secure our venue, speakers exhibitors and to register our high school student attendees from throughout the county.

-----Summary of the Year-----

Goals for the 2021-2022 YAC term:

- The Third District YAC focused on the concern of minority outreach, homelessness, and foster youth outreach within its jurisdiction.
- The council planned events and projects in regards to improving the quality of life of underserved youth in Riverside County. Minority outreach included ethnic and racial minorities, disabled and homeless youth, and youth in foster care. The focus of this year's committees was the inclusivity of these youth groups in our community discussions, and participation in events centered around supporting these groups.

Total number of community service projects and hours:

Council members delivered 32 projects and dedicated 403 hours of community service to the Third District of Riverside County. YAC members felt that they excelled in accomplishing their expectations and goals for the year.

The Third District Youth Advisory Council would like to thank the Board of Supervisors for their ongoing support throughout the year.

Fourth District Youth Advisory Council **Annual Report 2021-2022**

The Fourth District Youth Advisory Council (YAC) is a representative student body of members who attend high schools within the Fourth District of Riverside County represented by Supervisor V. Manuel Perez. The Fourth District comprises the beautiful cities of Blythe, Cathedral City, Coachella, Desert Hot Springs, Indian Wells, Indio, La Quinta, Palm Desert, Palm Springs and Rancho Mirage. Our Youth Advisory Council is composed of students from high schools across the Fourth District. As a team we strive to give back to our community by participating in outreach and community service projects within our district.

Due to the Covid-19 Pandemic, its safety restrictions, and the vacant YAC coordinator position, The Fourth District Youth Advisory Council had few opportunities for in person service projects and events at the beginning of this year. The Youth Advisory Council felt that with the pandemic still in full effect their meetings should continue to be virtual until it was safe to return to in person meetings. Further along in the year, the Fourth District moved forward holding some service events and meetings in person while also following safety guidelines such as wearing masks and socially distancing. Our goals for this year were focused on Mental Health and Community Involvement. This emphasized our interest in how to educate ourselves on Mental Health issues following the Covid 19 pandemic, share our knowledge with the community and bring awareness to important issues facing our communities. Below is a list of service projects we participated in during the 2021-2022 council year.

Fourth District Service Events and Projects Completed

Listed below are the key projects the 2021-2022 First District Youth Advisory Council (YAC) accomplished throughout the year.

Youth Retreat – September 4, 2021

The 2021-2022 Youth Commission kicked off the school year in the fall with the Annual Youth Retreat. This event is intended to prepare, excite, and train the council members for the upcoming school year. The 23rd Annual Youth Retreat was a virtual pleasure. Youth Retreat was created to prepare the new and returning council members for the year to come. The day consisted of two different speakers including YAC 101 presented by the YAC coordinators and Brown Act/ Parliamentary Procedures presented by County Counsel's Sarah Moore. The students participated in a virtual scavenger hunt via Zoom which gave them a chance to interact with their fellow council members and the council members from other districts as well. Overall, it was a successful and fun event that prepared the YAC students for their upcoming year in YAC.

Find Food Bank - November 1, 2021

The Fourth District YAC decided to kick off their in person service events by participating in a Find Food Bank food distribution event which allowed them to further support our communities as some of them faced food insecurity through the Covid 19 pandemic. The YAC members assisted in the warehouse managing inventory, organizing, cleaning, loading and unloading items to prepare for distribution.

Youth in Government Day- November 8th to 12th, 2021

Youth in Government Day is an event where students are paired with County Employees based on their interests and career aspirations for a day of job shadowing. The students get to see firsthand what a day in the life of a county employee is like. This allows them to see if their career interests are right for them and open their eyes to other careers they may not have considered before. The 23rd Youth in Government Day was a success despite the limitations of the ongoing pandemic we were still experiencing. The event was held completely virtually and allowed students from all districts to meet with mentors from many county departments. This year's event focused on providing youth with small group online mentoring sessions via Zoom. These small groups held about 5 students who met with a county mentor to learn more about their career, education path, ask questions, get advice, and make connections. What made this year's event unique was the opportunity for students to be assigned to three separate mentoring sessions and the ability to join any mentoring session they were interested in during the 4 day event. This allowed students to hear from multiple county departments, various positions and learn about various paths mentors took to get to where they are now.

HOPE Collaborative Toy Drive - December 14, 2021

The Fourth District YAC contributed toys to Hope Collaborative's toy drive in order to provide Christmas gifts for youth throughout our communities. Many children and families were supported through this agency's drive and the YAC members were thrilled to be part of it. The Fourth District also helped advertise the event through our social media platforms.

Covid-19 Mask Public Service Announcement- March 13, 2022

Due to an uproar regarding the mask mandate, The Fourth District Youth Advisory Council collaborated with the Desert Health Care Districts and Foundation to create a public service announcement emphasizing the importance of continuing to use masks to further lessen the number of covid cases in our community. The public service announcement was then shared on social media platforms.

Women's History Month Social Media Campaign - March 15-18, 2022

The Fourth District promoted Women's History Month through our Instagram page where we posted graphics of important women in history as well as women locally who have made an impact in the world and our communities. Students in the council reposted these graphics on

their personal social media pages and appreciated the opportunity to be creative in the way we support, recognize, and educate our community.

Women's History Month Open Zoom Discussion - March 22, 2022

The Fourth District YAC held an open zoom discussion in recognition of Women's History Month. The council viewed a pre-recorded video presentation which discussed women in history as well as the important milestones women have overcome over the years. The students had conversations about women's history and achievements as well as issues relating to gender inequalities that still exist today. These conversations are a great way for students to feel comfortable and empowered to learn, discuss, and express themselves in a healthy and supportive environment.

Women's History Month Appreciation Letters - March 31, 2022

The Fourth District YAC decided to wrap up our work with Women's History Month by celebrating women who have inspired or impacted our student's lives through appreciation letters. The appreciation letters thanked and acknowledged women throughout our communities who have directly contributed to our students' lives. This project allowed our students to connect the discussions and importance of Women's History month to a direct connection in their own lives and allowed them to relate to this recognition on a deeper, more personal level.

Bra drive with Molina Healthcare- April 1 to April 25, 2022

During Sexual Assault Awareness month our Fourth District Youth Advisory Council helped spread awareness on the topics of sexual assault and domestic violence by participating in social media outreach. In addition, Molina HealthCare provided our district with the opportunity to participate in their Bra Drive event. The students helped in collecting and donating new bras for women who are often asked to leave their undergarments when participating in forensic testing. The fourth District was able to become a drop off location for members of our community to donate new bras as well which was also announced on our social media platforms.

Coachella Valley Rescue Mission- April 16, 2022

The Coachella Valley Rescue Mission provided our YAC students with the opportunity to aid in kitchen duties when preparing for their Annual All-You-Can-Eat Easter Feast. The students took on meal preparation tasks such as peeling potatoes, making garlic bread, and preparing utensil packets in order to help make this event possible for our community.

Mobius Conference - April 20, 2022

The Fourth District students expressed interest in learning about conservation, sustainability, and empowerment and attended The Mobius conference at the Indio park. The students observed presentations by guest speakers which shed light on these topics and provided a safe space for our youth to ask questions regarding current environmental issues.

Find Food Bank- April 23, 2022

Due to the Covid 19 pandemic many of our local families have struggled making ends meet. The Fourth District Youth Advisory Council was able to volunteer with the local Find Food Bank organization. Students provided help and support by sorting, packing and distributing food to families in need during the drive through style food distribution event. These types of service events which give back to our community allow the students to see firsthand the impact that they are making in our community. This service event was fast paced, depended on team communication and quick decision-making skills. Overall, this event helped our students further develop their team collaboration skills and independence.

Youth Summit - May 13, 2022

Youth Summit is a youth conference held annually that is sponsored, planned, and executed by the Youth Commission. High schools from throughout the County are invited to attend the event where we have several speakers discuss topics that are important to today's youth. Every year, the Youth Commission votes on which topics they feel are affecting youth today and would like to see discussed at our Youth Summit. This year, the Commissioners decided on Post-Pandemic Recovery, Mental Health for Young Adults, and Diversity, Equality, & Inclusion in Education. The event was held in the Third District at the Mt. San Jacinto College campus in San Jacinto. Students heard welcoming remarks from Supervisor Washington and enjoyed a day of inspiring messages and fun activities. The event also featured youth related resource exhibitor booths with community partners, county programs and local colleges. The Youth Commission Staff worked for months to secure our venue, speakers exhibitors and to register our high school student attendees from throughout the county.

-----Summary of the Year-----

Goals for the 4th District 2021-2022 YAC Term: Mental Health and Community Involvement

1. Mental Health
2. Community Involvement

Total number of community service projects and hours:

Council members delivered 14 projects, workshops and collaborations as well as dedicated 381 hours of community service to the Fourth District of Riverside County. YAC members felt that even though they faced limitations through the year, they were able to become more involved in their community with in person events towards the end of the year which helped them accomplish their goals.

The Fourth District Youth Advisory Council would like to thank the Board of Supervisors for their ongoing support throughout the year.

Fifth District Youth Advisory Council **Annual Report 2021-2022**

The Fifth District Youth Advisory Council (YAC) is a representative student body of members who attend high school within the Fifth District of Riverside County. Communities within the Fifth District include: the City of Banning, the City of Beaumont, the City of Calimesa, the City of Moreno Valley, the City of Perris, and the City of Menifee.

Fifth District Youth Advisory Council Committees 2021-2022

In order to achieve our 2021-2022 goals, the Council formed three committees. Each committee worked to coordinate and volunteer at events which were related to their goals.

- **College Preparation**

The college preparation committee was aimed at preparing high school students throughout District Five with the opportunity to learn about the college application process, financial aid, and learn more about career paths. The council met college readiness goals by partnering up with the Department of Public Social Services to fundraise money for college gift baskets for foster youth. In addition, the council hosted meetings with special guest speakers that spoke about their career paths and ways to succeed with the power of education and creativity.

- **Homeless Outreach**

The homeless outreach committee has primarily focused on helping the homeless by partnering up with community organizations such as Power Speaks Louder (PSL). During the council's partnership with PSL, council members attended bi-weekly events to help prepare for the organization's street outreach which helps distribute packaged meals to the homeless in Moreno Valley. In addition, the council supported the Youth Point in Time Count to provide care packages for the homeless youth in Riverside County.

- **Diversity and Inclusion**

District Five's Youth Advisory Council diversity committee aimed at advocating for underserved groups such as Black, Indigenous, and people of color. The council introduced guest speakers of different backgrounds during council meetings to motivate and inspire members and the public about moving past adversity and challenges. The council also created social media campaigns to celebrate Black History Month and Women's History Month to promote diversity and inclusion.

Fifth District Service Events and Projects Completed

Listed below are the key projects the 2021-2022 First District Youth Advisory Council (YAC) accomplished throughout the year.

Annual Youth Retreat - September 4, 2021

The 2021-2022 Youth Commission kicked off the school year in the fall with the Annual Youth

Retreat. This event is intended to prepare, excite, and train the council members for the upcoming school year. The 23rd Annual Youth Retreat was a virtual pleasure. Youth Retreat was created to prepare the new and returning council members for the year to come. The day consisted of two different speakers including YAC 101 presented by the YAC coordinators and Brown Act/ Parliamentary Procedures presented by County Counsel's Sarah Moore. The students participated in a virtual scavenger hunt via Zoom which gave them a chance to interact with their fellow council members and the council members from other districts as well. Overall, it was a successful and fun event that prepared the YAC students for their upcoming year in YAC.

El Grito - September 15, 2021

El Grito was an event put on by the City of Moreno Valley to kick start Mexican Heritage Month and Mexican Independence Day. Two students ran the Supervisor Hewitt/ YAC booth. They passed out flyers and applications. They also passed out sunglasses, bubbles, and toys to kids who came by the booth. Other YAC volunteers helped the City of Moreno Valley staff count guests as they entered the gate, pass out pamphlets and maps. They also ran the children's craft table where they help kids make art projects. The rest of the volunteers helped in the kid zone to support staff with facilitating games.

Youth in Government Day- November 8th to 12th, 2021

Youth in Government Day is an event where students are paired with County Employees based on their interests and career aspirations for a day of job shadowing. The students get to see firsthand what a day in the life of a county employee is like. This allows them to see if their career interests are right for them and open their eyes to other careers they may not have considered before. The 23rd Youth in Government Day was a success despite the limitations of the ongoing pandemic we were still experiencing. The event was held completely virtually and allowed students from all districts to meet with mentors from many county departments. This year's event focused on providing youth with small group online mentoring sessions via Zoom. These small groups held about 5 students who met with a county mentor to learn more about their career, education path, ask questions, get advice, and make connections. What made this year's event unique was the opportunity for students to be assigned to three separate mentoring sessions and the ability to join any mentoring session they were interested in during the 4 day event. This allowed students to hear from multiple county departments, various positions and learn about various paths mentors took to get to where they are now.

Riverside County Youth Point in Time Count Incentive Bag Assembly - January 6, 2022

District Five's Youth Advisory Council participated in the county wide annual Youth Point in Time Count. This year the council supported the Point in Time Count for the incentive bag assembly event. Several items were lined up and set on tables so that each person would grab each item from a box and put it into a drawstring backpack. Since this was a county wide event,

our council and other volunteers were faced with the task to complete around a thousand incentive bags made for homeless youth.

RUHS Community Health Assessment - January 2022

The Riverside University Health System partnered up with the Youth Commission to conduct a community assessment targeted at the youth within Riverside County. The council participated by distributing online surveys by sharing links through social media platforms, with their peers, and other known youth groups. In addition, the council conducted a focus group with students that filed the surveys to gain primary qualitative data. The council was able to recruit almost a hundred students to the focus group which aimed at assessing humanitarian needs in underrepresented communities.

Trail seekers Spring Tack Tune-Up - January 22, 2022

The Trail seekers Spring Tack Tune-Up was a wonderful opportunity to help the Moreno Valley Equestrian center. The council was divided into separate groups, one set of volunteers were asked to help set up vendors at the event, and a separate group was asked to guide incoming attendees to the event. This was a wonderful opportunity to help the equestrian community, enjoy the outdoor scenery, and learn more about the maintenance of horses and other livestock.

Valentine's Day Cards for Seniors (February 9, 2022)

District Five's Youth Advisory Council partnered up with Beaumont High School Club, Letters for Rose. Both parties wrote handwritten letters and produced artwork for 70 senior residents at the Renaissance Village Rancho Belago Assisted Living and Memory Care. The council made the personalized Valentine's Day cards after the Youth Advisory Council meeting as a team bonding crafting activity as well.

Power Speaks Louder: Homeless Outreach Preparation - February 11, 2022

The Youth Advisory Council partnered up with Power Speaks Louder to collaborate with the Homeless Outreach Preparation event. Outreach preparation events were held every second and fourth Friday of the month. The event was designed to act as an assembly bag event to pack personal protection gear, water, sandwiches, snacks, and other hygiene products. The council packed around 60 goodie bags at each event for the homeless in Moreno Valley. By February 11th, the council totaled 120 goodie bags.

Black History Month Guest Speaker: B Hunter, Power Speaks Louder Founder

The council welcomed B Hunter, the founder and CEO of Power Speaks Louder, as a guest speaker during the February Youth Advisory Council meetings. The council welcomed B Hunter in honor of Black History Month and spoke about topics regarding mental health and self-actualization. B shared her story regarding her journey and her inspiration to build an

organization from the roots and into the continuously expanding organization it is today. B Hunter taught the council about what it meant to B.E.C.O.M.E.

Power Speaks Louder: Homeless Outreach Preparation - February 25, 2022

The Youth Advisory Council partnered up with Power Speaks Louder to collaborate with the Homeless Outreach Preparation event. Outreach preparation events were held every second and fourth Friday of the month. The event was designed to act as an assembly bag event to pack personal protection gear, water, sandwiches, snacks, and other hygiene products. The council packed around 60 goodie bags for the homeless in Moreno Valley. By February 25th, the council totaled 180 goodie bags.

Power Speaks Louder: Homeless Outreach Preparation - March 11, 2022

The Youth Advisory Council partnered up with Power Speaks Louder to collaborate with the Homeless Outreach Preparation event. Outreach preparation events were held every second and fourth Friday of the month. The event was designed to act as an assembly bag event to pack personal protection gear, water, sandwiches, snacks, and other hygiene products. The council packed around 60 goodie bags for the homeless in Moreno Valley. By March 11th, the council totaled 240 goodie bags.

Women's History Month Guest Speaker Workshop: Gracie Torres - March 24, 2022

The council welcomed Gracie Torres, the Vice President of the Western Municipal Water District Board, as a guest speaker during the Youth Advisory Council meetings. The council welcomed Gracie Torres in honor of Women's History Month and spoke about topics regarding her story, career path and her inspiration to use education as a tool to self-actualization. Gracie shared inspiration planted by her grandmother about the power of higher education. She explained that this hunger for success and knowledge pushed her to become a chemist and a professor at California State, San Bernardino. Gracie Torres taught the council about her journey to her career path and the power of knowledge.

MVUSD's Spring Fest - April 9, 2022

The Moreno Valley School District's Spring Fest was an event hosted by the City of Moreno Valley to provide the community with community resources and to kick off the month by celebrating spring festivities. The Youth Advisory council volunteered by managing the Supervisor Hewitt/ YAC booth. County resource Flyers and Youth Advisory Council applications were passed out, as well as "merch" items such as pens, lip balms, and hand sanitizers. Another set of volunteers assisted with a craft activity with coloring pages and face painting.

Virtual Health Professions Conference - April 11-14, 2022

The council attended the 2022 Health Professions Conference which aimed at discussing the variety of health careers, networking opportunities with health professionals, and visits with virtual exhibitor booths.

Power Speaks Louder: Homeless Outreach Preparation - April 15, 2022

The Youth Advisory Council partnered up with Power Speaks Louder to collaborate with the Homeless Outreach Preparation event. Outreach preparation events were held every second and fourth Friday of the month. The event was designed to act as an assembly bag event to pack personal protection gear, water, sandwiches, snacks, and other hygiene products. The council packed around 60 goodie bags for the homeless in Moreno Valley.

Perris Health Resource Fair - April 23, 2022

The Perris Health Resource Fair was an event hosted by the City of Perris to provide the community an event to easily access a variety of resources through vendor connections. The Youth Advisory Council volunteered by managing the Supervisor Hewitt/ YAC booth. County resource Flyers and Youth Advisory Council applications were passed out, as well as “merch” items such as pens, lip balms, and hand sanitizers. Another set of volunteers assisted with a craft activity with coloring pages.

Youth Summit - May 13, 2022

Youth Summit is a youth conference held annually that is sponsored, planned, and executed by the Youth Commission. High schools from throughout the County are invited to attend the event where we have several speakers discuss topics that are important to today’s youth. Every year, the Youth Commission votes on which topics they feel are affecting youth today and would like to see discussed at our Youth Summit. This year, the Commissioners decided on Post-Pandemic Recovery, Mental Health for Young Adults, and Diversity, Equality, & Inclusion in Education. The event was held in the Third District at the Mt. San Jacinto College campus in San Jacinto. Students heard welcoming remarks from Supervisor Washington and enjoyed a day of inspiring messages and fun activities. The event also featured youth related resource exhibitor booths with community partners, county programs and local colleges. The Youth Commission Staff worked for months to secure our venue, speakers exhibitors and to register our high school student attendees from throughout the county.

Beautify Moreno Valley Clean Up - May 14, 2022

The council attended the Beautify MoVal Community Day of Service to clean up parks, street areas, and trails throughout the city. The council was assigned the job to beautify the Sunnymead Park by planting plants throughout the area. The council helped plant almost 100 plants within the park area.

-----Summary of the Year-----

Goals for the 2021-2022 YAC term:

- The Fifth District YAC focused on initiatives relating to college readiness, supporting the homeless, and advocating for diversity and inclusion.
- For the upcoming year, the council would like to plan more events in partnership with the school districts to interact with other students and high school clubs to make a greater impact in the community.

Total number of community service projects and hours:

Council members delivered 16 projects and dedicated 336 hours of community service to the Fifth District of Riverside County. YAC members felt that they excelled in accomplishing their expectations and goals for the year.

The Fifth District Youth Advisory Council would like to thank the Board of Supervisors for their ongoing support throughout the year.

Attachment A: RUHS PH Community Health Assessment



RUHS PH Community Health Assessment Riverside County Youth Commission Report 2022

The Riverside County Youth Commission partnered with Riverside County University Health System - Public Health to participate in the data collection process of the Riverside County Community Health Assessment (CHA). The Community Health Assessment will assist in the creation of the County's Community Health Improvement Plan which will be in place for the next five years. The RUHS—Public Health Community Health Assessment is an opportunity for community members to provide feedback regarding the health and wellbeing of all county residents in order to create a healthier, equitable, and more resilient Riverside County. The Youth Commission assisted with the engagement process by hosting focus groups, interviews, and community forums for data collection. The Youth Commission was pleased to allow our program's council members and Riverside County residents to use their voice to help make a difference in their communities.

The Overall Process

On September 30, 2021, the Riverside County Youth Commission (RVYC) voted YES to collaborate with Riverside Unified Health System for the CHA Project. The Riverside County Youth Commission shared social media flyers and collected data through December 9, 2021, to January 19, 2022. Students were informed of the project and its importance during the Riverside County's Youth Advisory Council (YAC) meetings. The Youth Advisory Council Members participated by filling out and sharing an electronic survey via social media. A community forum discussion was held virtually through Zoom, on January 19th, 2022. The virtual discussion had an attendance of 63 participants; the online survey was completed by 93 participants.

Section 1: Online Survey Data Collection Overview

An online survey was created for the Community Health Assessment to hear from Riverside County residents who are under the age of 24. The survey provided an opportunity for individuals to vocalize how racism affects their overall health and well-being. The objective of the assessment was to evaluate the needs of the community and improve the quality of life for all residents. The survey included 10 questions that reflected participant's social demographics and cross examined the effects of racism on their health. The online survey received 93 responses.

The first few questions were regarding age range, city of residence, and ethnicity. According to the data collected, Figure 1 demonstrates that the majority of participants were 14 to 16 years old.



RUHS PH Community Health Assessment Riverside County Youth Commission Report 2022

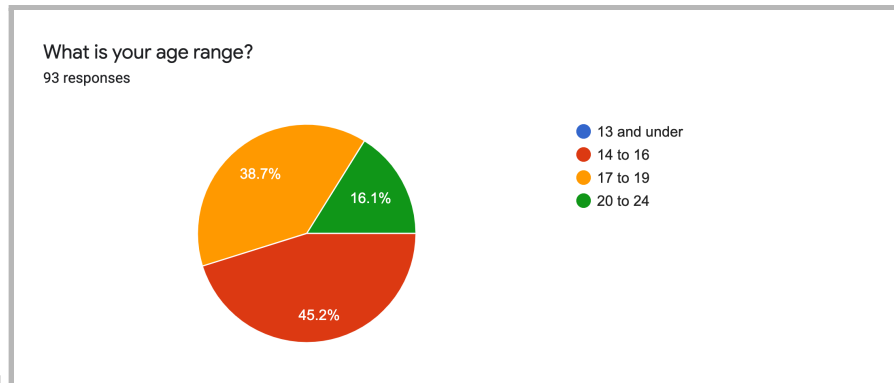


Figure 1

Figure 2 demonstrates that Riverside residents accounted for 23.8% of our participants. Beaumont residents accounted for 11.1% and all others were scattered across Banning, Eastvale, Jurupa Valley, Menifee, Moreno Valley, Temecula, Hemet, and Murrieta.

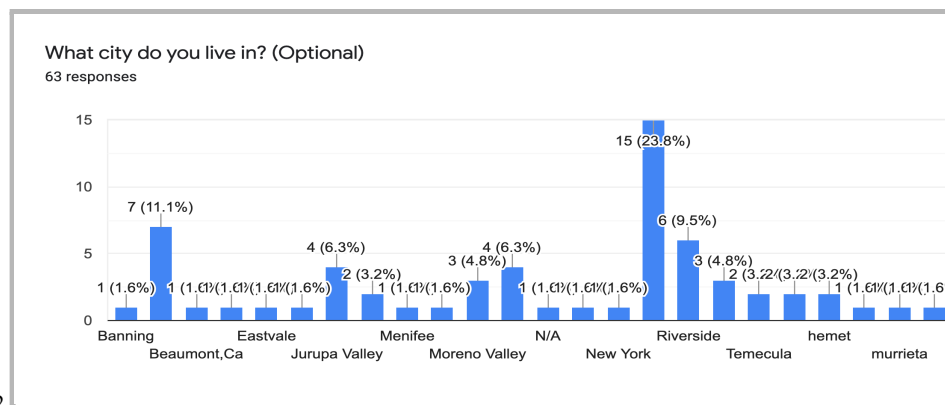


Figure 2

The next formulated question focused on ethnicity and revealed that the majority of community members identify as Hispanic or Black/African American. Based on these findings, it can be theorized that minorities are disproportionately impacted by racism.

The following question asked participants how racially and ethnically diverse they felt Riverside County was. The results illustrated by a numerical scale of 1-10, 28% of respondents selected a 7 to describe the level of diversity. As for representation, on a scale from 1-10, respondents chose “6” and “8” to describe how well they feel represented in their community.

In terms of resource availability and accessibility, 50.5 % of respondents stated that they “somewhat” know how to locate appropriate information. About 49.5% of survey participants stated they have personally experienced racism in Riverside County. Those who have had those experiences state it is an occurrence that happens occasionally, rather than most of the time. Figure 3 describes that 35.2% felt experiences of racism were infrequent and rarely a common act.



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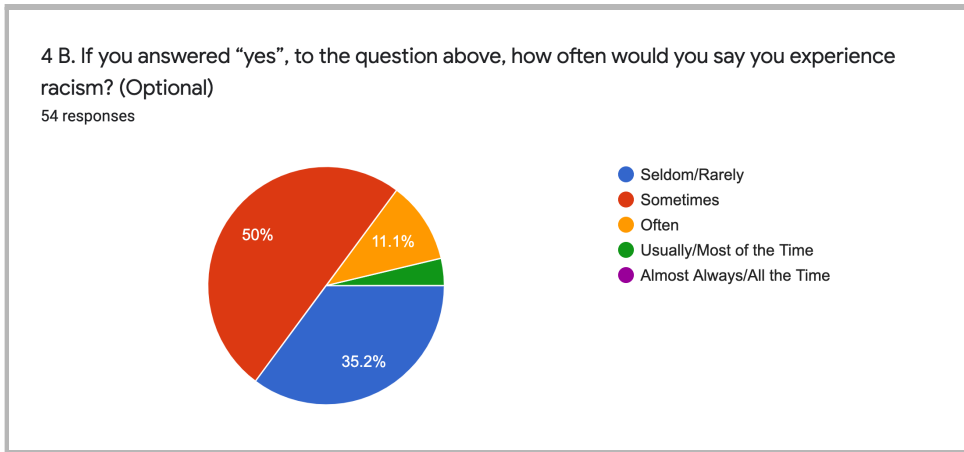


Figure 3

The survey also asked participants about their opinion on whether recent news and political activity shifted the way they perceive racial inequality. Almost half of the participants (45.2%) stated that it “somewhat” changed their perspectives; and 44.1% stated that it changed their views “very much.”

Members of the community feel Riverside County Public Health is addressing racism, Covid-19, and overall health issues “moderately”. Figure 4 shows that most participants rated Riverside County a “3” for the ways in which they improve health and overall well-being, protect the community from racism, and Covid-19.

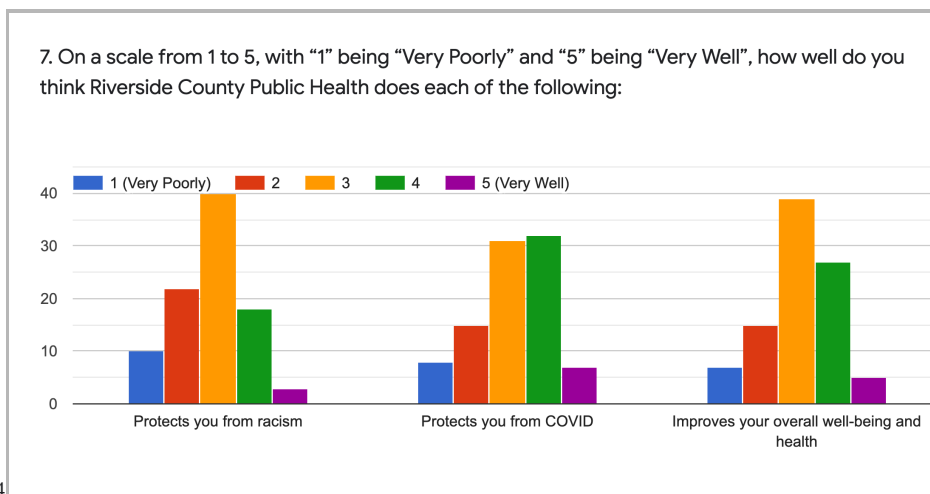


Figure 4

In regards to the previous question, participants were asked “On a scale from 1 to 5, “1” being “Not at All” and “5” being “Very Much”, how much has Covid-19 affected you and your family?” Survey participants Covid-19 had a greater impact on mental and physical health compared to factors like financial stability.

From a statistical perspective, we can theorize that there may be a correlation between Covid-19 lockdowns and the negative impact on mental and physical health due to barriers to



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lack of social interaction. However, statistical analysis was not used on data collections to confirm this hypothesis.

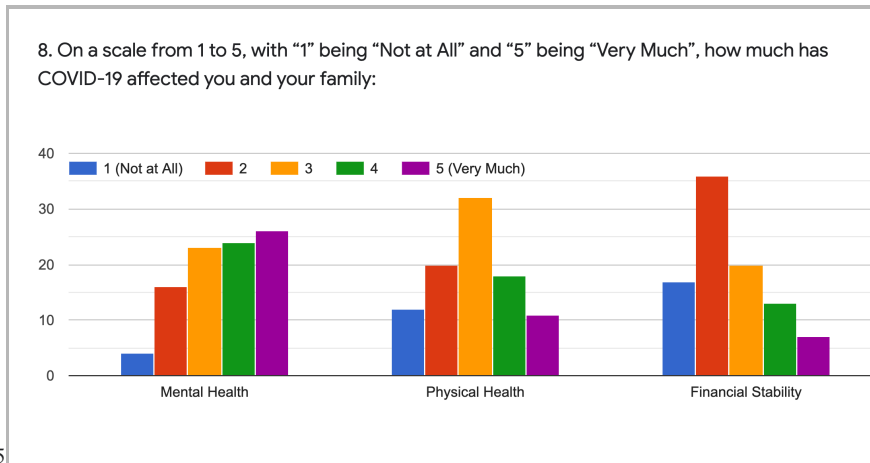


Figure 5

It was also found that 60% of respondents agreed that Covid-19 impacts some ethnic groups more than others. However, 20.4% of students felt “neutral” and that ethnicity was not a determinant in the pandemic.

Lastly, participants were asked if they or a family member sought assistance from the County or medical provider if they were affected negatively by Covid-19. The data shows that each response is evenly distributed and there was no outlier in response choice.

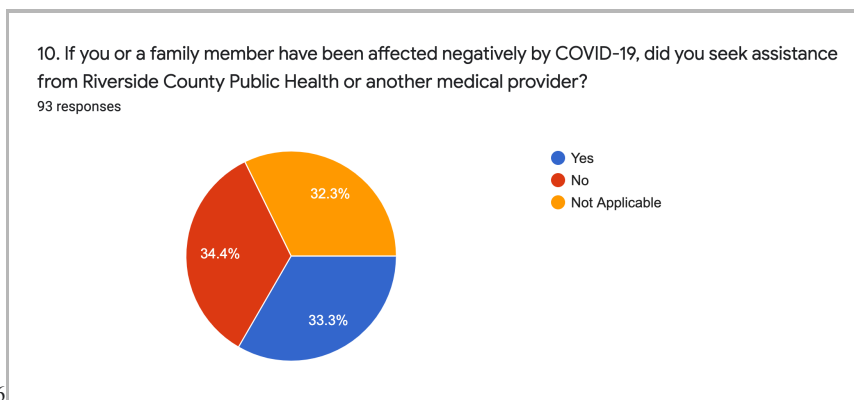


Figure 6

In conclusion, the data reveals that there is a common narrative within students in Riverside County regarding the impacts of racism on ethnic groups. The questions from the survey collectively demonstrate how young adults in Riverside County are affected by the public health crisis. The discrepancies against people of color confirm how Riverside County needs to better address these issues to improve and protect public health. This data is useful in helping the Riverside University Health System-Public Health to implement an improvement plan that promotes the well-being of the community. Such areas of concentration that need more focus are ensuring community safety for all ethnic groups, and ensuring equity in the form of accessibility



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to clean air, water, food, and housing. Riverside County should prioritize improving health and the process of sharing these resources so that it is understandable to all community members regardless of socioeconomic status.

Section 2: Virtual Community Forum Discussion Overview

A Community Forum Discussion was held virtually through Zoom, on January 19th, 2022. The virtual discussion had an attendance of 63 participants. Some of these participants also completed the online survey therefore the number of total participants between the survey and the community discussion may be duplicated. The community discussion was advertised to the Youth Advisory Council members who were also asked to share the information with their friends and family who are under the age of 24. The community forum information was also shared on all the YAC's social media pages and on the pages of student participants. Once the virtual focus group began, the project was introduced, the consent form was reviewed, and all participants agreed to the privacy and consent terms through the chat box. All 63 participants were split into two breakout sessions where they could have a more intimate conversation with their peers. Each breakout room had 2 Youth Commission staff facilitators who asked the following questions, tracked the responses and encouraged open dialogue amongst the group.

1. The COVID pandemic has been with us for almost two years. Do you feel that COVID impacts some groups more than other groups? Why or why not?

The consensus was that on average, minorities, low-income neighborhoods, and essential workers were the most mentioned as impacted groups. Students also pointed out that the impact on small businesses and the economy as a whole has contributed to a decrease in productivity.

2. What are some of the barriers that exist in your community that affect your well-being?

According to the results, there were a variety of barriers that impact a community's wellbeing. Some of the barriers addressed from our participants included lack of in-person education, socioeconomic status, race, and accessibility to resources. Each of these barriers profoundly impacts each participant's experience within the community.

It was prevalent that the transition to remote learning was challenging. A participant explained how school was a way to escape home and interact with their peers, though the transition to online limited those exact things. Remote learning seemed to affect student's well-being due to lack of social interaction between peers. Many participants stated how isolated and alone they felt throughout the online learning experience. This barrier of schooling proved to be difficult, learning remotely was essential yet impractical towards their wellbeing.

In regards to socioeconomic status, being low income has a set of uncomfortable barriers. The participants were able to identify that being low-income impacts wellbeing as most



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low-income families or individuals live in poverty. Living in poverty impacts your wellbeing due to inconsistent living situations or financial instability. Race was also a barrier identified by the participants. They shared how being part of the Hispanic/Latino community has created certain barriers, “In my community, it is heavily Hispanic/Latino-based. I know a lot of my peers and I have dealt with barriers/impacted by outdated expectations from immigrant parents. They have an outdated thinking towards emotions” This experience explores how being part of the Hispanic/Latino community has key culture barriers.

Accessibility to resources was one of the most heavily emphasized barriers for this question. The participants addressed how mental health resources are limited with not enough resources available to support them. This barrier prevents them from improving or addressing the issues they face. This element of accessibility can connect to the other barriers as well, as race and socioeconomic status are elements that impact accessibility. The consistent message was that there were aspects of misinformation and lack of knowledge within their communities that was spread by family and friends.

3. As a resident of Riverside County have you personally experienced racism?

There were a wide range of responses from our participants about this question, ranging from yes and no, as well as calling out other elements of discrimination and micro aggressions. Overwhelmingly, there were responses of not witnessing racism, but they were aware that it happens to others around them. This element further supports the experiences that were shared from participants about the ways in which they face racism or discrimination or micro aggressions.

The type of experiences that students encountered varied. Some had to deal with derogatory comments and were labeled as “violent and a threat.” One participant shared their experience in a store, “I have been followed in stores and questioned about stealing when I am with my friends.” Racism in our community is not limited to in-person but is prevalent online as well. Participants shared how racism is treated through social media; collectively, their different experiences reveal that racism is an active issue within the community. Additionally, elements of discrimination and micro aggression based on one's races or appearance were apparent. The participants were able to share how their appearance often warrants certain behaviors from people to say inappropriate remarks or make judgments. One comment made was “I have noticed that many people at my school are blindly offensive. Their comments are made casually” and “I think even small comments are made to make people feel left out and insecure about the race, especially because everybody just wants to fit in.” Together these comments reveal the causal nature set in place that makes them feel uncomfortable and outed based on their race. The overall theme demonstrates the reality that racism and racially inappropriate comments are still an issue for today.



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4. What kinds of programs or initiatives do you think are needed to help reduce racism in your community?

With a firm understanding of the racial climate of our community, the participants were able to make possible resolutions to reduce racism. The resolutions included education, formation of student organizations, hosting open forums, and using media. Given that our focus group is made up of youth, there was major emphasis on education and providing education for students and faculty. Having student organizations was another solution presented. The idea behind having a student organization allows students to appreciate different cultures and promote inclusion. One participant highlighted some key organizations, “there should be a promotion of student extracurricular activities such as Latinos Unidos, Black Student Union, Chinese Club, etc. to connect students in the community”. These organizations uplift Black, Indigenous, and People of Color (BIPOC) students by providing a safe space for these individuals.

5. What are some of the things that the public health department can help to reduce racism and its effects?

Participants strongly suggested educating medical professionals, and subsequently the community, about medical discrimination. They also suggested building better relationships with the community so that health measures like masking and vaccines are not to be feared and taken seriously. The youth are asking for an education about racism that is not surface level. They welcome courses like ethnic studies and encourage a dialogue about race in school.

Section 3: Overall Recommendations

After analyzing both the qualitative and quantitative data from both sources, the Youth Commission has determined that participants recommend an increase to accessibility to resources and expansive education to be priorities.

The youth want assistance to better understand and utilize finance, healthcare, and social services in their community. Students can increase their knowledge about community resources by attending school presentations intended to inform students and faculty. Respondents believe that resources should be accessible to all, regardless of wealth.

The youth are asking for an in-depth educational discussion regarding racism for the purpose of taking preventative measures. Schools are asked to foster inclusivity by providing ethnic studies courses and taught about the importance of empathy. Students would like to have an educational discussion about the effects of racism on mental health, the implications of microaggressions, as well as the consequences of racist remarks and the steps needed to correct their actions. Additionally, students wish that the district administration and its faculty take racist concerns seriously instead of sweeping negative experiences under the rug.